



# THE JOURNAL OF LAWS OF THE REPUBLIC OF POLAND

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Warszawa, 8 April 2021

Item 642

## **REGULATION OF THE COUNCIL OF MINISTERS**

of 30 March 2021

### **on the National Health Programme 2021-2025**

Pursuant to Article 9(2) of the Act of 11 September 2015 on public health (Journal of Laws of 2021, item 183), I hereby order as follows:

§ 1. The National Health Programme 2021-2025, constituting an appendix hereto, is hereby set forth.

§ 2. The provisions hereof shall be applicable to tasks commissioned for implementation based on request, as referred to in Article 14(2) of the Act of 11 September 2015 on public health, starting from 1 January 2021.

§ 3. This regulation comes into force on the day following its announcement, with effect from 1 January 2021.

President of the Council of Ministers: *M. Morawiecki*

Appendix to the Regulation of the  
Council of Ministers of 30 March  
2021 (Item 642)

## THE NATIONAL HEALTH PROGRAMME 2021-2025

### **I. The strategic objective of the National Health Programme**

The strategic objective of the National Health Programme 2021-2025, hereinafter referred to as “the Programme,” is to increase the number of years lived in good health, and to reduce social inequalities in health. In implementing the Programme, it is necessary to consider the impact that the COVID-19 epidemic has had on the health of the population. The disease has led to the largest health crisis in the Republic of Poland since the end of World War II. Given its specific aspects, and regardless of the need to continuously prevent it and counteract its effects, it has become necessary to intensify the efforts aimed at promoting health and reducing exposure to risk factors for civilisation diseases. Overlapping with the prevalence of other chronic noncommunicable diseases, the COVID-19 epidemic produces negative synergy. It is therefore all the more important to engage in comprehensive public health interventions using all the tools that are at our disposal, in line with current scientific knowledge.

### **II. Operational objectives of the Programme. Ownership**

Article 3 and Article 4 of the Act of 11 September 2015 on public health (Journal of Laws of 2021, item 183), hereinafter referred to as “the Act,” emphasise the importance of having to ensure coherent efforts within the Programme, undertaken by public authorities and entities cooperating therewith. Operational objectives and tasks for the implementation thereof, set forth in the Programme, must jointly contribute to the reduction of social inequalities in health, and should be implemented interrelatedly, so that they prevent more than one threat at the same time, especially where there is scientific proof of the link between threats or risk factors and protective factors. The objectives shall be implemented taking into account the need to ensure accessibility, in line with the concept of universal design set forth in Article 2 of the Convention on the Rights of Persons with Disabilities adopted on 13 December 2006 in New York (Journal of Laws of 2012, item 1169, and of 2018, item 1217), and in line with the needs of

people with various disabilities and special needs, pursuant to the Act of 19 July 2019 on ensuring accessibility for people with special needs (Journal of Laws of 2020, item 1062).

The operational objectives include:

1. Preventing Overweight & Obesity

Ownership: minister competent for health, in cooperation with ministers competent for: education and upbringing, physical culture, internal affairs, public finances, and with the Minister of National Defence and the Minister of Justice.

2. Preventing Addictions

Ownership: minister competent for health, in cooperation with ministers competent for: education and upbringing, internal affairs, family, social security, higher education and science, public finances, agriculture, agricultural markets, economy, and with the Minister of National Defence and the Minister of Justice.

3. Promoting Mental Health

Ownership: minister competent for health, in cooperation with ministers competent for: education and upbringing, internal affairs, family, social security, labour, higher education and science, denominations and national and ethnic minorities, construction, spatial planning and management and housing, digitisation, and with the Minister of National Defence and the Minister of Justice.

4. Ensuring Environmental Health & Preventing Communicable Diseases

Ownership: minister competent for health, in cooperation with ministers competent for: energy, maritime affairs, water management, management of mineral deposits, climate, environment, labour, agriculture, agricultural markets, education and upbringing, internal affairs, and with the Minister of National Defence and the Minister of Justice.

5. Responding to Demographic Challenges

Ownership: minister competent for health, in cooperation with ministers competent for: family, labour, social security, and internal affairs.

Within the aforesaid operational objectives, public health tasks shall be implemented by the minister competent for health, in cooperation with other competent

ministers per government administration departments, and with other entities referred to in Article 3 of the Act.

### **III. Procedure for and amount of funding for tasks**

1. The tasks set out within the operational objectives of the Programme, together with supporting tasks, shall be considered own tasks of the entities taking part in the implementation of public health tasks, financed from the funds that are at their disposal, unless the Programme specifies that these tasks shall be delegated by a competent minister having funds at their disposal. Own tasks shall not require additional funding from the state budget, referred to in Article 29(1) of the Act, subject to Paragraph 3.
2. In delegating public health tasks other than those indicated in Paragraph 1 & 3, the call for proposals or request-based commission, referred to in Article 14(1) and Article 14(2) of the Act, shall apply respectively.
3. Tasks delegated under a call for proposals or commissioned based on request, as referred to in Article 14(1) and Article 14(2) of the Act, shall be financed from the funds planned by relevant administrators of budgetary parts or within annual financial plans of state special-purpose funds, referred to in Article 29 of the Act of 27 August 2009 on public finances (Journal of Laws of 2021, item 305), in line with the limits set out by the minister competent for health being the one who coordinates the implementation of public health tasks. Tasks delegated under a call for proposals or commissioned based on request, as referred to in Article 14(1) and Article 14(2) of the Act, may also be financed from the funds referred to in Article 13 of the Act.
4. Tasks implemented by entities subordinate to or supervised by the minister competent for health within Operational Objective 2 shall be financed through the increase of funds at the disposal of these entities, or by authorising them to use the financial resources of the Gambling Problem Solving Fund (FRPH) under an FRPH call for applications, unless specified otherwise. Entities subordinate to or supervised by the minister competent for health may develop detailed schedules for the implementation of said tasks in line with the priorities identified for preventing addictions.

