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#### Letter of intent

Having the right to submit this letter of intent as the mayor of the Sarata Veche commune, in the Fălești district, Republic of Moldova, I express my wish to be accepted as a member of the WHO Global Network for age-friendly cities and communities.

In 2020, the Sarata Veche community participated in a competition for the selection of localities that would implement the Age Friendly Community concept, within the *Aging and Health project* implemented by AO CASMED, financed by the Swiss Red Cross. Namely, the fact that our locality was chosen gave us the opportunity to focus on solving the problems of the elderly and those with difficulties.

The development of a strategy that would only include indicators for raising the quality of life of the elderly in our community, motivated us to determine the needs and find solutions to cover them. With the support of the local Coordinating Committee and the local initiative group, we carried out many local activities through volunteering and community mobilization. In support of the elderly, we initiated socio-medical care services at home for the elderly and the disabled. Thanks to a mini-grant won, it was repaired and equipped with the necessary furniture a hall, where now the elderly gather, communicate, plan volunteer activities. Recently, the hall for the elderly was equipped with sports equipment. People with leg and joint pain now have the opportunity to train for free. The local public administration thus solved the problem of elderly and sick people and gave people possibility to maintain their longevity of life.

The local initiative group is active. They get involved in acts of volunteering, such as cleaning the parks, care the fountains and springs, planting flowers and shrubs on the territory of the village museum and attract elderly people in socio-cultural activities, integrate seniors in the community, participate in environmental promotion campaigns.

To ensure good development we want to carry out continuous activities to connect cities, communities and organizations around the world with the common vision of making our community a great place for

a healthily and active ageing. In response to the aging global population, we focus on actions at the local level that encourage the full participation of older people in community life and promote healthy and active ageing. We want to pursue a community commitment to listen to the needs of our aging population, assess and monitor age-friendliness, and work collaboratively with older people and across sectors to create age-friendly physical and social environments. From our point of view it is beneficial to share our experience with other communities, but also to take over the good practices of other communities, to share achievements and lessons learned with other cities and communities.

We are sure that the Sarata Veche community has experiences to share with other communities, but also wants new experiences. By becoming a member of the network our community would have more opportunities to ensure the continuity of the development of an age-friendly community.

Sincerely yours,

Maria Galit,  
mayor of Sarata Veche commune, Falesti district



April, 6th