

## Town of Liberty, Maine

Town Office, 7 Water Street, P.O. Box 116, Liberty, Maine 04949

207-589-4318

January 02, 2020

Lori Parham  
AARP Maine State Director  
53 Baster Blvd  
Portland ME 04101

Dear Ms. Parham,

On behalf of the Town of Liberty, I am pleased to submit this letter of interest and commitment in the AARP/World Health Organization Network of Age-Friendly Communities. The Town of Liberty recognizes the importance of encouraging and promoting age-friendly planning and policies to address changing demographics and to enhance independent living, and is committed to a process of continual improvement to support active and healthy aging.

As part of our involvement and commitment we have worked with Aging Well in Waldo County to conduct a base assessment of the community's age-friendliness and have participated in development of their community action plan, which was based on the findings of the assessment.

The Town of Liberty library has started a few social programs to encourage older people to get out and spend time with others. We have also started a monthly lunch social at a local restaurant and are working with Aging Well in Waldo County on their new transportation initiative.

Although we are involved in the wider age-friendly work in our region, in Liberty, we will involve older residents deeply in the ongoing planning process and we commit to monitoring progress toward implementing the action plan.

Sincerely,



Melinda Steeves  
First Selectman  
Town of Liberty, Maine