

## ACTION PLAN FOR MATERNAL HEALTH

### TARGETS UNTIL 2015

- Reduce maternal mortality to 11 deaths per 100,000 live births (MDG objective);
- Perinatal mortality reaches 10 deaths per 1,000 live births;
- Reduce prevalence of anemia in pregnant women (hemoglobin level under 100g/l) reduced to less than 30%;
- Percentage of women receiving prenatal care reaches 95%;
- Percentage of pregnant women receiving at least 4 basic antenatal care be >:90%;
- Percentage of mothers conducting at least one checkup after birth be 85%;
- Percentage of births assisted by a capable medical personnel member reaches >98%;
- Reduce percentage of obstetric complications by 50%;
- Reduce percentage of induced abortions by 30%.

#### Objective 1. Offering quality care for women around birth, including pre-conception, pregnancy, birth, and post-birth care.

Interventions	Indicators to measure intervention	Responsible persons	Timeline	Budget
Ensuring universal coverage with health services for all women during the perinatal period, pregnancy, birth, and postpartum.	Number of health centers offering maternal care. Percentage of coverage of maternal care by health centers.	MOH HCII Donor	2009-2012	
Ensuring health care coverage for mothers at all three levels of care, free coverage schemes, and HCII reimbursement coverage schemes.	Number of health centers offering free health care services. Percentage of health centers offering free health care.	MOH HCII	2009-2012	
Preparation, review of legislation, administrative rules for offering maternal care for free.	Number of prepared legal acts, regulations on maternal care.	Parliament MOH HCII Donor	2009-2102	
Increasing financial support for health services for mothers in poor areas, rural areas, marginalized groups, and groups in need (Roma population, unmarried women with children, etc.).	Percentage of health services for mothers offered for vulnerable groups. Percentage of vulnerable and marginalized groups	MOH HCII Local government Donor	2009-2015	

	receiving care at maternal care centers.  Determined maternal care insurance and reimbursement schemes, including women in need, rural areas, and marginalized groups.			
Adopting antenatal care services package according to the characteristics and social economic needs of different areas, with priority to northeastern and rural areas.	Completed antenatal care service package.	MSSH HCII School of Medicine Donor	2009-2015	
Ensuring a special item in the budget, allocated every year for maternal and perinatal health at the central and local levels.	Earmarked budget for maternal and perinatal care.	MOH Ministry of Finance HCII Local Government	2009-2015	
Strengthening advocacy and support among government bodies, international partners and donors for the importance of improving women's health in the country's social economic development, promoting the whole society's involvement in resolving this problem.	Women's health is part of national strategies for MDG, PBA, NSDI, Stability Pact, etc.	MOH PHI Donor NPO	2009-2015	
Developing a system of incentives and motivation for PHC health personnel performance offering services for mothers and children, especially in the rural areas.	Established system of monitoring health personnel performance for maternal care.	MOH HCII NCCAQ	2009-2015	
Reforming the system of maternal services in public health, making them friendly and gender equality sensitive.	Services.	MOH MOLSAEO HCII	2009-2015	
Defining the type of maternal and perinatal care services integrated in reproductive health services offered	Types of services of maternal and perinatal care offered at the three	MOH HCII Donor	2009-2015	

at all three levels of care.	levels of health care.			
Definition of norms and standards for maternal and perinatal care services offered in all levels of health care.	Defined number of norms and standards for perinatal and postnatal service for every level of care (Number of HC offering this service for inhabitants; number and type of human resources necessary, lists, and necessary equipment, etc.).	MOH HCII NCACQ Donor	2009-2015	
Development of standard protocols on pre-conception, antenatal, and postpartum care for primary and hospital health care personnel.	Prepared and distributed standard protocols.	MOH School of Medicine, Nursing Donor	2009-2015	
Definition of the referral system and division of staff responsibilities among levels of referral for maternal and perinatal care.	Defined referral levels.	MOH HCII School of Medicine, Nursing Donor	2009-2015	
Development of an effective human resources strategy for maternal and perinatal health (definition of staff categories for maternal and perinatal care staff) including especially rural areas and areas with deficient personnel. Ensuring necessary medication and equipment to guarantee maternal and perinatal care in all levels of the health system.	Completed strategy.  Defined list of medications and equipment for maternal care services.  Over 90% of institutions offering maternal care have ensured continuous supply of medication and	MOH HCII Donor  MOH HCII Donor	2009-2015  2009-2015	

