

## HEALTH & WELLBEING AGE EXPO 2023

Advertising - where did you hear about it	What did you think of the venue	Adequate Parking?	What did you think of the Exhibitors	Was there adequate space to move around the stands	What are your thoughts on the speakers/presentations on the main stage?	Was the acoustic/sound system adequate	Did you try any of the "Workshops" and "Taster Sessions" in Breakout Room 1 and 2? If so, please use the space below	Did you discover or learn anything that you had not known before the Expo? If so, please comment on this.	Are there any additional features or stands that you would like to see at future events?
QUESTION 1	QUESTION 2	QUESTION 3	QUESTION 4	QUESTION 5	QUESTION 6	QUESTION 7	QUESTION 8	QUESTION 9	QUESTION 10
Parish Newsletter	Very Good	I walked - 20 mins	Very Good	Yes	Very Good	Yes	Yes	Roscourse Centre Mystery Tour	Blank
Slainta a Clare	Excellent	Yes	I lot of info, very helpful	A bit tight sometimes	Blank	Blank	Slante a Clare was excellent	Yes about free access to classes, cultural events etc	Blank
Clare Echo	Venue was very well run	Yes	Stands very well run. Staff very helpful	Plenty of space	Presentations very well presented	Very Clear	No Tasting	Learnt a few things	No
Clare Champion	Good	Blank	Excellent	Blank	Blank	Blank	Blank	Blank	Blank
Parish Newsletter	Good but the talks were difficult to hear because the stalls/stands giving information at the same time.	Yes	Very good and all of the representatives were very informative and helpful	Yes, there was a lovely buzz and plenty of room	Very Good - though it was difficult to hear -more seating could have been made available.	Yes but it was drowned by the background noise	Blank	I found out lots of information about services available that I didn't know about previously, especially from Clare County Council Library & Resource Centre	Blank
Clare Echo	Excellent - Maybe a bit small for the crowds	Yes	Very Good	No	Not great. Sound system was inadequate	No	No	No	Mobility aids for getting around
Social Media	Not enough space for Expo. Not enough staff for tea/meals	OK for me - had use of disability parking	Here since 11am. Haven't had time to see many stands, find them all too close to each other - not suitable for wheelchairs/rolaters. Later met lovely people at Obair Active Retirement, Health Age Friendly Homes, Borrow Box, Family Carers	No	Enjoyed Anne Marie Nagle and Madge O'Callaghan	Difficult to say with so much nose from nearby stands	Enjoyed Cooking for 1 and siging in Breakout Room 2 but again too noisey from outside	I leared about NICPOP - Need to check if it operates in Kildare and how to access it here and Kildare. Just realised its for over 75's.	I'd like to see main stage separate from the stands
Social Media	The rooms allocated could have been bigger	Yes for us as we had discs	I felt it was all a bit crowded	Felt it was a bit crowded	Speakers were good. Amplificatiion was very poor difficut to hear the speakers	No as Question 6	Yes - tired the fish cakes and the apple crumble they were very tasty	Didn't know ICPOP existed	I would like to see more activities for the aged
Clare Echo/Parish Newssletter	Excellent and accessible	Bus Service	Informative and Comprehensive	Varied	Very Effective	People Chat interference	Cooking for 1, Active Age, Blood Pressure Test, Fire Safety	Blank	Ok
Clare Champion/ Parish Newsletter	Very accessible	Just about	Very good and interesting - A superb idea. Hope to see many more organised	Yes	Didn't get to hear or attend	No	No - Had to leave but would have liked to	Yes - a lot of info from a few organisations that interest me	Not at present
Social Media	Perfect	Plenty of parking	Excellent and very informative	Yes	Blank	Blank	Blank	Yes I learnt a lot about what is available	Blank
Social Media	Could be longer and speakers needs to be in a separate room - Too noisy	No	Seemed to be okay - Friendly people	Not really - Could do with more space	Couldn't hear them	No	Yes - Cookery demo	Lots of stands	More demos - Like the cookery one
Older People Council	Small and loud but 1st time so can improve - Great crowd so friendly	No	Excellent	Yes	Excellent	Very hard to hear due to a big crowd of happy people	Cookery - Excellent good presentation and info. Singing - Loved it good laugh and exercise	Blank	Blank
Social Media	Far too small	Blank	Excellent very informative	Not really	Not really	Difficult to hear in main room but good presentations	Singing was great	Alone. New housing programme and ICPOP, not heard about this	Blank
Parish Newsletter	Very good except for parking - crowded	No	Very good	Overall felt very crowded	Very good	Very good	No - Not yet	Transport and Cost	Blank
Mary Leahy	Very convenient and accessible	It was very busy when we arrived	Super - a huge variety of relevant information	Just about - it was extremely busy	Not enough time for us to stay and listen	A lot of noise from attendees	No	Blank	Would need to think about it
Friends	Great - very impressed with event	Yes	Excellent 10/10	Yes	Very impressed - very well organised	A bit bassey but I'm a musician lol	Yes very good	I did not know there was so much help and activities around	Can't think right now
Social Media	Good - But crowded	Just about	Great - imformative and friendly	Just about	Didn't see any	N/A	N/A	Yes - Library	Exercise
Probus Group	Main hall not suitable for a speaker - too much noise	Yes	Very good	Yes	Very good	Difficult to hear due to background noise	Singing - Active Ennis	ICPOP Service - Active Retirement Group	Blank
Social Media	Great location, probably smaller than required. Needed a separate room for the main stage speakers	When I arrived yes	Very informative, enjoyable	No	Only heard first speaker - Excellent. Too noisy so skipped the others	It would be if speakers were in different room to the stands	Loved the signing and active ennis sessions	Yes - ICPOP services, fire presentation - free fitting of smoke alarms	Some of the social clubs, organisatios, choirs etc
Clare Champion/ Clare Echo	Excellent - Ideal location	Struggled to get parking	Lovels presentations and very informative	Initially packed but more space later	Excellent	Yes	Did not get to them, so much to see and meet	Yes - Message in a bottle	Recycling education. As a carer it frustrates one to witness the poor compliance with recycling



**Any other comments**

**QUESTION 11**

Blank

Blank

Very helpful

Blank

I really appreciated all the effort everyone put in to organising this event.

This is a very necessary resource for older people and should be held annually

Hotel totally out of its depths catering for this event. Under staffed. Took too much time to serve lunch.

I have really enjoyed it so far. Hotel needs to be much more efficient.

Excellent coverage

The Garda stand looked like they left early, I would have liked to meet them.

It was a very good expo - thank you

Bigger space needed in future.

Blank

A very successful well organised event - Well done to all

Thank you

Thank you

It was well run and very friendly, great stands and should have more, more often

I think we need regular monthly (at least) free dop in socials not big agenda with tea and coffee - 2 hours, newspapers etc

Talks should be in a separate room - removed away from the stands

No

Blank