5. Tasks implemented by the coordinator within Operational Objective 3, in the part concerning suicide prevention, shall be financed by delegating the implementation thereof to the Institute of Psychiatry and Neurology (IPiN), hereinafter referred to as “the Coordinator,” under the procedure referred to in Article 14(2) of the Act. IPiN is entrusted with coordinating the implementation of all tasks specified in that part of the Programme.
6. The tasks set out in the Programme shall be implemented in the years indicated.
7. The amount of funding for tasks delegated to entities implementing them within the operational objectives of the Programme, as well as for supporting tasks, shall not exceed the limit referred to in Article 29(1) and Article 29(2) of the Act annually, except for funds allocated within the entities’ own spending limits. Distribution of the funds for the respective operational objectives and supporting tasks shall be determined in schedules.
8. The annual funding for operational objectives shall not exceed PLN 140 000 000, including:
  - 1) for Operational Objective 1 – up to PLN 40 000 000, from the financial resources of the Physical Culture Development Fund, Sports Activity Fund for Schools and the state budget;
  - 2) for Operational Objective 2 – up to PLN 30 000 000, from the financial resources of the Gambling Problem Solving Fund and the state budget;
  - 3) for Operational Objective 3 – up to PLN 30 000 000, from the financial resources of the Gambling Problem Solving Fund and the state budget;
  - 4) for Operational Objective 4 – up to PLN 25 000 000 from the state budget;
  - 5) for Operational Objective 5 – up to PLN 15 000 000 from the state budget.
9. When developing the schedules referred to in Paragraph 7, no more than 20% of the total amount allocated for Programme implementation may be reallocated between the respective operational objectives.
10. No less than 3% of the funds allocated for the implementation of the respective operational objectives of the Programme shall be allocated for supporting tasks.

#### **IV. Abbreviations**

The abbreviations used in the Programme have the following meanings:

CeZ	E-Health Centre
CIOP-PIB	Central Institute for Labour Protection – National Research Institute
CKPPIp	Centre of Postgraduate Education for Nurses and Midwives
CMKP	Medical Centre of Postgraduate Education
CZSW	Central Board of Prison Service
FRPH	Gambling Problem Solving Fund
FRKF	Physical Culture Development Fund
FZSdU	Sports Activity Fund for Schools
GIS	Chief Sanitary Inspector
GUS	Statistics Poland
IES	Institute of Forensic Research
IMiD	Institute of Mother and Child
IMP	Nofer Institute of Occupational Medicine in Łódź
IPiN	Institute of Psychiatry and Neurology
IMW	Witold Chodźko Rural Medicine Institute in Lublin
JST	Local government units
KAS	National Revenue Administration
KCAIDS	National AIDS Centre
KGP	Police Headquarters
KIF	Polish Chamber of Physiotherapists
KRRiT	National Broadcasting Council
MZ	minister competent for health
MBPiZP	minister competent for construction, spatial planning and management, and housing
ME	minister competent for energy
MF	minister competent for public finances
MG	minister competent for economy
MGM	minister competent for maritime affairs
MGW	minister competent for water management
MON	Minister of National Defence

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MGZ	minister competent for management of mineral deposits
MI	minister competent for digitisation
MK	minister competent for climate
MKF	minister competent for physical culture
MEN	minister competent for education and upbringing
MP	minister competent for labour
MR	minister competent for agriculture
MRR	minister competent for agricultural markets
MS	Minister of Justice
MSWiN	minister competent for higher education and science
MŚ	minister competent for environment
MRD	minister competent for family
MSW	minister competent for internal affairs
MRMNiE	minister competent for religious denominations and national and ethnic minorities
MZS	minister competent for social security
NFZ	National Health Fund
NIGRiR	Eleonora Reicher National Institute of Geriatrics, Rheumatology and Rehabilitation
NIL	National Medicines Institute
NIO-PIB	Maria Skłodowska-Curie National Institute of Oncology – National Research Institute
NIZP-PZH	National Institute of Public Health – National Institute of Hygiene
NPS	New psychoactive substance
ORE	Centre for Education Development
PIF	National Pharmaceutical Inspectorate
PIS	National Sanitary Inspectorate
PTS	Polish Association of Suicidology
RPP	Commissioner for Patients' Rights
SG	Border Guard
UOKiK	Office of Competition and Consumer Protection

