

Age-Friendly City Yangcheon Cycle 2 action plan

(2022-2026)

June. 2022



Yangcheon-gu Office

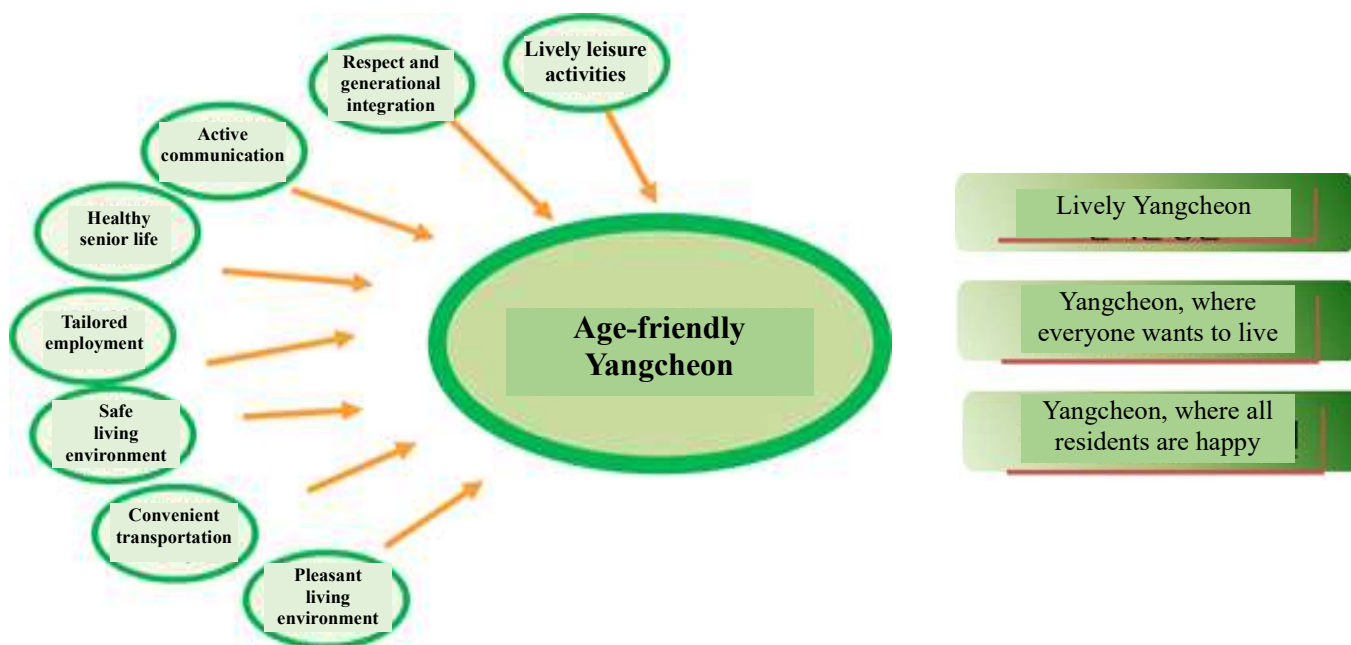
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**Yangcheon, an age-friendly city
where all citizens are happy including seniors**

1. 8 Domains and Vision of Age-friendly City Yangcheon

- A. Under the items presented by WHO with regard to the establishment of 8 domains, the vision of the Cycle 2 Age-friendly City Yangcheon Project is set as 「Yangcheon, an age-friendly city where all residents and seniors are happy」
- B. In creating an age-friendly city of Yangcheon, the vision is set as the “city where everyone wants to live upon their retirement; Yangcheon, an age-friendly city where all citizens are happy including seniors!” To implement such vision, the office established and implemented actual and continuous implementation plans that reflect the core values of WHO AFC and Yangcheon-gu.
- C. Identify and implement age-friendly projects through pan-departmental cooperation to establish policies and infrastructure that can enable the health, engagement, and safety of seniors for their happy senior lives and create an environment for a higher quality of life for residents of all ages.



