

## 1 Total Population Change and Future Population

### ( 1 ) Total Population Change

The population of Miura City has gradually been declining after it peaked at 54,350 people as of November 1, 1994, on the other hand, the elderly population continues to increase, and then the ageing rate is rising. The elderly population of Miura city is 16,449 people as of January 1, 2017, and the ageing rate is 37.0%, far exceeding the Kanagawa's 24.5% or the nation's 27.4%. This means that one in 3 people is elderly person.

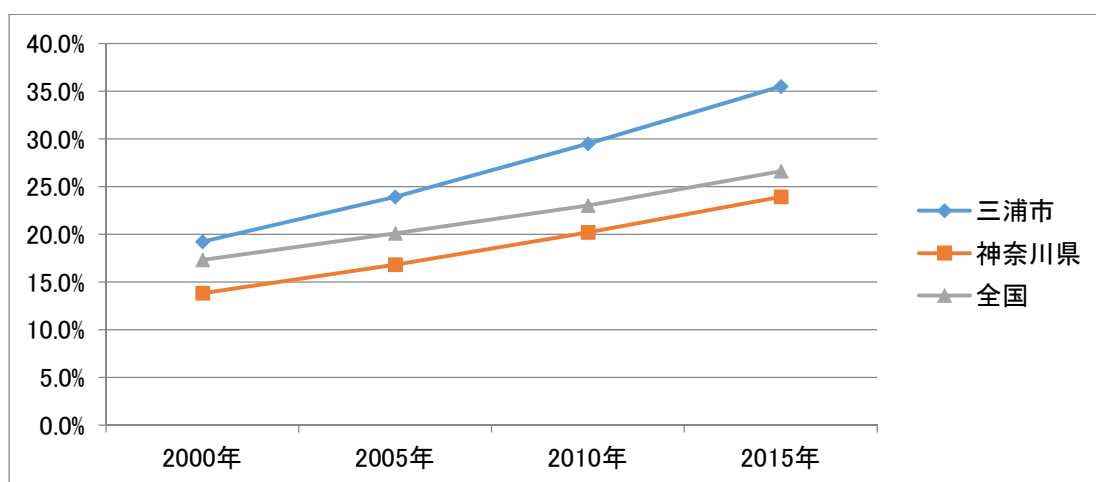
#### 【Comparison of Population Change】

| <b>Miura</b> /year     | 2000      | 2005      | 2010      | 2015      |
|------------------------|-----------|-----------|-----------|-----------|
| Total Population<br>※1 | 52,253    | 49,861    | 48,352    | 45,289    |
| Elderly                | 10,030    | 11,903    | 14,238    | 16,081    |
| Ageing Rate ※2         | 19.2      | 23.9      | 29.5      | 35.5      |
| <b>Kanagawa</b>        | 2000      | 2005      | 2010      | 2015      |
| Total Population<br>※1 | 8,489,974 | 8,791,597 | 9,048,331 | 9,126,214 |
| Elderly                | 1,169,528 | 1,480,262 | 1,819,503 | 2,158,157 |
| Ageing Rate ※2         | 13.8      | 16.8      | 20.2      | 23.9      |
| <b>Japan</b>           | 2000      | 2005      | 2010      | 2015      |
| Total Population<br>※1 | 126,926   | 127,768   | 128,057   | 127,095   |
| Elderly                | 22,005    | 25,672    | 29,246    | 33,465    |
| Ageing Rate ※2         | 17.3      | 20.1      | 23.0      | 26.6      |

※ Source : Population Census of each year

※1 Including people of uncertain ages

※2 Until the census of 2005, the denominator included people of uncertain age, but after 2010 it was calculated by subtracting the number of uncertain age from the population.



## ( 2 ) Population Projections

The future population of Miura city is estimated based on the Basic Resident Register as of October 1, 2017, by referring to the estimation of future population prepared by the Ministry of Health, Labour and Welfare.

The population will continue to increase to its peak in 2020, and it is expected to decline gradually.

The population is estimated 16,932 people in 2020, the ageing rate will be 39.3%. The population in the year 2025 when baby-boomer become old-old elderly people (ages 75+) is estimated 16,388 people, ageing rate is estimated 40.7% and then one in the 2.5 people is expected to an elderly person.

