1. Fourth Quarter and End of Year 1 Reports from MAP Workgroup Leaders
   1. Community Health and Supports – Shenae McPherson and Kim Lamon-Loperfido

Will have a community member / citizen champion working with us for data collection beginning in year 2.

**Q4 Highlights:**

With May being Mental Health Awareness Month – an incredible amount of programing and education are addressing **MAP Objective 7.1 Develop supports and resources to promote mental and behavioral health**; from both OCDOA and the SRT’s; and partner agencies, including Alliance Health NC.

Additionally, Q4 saw OCDOA and partners hitting their mark with **strategy 7.2.2**; through new volunteers, that allowed for expansion of routes at Meals on Wheels and increase of services provided to community members via volunteers – Including bi-lingual Mandarin and Spanish language volunteers.

**Strategy 7.2.2: Increase the number of Orange County older adults participating in existing volunteer opportunities.**

Finally, with **Objective 7.5: Expanding accessibility of available health and wellness programs**; geographic, cultural and scheduling barriers were addressed with Mandarin language options, and new programs addressing pelvic floor health, OTC hearing aids, urban Zumba and reflexology.

**YEAR 1 SUCCESSES:**

Objective 7.1: Develop supports and resources to promote mental/ behavioral health

Strategy 7.1.1: Offer training to increase knowledge for community members and professionals.

7.1.1a.

* At least 6 trainings offered quarterly.
* 30 trainings noted by Agencies in Year 1

Strategy 7.1.4: Develop and use a hoarding task force to support housing stability for older adults.

Task force was created and meets monthly. We held a training in-person and recorded the training, as well as interviewed on radio station. We are developing goals and strategies for community assistance for year two.

Objective 7.2: Expand enriching volunteer opportunities for older adults.

Strategy 7.2.2: Increase the number of Orange County older adults participating in existing volunteer opportunities.

* At the start of the Y1 we had dropped to 140 actively engaged volunteers. At the end of Y1 we have 250 actively engaged volunteers.
  + Serving 21,082 - equivalent to about 11 FTE
  + Increase in minority participation 25 in 7/22 to 45 in 6/23
  + 77% of our volunteer population being aged 51+

Strategy 7.3.3: Increase access to health maintenance and prevention resources.

7.3.3b. Safety and accessibility needs are assessed and fulfilled in coordination with home health agencies.

Hired OT student DME assistant due to increased need from community; supporting more than 1600 pieces of equipment in and out through OCDOA; for year-2 starting survey of participants to understand demographics and DME/OT roles in aging-in-place success.

Objective 7.4: Expand services to help older adults age in community.

Strategy 7.4.3:  Support the establishment of new and existing community care neighborhoods.

* Handy Helpers has completed 32 home safety and accessibility repairs throughout the county.
  + Volunteers donated 530 hours saving our older adults an average of $26,500.

Objective 7.4: Expand services to help older adults age in community.

Strategy 7.4.1: Expand available support for older adults from communities of color.

* Offered two successful programs that provided programming and support for Asian older adults.
  + 7 UNC Apples students provided social engagement and translations services.
  + UNC undergrad student presented various programs on end-of-life options.

Objective 7.7: Support planning for and fulfillment of individual goals in all stages at the end-of-life

Strategy 7.7.1: Build awareness about end-of-life planning and expand options by increasing visibility of end-of-life issues, normalizing end of life conversations, and supporting educational initiatives for community members.

* 7.7.1a. Increased education around end-of-life options with specific examples,

                New Death Café and more than 20 programs over the course of year 1.

* 1. Communication and Information – Beverly Shuford

**Strategy 8.1.2: Further expand OCDOA communications to racially diverse and underserved communities.**

**Indicator 8.1.2d:** Key documents, ads, and resources are made accessible to people with vision and hearing impairments.

* Tablets, stands, and signage in-hand; all will be displayed following asynchronous video training to ensure staff is informed.
* Multilingual Language informational videos and “how to” signs are displayed on tablets at both Senior Centers.

**Indicator 8.1.2e:** Tools, including contact forms, flyers, and signage, are created to support staff and front desk volunteers to welcome, interact with, and assist community members from diverse language backgrounds.

* Inclusive Lobby Project (ILP) presented during May Monthly All-Staff Meeting.
* Front door “welcome” signage and “leave your contact information” forms translated in top 7 OC Aging languages: English, Spanish, Mandarin Chinese, Burmese, Karen, Kinyarwanda, and Korean.
* “Welcome” signage posted at both Centers.
* Inclusive Lobby Project folders containing instructions, resources and forms are available at both Senior Center front desks.
* Orange County Language Card with 40+ languages for Senior Centers’ lobbies regarding Propio Telephonic Interpretation Services shared with staff and available at both Senior Center front desks.
* Multilingual Language OCDOA informational videos displayed on tablets at both Senior Centers for low vision/non-readers.