2. Principle of the Cycle 2 action plan

- A. According to the definition of WHO, an "age-friendly city" is a convenient, harmonious city where all citizens can and wish to live for the rest of their lives regardless of age. To this end, age-friendly cities are created with open opportunities for social engagements and adequate environment for senior citizens to live actively and in a healthy state.
- B. The purpose of the action plan is to contribute to the enhancement of senior welfare and creation of an age-friendly city by setting comprehensive and detailed implementation plans stipulated by WHO and projects that suit the purposes stated by the Ordinance of the Creation of Age-friendly City by the Yangcheon-gu Office.
- C. The aim is to create an urban environment that considers seniors and provides easy mobility for happier senior lives, but the benefit would go to all residents of the local community, not just the seniors. Therefore, the ultimate purpose is to create a local community that is great for children, youths, women, and seniors.
- D. In the establishment of the action plan for the Cycle 2 age-friendly city creation, the content of the 1st implementation tasks are reviewed, and continuous implementation for the necessary projects are considered.
- E. The aim is to take flexible response to awareness in the diversity of seniors, enhanced inclusion of seniors in local communities, respect for the decision and options for seniors, demands and personal preferences for senior life, etc.

3. Cycle 2 action plan 8 Domains and Goals

Category	8 Domains	Implementation goal	Detailed goal	No. of projects (weight)	
			Total	79	100%
1	External environment and facilities (8 projects)	Creation of pleasant living environment	Secure green area	2	10%
			Safe pedestrian environment	2	
			Safe living environment	4	
2	Transportation (1 projects)	Establishment of convenient transportation	Safe transportation environment	1	1%
3	Housing (4 projects)	Stable housing environment	Senior-friendly living environment	1	5%
			Creation of safe housing environment	3	
4	Social engagement (20 projects)	Support for leisure and social activities	Vitalization of daily sports activities	1	26%
			Leisure activities for lively senior years	19	
5	Social integration (8 projects)	Respect and generational integration	Enhanced respect for seniors in generations	8	10%

Category	8 Domains	Implementation goal	Detailed goal	No. of projects (weight)	
6	Employment (6 projects)	Provide tailored employment	Provide employment training service for seniors	1	8%
			Expand jobs and employment opportunities	5	
7	Communication and information (9 projects)	Active communication	Create sentiments for age-friendly city	2	11%
			Provide age-friendly communication	2	
			Provide timely information	5	
8	Health and regional care (23 projects)	Support a healthy senior life	Enhanced access to health-related facilities	2	29%
			Provide services for a healthy senior life	13	
			Care for seniors residing in care facilities	2	
			Regional care for marginalized seniors	6	

4. Cycle 2 action plan Implementation Progress

- A. Jun. 26, 2019 : Meeting of Age-friendly City Creation Committee
- B. Sept. 5 - 20, 2019 : Conduct training and monitoring activities for Age-friendly City Monitoring Group
- C. Dec. 16, 2019 : 2019 Implementation Evaluation Meeting for Age-friendly City Creation Committee
- D. Nov. 25, 2020 : 2020 Implementation Evaluation Meeting for Age-friendly City Creation Committee
- E. Mar. 25, 2021 : Age-friendly Creation Committee advised for projects implemented (Adjusted to 66 projects in 8 domains)
- F. Dec. 21, 2021 : 2021 Implementation Evaluation Meeting by the Age-friendly City Creation Committee and approval of the Cycle 2 Age-friendly City Projects
- G. Mar. 18 - 31, 2022 : Age-friendliness survey
- H. Apr. 15 - 20, 2022 : Advising of Age-friendly City Creation Committee for implementation tasks (Adjusted to 79 projects in 8 domains)

