

A City Where People Want to Live, Yangcheon—A Great Place to Live

살고싶은 도시  살기좋은 양천

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## 3<sup>rd</sup> Cycle Master Plan for WHO Age-Friendly City

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Yangcheon-gu Office

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# I

## Background and Progress of the Performance Evaluation for the Cycle 2 Age-Friendly City Initiative

### 1. Background

#### 1) Membership in the World Health Organization (WHO) Global Network for Age-Friendly Cities and Communities (GNAFCC) and Ensuring Continuity of the Age-Friendly City Initiative

- Yangcheon-gu joined the GNAFCC in 2018, becoming the 10th local government in Korea to do so
- Yangcheon-gu is implementing the second cycle of its Age-Friendly City Initiative (2022–2025), reflecting the district's local characteristics

#### 2) Finalizing the Cycle 2 Age-Friendly City Initiative and Ensuring a Smooth Transition to Cycle 3 (2026–2030)

- Yangcheon-gu evaluated the achievements of the Cycle 2 Age-Friendly City Initiative through a performance evaluation of its implementation plan
- Evaluation findings were used to inform the Cycle 3 Master Plan

### 2. Progress

#### 1) 2022

- Feb. 2022: Developed the Age-Friendly City Action Plan
- Mar. 2022: Conducted the Yangcheon Age-Friendliness Survey through the Age-Friendly City Monitoring Group
- Apr. 2022: Held an Age-Friendly City Committee meeting (written consultation)
- Jul. 2022: Received Cycle 2 certification as an Age-Friendly City
- Nov. 2022: Produced and distributed promotional items (non-slip socks)

#### 2) 2023

- Feb. 2023: Developed the Age-Friendly City Action Plan
- Apr. 2023: Held an Age-Friendly City Committee meeting
- Nov. 2023: Produced and distributed promotional items (eco bags)

#### 3) 2024

- Feb. 2024: Developed the Age-Friendly City Action Plan
- Apr. 2024: Held an Age-Friendly City Committee meeting (written consultation)
- Jun. 2024: Produced and distributed promotional items (pain relief patches)
- Nov. 2024: Conducted the Yangcheon Age-Friendliness Survey through the Age-Friendly City Monitoring Group

#### 4) 2025

- Feb. 2025: Developed the Age-Friendly City Action Plan

- Apr. 2025: Held an Age-Friendly City Committee meeting (written consultation)
- Aug. 2025: Produced and distributed promotional items (pain relief patches)
- Nov. 2025: Conducted the Yangcheon Age-Friendliness Survey through the Age-Friendly City Monitoring Group

## 5) 2026

- Feb. 2026: Developed the Age-Friendly City Action Plan
- Mar. 2026: Received the Excellence Award at the 4th Korea Healthy and Age-Friendly City Policy Awards
- Apr. 2026: Held an Age-Friendly City Committee meeting (written consultation)
- Jul. 2026: Established the Cycle 3 certification plan for an Age-Friendly City

## II

# Goals and Current Status of the Cycle 2 Age-Friendly City Initiative

## 1. Goals

- Create an optimal urban infrastructure that promotes the health, participation, and safety of older adults
- Proactively respond to rapid population aging and establish a sustainable age-friendly city model by benchmarking domestic and international best practices
- Develop effective implementation tasks based on the *Master Plan for Low Fertility and Population Aging* and WHO's eight domains of Age-Friendly Cities and Communities to improve the quality of life of all residents