Definition of protocols on counseling, genetic examination of main genetic diseases.	tools. Completed protocols of prenatal diagnosis, counseling, and genetic examination.	MOH School of Medicine (Obstetrics Department) and Nursing Donor NPO	2009-2012	
Development of legislation, regulations for private obstetrical services offering maternal care (licensing and re-licensing)	Defined regulations of services.	MOH QKKCAK Donor School of medicine (obstetrics department) and Nursing	2009-2012	
Training (continued education) to strengthen doctor and midwife skills regarding pre-conceptional, prenatal, and pregnancy care.	Continued education program includes annual training of family doctors, obstetrician gynecologists, and midwives on prenatal and postnatal care.  Percentage of trained personnel.	MOH Cont' Education Center School of medicine (obstetrics department) and Nursing Donor NPO	2009-2015	
Inclusion of general doctors/ family doctors in offering maternal and prenatal care.	Number of family doctors offering prenatal care.	MOH HCII	2009-2015	
Refreshing and developing unified documentation on public and private maternal care services (records, registers, books, etc.). Including private health care services in offering quality maternal care on the basis of MoH-defined regulations and standards.	Number of reviewed and developed documents.	MOH HCII Donor	2009-2012	
	Number of private health institutions offering maternal care licensed by MoH.	MOH HCII National Center of Accreditation, Control, and Quality	2009-2015	
<b>Objective 2. Prevention and early detection of complications and dangerous signs during pregnancy, pre and postbirth, to ensure that all births are safe, assisted by capable health personnel.</b>				
Defining master plans for health	Defined master plans for	MOH	2009-2015	

institutions offering maternal and perinatal care on infrastructure, human resources, medical equipment, transport, communication for all 12 counties.	the 12 counties.	HCII National Center of Accreditation, Control, and Quality Donor		
Establishing the referral system in all 12 counties for the detection, management and/or referral of high-risk cases and complications during pregnancy, birth, and post-birth from communities, to the PHC health center, to county hospitals.	Referral systems for managing pregnancy complications defined at the national level.	MOH HCII Local government M Finances Donor NPO	2009-2015	
Definition of protocols to detect, prevent, and treat anemia during pregnancy and post-birth.	Prepared protocols for anemia prevention, treatment.  Percentage of pregnant women with pregnancy anemia.	MOH PHI HCII Schools of Medicine (Obstetrics Department) and Nursing Donor NPO	2009-2015	
Free/reimbursable provision of iron and folic acid for anemic women during pregnancy and post birth. Definition of protocols for detecting and immediate treatment of hemorrhage before and after birth.	Number of pregnant women taking iron and folic acid free. Prepared protocols.	MOH HCII  MOH PHI HCII School of medicine (obstetrics department) and Nursing Donor NPO	2009-2013	
Improvement of quality of delivery theaters in maternity hospitals and delivery homes in the PHC to offer safe delivery.	Number of maternity hospitals, delivery homes meeting performance criteria for safe delivery.	MOH HCII School of medicine (obstetrics department) and Nursing NCACQ	2009-2015	