1. General status of Yangcheon-gu, Seoul

A. Current status of senior population aged 65 and above

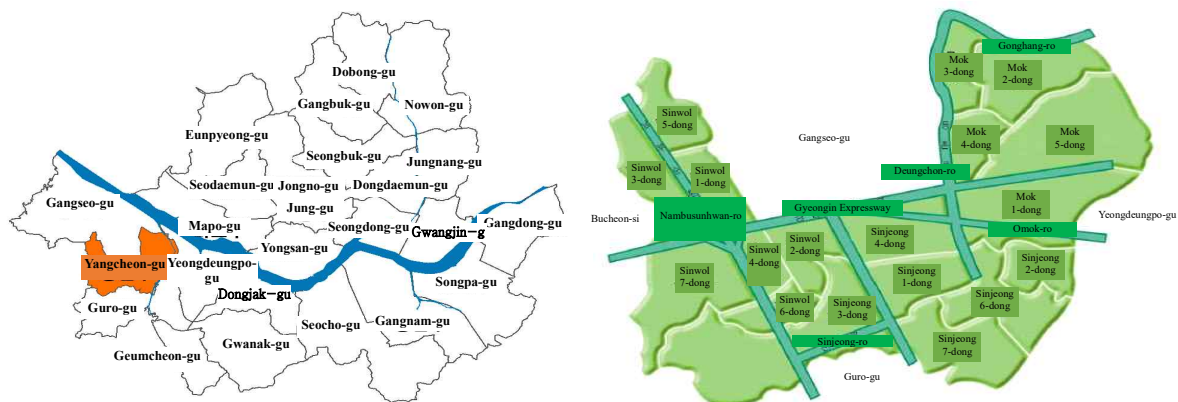
1) As of the date of joining GNAFCC as a member, the senior population aged 65 and above in Yangcheon-gu numbered 56,633, accounting for 12.1% of the entire population. As of December 2021, however, the senior population increased by 11,850 to 68,483 from the entire population of 447,302, accounting for 15.3%. This is a 3.2% increase compared to 3 years ago.

2) The senior population of Yangcheon-gu is on the rise by 1% every year, and is expected to account for 20% of the entire population by 2026.

B. Location and Geo-social/cultural Characteristics

1) Yangcheon-gu is located southwest of the center of Seoul, the capital city of Korea. To its west is Bucheon-si, Gyeonggi-do; to the east, it neighbors Yeongdeungpo-gu and Mapo-gu with the Han River as the boundary. To its north Gangseo-gu, with Guro-gu to its south.

[Pic. 1] Location of Yangcheon-gu



2) The total area of Yangcheon-gu is 17.41km², accounting for 2.9% of the entire area of Seoul (605.20km²).

3) The residential area of Yangcheon-gu is 12.7km², making it a residential-focused area with residential areas accounting for about 73.0%.

[Table 1] Current Status of the Total Area and Purpose of Lands in Yangcheon-gu

(Unit: km², %)

Total area of Yangcheon-gu	Residential area	Commercial area	Quasi-industrial area	Green area
17.41 (100.0)	12.7 (73.0)	0.62 (3.6)	0.07 (0.4)	4.01 (23.0)

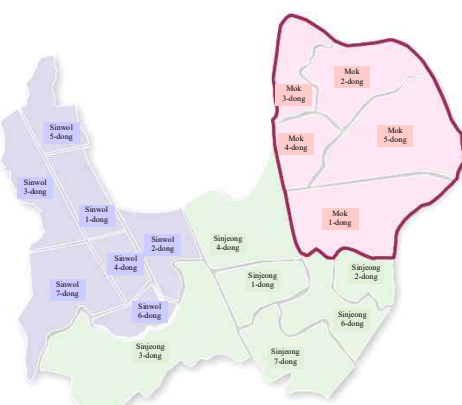
Note: () is the ratio

Source: Seoul Metropolitan City, Seoul Statistics System, 2019

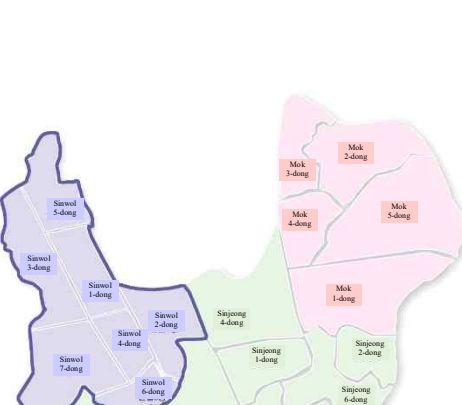
- 4) The population trend of Yangcheon-gu continues to drop, whereas the ratio of population aged between 10 to 19 in its entire population is higher than the average of the national and Seoul statistics.
- 5) Certain areas of Yangcheon-gu are extremely polarized across all areas including economy, education, etc. as well as social infrastructure due to the polarization in Mok-dong, Sinwol, and Sinjeon areas.

