



MINISTRY OF HEALTH  
SINGAPORE

# BETTER HEALTH, BETTER FUTURE FOR ALL



In 2012, the Ministry of Health launched the Healthcare 2020 Masterplan. Its goals were to improve access, affordability and quality of healthcare services for Singaporeans. Many improvements have since been made.



“ Healthcare 2020 will ensure that Singaporeans always have access to good quality and affordable health care. After all, this is integral to an inclusive society. ”

- Minister for Health Gan Kim Yong,  
Committee of Supply 2012

# BETTER ACCESS | GENERAL AND COMMUNITY HOSPITALS



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## New hospitals, expansion of existing hospitals

We are expanding our services and building new facilities to make it easier for Singaporeans to seek healthcare.



## NUMBER OF BEDS

	2010	By End-2015
General Hospital Beds	6,900	8,100
Community Hospital Beds	840	1,400
<b>TOTAL NUMBER OF BEDS</b>	<b>7,700</b>	<b>9,500</b>

In 5 years,  
**↑ 24%**  
Hospital beds

New polyclinics and clinics...nearer your homes!



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## NUMBER OF PRIMARY CARE FACILITIES

	2015	Upcoming Facilities
Polyclinics	18	3 Polyclinics
Family Medicine Clinics (FMCs)	6	1 Primary Care Centre 1 Family Medicine Clinic
Community Health Assist Scheme (CHAS) Clinics	~ 850 GP Clinics ~ 600 Dental Clinics	

**9 in 10**

HDB dwellers live within  
**15 minutes**  
of a polyclinic or CHAS  
clinic, by public  
transport.





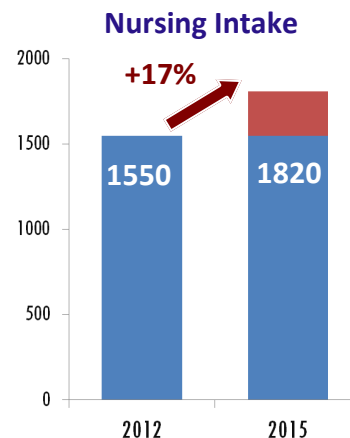
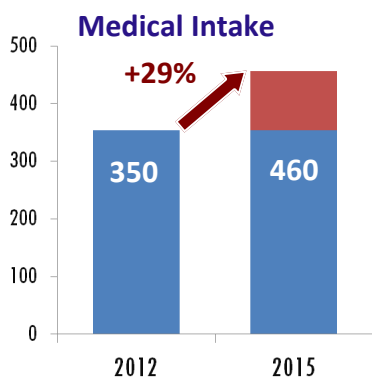
Our **healthcare professionals** are at the heart of patient care.

Our healthcare professional workforce has **expanded by 9,000** between 2011 and 2014. We are on track to expand by another 11,000 by 2020.

We enhanced salaries across all professions, with additional funding from government, and improved career progression to improve retention.

## Larger Intakes

- ◆ In 2015, local medical and nursing intakes up by 29% and 17% compared to 2012
  - Established Singapore's third medical school, the Lee Kong Chian School of Medicine
- ◆ New allied health degree programmes at the Singapore Institute of Technology from 2016



## Better Career Development

- ◆ National Nursing Taskforce recommendations to boost nursing profession. New Assistant Nurse Clinician role introduced
- ◆ Greater support to encourage doctors to undergo post-graduate training in family medicine

## Enhanced Recognition

- ◆ Salary increases for public healthcare and MOH-funded intermediate and long-term care sector staff



## Building Further Skills and Knowledge

- ◆ Increased funding, training and a dedicated AIC Learning Institute for staff working in long-term care



## 1 More subsidies for lower to middle income

For long-term care services—higher subsidies, with more patients able to enjoy subsidies.