**Strategy 8.1.4:** **Explore and expand non-electronic communication outlets.**

**Indicator 8.1.4a:** OCDOA programs, services, and resources are shared with racially diverse and underserved communities and events.

* Tabled at seven events offering resources/info in English, Spanish & Mandarin, including two Hispanic/Spanish Language events and two racially diverse community events. NOTE: Tabling and outreach events declined due to Outreach Coordinator position vacancy.

**Indicator 8.1.4c:** Diverse radio stations, television stations, and newspapers are identified and used to advertise OCDOA information.

* Launched OCDOA column, “Happy Life,” on Chinese e Life on April 4.
* Chinese Community Liaison & Program Coordinator reported receiving many inquiries and newcomers after the column was released. Many new Chinese participants joining Seymour, several seniors come from Raleigh and Cary every week and stay at Seymour for the whole day.
* Printouts of the Chinese articles are made available to Seymour participants and Chinese e Life banner ad linked to an overview of OCDOA.
* Launched Aging Well Together (AWT) weekly radio show on May 4.
* AWT hosted nine engaging shows in Q4, sharing information, resources and education for older adults and caregivers. Guests report having a great time and appreciate the opportunity to share.

**2022-27 HIGHLIGHTS YEAR 1**

* An Orange County Community Relations position that focuses on diversity and inclusion was created, with responsibilities including maintaining resources, relationships, and a comprehensive contact list.
  + Orange County Community Relations, Community Relations Specialist, Kristin Prelipp, was hired.
* Multilingual Language informational videos and “how to” signs displayed on tablets at both Senior Centers.
* Inclusive Lobby Project training completed, and project implemented with all supporting technology and documents.
* Multilingual “Welcome” mural installed in the lobby of both senior centers.
* Endless Possibilities multilingual friendly programs were identified and indicated by specific icon and legend.
* Launched Chinese e Life column, “Happy Life,” and “Aging Well Together” radio show.
  1. Transportation – Brandi Beeker, no report, she is on sick leave.
  2. Social Participation and Inclusion – Dawn Smith and Cydnee Sims

4th Quarter

Focusing on 4 indicators:

* Inclusive Lobby Project has rolled out at each center. 5.1.1b
* Considered steps to help with neurodivergent aspects. 5.1.1b
* Established a good survey baseline. 5.1.3b
* 11 adult care homes have been identified that we can reach out to be sure they are aware of our current programs offered. 4.1.1b
* Many upcoming programs scheduled to facilitate connections among Senior Center participants 5.1.3a

Year 1

* Each center has a designated program assistant coordinator. 4.1.2b
* Intergenerational programming, pop-up programs, and ongoing caregiver programming is going strong. 4.1.2a, 4.1.3a
* Continue to provide as much information as possible in other languages, especially the most common languages in our area; continue to be creative in reaching those that speak a different language. 4.1.1a
  1. Outdoor Spaces and Buildings – Myra Austin

**Goal 1: Optimize usability of outdoor spaces and buildings for older adults.**

**Objective 1.1:** Increase engagement of older adults, emphasizing racially diverse communities, in the planning of outdoor spaces and buildings in Orange County (OC).

***Strategy 1.1.1:*** *Encourage advocacy efforts by including older adults relative to the planning and use of public outdoor spaces and buildings.*

**Indicator 1.1.1a:** At least one dedicated space for an older adult age 55+ (or representative of older adults) is on every county and town Advisory Board that has input on outdoor spaces and buildings.

**Indicator 1.1.1.b:** Other non-municipal and non-profit trail owner/groups are invited to join MAP – Outdoor Spaces workgroup.

**Indicator 1.1.1c:** Older adults are educated on how to access information about participating in local government planning and are encouraged to contribute to meetings/hearings about outdoor spaces and buildings.

**Indicator 1.1.1d:** Interactive strategies are developed to solicit input from older adults, with emphasis on racially diverse community members, regarding parks, outdoor spaces, and community development needs**.**

**ACTIONS:**Completed letter and mailed from the Aging Advisory Board to county/towns (CH, Carr, Mebane, OCDEAPR, Hills already has in place) for adoption of policy for an adult 55+ (or representative of older adults) on Advisory Boards that have input on Outdoor Spaces and Buildings.

Invited 10 new organizations to join in FY22-23 – 7 to join our group.

Worked with NCCU and other communities of color organizations to present info. on how to participant in local government planning and sought feedback.

Held a workshop on July 17 at Seymour with 25 participants from different community groups.

Plans are underway to meet with Spanish Social Club and Mandarin Speakers at the Seymour Center.

An invitation is in the Summer EP seeking input from communities and especially communities of color on how best to help them with the input and accessing information about participating in local government planning re: outdoor spaces and buildings.