## 2. Initiatives by the 8 Domains (as of Dec. 2025): 83 Initiatives

| No. | Domain                          | Focus Area                       | Department                      | Task No. | Initiative                                                                                                                                                          |
|-----|---------------------------------|----------------------------------|---------------------------------|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | 1. Outdoor Spaces and Buildings | Safe Pedestrian Environment      | Integrated Care Division        | 1-2-1    | Provide accessibility facilities for persons with disabilities (Installation of ramps, maintenance of accessible parking spaces, installation of parking lot signs) |
| 2   |                                 | Safe Living Environment          | Environment Division            | 1-3-1    | Provide SMS alerts for ozone advisories and warnings as part of air quality response measures                                                                       |
| 3   |                                 |                                  | Disaster Management Division    | 1-3-2    | Conduct safety inspections and maintenance for vulnerable households (upgrade aging electrical systems, gas facilities, boilers, etc.)                              |
| 4   |                                 |                                  | Senior Welfare Division         | 1-3-3    | Operate heatwave and cold weather shelters for older adults (at government offices, senior centers, welfare centers, and cultural and sports facilities)            |
| 5   |                                 |                                  | Senior Welfare Division         | 1-3-4    | Modernize aging senior dining facilities (renovate the Sinwol Social Welfare Center)                                                                                |
| 6   | 2. Transportation               | Safe Transportation Environment  | Transportation Division         | 2-2-1    | Upgrade senior zones (4 senior leisure facilities, 1 healthcare and welfare facility, and 2 parks)                                                                  |
| 7   |                                 |                                  | Yangcheon Senior Welfare Center | 2-2-2    | Operate circulator buses for senior welfare centers (routes to Sinwol-dong and Mok-dong)                                                                            |
| 8   | 3. Housing                      | Age-friendly Housing Environment | Architecture Division           | 3-1-1    | Expand an age-friendly urban design culture (held 2 Steering Committee meetings)                                                                                    |

| No. | Domain                           | Focus Area                                                   | Department                                                        | Task No. | Initiative                                                                                                                                                          |  |
|-----|----------------------------------|--------------------------------------------------------------|-------------------------------------------------------------------|----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| 9   |                                  | Safe Housing Environment                                     | Housing Division                                                  | 3-2-1    | Operate the Hope Home Repair Project (home repairs and study room improvements)                                                                                     |  |
| 10  |                                  |                                                              | Housing Division                                                  | 3-2-2    | Operate the Seoul Housing Voucher (Rental Assistance) Program                                                                                                       |  |
| 11  |                                  |                                                              | Housing Division                                                  | 3-2-3    | Improve safe housing environments for older adults (provide non-slip mats and remote-controlled light switches)                                                     |  |
| 12  |                                  |                                                              | Seo Seoul Senior Welfare Center                                   | 3-2-4    | Improve housing environments through home organization and storage services (led by the Kkalkkeumi Senior Volunteer Corps)                                          |  |
| 13  | 4. Social Participation          | Leisure Activities for a Vibrant Later Life                  | Education Division                                                | 4-2-1    | Operate dementia prevention reading programs for older adults (at 5 libraries)                                                                                      |  |
| 14  |                                  |                                                              | Education Division                                                | 4-2-2    | Operate adult literacy classes (at the Lifelong Learning Center)                                                                                                    |  |
| 15  |                                  |                                                              | Culture Division                                                  | 4-2-3    | Operate the Yangcheon-gu Silver Choir (hold regular concerts)                                                                                                       |  |
| 16  |                                  |                                                              | Senior Welfare Division                                           | 4-2-4    | Support the operation of the Yangcheon-gu Branch of the Korean Senior Citizens Association (operate senior center programs and support older adults' participation) |  |
| 17  |                                  |                                                              | Senior Welfare Division                                           | 4-2-5    | Operate senior classes (support operating expenses and heating/cooling costs for older adults' leisure and welfare facilities)                                      |  |
| 18  |                                  |                                                              | Senior Welfare Division                                           | 4-2-6    | Operate the Visiting Youth Theater (provide DVD film screenings at 10 institutions)                                                                                 |  |
| 19  |                                  |                                                              | Senior Welfare Division                                           | 4-2-7    | Promote the well-being of older adults (employment and entrepreneurship, volunteer service, and recreational activities)                                            |  |
| 20  |                                  |                                                              | Senior Welfare Division                                           | 4-2-8    | Renovate public senior centers (expand, reconstruct, and renovate Namal and Cheongsol Senior Centers)                                                               |  |
| 21  |                                  |                                                              | Senior Welfare Division                                           | 4-2-9    | Support the operation of senior centers (support operating expenses and food subsidies for 156 senior centers)                                                      |  |
| 22  |                                  |                                                              | Senior Welfare Division                                           | 4-2-10   | Conduct senior center programs (in partnership with 8 organizations)                                                                                                |  |
| 23  |                                  |                                                              | Local Autonomy Administration Division                            | 4-2-11   | Operate tailored senior community center programs                                                                                                                   |  |
| 24  |                                  |                                                              | Local Autonomy Administration Division                            | 4-2-12   | Operate the Yangcheon Senior Academy (operate health, general education, humanities, and outdoor learning programs)                                                 |  |
| 25  |                                  |                                                              | Yangcheon Senior Welfare Center                                   | 4-2-15   | Operate the Senior Volunteer Corps (Thumbs Up!) (knitting classes)                                                                                                  |  |
|     |                                  |                                                              | Mok-dong Senior Welfare Center                                    |          | Operate the Senior Volunteer Corps (Seonbae Citizens) (elementary school after-school care program)                                                                 |  |
|     |                                  |                                                              | Balgeunnae Senior Welfare Center                                  |          | Operate the Senior Volunteer Corps (Nanum Ttiat Club) (nail art, saxophone, and ukulele classes)                                                                    |  |
|     |                                  |                                                              | Seo Seoul Senior Welfare Center                                   |          | Operate the Senior Volunteer Corps (Singeureoun Volunteer Group)                                                                                                    |  |
|     | Seo Seoul Senior Welfare Center  | Operate the Senior Volunteer Corps (Geumson Volunteer Group) |                                                                   |          |                                                                                                                                                                     |  |
| 26  | Yangcheon Senior Welfare Center  | 4-2-16                                                       | Operate the Eco-Friendly Volunteer Corps (Hwanta Volunteer Group) |          |                                                                                                                                                                     |  |
|     | Balgeunnae Senior Welfare Center |                                                              | Operate the Eco-Friendly Volunteer Corps (Senior Eco Leaders)     |          |                                                                                                                                                                     |  |