WIHE	Military Institute of Hygiene and Epidemiology
WIML	Military Institute of Aviation Medicine
ŻW	Military Gendarmerie

#### V. List of tasks for the implementation of Operational Objective No. 1 – Preventing Overweight & Obesity

<i>No.</i>	<i>Task Name</i>	<i>Implementation Period</i>	<i>Ownership</i>	<i>Procedure</i>
1	<b>Operating a nation-wide centre for nutrition education</b>	2021–2025	NIZP-PZH, under a contract with MZ, executed at the request of NIZP-PZH	Task commissioned based on request
2	<b>Shaping pro-health attitudes, which includes disseminating the idea of Health-Promoting Kindergartens and Schools</b>	2021–2025	MEN, ORE	Own task
3	<b>Promoting physical activity – supporting extracurricular forms of engaging children and adolescents in physical activity</b>	2021–2025	MKF, JST	Own task, financed from FRKF and FZSdU (funds at the disposal of MKF)
4	<b>Carrying out educational activities for patients with diabetes, as well as their families and carers, to reduce complications of diabetes and improve the quality and length of the patients' lives</b>	2021–2025	MZ, JST, entities selected under a call for proposals announced by MZ	Own task, task delegated under a call for proposals
5	<b>Promoting breastfeeding</b>	2021–2025	MZ, entities selected under a call for proposals announced by MZ	Own task, task delegated under a call for proposals



6	<b>Promoting proper nutrition and physical activity among the uniformed services</b>	2021–2025	MSW and entities selected under a call for proposals announced by MSW,  WIML under a contract with MON executed at the request of WIML,  CZSW under a contract with MS executed at the request of CZSW	Own task, task delegated under a call for proposals,  Task commissioned based on request,  Task commissioned based on request
7	<b>Working on a friendly food labelling information system</b>	2021–2025	MZ, GIS, and NIZP-PZH, under a contract with MZ, executed at the request of NIZP-PZH	Own task, task commissioned based on request
8	<b>Providing training on healthy eating rules and physical activity for professionals engaged in counteracting overweight and obesity (employers, food industry, health managers, medical professionals, teachers, health service employees, PIS employees)</b>	2021–2025	JST, KIF, NIZP-PZH, under a contract with MZ, executed at the request of NIZP-PZH	Own task, task commissioned based on request
9	<b>Examining consumer preferences on nutritional choices, including reviewing the contents and nutritional value of selected products available on the market</b>	2021–2025	NIZP-PZH under a contract executed with MZ at the request of NIZP-PZH	Task commissioned based on request
10	<b>Pursuing a pro-health fiscal policy that contributes to fighting overweight and obesity</b>	2021–2025	MZ, MF	Own task
11	<b>Maintaining an e-Base of trans fatty acid isomers and updating it based on studies on their content in food</b>	2021–2025	NIZP-PZH under a contract executed with MZ at the request of NIZP-PZH	Task commissioned based on request

12	<b>Updating nutritional standards for the population</b>	2022–2025 (with respect to NIZP-PZH)  2024 (with respect to WIHE)	NIZP-PZH under a contract executed with MZ at the request of NIZP-PZH  for uniformed services – WIHE under a contract executed with MON at the request of WIHE	Task commissioned based on request
13	<b>Determining nutritional standards in hospitals</b>	2022	MZ	Own task
14	<b>Monitoring and carrying out early diagnoses and interventions with respect to overweight, obesity, and hypertension in child population</b>	2021–2025	IMiD under a contract executed with MZ at the request of IMiD	Task commissioned based on request
15	<b>Survey on the diet and nutritional status of the Polish society</b>	2024–2025	research institute or higher education institution selected under a call for proposals announced by MZ,  WIML under a contract with MON executed at the request of WIML	Task delegated under a call for proposals,  Task commissioned based on request

## VI. List of tasks for the implementation of Operational Objective No. 2 – Preventing Addictions

### Integrated addiction prevention

<i>No.</i>	<i>Task Name</i>	<i>Implementation Period</i>	<i>Ownership</i>	<i>Procedure</i>
1	<b>Providing health education and (universal, selective, targeted) prevention of addictions in line with the scientific (i.a. epidemiological) results and good practices</b>	2021–2025	MZ, MEN, ORE, MSW, MRD, MON, MS, JST and entities selected under a call for proposals announced by MS, JST, GIS, PIS, IPiN, NIO-PIB, KCAIDS, NFZ, subordinate unit of MZ competent for addictions and entities selected under a call for proposals or FRPH call for applications announced by the subordinate unit	Own task, task delegated under a call for proposals, and task co-financed under an FRPH call for applications
2	<b>Monitoring and examining issues related to the epidemic of tobacco product use, including novel tobacco products and electronic cigarettes, the use of narcotic drugs, psychotropic substances, replacement drugs and NPSs, and alcohol consumption (which includes monitoring the level and structure of alcohol consumption and availability)</b>	2021–2025	MZ, MEN, MSWiN, MSW, MON, MS, GIS, IPiN, NIO-PIB, JST, Head of Office for Chemicals Substances, subordinate unit of MZ competent for addictions and entities selected under a call for proposals or FRPH call for applications announced by the subordinate unit	Own task, task delegated under a call for proposals, and task co-financed under an FRPH call for applications

