



September 9, 2022

Town of Nackawic  
115 Otis Drive  
Nackawic, NB, E6G 2P1

Healthy Life Course Unit  
Pan American Health Organization

To Whom It May Concern:

On behalf of the Nackawic Town Council and myself, I would like to take this opportunity to commend the Nackawic Area Age Friendly Committee (NAFC) for the work they have done for the senior population in our area. They have taken the initiative to make our communities friendlier places to live by providing seniors with supports and services that had not previously been in place in our communities and in doing so have addressed the needs of a growing, aging population.

Working in partnership with Nackawic Area Wellness, the NAFC has presented programs that are informative, beneficial, educational and enjoyable. They continually work within the community on the eight pillars of an age friendly community and have become recognized as active and vocal advocates for seniors in our area.

Membership in the WHO Global Network of Age-Friendly Cities and Communities will assist the NAFC in gathering important information, expanding contacts and accessing innovative and evidence-based solution to issues pertinent to aging residents. The Council will support their continued efforts in developing a comprehensive and inclusive environment that supports and empowers older citizens to live safe, healthy, and active lives as fully participating and contributing citizens.

In Support,

A handwritten signature in blue ink, appearing to read "Ian Kitchen", is written over a white background.

Ian Kitchen  
Mayor of Nackawic