| No. | Domain                            | Focus Area                                            | Department                                     | Task No. | Initiative                                                                                                                                                         |  |
|-----|-----------------------------------|-------------------------------------------------------|------------------------------------------------|----------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| 27  |                                   |                                                       | Korean Senior Citizens Association             | 4-2-17   | Award outstanding senior centers and share best practices (approx. 300 senior center presidents and award recipients)                                              |  |
| 28  |                                   |                                                       | Mok-dong Senior Welfare Center                 | 4-2-18   | Operate the “Canvas of Time” program to promote older adults’ leisure activities and social participation (art creation and mindfulness)                           |  |
| 29  |                                   |                                                       | Sinjeong Welfare Center                        | 4-2-19   | Operate the “Smart Geumdarae Life” program (health, educational and cultural, and leisure programs)                                                                |  |
| 30  |                                   |                                                       | Yangcheon Senior Welfare Center                | 4-2-20   | Operate the “Healthy Again” rehabilitation program for older adults with degenerative conditions (physical function enhancement program)                           |  |
| 31  |                                   |                                                       | Seo Seoul Senior Welfare Center                | 4-2-21   | Operate the “New World Project” to help middle-aged adults plan their second act (retirement planning program)                                                     |  |
| 32  |                                   |                                                       | Seo Seoul Senior Welfare Center                | 4-2-22   | Operate the “Arts for All” cultural and arts education support program (establish the Seo Seoul Choir)                                                             |  |
| 33  |                                   |                                                       | Seo Seoul Senior Welfare Center                | 4-2-23   | Hold the “Seo Seoul One Family Festival” (program presentations and exhibition)                                                                                    |  |
| 34  |                                   |                                                       | Sinmok Welfare Center                          | 4-2-24   | Operate singing classes for older adults                                                                                                                           |  |
| 35  |                                   |                                                       | Mok-dong Welfare Center                        | 4-2-25   | Provide specialized senior services [senior education and cultural program] (operate leisure and recreational activities)                                          |  |
| 36  | 5. Respect and Social Integration | Promoting Respect for Older Adults Across Generations | Senior Welfare Division                        | 5-1-1    | Recognize and honor older adults and organizations for their contributions to the community (Parent’s Day commendations)                                           |  |
| 37  |                                   |                                                       | Senior Welfare Division                        | 5-1-2    | Provide filial piety allowance (provide allowance to families caring for parents aged 100 or older)                                                                |  |
| 38  |                                   |                                                       | Senior Welfare Division                        | 5-1-3    | Expand basic pension support for a stable retirement                                                                                                               |  |
| 39  |                                   |                                                       | Senior Welfare Division                        | 5-1-4    | Provide adult walkers                                                                                                                                              |  |
| 40  |                                   |                                                       | Local Autonomy Administration Division         | 5-1-5    | Promote senior volunteer activities (sewing burial shrouds and providing hair and beauty services)                                                                 |  |
| 41  |                                   |                                                       | Yangcheon Senior Welfare Center                | 5-1-6    | Operate the “Traditional Games Heritage Volunteer Corps” intergenerational program (help young children and older adults learn about traditional culture together) |  |
| 42  |                                   |                                                       | Korean Red Cross Volunteer Association         | 5-1-7    | Provide side-dish meal support (support 40 older adult households)                                                                                                 |  |
| 43  | 6. Employment                     | Employment and Expanded Job Opportunities             | Senior Welfare Division                        | 6-2-1    | Expand tailored employment opportunities for older adults (senior center lunch assistants and public facility maintenance support)                                 |  |
| 44  |                                   |                                                       | Senior Welfare Division                        | 6-2-2    | Operate the Village Guardian Silver Volunteer Corps (environmental maintenance at community service centers)                                                       |  |
| 45  |                                   |                                                       | Yangcheon Senior Welfare Center                | 6-2-3    | Provide employment placement and counseling services                                                                                                               |  |
| 46  |                                   |                                                       | Yangcheon-gu Facilities Management Corporation | 6-2-4    | Operate weekend senior internships (weekend staffing at public parking lots)                                                                                       |  |
| 47  | 7. Communication and Information  | Age-friendly City Awareness                           | Senior Welfare Division                        | 7-1-1    | Operate the Age-Friendly City Committee (review and advise on matters related to Age-Friendly City initiatives)                                                    |  |
| 48  |                                   |                                                       | Civil Petition Passport Division               | 7-2-1    | Operate priority service counters for older adults and other vulnerable groups                                                                                     |  |
| 49  |                                   |                                                       | Balgeunnae Senior Welfare Center               | 7-2-2    | Operate the “Generation Empathy” intergenerational program (promote communication across generations)                                                              |  |
|     |                                   |                                                       | Seo Seoul Senior Welfare Center                |          | Operate an intergenerational program to promote interaction among generations in Sinwol-dong                                                                       |  |