		Donor NPO		
Ensure effective management of cases of prolonged birth / dystocia.	Percentage of institutions offering capable care at birth be 100%.	MOH HCII School of medicine (obstetrics department) and Nursing National Center of Accreditation and Control of Quality Donor NPO	2009-2013	
Establishing an emergency transport system of ambulances at the community level in cases of birth complications.	Number of vehicles available to emergencies in communities.	MOH Local government Donor		
Examination of all pregnant women clinically for anemia, as part of antenatal control, in outpatient clinics and women's care centers and HC (measuring hemoglobin).	Percentage of pregnant women examined for anemia at PHC.	MOH HCII		
Offering counseling on women's nutrition before, during, after pregnancy in lactation at health centers.	Percentage of women surveyed showing they received counseling on nutrition.	MOH PHI HCII School of medicine (obstetrics department) and Nursing Donor NPO	2009-2015	
Training health personnel offering care for pregnant women to detect and immediately treat hemorrhage before, during, and after birth.	Number of trained health personnel.	MOH PHI HCII School of medicine (obstetrics department) and Nursing Donor NPO	2009-2015	
Equipping delivery theaters at maternity hospitals and delivery	Number of delivery theaters equipped with	MOH HCII	2009-2015	

homes with the necessary medication, tools, and equipment.	necessary tools.	School of medicine (obstetrics department) and Nursing Donor NPO		
Introducing partograph in all health institutions of all three levels of health care, offering birth as an effective tool for early detection of difficult delivery.	Number of health institutions using the partograph.	MOH HCII School of medicine (obstetrics department) and Nursing Center of Control of Quality Donor NPO	2009-2013	
Training health personnel (family doctor and midwife at HC) on partograph to detect prolonged birth /dystocia.	Number of trained personnel.  Number of conducted training courses.	MOH Cont' Education Center School of medicine (obstetrics department) and Nursing Donor NPO	2009-2015	
Training health personnel, from primary health care, to offer active management of the third phase of birth.	Number of trained personnel.  Number of conducted training courses.	MOH Cont' Education Center School of medicine (obstetrics department) and Nursing Donor NPO	2009-2015	
Train health workers working on maternal care to know puerperal sepsis and manage and refer it properly.	Number of trained personnel.  Number of conducted training courses.	MOH Cont' Education Center School of medicine (obstetrics department) and Nursing Donor NPO	2009-2015	
Training health personnel offering maternal care on care for women after birth.	Number of trained personnel  Number of conducted	MOH Cont' Education Center School of medicine (obstetrics department)	2009-2015	

	training courses	and Nursing Donor NPO		
<b>Objective 3: Improvement of woman's nutritional condition before, during pregnancy, birth, and postpartum.</b>				
Offering services and counseling on nutrition for women in reproductive age, during pregnancy and after birth, integrated in the basic PHC package.	Number of health centers offering nutrition counseling for women.	MOH PHI HCII Donor	2009-2015	
Defining national dietary norms, instructions on women and young girls' nutrition.	Defined dietary instructions for women in reproductive age.	MOH M Agriculture PHI Donor NPO	2009-2013	
Introducing education on nutrition for girls and women in school curricula.	Prepared curricula on nutrition.	MOH MASH PHI Donor NPO	2009-2013	
Establishing a set of national indicators to monitor mothers' nutritional condition (anemia, overweight, underweight, lack of iodine, iron, etc.).	Defined and distributed indicators.	MOH PHI National Center for Control of Quality Donor NPO	2009-2013	
Promotion of healthy behavior for women's nutrition.	Percentage of women having knowledge on nutrition.	MOH PHI Donor NPO	2009-2015	
Definition of protocols for women's nutrition before conception, during pregnancy and after birth.	Prepared protocols.	MOH PHI Donor NPO	2009-2015	
Prevention and treatment of parasitosis by health center staff.	By the end of 2013, all women have been checked and parasitosis have been treated during the prenatal and	MOH PHI Donor NPO	2009-2013	