C. Life and Local Traits by Section (Mok-dong, Sinwol-dong, Sinjeong-dong)

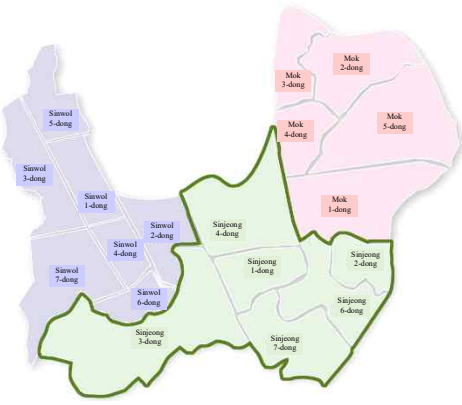
✓ Mok-dong section

	<ul style="list-style-type: none"> • Area: 5.34km² 31% of the entire area of Yangcheon-gu • Population: 149,079 persons/ 57,443 households 33.3% of the entire population of Yangcheon-gu (as of the end of Dec. 2021) • Administrative districts: Consists of 5 administrative districts (Mok 1, 2, 3, 4, and 5-dong) • Local characteristics <ul style="list-style-type: none"> - There are Mok 1-dong and Mok 5-dong with Mokdong New Town apartments built in the 1980s as well as the old town of Mok 2, 3, and 4-dong that have never been redeveloped. With the Mokdong Apartment at the center, broadcast centers, key public institutions, and private academies are located. - In particular, the old town of Mok 2-dong and Mok 3-dong is the most densely populated area in Yangcheon-gu
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✓ Sinwol-dong section

	<ul style="list-style-type: none"> • Area: 4.94km² 29% of the entire area of Yangcheon-gu • Population: 122,495 persons/54,541 households 27.4% of the entire population of Yangcheon-gu (as of the end of Dec. 2021) • Administrative districts: Consists of 7 administrative districts (Sinwol 1, 2, 3, 4, 5, 6, and 7-dong) • Local characteristics <ul style="list-style-type: none"> - Noise from airplanes headed to Gimpo Airport is common in this area, with the residential areas mainly consisting of small apartment complexes, multiplex housing, multi-house housings, row houses, etc. that have never been redeveloped. Its residential area is poor, and low-income households are concentrated on this area. - In particular, Sinwol 1-dong is where 29% of the entire rental housing for low-income households by SH Corp in Yangcheon-gu is located. - Green areas such as Seo-Seoul Lake Park, Nambu Beltway, and Gyeongin Expressway are located.
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✓ Sinjeong-dong section

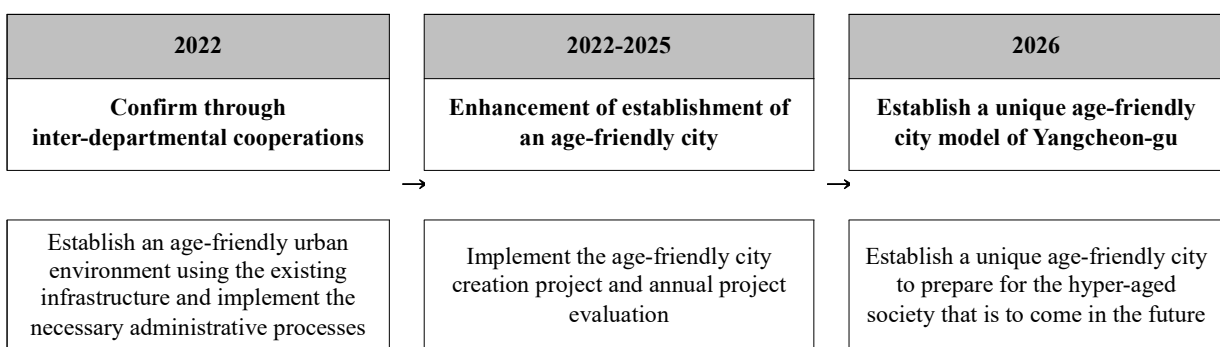
	<ul style="list-style-type: none"> • Area: 6,94km² 40% of the entire area of Yangcheon-gu • Population: 175,728 persons/69,420 households 39.3% of the entire area of Yangcheon-gu • Administrative districts: Consists of 6 administrative districts (Sinjeong 1, 2, 3, 4, 6, and 7-dong) • Local characteristics <ul style="list-style-type: none"> - Except for Sinjeong 6-dong where the apartment complexes of Mokdong new town are located, most areas are residential areas with multiplex and multi-household housings where people who were displaced from their home due to the urban redevelopment project in the 1970s relocated. - In particular, the rental apartments in Sinjeong 3-dong and Sinjeong 7-dong house the third largest North Korean defector in Korea
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2. Overview of Implementation Tasks

- Yangcheon-gu of Seoul Metropolitan City carried out a research commission for the creation of age-friendly city in 2018 and established 126 projects in 8 domains, joining WHO. The office also conducted the 1st project assessment three times from December 2019 to December 2021 and selected detailed tasks for the Cycle 2 age-friendly city creation.
- The selection process of implementation tasks regarding the Cycle 2 age-friendly city Yangcheon creation project was carried out in the meetings of the Age-friendly City Creation Committee consisting of experts, resulting in the identification of 79 detailed tasks in 8 domains.