| No. | Domain                                       | Focus Area                                   | Department                                                                                 | Task No.                                                                                                                                                                               | Initiative                                                                                                                                                                   |  |
|-----|----------------------------------------------|----------------------------------------------|--------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| 50  |                                              | Timely Provision of Information              | Seo Seoul Senior Welfare Center                                                            | 7-2-3                                                                                                                                                                                  | Hold the “Shintong Bangtong Village Festival” (a neighborhood festival involving the welfare center and local residents)                                                     |  |
| 51  |                                              |                                              | Public Relations Division                                                                  | 7-3-1                                                                                                                                                                                  | Provide practical information through Yangcheon-gu’s newsletter for older adults (publish the <i>Senior Plus</i> newsletter)                                                 |  |
| 52  |                                              |                                              | Yangcheon Senior Welfare Center                                                            | 7-3-2                                                                                                                                                                                  | Operate the Yangcheon Senior Digital Education Center                                                                                                                        |  |
|     |                                              |                                              | Balgeunnae Senior Welfare Center                                                           |                                                                                                                                                                                        | Provide digital literacy education                                                                                                                                           |  |
|     |                                              |                                              | Seo Seoul Senior Welfare Center                                                            |                                                                                                                                                                                        | Operate the “App-grade Your Daily Life” program                                                                                                                              |  |
|     |                                              |                                              | Mok-dong Senior Welfare Center                                                             |                                                                                                                                                                                        | Strengthen older adults’ digital capabilities                                                                                                                                |  |
| 53  | Improved Access to Health-related Facilities | Medicine Division                            | 8-1-1                                                                                      | Operate the Mental Health Welfare Center to prevent depression among older adults (conduct depression screenings and provide services to high-risk individuals)                        |                                                                                                                                                                              |  |
| 54  |                                              | Medicine Division                            | 8-1-2                                                                                      | Operate the Dementia Relief Center to strengthen the dementia response system (provide early dementia screenings and counseling and operate a respite center for people with dementia) |                                                                                                                                                                              |  |
| 55  |                                              | Mok-dong Senior Welfare Center               | 8-1-3                                                                                      | Operate a frailty prevention program (conduct simplified physical performance evaluations and frailty screenings)                                                                      |                                                                                                                                                                              |  |
| 56  |                                              | Hanbit Welfare Center                        | 8-1-4                                                                                      | Operate the Senior Well-Being School (provide a depression reduction program)                                                                                                          |                                                                                                                                                                              |  |
| 57  | 8. Community and Health Care                 | Providing Services for a Healthy Senior Life | Sinwol Health Subcenter                                                                    | 8-2-1                                                                                                                                                                                  | Operate the “Less Sodium, Better Health!” nutrition class for men (provide healthy eating education and healthy meal preparation classes)                                    |  |
| 58  |                                              |                                              | Mok-dong Health Subcenter                                                                  | 8-2-2                                                                                                                                                                                  | Operate the “Laughter Is the Best Medicine” health class (strength training and health education programs)                                                                   |  |
| 59  |                                              |                                              | Medicine Division                                                                          | 8-2-3                                                                                                                                                                                  | Promote brain health among older adults through Korean medicine (support program operating expenses for Korean medicine clinics serving older adults with cognitive decline) |  |
| 60  |                                              |                                              | Medicine Division                                                                          | 8-2-4                                                                                                                                                                                  | Provide fluoride treatments and oral health services for older adults                                                                                                        |  |
| 61  |                                              |                                              | Regional Health Division                                                                   | 8-2-5                                                                                                                                                                                  | Operate mobile exercise and cognitive health programs for older adults (operate cognitive health programs and conduct physical fitness assessments)                          |  |
| 62  |                                              |                                              | Regional Health Division                                                                   | 8-2-6                                                                                                                                                                                  | Operate the “Senior Health Companion” program (provide and coordinate health counseling, home-based rehabilitation and nutrition support services)                           |  |
| 63  |                                              |                                              | Health Subcenter                                                                           | 8-2-7                                                                                                                                                                                  | Operate the “Memory Talk” class (cognitive training and art therapy for older adults with dementia)                                                                          |  |
| 64  |                                              |                                              | Yangcheon Senior Welfare Center                                                            | 8-2-8                                                                                                                                                                                  | Operate the “Sonagi” well-dying program                                                                                                                                      |  |
|     |                                              |                                              | Seo Seoul Senior Welfare Center                                                            |                                                                                                                                                                                        | Operate the “A Happy Life, a Beautiful Farewell” well-dying program                                                                                                          |  |
|     |                                              |                                              | Mok-dong Senior Welfare Center                                                             |                                                                                                                                                                                        | Operate the “Golden Aging” well-dying program                                                                                                                                |  |
| 65  |                                              |                                              | Seo Seoul Senior Welfare Center                                                            | 8-2-9                                                                                                                                                                                  | Operate the “Health Plus” self-care program for older adults (conduct body composition assessments and exercise programs using small fitness equipment)                      |  |
| 66  | Seo Seoul Senior Welfare Center              | 8-2-10                                       | Operate the “Ondol Room” dementia prevention program                                       |                                                                                                                                                                                        |                                                                                                                                                                              |  |
|     | Mok-dong Senior Welfare Center               |                                              | Operate the “Cheer Up” dementia prevention program                                         |                                                                                                                                                                                        |                                                                                                                                                                              |  |
| 67  | Yangcheon Senior Welfare Center              | 8-2-12                                       | Operate the “Ginkgo Tree” leisure and health support program for advanced-age older adults |                                                                                                                                                                                        |                                                                                                                                                                              |  |

