

FAMILY PLANNING ACTION PLAN

UNTIL 2015

- **Increase prevalence of modern contraceptive methods' use by 30% of the current level;**
- **Cover 100% of modern contraceptive methods' needs through the MoH budget;**
- **Reach >95% in percentage of services offering family planning in Primary Health Care;**
- **Reach 90% in percentage of Primary Health Care personnel trained on counseling and provision of contraceptive methods.**

Objective 1: Increase the knowledge of individuals and couples on their reproductive right to obtain information on the number and time to have children and encourage to ensure that every child is desired by them.

Interventions	Indicators for measuring intervention	Responsible persons	Timeline	Budget
Review and completion of Albanian legislation on reproductive rights mentioned in international documents and conventions.	Number of legal acts, documents related to reproductive rights	MOH M. Justice MOH MA M YOUTH CULTURE PHI NPO Donor/Partner	2009-2015	
Incorporation of reproductive rights concept in school curricula and extra-curricular programs for children and youth.	RH rights and family planning education incorporated in school curricula.	MOH MES PHI Donor/Partner	2009-2015	
Mainstreaming family planning in Primary and Hospital Health Care policies and programs.	Number of family planning programs in PHC and hospital care.	MOH PHI Donor	2009-2015	
Organization of awareness campaigns in the media on reproductive rights and family planning.	Number of campaigns organized per year.	MOH PHI Media Donor	2009-2012	
Informing, educating individuals, particularly women and girls on their	Raise to 75% the number of couples	MOH PHI	2009-2012	

legal rights to chose regarding family planning and reproductive health.	receiving joint decisions on their reproductive and sexual life; Have percentage of population knowing about their rights to information and choice in contraception measured in surveys and polls reach 70%.	Donor		
Train health personnel offering family planning services in primary and hospital health care on reproductive rights.	Percentage of personnel trained on reproductive rights.	MOH PHI Donor	2009-2015	
Objective 2: Improve access to contraception services to every individual in need of them and reduce the use of abortion as a tool to prevent unwanted pregnancies.				
Mainstreaming family planning services in the primary and hospital health care services package.	Number of HC offering FP services.	MOH PHI NPO	2009-2015	
Define family planning services offered in different levels of the health system.	Completed package of offered services.	MOH HCII Donor	2009-2012	
Draft health policies that guarantee confidentiality and anonimity of Family Planning services and provision of contraceptives.	Increase prevalence of contraceptives in reproductive age women to 40% Approved family planning health policies	MOH HCII Donor	2009-2013	
Expanding services of family planning and social marketing of contraceptives at the community level.	No. of family planning and social marketing services offered in communities.	MOH HCII Donor	2009-2015	
Draft national and local level plans to increase coverage with family planning services as an integrated part of health services.	Percentage of family planning services included in primary and hospital health services.	MOH HCII Donor	2009-2015	
Continued education of health	Percentage of health	MOH	2009-2015	

personnel on counseling for contraception.	personnel trained regarding FP and contraception every year in continued education programs.	School of Medicine and Nursing WHO UNFPA		
Encouraging the private sector to offer modern contraceptive methods at appropriate prices.	Number in private sector offering modern contraceptive methods	MOH Private Sector NPO	2009-2015	
Equipping health centers offering Family Planning with contraceptive means and methods according to WHO-recommended standard lists.	100% of HC equipped with standard lists.	MOH HCII Donor	2010-2012	
Offering contraceptives free for certain groups (adolescents, post-abortion women, population with low social-economic level, etc.).	Proportion of over 2-year birth intervals in 80% of pregnancies. No. of contraceptives distributed for free by health centers.	MOH PHI HCII		
Offering contraception and family planning counseling after abortion at the primary health care level, including emergency contraception, to help women prevent unwanted pregnancies, practice space between births, and avoid repeated abortions.	No. of public and private services offering abortion and contraception.	MOH PHI Donor	2009-2012	
Objective 3: Expand the network of contraceptive methods offered for each individual in need in order to raise awareness and demand for Family Planning services.				
Ensure health policies to expand modern contraceptive methods and market division between the public, private and social marketing sectors.	No public sector and social marketing offering modern contraceptive methods. Percentage of modern methods offered by sector.			
Offering choice for at least three different contraception methods, including emergency contraception at every public HC and securing the	No of modern methods offered by HC. No HC offering contraception	MOH M. Finance PHI NPO	2009-2012	

reference system if clients wish for other contraceptive choices.	services.	Private Sector		
Establishment of a national and local monitoring, surveillance, and evaluation system for PF services at all three levels of health care.	Defined and established system in all three levels of care.	MOH PHI HCII NCQSA		
Unification of modern contraceptive use standards on the basis of international data and scientific facts regarding indications and counter-indications of the use of each method.	Completed standards	MOH PHI Obstetrics-Gynecology Department Donor	2009-2012	
Periodical certification of centers offering family planning and trained personnel in these centers.	Number of certified centers.	MOH National Center of Certification Standards.	2009-2012	
Strengthen/improve the national system of logistical information management on contraceptives and securing information from the private market and social marketing.	LMIS system established in 100% in the public, private, and social marketing systems.	MOH PHI Private Sector	2009-2015	
Continued training of health personnel on the national information system on contraceptives.	Number of personnel trained on LMIS.	MOH PHI Continued Education Center School of Medicine and Nursing Donor	2009-2015	
Determining FP performance indicators offered by health centers.				
Objective 4. Promotion, education, counseling, informing about family planning and reduction of the incidence of unwanted and dangerous pregnancies, aiming at increasing men and boys' active participation and their responsibilities in making reproductive health decisions.				
Informing, educating the media	Number of IEC activities in	MOH	2009-2015	

about the importance of family planning and contraceptives and their benefits on every individual's health, particularly that of mothers and children.	the media.	PHI Media Donor		
Building partnerships with NPOs and local communities to draft and implement Information Education Communication and behavioral change activities related to contraception.	Number of IEC activities conducted in communities.	MOH PHI NPO Donor	2009-2015	
Increasing population knowledge of FP and contraception and including different marginalized vulnerable groups such as males, rural area population, Roma population, etc.	70% of vulnerable groups having knowledge about contraception. Number of conducted activities.	MOH PHI NPO Donor	2009-2015	
Conduct of social and cultural research to develop and identify the proper messages and channels for their dissemination regarding behavioral and attitudinal change on family planning.	Number of conducted researches.	MOH PHI NPO Donor	2009- 2015	
Preparation of informative, educational materials for different population groups on the importance and benefits of family planning.	No of prepared promotional materials.	MOH PHI Media NPO Donor	2009-2015	
Continued education for all health workers on interpersonal communication methods and counseling skills on contraception.	Number of trained personnel. Number of conducted training courses.	MOH Continued Education Center Donor	2009-2015	
Offering reproductive health and family planning services at the workplace, as part of the health service package offered in these	Number of workplaces having reproductive health services.	MOH MPÇSSHB Donor	2009-2015	

places.				
Drafting national level specific programs with community involvement on increasing men and young boys' participation in family planning practices and their division of responsibilities regarding these issues.	Number of community programs. Percentage of males in communities involved in family planning programs.	MOH PHI NPO Donor	2009-2015	