3	<b>Educating staff participating in the implementation of addiction prevention tasks (which includes training)</b>	2021–2025	MZ, MSW, MON, MS, GIS, IPiN, NIO-PIB, JST, ORE, subordinate unit of MZ competent for addictions, and entities selected under a call for proposals or FRPH call for applications announced by the subordinate unit	Own task, task delegated under a call for proposals, and task co-financed under an FRPH call for applications
4	<b>Developing and improving the offering and supporting the implementation of evidence-based prevention programmes, especially with respect to those recommended within the Recommendation System for Prevention Programmes and Mental Health Promotion</b>	2021–2025	JST, ORE, IPiN, MS, subordinate unit of MZ competent for addictions and entities selected under a call for proposals or FRPH call for applications announced by the subordinate unit	Own task, task delegated under a call for proposals, and task co-financed under an FRPH call for applications
5	<b>Developing and improving the quality of the offering of psychological, psychotherapeutic, and caregiving and educational support for children in families with alcohol problems, and their families</b>	2021–2025	MZ, MEN, MRD, MS, JST, subordinate unit of MZ competent for addictions	Own task, task delegated under a call for proposals, and task co-financed under an FRPH call for applications
6	<b>Improving the quality and accessibility of professional support for people experiencing family violence</b>	2021–2025	MSW, MS, MRD, MON, MZ, JST, subordinate unit of MZ competent for addictions and entities selected under a call for proposals or FRPH call for applications announced by the subordinate unit	Own task, task delegated under a call for proposals, and task co-financed under an FRPH call for applications

7	<b>Reducing harm and providing treatment, rehabilitation, and social reintegration for addicts and their close ones</b>	2021–2025	MZ, KCAIDS, NFZ, JST, MRD, MZS, Police, Prosecutor's Office, NIZP-PZH, RPP, subordinate unit of MZ competent for addictions and entities selected under a call for proposals or FRPH call for applications announced by the subordinate unit	Own task, task delegated under a call for proposals, and task co-financed under an FRPH call for applications
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## Tobacco (nicotine) addiction

<i>No.</i>	<i>Task Name</i>	<i>Implementation Period</i>	<i>Ownership</i>	<i>Procedure</i>
1	<b>Reducing the physical and economic availability of tobacco and related products</b>	2021–2025	MZ, MF, MR, MRR	Own task
2	<b>Carrying out training for medical staff on nicotine addiction treatment and running a helpline for smokers</b>	2021–2025	NIO-PIB under a contract executed with MZ at the request of NIO-PIB	Task commissioned based on request
3	<b>Facilitating recovery from addiction to tobacco products, including novel tobacco products and electronic cigarettes, by ensuring access to professional services</b>	2021–2025	MZ, NFZ	Own task
4	<b>Engaging in international cooperation on the policy of reducing health consequences of using tobacco products, including novel tobacco products and electronic cigarettes, and refill liquids</b>	2021–2025	GIS, MZ, NIO-PIB, Head of Office for Chemical Substances	Own task
5	<b>Supervising the content of ingredients in tobacco products, including novel tobacco products and refill liquids</b>	2021–2025	Head of Office for Chemical Substances, PIS	Own task

6	<b>Ensuring effective compliance with existing legislation concerning anti-nicotine policy</b>	2021–2025	MZ, MS, MSW, PIS, MON, KAS, Police and SG, UOKiK, Head of Office for Chemical Substances	Own task
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## Alcohol addiction

<i>No.</i>	<i>Task Name</i>	<i>Implementation Period</i>	<i>Ownership</i>	<i>Procedure</i>
1	<b>Implementing and disseminating standards and procedures for prevention, diagnosis and therapy of FASD (Fetal Alcohol Spectrum Disorder), in line with the current scientific knowledge</b>	2021–2025	JST, subordinate unit of MZ competent for addictions and entities selected under a call for proposals or FRPH call for applications announced by the subordinate unit	Own task, task delegated under a call for proposals, and task co-financed under an FRPH call for applications
2	<b>Educating medical staff on the recognition of drinking patterns and intervening with patients who consume alcohol harmfully and hazardously, and on FASD</b>	2021–2025	MZ, MSWiN, NFZ, JST	Own task
3	<b>Implementing the procedure for early diagnosis and brief intervention for patients who consume alcohol harmfully and hazardously in primary health care</b>	2021–2025	MZ, NFZ, primary healthcare providers	Own task
4	<b>Reducing the physical and economic availability of alcohol</b>	2021–2025	MF, MG, JST, MZ, Police, KRRiT, subordinate unit of MZ competent for addictions and entities selected under a call for proposals or FRPH call for applications announced by the subordinate unit	Own task, task delegated under a call for proposals, and task co-financed under an FRPH call for applications

5	<b>Ensuring more effective compliance with the law regarding manufacturing, distribution, sale, advertising, promotion, and consumption of alcoholic beverages</b>	2021–2025	MS, UOKiK, KRRiT, KAS, Prosecutor's Office, Police, SG, JST, MG, subordinate unit of MZ competent for addictions and entities selected under a call for proposals or FRPH call for applications announced by the subordinate unit	Own task, task delegated under a call for proposals, and task co-financed under an FRPH call for applications
6	<b>Reducing the scale of alcohol smuggling and the number of illegal places of alcohol decontamination</b>	2021–2025	KAS, MSW, SG, Police	Own task