For subsidised specialist care in the public hospitals —**patient pays up to 40% less.**

For standard outpatient drugs in the public hospitals and polyclinics—**patient pays up to 50% less.**



Under the Community Health Assist Scheme (CHAS), lower to middle-income Singaporeans enjoy subsidies at private GP and dental clinics, for

- ◆ acute illnesses
- ◆ chronic illnesses
- ◆ recommended screening

They can also be referred to subsidised specialist care through CHAS clinics.

**1.3 million** Singaporeans of all ages are now on CHAS, almost **40 times** the number in 2011.

### PIONEER GENERATION PACKAGE

... helps **450,000 Pioneers** with their **healthcare costs for life.**

- ◆ Additional 50% off subsidised outpatient care in hospitals and polyclinics
- ◆ Special CHAS subsidies
- ◆ Cash of \$1,200 a year for the moderately to severely disabled



#### Example: 79-year old Mrs Tan

Mrs Tan sees the specialist at a public hospital four times a year for her hypertension and high cholesterol. For each visit, she used to pay:

- ◆ a subsidised rate of \$120 for tests and consultation, and \$60 for medications

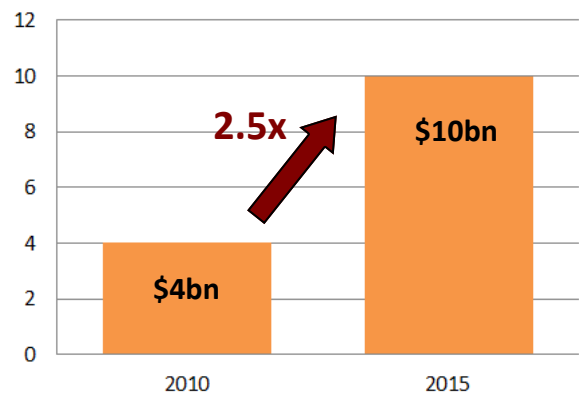
**With higher specialist care subsidies and the Pioneer subsidies, she now pays:**

- ◆ \$50 for tests and consultation and \$12 for medications — **one third of what she used to pay**



Thank you Pioneers!

### Government Spending in Healthcare (\$bn)



## 2 Universal healthcare insurance for lifelong protection



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From 1 Nov, MediShield Life will give better protection, for all Singaporeans, for life. This is part of a more inclusive society, where we look after one another.

# MediShieldLife

Subsidies help to ensure premiums remain affordable:

- ◆ Transitional subsidies for Singapore Citizens who experience an increase in premiums from MediShield to MediShield Life
- ◆ For lower to middle-income Singaporeans, premium subsidies of up to 50%
- ◆ For Pioneers, premium subsidies of 40% to 60%, with annual Medisave top-ups of \$200 to \$800 for life, so that they pay less for MediShield Life than MediShield
- ◆ Additional assistance for the needy

### Example: 60-year old Mr Bala

Mr Bala had a heart attack and was hospitalised for 10 days in a B2 ward.

- ◆ His bill after government subsidy is about \$8,000. (This is a large hospital bill, above the 90th percentile.)
- ◆ Under MediShield today, he pays about \$5,000 with Medisave or cash, MediShield pays the rest
- ◆ With MediShield Life, his Medisave or cash payment will be halved to \$2,500—**MediShield Life will pay the remaining \$5,500**



## 3 Expanded Medisave use to reduce out-of-pocket payment

- ◆ **Flexi-Medisave**, for seniors to use **additional \$200/ year** for outpatient medical treatment
- ◆ **\$300/ year** for outpatient scans
- ◆ 19 chronic conditions, up from 10 conditions in 2011, covered at **\$400/ year**

# Medisave

To help Singaporeans build up more Medisave for their healthcare needs.