### 【Population Change】

| Group /year                      | 2015   | 2016   | 2017   |
|----------------------------------|--------|--------|--------|
| Total Population                 | 46,024 | 45,382 | 44,614 |
| Age 40~64                        | 15,547 | 15,107 | 14,731 |
| Elderly                          | 15,892 | 16,213 | 16,416 |
| Young-old elderly<br>(Age 65~74) | 8,253  | 8,320  | 8,226  |
| Old-old elderly<br>(Age 75 + )   | 7,639  | 7,893  | 8,190  |
| Ageing Rate (%)                  | 34.5   | 35.7   | 36.8   |

※ Source: the Basic Resident Register as of October 1 for each year

【Population Projections】

| Group /year                      | 2018   | 2019   | 2020   | 2021   |
|----------------------------------|--------|--------|--------|--------|
| Total Population                 | 44,118 | 43,621 | 43,125 | 42,558 |
| Age 40~64                        | 14,371 | 14,011 | 13,650 | 13,451 |
| Elderly                          | 16,588 | 16,760 | 16,932 | 16,823 |
| Young-old elderly<br>(Age 65~74) | 8,178  | 8,130  | 8,082  | 7,720  |
| Old-old elderly<br>(Age 75 + )   | 8,410  | 8,630  | 8,850  | 9,103  |
| Ageing Rate (%)                  | 37.6   | 38.4   | 39.3   | 39.5   |

| Group /year                      | 2022 年 | 2023 年 | 2024 年 | 2025 年 |
|----------------------------------|--------|--------|--------|--------|
| Total Population                 | 41,991 | 41,425 | 40,858 | 40,292 |
| Age 40~64                        | 13,252 | 13,052 | 12,853 | 12,653 |
| Elderly                          | 16,715 | 16,606 | 16,497 | 16,388 |
| Young-old elderly<br>(Age 65~74) | 7,359  | 6,997  | 6,635  | 6,273  |
| Old-old elderly<br>(Age 75 + )   | 9,356  | 9,609  | 9,862  | 10,115 |
| Ageing Rate (%)                  | 39.8   | 40.1   | 40.4   | 40.7   |

※ Current estimates as of October 1 of each year

( 3 ) Household Structure

More than half of households in Miura city have elderly family member(s). The percentage of households including elderlies is far exceeding the Kanagawa's rate or nation rate and it is expected to increase in the future. Therefore, there are concerns about the social isolation of the elderly people due to the rapid progresses of the ageing population and an increase in the number of single-person households.

【Comparison of Household Structure Change】

| Miura /year                              | 2000   | 2005   | 2010   | 2015   |
|--|--------|--------|--------|--------|
| Households (households)                  | 17,267 | 17,523 | 17,884 | 17,567 |
| Number of people per household (persons) | 3.0    | 2.8    | 2.7    | 2.6    |
| With Elderly (households)                | 6,762  | 7,860  | 9,018  | 10,104 |

|                                   |       |       |       |       |
|-----------------------------------|-------|-------|-------|-------|
| Single-person<br>(households)     | 1,074 | 1,514 | 2,034 | 2,560 |
| (%)                               | 15.9  | 19.3  | 22.6  | 25.3  |
| Couple only<br>(households)       | 1,526 | 1,983 | 2,433 | 2,793 |
| (%)                               | 22.6  | 25.2  | 27.0  | 27.6  |
| Multigenerational<br>(households) | 4,162 | 4,363 | 4,551 | 4,751 |
| (%)                               | 61.5  | 55.5  | 50.5  | 47.0  |
| With Elderly (%)                  | 39.2  | 44.9  | 50.4  | 57.5  |

| <b>Kanagawa</b> /year                       | 2000      | 2005      | 2010      | 2015      |
|---|-----------|-----------|-----------|-----------|
| Households (households)                     | 3,341,233 | 3,59,1866 | 3,844,525 | 3,979,278 |
| Number of people per<br>household (persons) | 2.5       | 2.4       | 2.4       | 2.3       |
| With Elderly (households)                   | 820,795   | 1,007,366 | 1,209,217 | 1,410,766 |
| Single-person<br>(households)               | 167,100   | 226,119   | 308,463   | 398,979   |
| (%)   | 20.4      | 22.5      | 25.5      | 28.3      |
| Couple only<br>(households)                 | 225,912   | 295,267   | 363,535   | 427,748   |
| (%)   | 27.5      | 29.3      | 30.1      | 30.3      |
| Multigenerational<br>(households)           | 427,783   | 485,980   | 537,219   | 584,039   |
| (%)   | 52.1      | 48.2      | 44.4      | 41.4      |
| With Elderly (%)                            | 24.6      | 28.0      | 31.5      | 35.5      |