## Behavioural addictions

<i>No.</i>	<i>Task Name</i>	<i>Implementation Period</i>	<i>Ownership</i>	<i>Procedure</i>
1	<b>Propagating knowledge on issues related to behavioural addictions, including publishing informational and educational materials, and running social campaigns, a website, online counselling services and a helpline</b>	2021–2025	JST, IPiN, entities selected by the subordinate unit of MZ competent for addictions under an FRPH call for applications	Own task, task co-financed under an FRPH call for applications
2	<b>Providing rehabilitation and social reintegration, and reducing harm, including in particular providing accessibility of support services for problem and pathological gamblers, people with other behavioural addictions, and their close ones</b>	2021–2025	MZ, entities selected by subordinate unit of MZ competent for addictions under an FRPH call for applications	Own task, task co-financed under an FRPH call for applications
3	<b>Developing and improving the offering of early intervention programmes for individuals and groups exposed to risk factors</b>	2021–2025	entities selected by the subordinate unit of MZ competent for addictions under an FRPH call for applications	Task co-financed under an FRPH call for applications

4	<b>Carrying out research on behavioural addictions, as well as monitoring and evaluating the actions taken</b>	2021–2025	IPiN, entities selected by the subordinate unit of MZ competent for addictions under an FRPH call for applications	Own task, task co-financed under an FRPH call for applications
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## Drug addictions

<i>No.</i>	<i>Task Name</i>	<i>Implementation Period</i>	<i>Ownership</i>	<i>Procedure</i>
1	<b>Efforts aimed at reducing the use of narcotic drugs, psychotropic substances, replacement drugs, and NPSs</b>	2021–2025	MZ, MRD, MSW, MS, GIS, PIS, MEN, MON, IMP, IMW, KRRiT, public media, JST, ORE, Police, NIL, SG, KAS, PIF, ŻW, working groups established by the Head of the Council for Drug Abuse Prevention, State Border Sanitary Inspectors and IES; subordinate unit of MZ competent for addictions and entities selected under a call for proposals or FRPH call for applications announced by the subordinate unit	Own task, task delegated under a call for proposals, and task co-financed under an FRPH call for applications
2	<b>Providing counselling within a nationwide helpline and an online counselling service</b>	2021–2025	subordinate unit of MZ competent for addictions, entities selected by the subordinate unit of MZ competent for addictions under a call for proposals or FRPH call for applications announced by the subordinate unit	Own task, task delegated under a call for proposals, and task co-financed under an FRPH call for applications



3	<b>Providing substitution therapy to at least 30% of opioid addicts in each voivodeship</b>	2021–2025	MZ and NFZ	Own task
4	<b>Increasing the number of therapeutic programmes for users of cannabis and people addicted thereto</b>	2021–2025	entities selected by the subordinate unit of MZ competent for addictions under a call for proposals or FRPH call for applications announced by the subordinate unit	Task delegated under a call for proposals, and task co-financed under an FRPH call for applications
5	<b>Engaging in efforts to reduce the supply of narcotic drugs, psychotropic substances, and NPSs</b>	2021–2025	MSW, Police, SG, MON, ŻW, MF, KAS, GIS, PIS	Own task

## VII. List of tasks for the implementation of Operational Objective No. 3 – Promoting Mental Health

### Promoting Mental Health

<i>No.</i>	<i>Task Name</i>	<i>Implementation Period</i>	<i>Ownership</i>	<i>Procedure</i>
1	<b>Implementing evidence-based educational, intervention and prevention projects and programmes, including universal, selective and targeted prevention programmes</b>	2021–2025	JST, MZ, IPiN, and entities selected under a call for proposals announced by MZ,  MEN and entities selected under a call for proposals announced by MEN,  MS and entities selected under a call for proposals announced by MS,  MSW and entities selected under a call for proposals announced by MSW,  MON and entities selected under a call for proposals announced by MON	Own task, task delegated under a call for proposals
2	<b>Increasing the competencies of medical staff and other professionals participating in preventive psychiatric care</b>	2021–2025	MZ and entities selected under a call for proposals announced by MZ	Own task, task delegated under a call for proposals
3	<b>Carrying out comprehensive research on the mental health of the population and its determinants</b>	2021–2025	research institute or medical higher education institution selected under a call for proposals announced by MZ	Task delegated under a call for proposals

4	<b>Coordinating, monitoring, and evaluating the efficiency and effectiveness of efforts aimed at preventing mental health problems and improving mental wellbeing</b>	2021–2025	MZ, IPiN under a contract executed with MZ at the request of IPiN	Own task, task commissioned based on request
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## Preventing suicidal behaviours