- ◆ **Additional 1% point Medisave contribution from employers since Jan 2015**
- ◆ **Government top-ups for lower-income, elderly under GST-Voucher scheme**
- ◆ **An increase from \$3,000 to \$4,000 in Medisave Grant for newborns born on or after 1 Jan 2015**

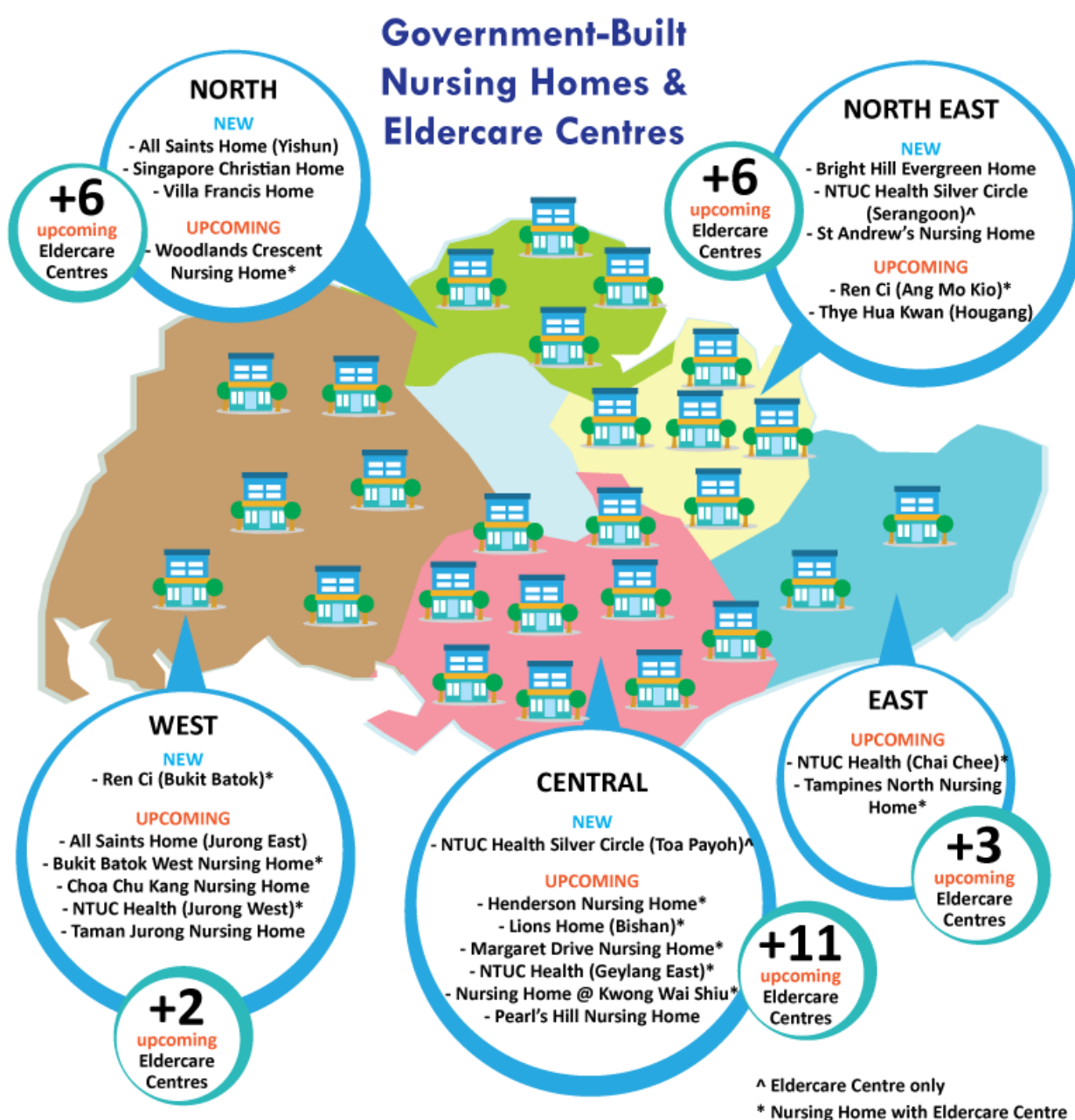


## SERVICES AND FACILITIES FOR OUR ELDERLY

We are expanding home care services and eldercare centres so that we can help our seniors to be cared for at home, as they prefer. Nursing home care will also be expanded, for seniors who cannot be cared for at home.