3. Summary of Implementation Tasks

- The following is the categorization of implementation tasks by stage:



B. Establish implementation plan for each area

<Area 1> External environment and facilities (8 projects)

- Detailed goals: Secure green area, safe pedestrian environment, safe living environment
- Details

Implementation plans for external environments and facilities include the following 8 projects: create themed parks tailored to the 5 major parks in Mok-dong; install non-barrier deck paths in each mountain; secure a bright and safe night pedestrian environment by switching to LED lights; install 10cm bump-divider pedestrian facilities on ramps; send preventive/alarm SMS for ozone warnings for fine dust; perform inspection and maintenance of safety for safety-marginalized households; operate heatwave and coldwave shelter for seniors; provide comprehensive sterilization and air purifier to senior community centers, etc.

<Area 1> Details of external area and building projects in Yangcheon

Implementation goal	Detailed goal	Project name	Department in charge
Pleasant living environment	Secure green areas	Create themed parks tailored to the 5 major parks in Mok-dong	Park and Green Department
		Installation of 「Barrier-free Decked Woods Paths」 to every mountains	
	Safe pedestrian environment	Secure bright and safe night pedestrian environment by switching to LED lights	Road Department
		Installation of 10cm bump-divider pedestrian facilities on ramps	Senior Welfare Department
	Safe living environment	Send preventive/alarm SMS for ozone warnings for fine dust	Green Environment Department
		Safety inspections and maintenance of disaster-marginalized households	Safety and Disaster Department
		Operate heatwave and coldwave shelter for seniors	Senior Welfare Department
		Provide comprehensive sterilization and air purifier to senior community centers	

<Area 2> Transportation (1 project)

- Detailed goals: Secure parking spaces for seniors and safe transportation environment
- The implementation plan for transportation consists of the following project: reorganize senior protection zones.

<Area 2> Details of transportation projects in Yangcheon

Implementation goal	Detailed goal	Project name	Department in charge
Convenient transportation	Safe transportation environment	Reorganize senior protection zones	Traffic Administration Department

<Area 3> Housing (4 projects)

- Detailed goals: Senior-friendly living environment, creation of a safe living environment
- Implementation plans for housing consist of the following 4 projects: spread of age-friendly urban design culture (operate the Urban Design Committee); support project for enhanced housing conditions for the housing-marginalized groups; Seoul-type housing voucher (rental fee) subsidy project, etc.

<Area 3> Details of housing projects in Yangcheon

Implementation goal	Detailed goal	Project name	Department in charge
Safe living environment	Senior-friendly living environment	Spread of senior-friendly living culture (Operate the Urban Design Committee)	Urban Planning Department
	Create a safe living environment	Support project for enhanced housing conditions for the housing-marginalized groups	Housing
		and Hope Renovation project	
		Seoul-type housing voucher (rental fee) subsidy project	

<Area 4> Senior Social Engagement (20 projects)

- Detailed goals: Vitalization of daily sports activities and leisure activities for happier senior lives
- Implementation plans for senior social engagement consist of the following 20 projects: support for senior sports activities; book discussion for dementia prevention for seniors; operation of mature literacy class; installation & operation of the Yangcheon Silver Choir; operational support for the Yangcheon-gu branch of the Korea Senior Citizens Association; operational support for senior classes; securing small-scale senior welfare centers through the renovation of senior community centers; operational support for senior community centers; vitalization of senior community centers; senior-tailored community center programs; operation of Yangcheon Long Life Culture University; operation of Senior Creative Drama Class; operation of Senior Volunteer Group; operation of Eco-friendly Volunteer Group; awarding of excellent senior community centers and operation of case presentations; operation of leisure and social engagement programs; operation of hobby programs for seniors for their healthy and happy senior life, etc.

