

City of Quincy City Hall

Affice of the Mayor



Thomas P. Koch Mayor

September 21, 2018

Michael Festa AARP MA State Director 1 Beacon Street, Suite 2301 Boston, MA 02108

Dear Mr. Festa,

The City of Quincy is excited about the opportunity to join the AARP/World Health Organization's Age Friendly Cities Network. This initiative focuses on many of the areas the city has been working on such as housing, community engagement, transportation, outdoor spaces and social inclusion. The City of Quincy is committed to ensuring that its older residents have the services and support they need to remain in the community.

The City of Quincy is a culturally diverse community and has one of the highest population of older adults in the state. Approximately Twenty percent (20,000) of our population is age 60 and over, of which approximately eight percent are minorities.

For many years, the City has supported elders directly though the services provided by our Council on Aging. The city supports several nutrition congregate meal sites, have approved the use of CDBG funds for an elder benefit specialist and has one of the largest supportive housing programs.

As a result of the Tufts Health Plan Foundation's Healthy Aging report, we have been focused on the health and wellness of our elders. Our recent development of walking and bicycles paths, expansion of our Farmer's Markets and improvement in "green space" within the city are just a few examples. The Age Friendly Cities initiative will help us focus our efforts and explore other areas of opportunity.

As a participant in the Age Friendly Cities Network, the City of Quincy makes a commitment to:

- Convene an Advisory Council representing Quincy residents age 50 and older, academic partners, community organizations, and city departments
- Assess the needs of Quincy residents age 50 and over, create a plan of action with measurable outcomes, and implement the action plan, and
- Commit to measuring progress and reporting outcomes publically

Thank you for your consideration and we look forward to partnering with AARP Massachusetts staff and volunteers in our efforts to ensure that the City of Quincy is Age Friendly.

Sincerely,

Thomas P. Koch

Mayor

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