	postnatal periods.			
Trajnimi i punonjesve te KSHP lidhur me komunikimin, informimin, edukimin e popullates per ushqyerjen e gruas veçanërisht ne periudhen prenatale dhe postnatale.	Number of i punonjesve te trajnuar çdo vit per IEK lidhur me nutricionin  75% e punonjesve te sherbimeve te shendetit te nenes jane te afte te ofrojne keshillim per gruan para dhe pas lindjes lidhur me ushqyerjen dhe trajtim per problemet e kequshqyerjes dhe anemise e parazitozave tek ato.	MOH PHI Donor NPO	2009-2013	
<b>Objective 4 : Permirosimi i kujdesit cilesor per abortin e sigurt.</b>				
Percaktimi protokolleve te unifikuara per abortin e sigurt ne sherbimet shendetesore publike dhe private.	Protokollet e pergatitura	MOH OBSh Departamenti obstetrikes, School of Medicine Fakultetit Nursing	2009-2012	
Percaktimi i treguesve te vleresimit dhe matjes se performances se sherbimeve qe ofrojne aborte.	Treguesit e vleresimit dhe matjes se performances se sherbimeve qe ofrojne abort te percaktuar	MOH HCII QKACS Departamenti obstetrikes	2009-2012	
Futja e teknikave bashkekohore per abortin e sigurt dhe kujdesin pas abortit ne te gjitha sherbimet shendetesore publike dhe private qe ofrojne abortin.	Number of instucioneve shendetesore dhe publike qe ofrojne teknika te abortit te sigurt.	MOH HCII QKACS Departamenti obstetrikes	2009-2012	
Trajnimi nepermjet edukimit te vazhdueshem per mjeket dhe punonjesit e tjere shendetesor ne	Number of personave te trajnuar per teknikat e abortit te sigurt	MOH HCII QKACS Departamenti obstetrikes	2009-2015	

lidhje me: <i>Aftesite klinike dhe teknike per abortin e sigurt; Keshillim dhe aftesi nderpersonale.</i>				
Permiresimi i sistemit teurvejances se raportimit te abortit nga klinikat publike dhe private.	Sistemi raportimit teurvejances se abortit 100%.	MOH PHI HCII Donor	2009-2015	
<b>Objective 5: Edukimi, Komunikimi, Informimi i gruas, familjes dhe komunitetit per rendesine e kujdesit shendetesor per gruan para konceptimit, gjate shtatzanise, lindjes dhe pas lindjes.</b>				
Kryerja e studimeve operacionale te nevojshme per te vleresuar faktoret social, ekonomik qe ndikojne mbi shendetin e gruas dhe nderhyrjet e sukseseshme per ndryshimin e sjelljeve, te grave, familjeve dhe komunitetit lidhur me kujdesin per memesine e sigurt.	Number of studimeve te kryera.  Vleresim meurvejime dhe intervista me grate, familjet, komunitet lidhur me njohjen e shenjave dhe komplikacioneve gjate shtatzanise, lindjes e pas lindjes.	MOH PHI Mediat Donor NPO	2009-2013	
Organizimi i fushatave ne media dhe komunitete lidhur nevojat e veçanta gjate periudhes se shtatzanise, ushqyerjes me gji, marrjen e duhur te lendeve nutricionale, lindjen e sigurt, pushimin, kujdesin pas lindjes.	Number of fushatave ne media.	MOH PHI Mediat Donor NPO	2009-2015	
Percaktimi programeve shkollore per informimin, edukimin per shendetin e gruas, ushqyerjen, etj, ne moshen adoleshente dhe riprodhuese.	Kurrikulat shkollore te pergatitura.	MOH MASH PHI Mediat Donor NPO	2009-2014	
Percaktimi mekanizmave per perfshirjen e gruas dhe komunitetit ne proceset e permiresimit te cilesise dhe pjesmarrjen e tyre ne hartimin	Programet kujdesit amtar te hartuara me pjesmarrjen e komunitetit	MOH PHI Local government Donor	2009-2015	

