

# Galway Age Friendly Alliance Workplan 2022



| WHO Theme & Objective   | Actions   | Outcomes / Indicators   | Lead Agency and Proposed Partner Agencies             |
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| <b>Outdoor Spaces and Buildings</b><br><i>Improve accessibility to services and buildings and design public realm areas to enable older people to 'age in place'.</i> | Conduct Walkability Audits (with appropriate regard to 'Being Age Friendly in the Public Realm') to identify accessibility improvements and implement improvements subject to funding.                    | Designated AFI parking, new signage, and provision of crosswalks from public bus stops to access library services at Westside, Ballybane, Galway City & other areas to be identified. | Galway City/County Council and Galway City Libraries. |
|   | Promote improvement of public seating at recreational areas and public realm through funding schemes in accordance with Cara's Guide to Accessibility in the Great Outdoors.                              | Promote standards and prioritise funding applications which meet standards  | Galway City/County Council and local businesses.      |
|   | Improve access to services and building, an AFI app showing all the public buildings and businesses that are easily accessible / location of nearby toilets / seating etc. could be developed.            | AFI app   | Galway City Council and local businesses.             |
| <b>Transportation</b><br><i>Deliver public and community transport that meets the needs of older people and facilitate active travel modes.</i>                       | Evaluate the environment from the bus stop to where people need to get to and how we might work with the local businesses to provide window seats along the route which are available during the daytime. | Improve connectivity for older people.  | Galway City Council and local businesses.             |
|   | Explore existing opportunities re transport for older people for medical appointments and propose options re gaps identified.   | Solutions for gaps identified   | TBC / Local Transport providers                       |
| <b>Housing</b><br><i>Establish a range of housing options which suit all needs</i>  | Improve access to housing improvements and a range of housing options through the Healthy Homes Pilot Project in conjunction with integrating housing need with an  | Awareness of project and no. of referrals.  | Age Friendly Alliance                                 |

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| <i>and enable older people to stay independent for as long as possible.</i>   | assessment of related community supports and health services.   |  |   |
|   | Universal design homes / apts to be included in the Galway City & County's Development Plans  | No. of specific age friendly units delivered in City and County  | Galway City/County Council  |
| <b>Community &amp; Health Services:</b><br><i>Provide a comprehensive and integrated range of affordable, easily accessible, high quality, age friendly community supports and health services.</i> | Promote and support initiatives to improve safety in the community and distribute crime prevention advice.<br><br>Expand the support and social engagement opportunities for older people living in a number of areas and housing clusters across Galway. | No. of Events and Initiatives delivered  | Age Friendly Alliance / Joint Policing Committee<br><br>COPE Galway   |
|   | Continue to support informal/family carers - including older carers and carers of older people - through the provision of support services, including, training, support groups, respite, counselling, and an information and advice service.             | Type and number of supports provided.<br>Number of carers who benefited from supports.<br>Evaluation of programmes | Carers Department, HSE and Family Carers Ireland, FORUM Connemara CLG, Croí, and other voluntary and statutory organisations as appropriate |
|   | Promote health and wellbeing programmes and initiatives to older people.  | Monthly update of programmes and initiatives   | HSE Health Promotion & Improvement, Age Friendly Alliance, Galway Sports Partnership  |
|   | Provide Care Pals and Go for Life training programmes to support older people to be physically active.  | 2 programmes   | HSE Health Promotion & Improvement, Age Friendly Alliance, Nursing Homes, Active Retired, Galway Sports Partnership.                        |
|   | Develop and deliver a workshop on health and wellbeing for older people – a focus on alcohol as part of Positive Ageing Week.   | 1 workshop   | HSE Health Promotion & Improvement, Age Friendly Alliance, Active Retired   |
|   | Deliver a number of activity programmes targeting older adults including, Go For Life Games, walking programmes   | Number of programmes delivered throughout  | Galway Sports Partnership, Healthy Galway (City & County)   |

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|  | along with training for leaders in the area to make these activities sustainable.  | Galway, Number of training courses delivered and number of events for older adults delivered. |   |
| <b>Respect and Social Inclusion:</b><br><i>Challenge ageism and promote the positive contribution of older people in social, economic and public life:</i>   | Identify events or activities for Bealtaine and Positive Ageing Week to promote the positive contributions of older people through events and local media, and support inter-generational activities.                                  | Working Group set up to identify joint projects. Local Grants Scheme delivered in County.     | Age Friendly Alliance / Age and Opportunity / Creative Ireland / COPE Galway  |
|  | Promote an Age Friendly Business Recognition Programme across the City.  | Training delivered for pilot project areas.   | Age Friendly Alliance, Chamber of Commerce, Local Business Networks, Local Enterprise Office  |
|  | Ensure Age Friendly principles are considered across all Council plans and strategies and those of our partners.   | Establishment of Interdepartmental Committees   | Chairs of Age Friendly Alliance   |
| <b>Civic Participation &amp; Employment:</b><br><i>Develop initiatives that facilitate people to engage in volunteering, employment, civic engagement and participation, and lifelong learning</i> | Establish and support the Older Persons Councils in the County & City to increase participation and build capacity to maximise the representation of the voice of older people in public consultation processes and other engagements. | Wider OPC's established Executive Committee established<br>No. of Meetings                    | Galway County Council, Galway City Council, Galway City Partnership, Galway County PPN  |
|  | Development of partnership with Volunteer Galway and the Community Knowledge Initiative (CKI) at NUIG  |   | Volunteer Galway  |
|  | Identify and roll-out initiatives to promote lifelong learning for older people, e.g. Acorn Tablet Project, Community Education Projects, Library Ambassadors Digital Project, etc.  | No. of sites for Acorn Tablet Project, No. of projects undertaken                             | Acorn Tables - GRETB & Galway Rural Development.<br>Community Education Projects: GRETB, and other Network agencies e.g. GRD. GCP. GRETB CE work with specific community groups targeting older people. |
| <b>Social Participation:</b><br><i>Support activities and facilities that counter social isolation and loneliness and</i>  | Promote and support opportunities for participation in social, cultural and sporting events through relevant funding schemes.  | Range of events supported   | Age Friendly Alliance, Creative Ireland, Healthy Ireland, GSP   |

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| <i>promote social connections and wellbeing</i>   | Promote and support befriending options for older people in Galway City   |   | COPE Galway  |
|   | Support the provision of associated equipment and materials to community facilities providing activities for older people, e.g. Community Centres, Community Gardens, Day Centres, etc. | Prioritise sustainable options through equipment libraries at local level | SICAP, Healthy Ireland, GSP                        |
| <b>Communication and Information:</b><br><i>Provide access to timely, practical information to manage life and personal needs and provide information through a variety of means to suit the needs of all older people.</i> | Update the Directory of Services and Activities for Older People and examine potential for online mapping of community supports.  | Establish Working Group to capture community supports and services        | Galway City/County Councils, GICPOP, Healthy Homes |
|   | Consider the provision of an Information and Wellbeing Day for Older People in collaboration with Family Resource Centres and Older Peoples Councils                                    | Support and resourcing of event   | Galway County Council, SICAP,                      |
|   | Promote awareness of the Age Friendly Programme, Older Peoples Council and initiatives through promotional materials and the Age Friendly Ambassador                                    | Promotional materials and initiatives                                     | Age Friendly Alliance                              |