<i>No.</i>	<i>Task Name</i>	<i>Implementation Period</i>	<i>Ownership</i>	<i>Procedure</i>
1	<b>Developing a responsible communication policy on suicidal behaviours and related risk factors and protective factors, including media monitoring and implementing recommendations of professionals (e.g. suicidologists, public health specialists) in developing information materials and other media messages by public institutions and public media</b>	2021–2025	Coordinator under a contract with MZ executed at the request of the Coordinator, MZ, MRD, MZS, MSW, KRRiT, MEN, MSWiN, MON, JST	Own task, task commissioned based on request
2	<b>Reducing access to methods of committing suicide to reduce the incidence of suicidal behaviours across all age groups, including supporting initiatives aimed at increasing safety at various facilities, e.g. bridges, viaducts, railway infrastructure (such as railway stations, crossings, platforms), and in buildings, as well as engaging in rational actions concerning availability of OTC medicines, medical supplies, and other toxic chemicals used for suicide purposes</b>	2021–2025	MBPiZP, MSW, MI, MZ, JST, Polish Pharmaceutical Chamber	Own task

3	<b>Developing, implementing, and evaluating (universal, targeted, and selective) prevention programmes, oriented towards the prevention of suicidal behaviours, adapted to the needs of various populations</b>	2021–2025	Coordinator under a contract with MZ executed at the request of the Coordinator, MZ, MEN, PTS, subordinate unit of MZ competent for addictions, ORE and MSW, MON, MS in cooperation with the Coordinator with respect to uniformed services and inmates, JST	Own task, task commissioned based on request
4	<b>Ensuring access to help in mental crises by providing access to consultations via ICT tools (including phone support and helplines, online counselling services, hotlines) adjusted to the needs of people of various ages</b>	2021–2025	Coordinator under a contract with MZ executed at the request of Coordinator, MZ, MSW, MON, MEN, MRD, MZS, JST,  entities selected under a call for proposals announced by MZ	Own task, task commissioned based on request, task delegated under a call for proposals
5	<b>Developing (with the participation of suicidologists and public health specialists), updating, disseminating, and monitoring the implementation of standards of conduct in cases of risk of suicidal behaviour, addressed to adequate groups of people and institutions, such as healthcare providers, social care workers, pedagogical staff, parents, uniformed services, media, and the clergy</b>	2021-2022 – Development of standards  2022-2025 – Update, distribution, implementation and monitoring	Coordinator under a contract with MZ executed at the request of the Coordinator, MZ, MEN, MRD, MZS, MS, MSW, MRMNiE, MON, PTS	Own task, task commissioned based on request
6	<b>Developing the competencies of healthcare workers, education staff, social care workers, uniformed services, the clergy, and other professionals regarding early detection of symptoms of suicidal behaviours and interventions with people displaying such behaviours</b>	2021–2025	Coordinator under a contract with MZ executed at the request of the Coordinator, MZ, MSWiN, MRD, MZS, MP, MS, MSW, MRMNiE, MON, ORE, JST	Own task, task commissioned based on request

7	<b>Developing the competencies of representatives of the media, in particular journalists, editors, editorial assistants and publishers</b>	2021–2025	Coordinator under a contract with MZ executed at the request of the Coordinator	Task commissioned based on request
8	<b>Monitoring of the epidemiological situation, suicidal behaviours, and social attitudes</b>	2021–2025	Coordinator under a contract with MZ executed at the request of the Coordinator, MZ, MS, MSW, KGP, MON	Own task, task commissioned based on request
9	<b>Carrying out research and scientific activities, including research aimed at monitoring suicidal behaviours in various populations, such as methods of suicide, as well as research aimed at identifying new and monitoring the already known risk factors and protective factors of suicidal behaviours, such as carrying out research on the impact of the media on suicidal behaviours</b>	2021–2025	Coordinator under a contract with MZ executed at the request of the Coordinator, MZ, PTS, subordinate unit of MZ competent for addictions, MSW, MON, MEN, MSWiN	Own task, task commissioned based on request
10	<b>Coordinating the activities to prevent suicidal behaviours set forth in the Programme, with the possibility of establishing and running an Office for the Prevention of Suicidal Behaviours</b>	2021–2025  2021 – establishment of the Office	MZ, Coordinator under a contract with MZ executed at the request of the Coordinator	Own task, and task commissioned based on request

#### **VIII. List of tasks for the implementation of Operational Objective No. 4 – Ensuring Environmental Health & Preventing Communicable Diseases**

<i>No.</i>	<i>Task Name</i>	<i>Implementation Period</i>	<i>Ownership</i>	<i>Procedure</i>
1	<b>Carrying out educational activities on the health impact of the environment</b>	2021–2025	MZ, ME, MGM, MGW, MGZ, MK, MŚ, Office for Chemical Substances, IMP, IMW, GIS, PIS, JST, NIZP-PZH	Own task