| No. | Domain | Focus Area                                           | Department                       | Task No. | Initiative                                                                                                                                                                    |
|-----|--------|------------------------------------------------------|----------------------------------|----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 68  |        |                                                      | Balgeunnae Senior Welfare Center | 8-2-13   | Operate the mobile “Mental Wellness Guardian” program (conduct geriatric depression screenings and operate mental health booths)                                              |
| 69  |        |                                                      | Mok-dong Senior Welfare Center   | 8-2-14   | Support the completion of advance statements on life-sustaining treatment                                                                                                     |
|     |        |                                                      | Seo Seoul Senior Welfare Center  |          | Operate an advance statement registration institution                                                                                                                         |
| 70  |        |                                                      | Mok-dong Senior Welfare Center   | 8-2-15   | Provide one-stop health screenings (19 specialized health screenings and counseling services)                                                                                 |
| 71  |        |                                                      | Yangcheon Senior Welfare Center  | 8-2-16   | Operate the “Smile Fit” urinary incontinence management program (conduct pre- and post-assessments and provide bladder training)                                              |
| 72  |        |                                                      | Seo Seoul Senior Welfare Center  | 8-2-17   | Operate an autobiography program to improve ego integrity among older women with moderate to severe depression                                                                |
| 73  |        |                                                      | Seo Seoul Senior Welfare Center  | 8-2-18   | Operate the “Lightly Seasoned Table” nutrition and disease management program for older adults with chronic conditions                                                        |
|     |        |                                                      |                                  |          | (operate health and nutrition programs)                                                                                                                                       |
| 74  |        | Care for Older Adults in Residential Care Facilities | Senior Welfare Division          | 8-3-1    | Operate human rights protection programs for older adults in residential care facilities (monitor human rights practices and provide counseling to facility staff and others) |
| 75  |        |                                                      | Senior Welfare Division          | 8-3-2    | Operate long-term care service providers offering institutional and home- and community-based benefits                                                                        |
| 76  |        | Community Care for Vulnerable Older Adults           | Regional Health Division         | 8-4-1    | Provide home-based health management services for older adults (make regular home visits and provide health management services)                                              |
| 77  |        |                                                      | Integrated Care Division         | 8-4-2    | Support dentures and dental implants for older Medical Aid recipients (register participants with medical institutions and send informational notices)                        |
| 78  |        |                                                      | Welfare Policy Division          | 8-4-3    | Provide nutritious drinks to monitor the well-being of older adults living alone (delivery personnel visit three times a week to deliver the drinks)                          |
| 79  |        |                                                      | Senior Welfare Division          | 8-4-4    | Provide tailored care services for low-income older adults living alone (housekeeping assistance, accompaniment on outings, and companionship services)                       |
| 80  |        |                                                      | Senior Welfare Division          | 8-4-5    | Operate senior dining facilities (provide meal and prepared side-dish delivery services)                                                                                      |
| 81  |        |                                                      | Senior Welfare Division          | 8-4-6    | Provide smart care for older adults living alone using IoT (monitor their safety using passive, contactless sensors)                                                          |
| 82  |        |                                                      | Seo Seoul Senior Welfare Center  | 8-4-7    | Provide case management services (support the social functioning and recovery of older adults receiving care and their families)                                              |
| 83  |        |                                                      | Seo Seoul Senior Welfare Center  | 8-4-8    | Operate a community care program (provide relationship-building and communication education, free health screenings, and open small-group activities)                         |

