



World Health Organization (WHO)
The Global Network for Age-friendly Cities and
Communities

Your ref.:

Our ref.:
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Date:
22.06.2026

Letter of commitment to joining the WHO Global Network for Age-friendly Cities and Communities

It is my pleasure to confirm that the municipality of Bærum is committed to membership in the WHO Global Network of Age-friendly Cities and Communities. Our community will participate actively in the network and other sharing activities with members of the network, to develop more inclusive and age-friendly communities.

Bærum, located west of Norway's capital Oslo, is one of the country's largest municipalities, with a population of approximately 130,000 inhabitants. The municipality is characterized by urban centres and residential neighbourhoods in close proximity to nature. This diversity provides both opportunities and challenges in ensuring that all residents, including older adults, can live active, independent and meaningful lives.

Like many municipalities in Norway, Bærum is experiencing demographic changes, with a growing proportion of older residents. In the coming decades, the number of inhabitants aged 65 and above, is expected to increase significantly. This development calls for proactive and sustainable strategies to adapt services, infrastructure and community planning to support healthy ageing.

Creating an age-friendly society is an important priority for Bærum municipality. We aim to ensure that older adults can remain active participants in society, maintain good health for as long as possible, and feel safe and included in their local communities.

Bærum has actively worked on initiatives that support age-friendly development. This includes areas such as universal design, accessible transport, social participation, digital inclusion, housing, and health and care services. Collaboration with senior citizens, user organisations, volunteers, and the private sector is central to our approach. We emphasize co-creation and involvement of older people in shaping policies and services that affect their everyday lives.

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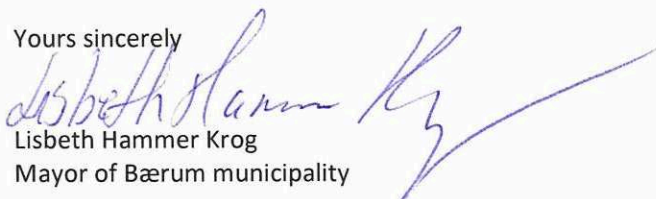
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KLART SPRÅK?
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Our work is further supported by national strategies and reforms, including the Norwegian government's initiative "Live safely at home", which aims to enable older people to live independent, active and safe in their own homes for as long as possible.

We recognize that becoming an age-friendly municipality is an ongoing process that requires continuous learning, innovation and cooperation across sectors. By joining the WHO Global Network for Age-friendly Cities and Communities, we look forward to exchanging knowledge and best practices, strengthening our efforts, and contributing to the global movement towards more inclusive societies for all ages.

Yours sincerely

A handwritten signature in blue ink, reading "Lisbeth Hammer Krog". The signature is fluid and cursive, with a long, sweeping horizontal line extending to the right.

Lisbeth Hammer Krog
Mayor of Bærum municipality