**Objective 1.2:** Improve equitable access, availability, convenience, and use of outdoor spaces and buildings by everyone.

***Strategy 1.2.1:*** *Increase accessibility, diversity, and safety to encourage inclusiveness in public outdoor spaces and buildings by older adults of all abilities.*

**Indicator 1.2.1a:** Older adults’ use of outdoor spaces is encouraged through multi-cultural special events and educational programs organized by and/or for older adults.

**Indicator 1.2.1b:** A different park is highlighted quarterly, on the OCDOA website and in the Endless Possibilities Activity Guide, with the encouragement of participation by everyone.

**Indicator 1.2.1c:** Community members are assisted by Senior Center staff in using interactive parks, greenways, and trails locator maps using short video tutorials.

**Indicator 1.2.1d:** Trail intersections in need of signs/trail markers are identified by older adults and community members, and identified locations are shared with Responsible Agencies and other non-municipal and non-profit trail owners.

**Indicator 1.2.1e:** Community members are educated on how to advocate and fund additional equipment (e.g., benches, bathrooms) in public spaces.

**Indicator 1.2.1f:** The inclusion of universal design principles is promoted as standards in the development review processes of each jurisdiction.

**ACTIONS:**

Several different Outdoors Programs are offered at county/municipal facilities and the OCDOA Senior Centers. Off-site programs are sponsored by OCDOA.

Advertise Carrboro and Chapel Hill Parks & Rec Outdoor Adventures in the “Endless Possibilities Activity Guide” (EP) along with the Interactive Trails MAP.

A different Park is highlighted quarterly in EP. Parks highlighted in Qtr. 4: Cedar Falls Park, Weaver Dairy Road, and CH P& R.

The Town of Hillsborough has passed a comprehensive sustainability plan which includes universal design and encouraged other Orange County municipal/county peers to do the same.

***Strategy 1.2.2:*** *Increase the availability of small-scale outdoor areas that promote wellness and community engagement with an emphasis on racially diverse communities and gathering spaces at the OC Senior Centers.*

**Indicator 1.2.2a:** Outdoor areas (e.g., activity stations, stationary games and/or adult playgrounds) are added to the Senior Centers.

**Indicator 1.2.2b:** Outdoor areas at the Senior Centers are made more comfortable in different seasons (e.g., add outdoor heaters, shaded spaces, fans, misting fans)

**Indicator 1.2.2c:** At least one bus stop in each town is converted into a wellness stop.

**Indicator 1.2.2d:** Volunteer opportunities are inclusive and inviting to all adults age 55+ who enjoy working in community gardens (e.g., vegetable gardens, flower gardens, pollinator gardens)

**Indicator 1.2.2e:** Existing outdoor spaces within OC are identified and promoted that can be used as quiet meditation spaces for caregivers.

**ACTIONS**:   
An outdoor play/exercise area at the Seymour Center is in the County’s Capital Improvement Plan for Yr. 2, FY25.

Outdoor areas at the Passmore and Seymour Centers have been made more comfortable and inviting.

4 Wellness signs delivered to Town of Hillsborough for the bus stops and in dialogue with the Town of Chapel Hill for signage at 4 bus stops where older adults are primary riders and/or senior shuttle stops.

OCDoA lists volunteer opportunities in EP and Garden Clubs for both centers always invite volunteers to join.

Town of Hillsborough lists volunteer opportunities and community gardens with press releases and invites school groups and churches to participate.

Listed quiet meditative spaces for caregivers in EP Fall edition, keeping the list updated as identified and other community publications when space is available.

* 1. Housing – Kendall McMillan and Ryan Lavalley

Q4 Highlights:

* Senior Housing Guide 2023 is complete with plans to present to the community later this fall and again in the winter.
* Aging in Community Series planning is in progress for a presentation on Fair Housing Law.
* Requested jurisdictions alert the OCDOA to any new Senior Housing being developed in their respective areas. OCDOA has consulted with 2 projects in development a co-op community and a CCRC.

Year 1 Success:

* Successful ADU event to relaunch the Aging in Community Series
* Orange County expands ADU policy to allow efficiency apartments to be retitled as ADU, and the new proposal would allow ADU development to go from 800 to up to 1500 sq ft or 80% of the current structure + allow additional mobile homes on a parcel.
* Orange County Home Preservation Coalition is sustained with funding and additional support from habitat, repair navigation + UNC PhD student.
* Chapel Hill Town Council approved expedited review for affordable housing in town and shorten the process for approval for 25% affordable units, lowering the approval process time from 18 months to 4-6 months.  
  1. Employment – Position just filled, no report at this time.
     + The Employment Workgroup will meet in September to assess where they are, regroup and report next quarter.