### 1. Key Achievements

#### ○ Overall: Continued Expansion of the Overall Scale of Initiatives

- Yangcheon-gu implemented a total of 312 Age-Friendly City initiatives during the Cycle 2 implementation period (2022–2025)
- The number of initiatives decreased slightly from 79 in 2022 to 74 in 2023, but increased steadily thereafter, reaching 83 initiatives in 2025

#### ○ Key Domains: Focused Investment in Health, Welfare, and Social Participation

- **Community and Health Care:** This domain accounted for the largest share of initiatives during the Cycle 2 implementation period, with the number of initiatives increasing significantly from 23 (29.1%) in 2022 to 31 (37.4%) in 2025, reflecting a proactive response to the growing demand for older adult care
- **Social Participation:** The domain consistently maintained more than 20 initiatives each year (averaging approximately 27% of all initiatives), providing strong support for older adults' social participation and leisure activities

#### ○ Trend: Shift from Infrastructure to Care and Safety Nets

- **Outdoor Spaces and Buildings:** The number of initiatives gradually declined from 8 (10.1%) in 2022 to 5 (6.0%) in 2025
- **Transportation and Housing:** The Transportation (1–2 initiatives) and Housing (4–5 initiatives) domains consistently maintained a relatively small number of initiatives throughout the implementation period
- **Employment and Communication and Information:** The Employment domain experienced a temporary decline of two initiatives in 2023 before recovering, while the Communication and Information domain showed fluctuations in the number of initiatives, indicating that additional measures should be considered in the next implementation plan

