

Kuwait (Ages 13-15) Global Youth Tobacco Survey (GYTS)



FACT SHEET

The Kuwait GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, exposure to secondhand smoke (SHS), cessation, media and advertising, and school curriculum. These determinants are components Kuwait could include in a comprehensive tobacco control program.

The Kuwait GYTS was a school-based survey of students in grades 8 through 10 conducted in 2009.

A two-stage cluster sample design was used to produce representative data for Kuwait. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 100%, the class response rate was 100%, the student response rate was 91.5%, and the overall response rate was 91.5%. A total of 2,213 students aged 13-15 participated in the Kuwait GYTS.

Prevalence

- 27.6% of students had ever smoked cigarettes (Boy = 39.3%, Girl = 18.3%)
- 17.6% currently use any tobacco product (Boy = 25.0%, Girl = 11.3%)
- 12.2% currently smoke cigarettes (Boy = 20.3%, Girl = 5.8%)
- 11.8% currently smoke shisha (Boy = 15.1%, Girl = 8.9%)
- 11.8% currently use other tobacco products (Boy = 15.1%, Girl = 8.9%)
- 26.2% of never smokers are likely to initiate smoking next year

Knowledge and Attitudes

19.7% think boys and 13.5% think girls who smoke look more attractive

Access and Availability - Current Smokers

- 57.2% buy cigarettes in a store
- 84.1% who bought cigarettes in a store were NOT refused purchase because of their age

Exposure to Secondhand Smoke (SHS)

- 49.8% live in homes where others smoke in their presence
- 53.3% are around others who smoke in places outside their home
- 81.0% think smoking should be banned from public places
- 66.6% think smoke from others is harmful to them
- 37.4% have one or more parents who smoke
- 12.2% have most or all friends who smoke

Cessation - Current Smokers

- 51.7% want to stop smoking
- 57.8% tried to stop smoking during the past year
- 99.6% have ever received help to stop smoking

Media and Advertising

- 71.7% saw anti-smoking media messages, in the past 30 days
- 81.2% saw pro-cigarette ads on billboards, in the past 30 days
- 75.7% saw pro-cigarette ads in newspapers or magazines, in the past 30 days
- 16.8% have an object with a cigarette brand logo
- 13.3% were offered free cigarettes by a tobacco company representative

School

- 60.4% had been taught in class, during the past year, about the dangers of smoking
- 56.0% had discussed in class, during the past year, reasons why people their age smoke

Highlights

- 17.6% of students currently use any form of tobacco; 12.2% currently smoke cigarettes; 11.8% currently use some other form of tobacco; 11.8% currently smoke shisha.
- SHS exposure is high – half the students live in homes where others smoke, and over half the students are exposed to smoke around others outside of the home; almost 2 in 5 students have at least one parent who smokes.
- Two-thirds of students think smoke from others is harmful to them.
- Over eight in 10 students think smoking in public places should be banned.
- More than half the current smokers want to stop smoking.
- Almost 1 in 5 students has an object with a cigarette brand logo on it.
- Over 7 in 10 students saw anti-smoking media messages in the past 30 days; over 4 in 5 students saw pro-cigarette ads on billboards and three-quarters saw pro-tobacco ads in newspapers or magazines in the past 30 days.