2	<b>Engaging in initiatives for prevention of occupational and work-related diseases, including those related to the service of professional soldiers and officers, and enhancing the health of employees</b>	2021–2025	JST, KIF, IMP and IMW under a contract with MZ executed at the request of the given institute, WIHE – with respect to uniformed services – under a contract with MZ executed at the request of WIHE, CIOP-PIB under a contract with MP executed at the request of CIOP-PIB	Own task, task commissioned based on request
3	<b>Maintaining databases concerning the presence of carcinogenic and mutagenic factors in the workplace, a Central Register of Occupational Diseases, and a National Register of Biological Factors</b>	2021–2025	IMP under a contract executed with MZ at the request of IMP	Task commissioned based on request
4	<b>Monitoring physical, chemical, and biological hazards in the workplace</b>  <b>Carrying out monitoring to assess exposure to chemicals at the workplace, in the service of professional soldiers and officers, and at home</b>	2021–2025	IMP under a contract with MZ executed at the request of IMP, WIHE – with respect to uniformed services – under a contract with MZ executed at the request of WIHE	Task commissioned based on request
5	<b>Promoting vaccinations and maintaining the functionality of the website on vaccinations – engaging in efforts to promote and raise awareness of protective vaccinations</b>	2021–2025	MZ, GIS, PIS, JST, NIZP-PZH, NIZP-PZH under a contract with MZ executed at the request of NIZP-PZH	Own task, task commissioned based on request

6	<b>Preventing the development of antibiotic resistance in microorganisms</b>	2021–2025	MZ, MR, MRR, MON, GIS, PIS, NIL, NIZP-PZH and NIL under a contract executed with MZ at the request of NIL, NIZP-PZH under a contract executed with MZ at the request of NIZP-PZH	Own task, task commissioned based on request
7	<b>Improving healthcare safety, including developing attitudes and skills of medical personnel regarding methods of sterilisation, decontamination, and disinfection</b>	2021–2025	MZ, MON, GIS, PIS, NIL, NIZP-PZH	Own task
8	<b>Maintaining epidemiological surveillance regarding communicable diseases, including, in particular:</b>  1) carrying out research on biological pathogens; 2) preparing national quantitative reports on registered infections, diseases, and deaths due to infections and notifiable communicable diseases, and an annual report on the level of immunization against communicable diseases; 3) analysing cases of vaccine adverse events (VAEs) and preparing an annual quantitative report on this matter; 4) coordinating the transfer of national epidemiological data on infections and communicable diseases to the European Centre for Disease Prevention and Control and other international institutions and organisations, including preparing and submitting reports containing <i>inter alia</i> individual (anonymised) data on cases of communicable diseases in line with the definition of such cases; 5) running a 24-hour International Health Regulations (IHR) National Focal Point and a 24-hour National Contact Point for the Early Warning and Response System (EWRS)	2021–2025	Institute of Tuberculosis and Lung Diseases, NIZP-PZH under a contract with MZ executed at the request of NIZP-PZH (Point 1, 4)  and NIZP-PZH under a contract with GIS executed at the request of NIZP-PZH (Points 2, 3 & 5)	Own task (Institute of Tuberculosis and Lung Diseases), task commissioned based on request

9	<b>Carrying out scientific research and evaluating the impact of the quality of the living environment on health</b>	2021–2025	entities selected under a call for proposals announced by MZ, entities selected under a call for proposals announced by MON (as relevant)	Task delegated under a call for proposals
10	<b>Maintaining databases (as well as processing and making them available to relevant entities) on chemical contaminations of food, food microbiology, food additives, and safety of materials and products intended to come into contact with food</b>	2021–2025	NIZP-PZH under a contract with MZ executed at the request of NIZP-PZH	Task commissioned based on request

#### **IX. List of tasks for the implementation of Operational Objective No. 5 – Responding to Demographic Challenges**

<i>No.</i>	<i>Task Name</i>	<i>Implementation Period</i>	<i>Ownership</i>	<i>Procedure</i>
1	<b>Promoting pro-health attitudes affecting reproductive health and increasing the competencies of medical staff with respect to reproductive health</b>	2021–2025	MZ, JST, entities selected under a call for proposals announced by MZ	Own task, task delegated under a call for proposals
2	<b>Disseminating system solutions with respect to reproductive health, including preconception and perinatal care</b>	2021–2025	MZ, JST, entities selected under a call for proposals announced by MZ	Own task, task delegated under a call for proposals
3	<b>Supporting the social activities of the older people and improving the health-related quality of their lives</b>	2021–2025	MRD, MP, MZS, MZ, JST, entities selected under a call for proposals announced by MZ	Own task, task delegated under a call for proposals
4	<b>Developing services supporting health and health-related quality of life of older people and their informal carers, in particular through the development of the forms of day care and psychological support</b>	2021–2025	MRD, MZS, JST, MZ, NFZ, entities selected under a call for proposals announced by MZ	Own task, task delegated under a call for proposals