### 2. Performance Analysis by the 8 Domains

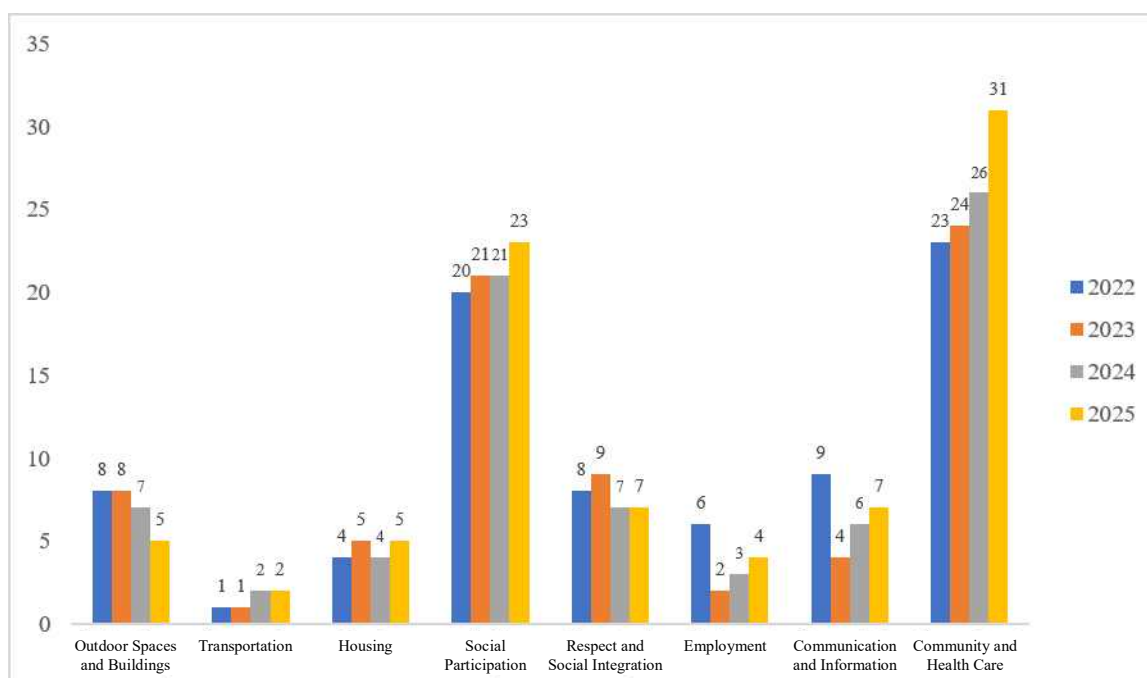
#### 1) List of Initiatives by the 8 Domains

(Unit: Number of initiatives, %)

| No. | 8 Domains                             | 2022        |            | 2023        |            | 2024        |            | 2025        |            |
|-----|---------------------------------------|-------------|------------|-------------|------------|-------------|------------|-------------|------------|
|     |                                       | Initiatives | Percentage | Initiatives | Percentage | Initiatives | Percentage | Initiatives | Percentage |
|     | <b>Total</b>                          | 79          | 100        | 74          | 100        | 76          | 100        | 83          | 100        |
| 1   | <b>Outdoor Spaces and Buildings</b>   | 8           | 10.13      | 8           | 10.81      | 7           | 9.21       | 5           | 6.02       |
| 2   | <b>Transportation</b>                 | 1           | 1.27       | 1           | 1.35       | 2           | 2.63       | 2           | 2.41       |
| 3   | <b>Housing</b>                        | 4           | 5.06       | 5           | 6.76       | 4           | 5.26       | 5           | 6.02       |
| 4   | <b>Social Participation</b>           | 20          | 25.32      | 21          | 28.38      | 21          | 27.63      | 23          | 27.71      |
| 5   | <b>Respect and Social Integration</b> | 8           | 10.13      | 9           | 12.16      | 7           | 9.21       | 7           | 8.43       |
| 6   | <b>Employment</b>                     | 6           | 7.59       | 2           | 2.70       | 3           | 3.95       | 4           | 4.82       |
| 7   | <b>Communication and Information</b>  | 9           | 11.39      | 4           | 5.41       | 6           | 7.89       | 6           | 7.23       |
| 8   | <b>Community and Health Care</b>      | 23          | 29.11      | 24          | 32.43      | 26          | 34.21      | 31          | 37.35      |

## 2) Changes in the Number of Initiatives by the 8 Domains

[Changes in the Number of Initiatives by the 8 Domains during the Cycle 2 Implementation Period]



## 3) Achievement of the Cycle 2 Age-Friendly City Initiative's Goals

[Comparison of Completion Rates across the 8 Domains (2022–2025)]