### More Aged Care Services

	2011	2014	Targeted (2020)
Home Healthcare	3,800 places	6,500 places	10,000 places
Home Palliative Care (for the end of life)	3,800 places	5,000 places	6,000 places
Eldercare Centres	2,100 places	3,100 places	6,200 places
Nursing Home Care	8,800 beds	9,800 beds	17,000 beds



### BETTER QUALITY

Enhanced standards for nursing homes and guidelines for eldercare centres, home care and end-of-life care, ensure that our seniors receive better, more holistic and safer care.





## NEW! ACTION PLAN FOR SUCCESSFUL AGEING

The Ministerial Committee on Ageing unveiled key new features of a **\$3 billion** national plan to help Singaporeans age confidently and lead active lives, with strong bonds with family and community.

### More than 60 initiatives over 12 areas

#### Opportunities for all ages

- ◆ Workplace Longevity
- ◆ Learning Opportunities
- ◆ Volunteerism
- ◆ Health and Wellness
- ◆ Retirement Adequacy

#### Kampong for all ages

- ◆ Social Inclusion
- ◆ Protection for vulnerable elderly

#### A city for all ages

- ◆ Healthcare and aged care
- ◆ Senior friendly housing
- ◆ Senior friendly transport
- ◆ Senior friendly public spaces and parks
- ◆ Research into ageing



**“Longevity is something that we can celebrate, we can look forward to. We can help Singaporeans age more successfully to make their senior lives more exciting, more rewarding, more fulfilling.”**

- Minister for Health Gan Kim Yong, 26 Aug 2015

## SG50 SENIORS PACKAGE



Special benefits for more than 700,000 seniors since May this year. The package includes more than 200 types of offers for Dining, Leisure, Lifelong Learning, Lifestyle and Wellness.

## OTHER SUPPORT

**Seniors' Mobility and Enabling Fund...** provides subsidies for seniors in the community for:

- ◆ wheelchairs, pressure relief cushions, commodes and other devices
- ◆ diapers, wound dressings and other consumables
- ◆ transport to eldercare and dialysis centres

**Foreign Domestic Worker grant** of **\$120** for families with an elderly with moderate disability, to help with the cost of employing a foreign domestic worker.





## HEALTHY LIVING MASTERPLAN



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Launched in 2014, the Plan promotes healthy living as accessible, natural, and effortless for all Singaporeans. It encourages Singaporeans to adopt healthy behaviours by bringing healthy living options to the "doorstep" of every home, workplace, and school by 2020.

### HEALTHY LIVING EVERY DAY



#### Workplace

- Healthy Workplace Ecosystems e.g. Mapletree Business City, One-North, where health programmes (e.g. talks, physical activity clubs) are organized for a cluster of companies

#### Community

- Conducive environments for healthy living, such as screening or Sundays at the Park where residents can participate in free workouts
- Visual Cues to prompt healthy habits such as taking the stairs

#### School

- Healthy Meals in Schools Programme, emphasizing more wholegrains, fruits and vegetables
- Lower sugar content of drinks sold



The **Healthier Dining Programme** to encourage more options for healthier and tasty meals.

## TOBACCO

Reducing the smoking rate is a key MOH priority.

The **I Quit** 28-Day Countdown programme supports Singaporeans who want to quit smoking. They can choose their start date and receive daily SMS tips for 28 days to support them in their quit journey.



New tobacco control initiatives include bans on shisha and emerging tobacco products as well as regulating the display of tobacco products, to discourage impulse purchases and help smokers who are trying to quit.



*Together,  
Towards Better Health For All*