<Area 4> Details of senior social engagement projects in Yangcheon

Implementation goal	Detailed goal	Project name	Department in charge
Leisure and social activities	Vitalization of daily sports activities	Support for senior sports activities	Culture and Sports Department
	Leisure activities for lively senior years	Book discussion for dementia prevention for seniors	Education Support Department
		Operation of mature literacy class	
		Establishment and operation of Yangcheon Silver Choir	Culture and Sports Department

<Area 4> Details of senior social engagement projects in Yangcheon

Implementation goal	Detailed goal	Project name	Department in charge
Leisure and social activities	Leisure activities for lively senior years	Operational support for the Yangcheon-gu branch of the Korea Senior Citizens Association	Senior Welfare Department
		Operational support for senior classes	
		Visiting youth theater	
		Operation and support of project for senior welfare funds	
		Securing small-scale senior welfare centers through renovation of senior community centers	
		Operational support for senior community centers	
		Vitalization of senior community center programs	
		Senior-tailored community center programs	Resident Governance Department
		Operation of Yangcheon Long Life Culture University	
		Operation of Senior Creative Drama Club	Senior Welfare Center (Mokdong Silver, Bargeunnae)
		Operation of Senior Volunteer Group	Senior Welfare Center
		Operation of Eco-friendly Volunteer Group	Senior Welfare Center (Yangcheon, Bargeunnae)
		Awarding excellent senior centers and operating case presentation	Yangcheon-gu branch of the Korea Senior Citizens Association
		Operation of leisure and social engagement program	Senior Welfare Center (Mokdong Silver, Bargeunnae)
		Operation of Wide Geumdarae Life program	Sinjeon General Welfare Center
		"Simsinpuri" senior leisure activities for healthy and happy senior life	Mokdong General Welfare Center

<Area 5> Senior respect and social integration (8 projects)

- Detailed goals: Enhanced respect for seniors across generations

<Area 5> Details of respect and social integration projects in Yangcheon

Implementation goal	Detailed goal	Project name	Department in charge
Respect and generational integration	Enhanced respect for seniors across generations	Awards for seniors who made social contributions and identification of organizations	Senior Welfare Department
		Filial benefit supports	
		Increased basic pension support for a more stable senior life	
		Support mature walking aids	
		Senior volunteer vitalization project	Resident Governance Department

<Area 5> Details of respect and social integration projects in Yangcheon

Implementation goal	Detailed goal	Project name	Department in charge
Respect and generational integration	Enhanced respect for seniors across generations	"Eoulim Hanmadang" festival at senior centers	Yangcheon Comprehensive General Welfare Center
		1st- & 3rd-generation integration program (Traditional game success volunteer group, Healthier Snacks)	Senior Welfare Center (Yangcheon, Bargeunnae)
		Sharing of side dishes	Red Cross Korea Yangcheon Council

- Implementation plans for senior respect and social integration consist of the following 8 projects: identification and awarding of seniors and organizations contributing to society; support for filial benefits; increased basic pension support for a more stable senior life; support mature walking aids; senior center festival projects; generational integration project; sharing of side dishes, etc.

<Area 6> Civic Engagement and Employment (6 projects)

- Detailed goals: Provision of employment training service for seniors, expanded jobs and employment opportunities
- The civic engagement and employment implementation plan consists of 6 projects including the installation and operation of Yangcheon Seniors' Club, expansion of tailored employment for seniors, operation of Disaster and Safety Silver Monitoring Group, Neighborhood Safety Silver Volunteer Group, senior employment expo, senior talent sharing projects, etc.

<Area 6> Details of Civic Engagement and Employment Projects in Yangcheon

Implementation goal	Detailed goal	Key project	Department in charge
Tailored employment	Provide employment training service for seniors	Installation and operation of Yangcheon Seniors Club	Senior Welfare Department
	Provide jobs and increase job opportunities	Expansion of tailored employment for seniors	Senior Welfare Department
		Operate the Disaster Safety Silver Monitoring Group	Safety and Disaster Department
		Operate the Neighborhood Safety Silver Volunteer Group	Senior Welfare Department
		Operate the Senior Employment Expo	
		Operate the Fluffy Neighborhood Care School Through Senior Talent Sharing	Senior Welfare Department, Mok-dong Silver Welfare and Culture Center

<Area 7> Communication and information (9 projects)

- Detailed goals: Create sentiments for age-friendly city, provide age-friendly communication, and provide timely information
- Implementation plans for support and welfare in the local community consist of the following 9 projects: operate the Age-friendly City Creation Committee; operate the Age-Friendly City Monitoring Group; operate a window for marginalized groups including seniors; prevent depression; provide life information through Yangcheon Newsletters; Digital Lounge; operate a senior culture center, etc.