5	<b>Engaging in efforts to coordinate care for older people, available within the healthcare and social care systems</b>	2021–2025	MZ, MRD, MZS, NFZ, JST, NIGRiR, entities selected under a call for proposals announced by MZ	Own task, task delegated under a call for proposals
6	<b>Providing education for medical professionals on the health needs of older people</b>	2021–2025	MZ and entities selected under a call for proposals announced by MZ,  CMKP under a contract with MZ executed at the request of CMKP,  CKPPIP under a contract with MZ executed at the request of CKPPIP	Own task, task delegated under a call for proposals, task commissioned based on request
7	<b>Providing education focused on the prevention of health problems experienced by older people, in particular with respect to injuries, prevention of falls, and the principles of avoiding the results of polypharmacy</b>	2021–2025	MZ and entities selected under a call for proposals announced by MZ, MRD, MZS, JST, CeZ, NFZ	Own task, task delegated under a call for proposals
8	<b>Providing education for informal carers of older people on age-related diseases and proper care for older people</b>	2021–2025	MZ and entities selected under a call for proposals announced by MZ, JST	Own task, task delegated under a call for proposals
9	<b>Providing information and education for representatives of public entities and non-medical professions who come in frequent contact with older people on age-related conditions and principles of conduct in contact with older people</b>	2021–2025	MZ, MSW, MRD, MP, MZS, JST, entities selected under a call for proposals announced by MZ	Own task, task delegated under a call for proposals
10	<b>Providing education on health management of ageing workers, and developing and disseminating health promotion tools and pro-health behaviours in the work environment</b>	2021–2025	MZ, MP, CIOP-PIB, IMP under a contract with MZ executed at the request of IMP, CIOP-PIB under a contract with MP executed at the request of CIOP-PIB	Own task, task commissioned based on request

11	<b>Developing and implementing solutions supporting detection and monitoring of age-related conditions</b>	2021-2025 – Development and testing of solutions	MZ, research institute or higher education institution selected under a call for proposals announced by MZ, NIZP-PZH, NFZ	Own task, task delegated under a call for proposals
12	<b>Carrying out research on health of the population of older people and engaging in international cooperation regarding health of older people</b>	2021–2025	MZ, research institute or higher education institution selected under a call for proposals announced by MZ, NIZP-PZH, NFZ	Own task, task delegated under a call for proposals

#### X. Supporting tasks

<i>No.</i>	<i>Task Name</i>	<i>Implementation Period</i>	<i>Ownership</i>	<i>Procedure</i>
1	<b>Collecting information on public health tasks implemented within a given year and preparing reports on the implementation of these tasks, based on data collected from entities implementing these tasks and providing their evaluation</b>	2021–2025	NIZP-PZH under a contract with MZ executed at the request of NIZP-PZH	Task commissioned based on request
2	<b>Preparing the report titled “The health situation of the Polish population and its determinants”</b>	2022, 2024	NIZP-PZH under a contract with MZ executed at the request of NIZP-PZH	Task commissioned based on request
3	<b>Developing the pacjent.gov.pl website as a reliable source of public health and healthcare information</b>	2021–2025	MZ, NFZ, CeZ, RPP	Own task
4	<b>Engaging in efforts aimed at increasing the number of people participating in governmental health prevention programmes and compulsory vaccination programmes</b>	2021–2025	MZ, NFZ	Own task

## XI. Monitoring and evaluation of the Programme – indicators and procedure

The minister competent for health shall be responsible for monitoring and evaluating the Programme. The Programme shall be evaluated throughout its whole duration. Monitoring indicator values shall be published on the website of the office working for the minister competent for health.

Tasks and their effects shall be monitored based on the indicators collected within the public statistics system and the development monitoring system, as well as on data concerning hospital morbidity rates, causes of death, and those collected by entities implementing the respective tasks set forth in the Programme. The proposed indicators shall be disaggregated by age and sex, if available.

### 1. Strategic objective monitoring indicators

<i>No.</i>	<i>Indicator</i>	<i>Source</i>
1	Expected healthy life years by age and sex	GUS, Eurostat
2	Life expectancy by education, place of residence, age and sex	Eurostat, NIZP-PZH
3	Mortality and respective causes of death by place of residence, age and sex	NIZP-PZH, GUS
4	Infant mortality by place of residence	GUS

### 2. Monitoring indicators for respective operational objectives

#### Operational Objective 1

<i>No.</i>	<i>Indicator</i>	<i>Source</i>
1	Number of participants in tasks implemented within the “Sport for all” programme	MKF
2	Consumption of vegetables	GUS

#### Operational Objective 2

<i>No.</i>	<i>Indicator</i>	<i>Source</i>
1	Mortality due to lung cancer	GUS/NIO-PIB
2	Total alcohol consumption	GUS

3	Use of narcotic drugs, psychotropic substances and NPSs among adolescents	Available epidemiological studies
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## Operational Objective 3

<i>No.</i>	<i>Indicator</i>	<i>Source</i>
1	Number of suicide attempts	KGP
2	Number of suicides	GUS, KGP

## Operational Objective 4

<i>No.</i>	<i>Indicator</i>	<i>Source</i>
1	Incidence of selected communicable diseases (HCV, HBV, HIV, rubella, measles, polio)	NIZP-PZH

## Operational Objective 5

<i>No.</i>	<i>Indicator</i>	<i>Source</i>
1	Self-perceived health of people at the age of at least sixty (60-74, and over 75) by place of residence	GUS, based on European Union Statistics on Income and Living Conditions (EU-SILC)
2	Additional life expectancy of people at the age of 65 and additional healthy life years of people at the age of 65	GUS

## 3. Programme Evaluation Indicators

<i>No.</i>	<i>Indicator</i>	<i>Source</i>
1	Number of implemented or commenced tasks set forth in the National Health Programme 2021-2025 in the given year	MZ, NIZP-PZH