dhe zbatimin e programeve per shendetin amtar.		NPO		
Percaktimi i programeve per perfshirjen e meshkujve, te rinjve ne permiresimin e shendetit amtar.	Programet e kujdesit amtar per perfshirjen e meshkujve te pergatitura.	MOH PHI Local government Donor NPO	2009-2015	
Kryerja e kerkimeve kualitative (fokus grupe me gra, burra, antare te tjere te familjes, intervista, etj) per gjetjen e mesazheve dhe hartimin e strategjive per ndryshimin e sjelljeve qe ju adresohen pengesave, praktikave pozitive dhe negative per shendetin amtar.	Number of studimeve per BCC	MOH PHI Local government Donor NPO	2009-2015	
Permiresimi i cilesise se sherbimeve te kujdesit shendetesor per keshillimin, edukimin per kujdesin per memesine e sigurt.	Number of sherbimeve te kujdesit shendetesor qe ofrojne keshillim dhe edukim per memesine e sigurt.	MOH PHI HCII Donor	2009-2015	
Informimi dhe ndergjegjesimi i gruas komunitetit rreth shenjave dhe simptomave te komplikacioneve gjate shtatzanise, lindjes e pas lindjes, aborti i sigurt, per te planifikuar transportin e emergjences ne qendren me te afert shendetesore.	Number of komuniteteve qe qe njohin shenjat e rrezikut per shtatzenine, lindjen dhe pas lindjen dhe ofrojne ndihme dhe kujdes te vecante per gruan shtatzene dhe sistem transporti per urgjencat kirurgjikale.	MOH PHI Local government Donor NPO	2009-2013	
Trajnimi i punonjesve te promocionit shendetesor lidhur mesazhet per memesine e sigurt dhe komunikimin nderpersonal duke perdorur modelin e barazise gjinore.	Number of trained personnel per IEK dhe komunikimin nderpersonal.	MOH PHI Donor NPO	2009-2015	
<b>Objective 6. Permiresimi i sistemit te manaxhimit, supervizionit, monitorimit dhe analizes se informacionit per shendetin amtar.</b>				
Vendosja e nje sistemi kombetar database lidhur me kujdesin antenatal, natal dhe postnatal bazuar	Indikatorët e unifikuar per kujdesin amtar te	MOH PHI School of medicine	2009-2013	

mbi treguesit nderkombetar, si pjese e sistemit te informacionit shendetesor.	percaktuar dhe te perfshire ne databasen kombetar.	(obstetrics department) and Nursing INSTAT Donor NPO		
Forcimi ne nivel qendror (qendra per akreditimin e standarteve dhe cilesise) dhe lokal (prane DSHP sektori monitorim-vleresimit) i sistemit te supervizionit dhe monitorimit te sherbimeve te kujdesit gjate shtatzanise, lindjes dhe pas lindjes.	Sistemi i monitorim vleresimit te sherbimeve i vendosur.	MOH PHI QKCA Standarteve School of medicine (obstetrics department) and Nursing Donor NPO	2009-2013	
Vendosja e sistemit te unifikuar te indikatorëve per vleresimin e performances se sherbimeve shendetesore te kujdesit amtar.	Sistemi i unifikuar per treguesit e shendetit amtar i vendosur.	MOH QKCA Standarteve OBSH Donor	2009-2011	
Vendosja e nje sistemi te unifikuar per Auditimin e vdekjeve amtare mbi bazen e modelit per raportimin dhe auditimin e vdekjeve amtare te OBSH.	Number of analizave te auditimit lidhur me vdekjet amtare dhe komplikacionet ne lindje per nenen nga institucionet e kujdesit shendetesor qe ofrojne kujdes obstetrikal Perqindja e vdekshmerise amtare	MOH OBSH Donor	2009-2012	
Trajnimi i personelit shendetesor qe monitoron treguesit e kujdesit amtar per indikatorët e performances dhe monitorimit e supervizionit te ketij kujdesi.	Number of punonjesve te trajnuar	MOH Cont' Education Center Qendra K e standarteve Donor	2009-2015	
Training of health information	Number of statistics staff trained.	MOH Cont' Education Center	2009-2015	

services staff on the database system of maternal health indicators.		Donor		
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