<Area 7> Details of communication and information projects in Yangcheon

Implementation goal	Detailed goal	Key project	Department in charge
Active communication	Create sentiments for age-friendly city	Operate the Age-friendly City Creation Committee	Senior Welfare Department
		Operate the Age-friendly City Creation Monitoring Group	
	Provide age-friendly communication	Operate exclusive windows for marginalized groups including seniors	Complaint and Passport Department
		Partner Robot Care (preventing depression among seniors living alone)	Yangcheon Comprehensive
		Provide life information through Yangcheon Senior Newsletter	Promotion Department
		Senior Digital Competency Enhancement Project	Operate the Mokdong Silver and Yangcheon Senior Seo-Seoul Digital Lounge
			Seo-Seoul
			Senior Welfare Department
		Install and operate the Mokdong Kkaebi Smart Senior Culture Center	Senior Welfare Department
		Install and operate the Smart Senior IT Experience Hall	Senior Welfare Department

<Area 8> Health and regional care (23 projects)

- Detailed goals: Enhanced access to health-related facilities, provide services for a healthy senior life, local care for the marginalized seniors, care for seniors residing in care facilities
- Implementation plans for support and welfare in the local community consist of the following 23 projects: enhancement of dementia response; operation of dementia care centers; Happier Cycle 2 Chapter of Life! Senior nutrition class; 7080 sports class for a healthier senior life; senior oriental medicine for the brain health enhancement project; senior fluoride dental health project; development of senior physical activity leaders and operation of the relevant programs; visiting senior 100-year life health management project; Memory Talk Class; Well-dying program; smart healthcare; dementia prevention; diabetes patient T-group; senior group program; visiting mental health program; senior nursing facilities human rights monitoring project; operation of long-term nursing facilities; visiting senior health management project; dentures and dental implants for seniors receiving medical pension; health beverages for seniors living alone for the regular checkup of their safety; tailored care service for low-income seniors who live alone; operation of senior mess hall (free meals for low-income seniors who are prone to skip meals); smart care for seniors living alone using IoT, etc.

<Area 8> Details of Local Community Support and Health-related Projects in Yangcheon

Implementation goal	Detailed goal	Key project	Department in charge
Support for a healthy senior life	Enhanced access to health-related facilities	Operation of mental health center for the prevention of senior depression	Medicine Department
		Enhanced response system for dementia, operation of dementia care center	Local Health Department
	Provide services for a healthy senior life	Happy Cycle 2 Chapter of Life! Senior nutrition class	Health Administration Department
		7080 sports class for healthier senior life	
		Senior oriental medicine for brain health enhancement project	
		Senior fluoride dental health project	Medicine Department
		Develop senior physical activity leaders and operate the relevant programs	Local Health Department
		Visiting 100-year life senior health management project	
		Memory Talk Class	Health Center Branch
		Well-dying Program	Senior Welfare Center
		Smart healthcare	Senior Welfare Department, Senior Welfare Center
		Dementia prevention	Senior Welfare Center
		Diabetes T-group	Yangcheon Senior Welfare Center
		Senior Group Program	Senior Welfare Center (Seo-Seoul, Yangcheon, Bargeunnae)
		Visiting mental health program	Hanbit General Welfare Center, Bargeunnae Senior Welfare Center
	Care for seniors residing in care facilities	Senior nursing facilities human rights monitoring project	Senior Welfare Department
		Operate long-term nursing facility	
	Local care for marginalized seniors	Visiting senior health management project	Local Health Department
		Dentures and dental implants support for seniors receiving medical pension	Independence Support Department
		Health beverages for seniors living alone for the regular checkup of their safety	Senior Welfare Department
		Tailored care service for low-income seniors who live alone	
		Operate senior mess hall (free meals for low-income seniors who are prone to skip meals)	
		Smart care for seniors living alone using IoT	