| Japan /year                              | 2000       | 2005       | 2010       | 2015       |
|--|------------|------------|------------|------------|
| Households (households)                  | 47,062,743 | 49,566,305 | 51,950,504 | 53,448,685 |
| Number of people per household (persons) | 2.7        | 2.6        | 2.5        | 2.4        |
| With Elderly (households)                | 15,044,608 | 17,204,473 | 19,337,687 | 21,713,308 |
| Single-person (households)               | 3,032,140  | 3,864,778  | 4,790,768  | 5,927,686  |
| (%)                                      | 20.2       | 22.5       | 24.8       | 27.3       |
| Couple only (households)                 | 3,971,633  | 4,487,042  | 5,250,952  | 6,079,126  |
| (%)                                      | 26.4       | 26.1       | 27.2       | 28.0       |
| Multigenerational (households)           | 8,040,835  | 8,852,653  | 9,295,967  | 9,706,496  |
| (%)                                      | 53.4       | 51.5       | 48.1       | 44.7       |
| With Elderly (%)                         | 32.0       | 34.7       | 37.2       | 40.6       |

※ Source : Population Census of each year

※ The ratio amount may not be always 100% because the ratio is calculated by rounded.

In light of these circumstances, Miura City has been implementing the following initiatives based on the 8 topics of Age-friendly City.

#### ( 1 ) Outdoor Spaces and Buildings

##### ○Improving an Accessible Town

- We will improve accessibilities and universal designs for roads, parks and urban infrastructures for elderlies and people with disabilities to use comfortable and safely by cooperation with organizations.

#### ( 2 ) Transportation

##### ○Improving an Accessible Town

- We are working on overcoming many barriers in public facilities.

### ( 3 ) Housing

#### ○Securing Stable Housing

- We address requests from residents and provide information to them to secure appropriate housings for persons in any situation by supporting the life support service coordinators and corroborating with multi-disciplinary organizations and Kanagawa Prefecture.

### ( 4 ) Social Participation

#### ○Supporting Social Activities

- The Employment Service Center for elderlies carry out the social activities to contribute to skills improvement, employment, interaction among members, wellbeing, and vigorous communities development in keeping with the principle of Self-independence, Cooperating, Mutual Assistance. Miura city will continue to support through subsidies to the Center for elderly people to have motivation in lives by taking advantage of their careers.

#### ○Supporting Social Exchanges

- Miura City supports through subsidies to senior citizen's clubs in each communities carrying out their activities and the social exchanges including cultural excursions, sports events organized by Japan Federation of Senior Citizens Clubs.

• The Senior Citizen's Social Welfare and Public Health Center which is operated by Miura City is familiar to residents for social spaces, and people use it for personal as well as groups. The Center responses to requests from elderly people as well as offering the opportunities for health promotion, cultural programs and recreation.

### ( 5 ) Respect and Social Inclusion

#### ○Preventing Elder Abuses

- We launched "Miura Network for Prevention of Elder Abuse" to ensure smooth and appropriate enforcement of "Act on the Prevention of Elder Abuse, Support for Caregivers of Elderly Persons and Other Related Matters".

We commit to work continuously with relevant organizations to keep the elderly

people's dignity and security and safety through operating networks, information sharing and holding workshops.

○Promoting the Support Program for Self-Reliance in Daily Life

Older people with dementia may get involved in troubles; such as elder abuses or fraud, as bad as they could not get adequate care services because they have cognitive problems to make proper judgments and decisions on their own. To prevent this kind of potential problems or to address the issues promptly if happens, we promote the Support Program for Self-Reliance in Daily Life as the most promising program. Moreover, Miura City supports the elderly people to receive integrated services in close cooperation with the Adult Guardianship System Utilization Support Program.

( 6 ) Civic Participation and Employment

○Support Community Activities

• The City Hall has various programs to support both voluntary and public activities. Going forward, we will support to establish networking to response to their requests for a cooperation and exchange information through the life support coordinators.

( 7 ) Communication and Information

○Promotion and Awareness of Nursing Care Prevention

• We will provide “Health Promotion” and “Nursing Care Prevention” classes for not only the older people but also whole citizens of Miura to foster attentions to nursing care prevention. “Nursing Care Prevention” booths will be set up at an event and the leaflets on nursing care prevention will be passed out to raise awareness.

○Supporting Community Senior Groups

• We will offer the places where elderly people can easily enjoy to learn what nursing care prevention and health promotion are. We support self-managed activities on nursing care prevention by the local elderly groups.

• We will recruit volunteer staff from the locals for working on the nursing care prevention measures for older people in the communities, train them and support their activities by cooperating with relevant organizations.

## ( 8 ) Community Support and Health Services

○ Developing a community with peaceful where people can be related with and care each other.

- In order to enable the elderly people to continue to live independently, we support the activities on nursing care prevention and finding something to live for. We are also striving to develop a safe and secure community where no one is isolated alone even if support is needed.

- We provide advice to those aged 65 years and over single living who wish to know on application process for registration their emergency contact information and the medical histories. In an emergency, we will provide immediate and appropriate supports to them; such as safety confirmation and contact with families, in cooperation with relevant organizations.

○Measures to strengthen the Regional Comprehensive Care Centers' Functions

- In Miura City, where the relationship among the locals in the region is relatively closed, the city will team up with the Regional Comprehensive Support Centers to strengthen the system and engage in efforts to improve the Regional Comprehensive Care System.

- In order to clarify the role of the Regional Comprehensive Center and the City, we review and verify good practices from the National Government, Kanagawa Prefectural Government and the leading local governments.

○Improving The Regional Care Meeting

- The regional care meetings are held to discuss how inter-professional collaboration from the support perspective contributes to self-reliance support and prevention of serious health conditions on an individual case, as well as to develop the comprehensive care system (that supports the elderlies in the community) as a social infrastructure.

○ Promotion of Medical and Nursing Care Cooperation

- We are promoting cooperation between medical and nursing care agencies in the region to continue to be a safe living places with a sense of relief when suffering a chronic illness.



○Organizing a Cooperative Support Framework

- In collaboration with various entities including private companies, regional volunteers, and social welfare corporations, we are working on improvement of various necessary daily life supports. This will cause that the elderly living alone and the elderly living with the elderly to be able to continue living in the place where they are used to.

○Promotion of Dementia Measures

- We have assigned a dementia regional supporters for person with dementia in order to support the cooperation with medical institutions and nursing care services and to provide counseling services for them and their families.
- We have formed Preliminary Support Team to develop system that enables those who need an early detection of dementia and prompt handling of it to be able to receive appropriate medical and nursing care services.
- The efforts will be made to develop SOS Network Project to find and protect a missing elderly person from wandering in cooperation with related organizations.
- The Dementia Regional Supporters will organize the dementia supporter training courses in cooperate with Instructors, locals, relative organizations. This course aims to raise awareness of proper knowledge on dementia.

○Developing Long-Term Care Insurance Services

- Comprehensive and integrated necessary Long-Term care insurance services is provided to elderly people under the various conditions; such as living single alone, dementia, needing-support situation or needing-care situation, to keep living independently.

○Improving Service Delivery System

- We hold seminars for service providers and care managers to study how to provide better services through individual cases. We will also prepare explanatory meetings and information exchange meetings when needed.
- We will continue to consider effective measures as an insurer, as it is important to take measures to eliminate shortage of staff and to improve the skills of caregivers in order to construct the Regional Comprehensive Care System.

○Disaster Measures

- In the event of a disaster, the city will provide information to the relevant organizations

on the list of persons who need assistance at home when evacuating.

- In the operation of the evacuation shelter, we are making efforts to take care of the people needing cares utilizing a welfare shelter operation manual. We have concluded agreements with 3 special nursing homes for the elderly to use them as the second welfare shelters. The other is for using as the tsunami evacuation buildings at 2 sites in the city.

○Support for citizens' activities

- Miura City carrying out various projects to support for citizens' activities both voluntary and public.