(Unit: %)

| No. | 8 Domains                             | 2022        |                 | 2023        |                 | 2024        |                 | 2025        |                 |
|-----|---------------------------------------|-------------|-----------------|-------------|-----------------|-------------|-----------------|-------------|-----------------|
|     |                                       | Initiatives | Completion Rate | Initiatives | Completion Rate | Initiatives | Completion Rate | Initiatives | Completion Rate |
|     | <b>Comprehensive Index</b>            | <b>79</b>   | <b>78.5%</b>    | <b>74</b>   | <b>90.5%</b>    | <b>76</b>   | <b>88.2%</b>    | <b>83</b>   | <b>78.3%</b>    |
| 1   | <b>Outdoor Spaces and Buildings</b>   | 8           | 75%             | 8           | 87.5%           | 7           | 85.7%           | 5           | 80%             |
| 2   | <b>Transportation</b>                 | 1           | 100%            | 1           | 100%            | 2           | 50%             | 2           | 100%            |
| 3   | <b>Housing</b>                        | 4           | 75%             | 5           | 100%            | 4           | 100%            | 5           | 80%             |
| 4   | <b>Social Participation</b>           | 20          | 90%             | 21          | 100%            | 21          | 90.4%           | 23          | 87%             |
| 5   | <b>Respect and Social Integration</b> | 8           | 75%             | 9           | 100%            | 7           | 85.7%           | 7           | 57.1%           |
| 6   | <b>Employment</b>                     | 6           | 100%            | 2           | 100%            | 3           | 100%            | 4           | 50%             |
| 7   | <b>Communication and Information</b>  | 9           | 88.9%           | 4           | 100%            | 6           | 100%            | 6           | 83.3%           |
| 8   | <b>Community and Health Care</b>      | 23          | 60.9%           | 24          | 75%             | 26          | 84.6%           | 31          | 77.4%           |

## 3. Summary of Performance Analysis by Domain

- The Social Participation and Communication and Information domains consistently achieved high completion rates of 80–100% each year despite implementing a large number of initiatives
- The Community and Health Care domain maintained completion rates of 60–80% despite an increase in the number of initiatives, while the Respect and Social Integration (57.1%) and Employment (50%) domains experienced a decline in completion rates in 2025, indicating that additional measures should be incorporated into the next implementation plan

## 1. Overview

- **Composition of the Monitoring Group:** 29 members in total

| Age Group | 20–39  | 40–64    | 65 and older |
|-----------|--------|----------|--------------|
| Members   | 2 (7%) | 11 (38%) | 16 (55%)     |

- **Term:** Two years (Nov. 25, 2024–Nov. 24, 2026)
- **Key Roles and Functions**
  - Survey and monitor initiatives related to Age-Friendly City development
  - Monitor older adults' daily-life inconveniences; identify and propose practical improvement measures

## 2. Key Activities

- **Survey Period:** Mon, Nov. 3–Fri, Nov. 14, 2025
- **Survey Participants:** 28 members of the 4th Yangcheon-gu Age-Friendly City Monitoring Group
- **Survey Method:** Distributed paper questionnaires and collected opinions through the network of affiliated regional implementing organizations (welfare centers, etc.) of the Monitoring Group
- **Survey Content:** Assessment of perceived satisfaction across the WHO's eight domains of Age-Friendly Cities and Communities

## 3. Survey Results by Domain

- **Summary and Overall Evaluation**
  - **Need for Improved Infrastructure:** There were strong calls for improvements to physical infrastructure, including the expansion of accessibility and convenience features (e.g., elevators, low-floor buses, rental housing) and everyday safety features (e.g., grab bars, pedestrian walkways) in domains such as Outdoor Spaces and Buildings, Transportation, and Housing
  - **Enhancing the Quality of Welfare Policies:** Respondents called for meaningful improvements beyond simply expanding employment opportunities and providing information, including the “creation of professional employment opportunities,” “intergenerational education digital literacy education to prevent digital isolation,” and the “establishment of an integrated one-stop healthcare and care service system”

## ○ Specific Feedback by the 8 Domains

| No. | Domain                                | Inspection Details                                                                                                                                                          | Key Feedback & Monitoring Group's Recommendation                                                                                                                                                                                                                                                                                                                                                                                                                             |
|-----|---------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | <b>Outdoor Spaces and Buildings</b>   | Buildings are equipped with sufficient facilities for older adults and other vulnerable groups.                                                                             | <ul style="list-style-type: none"> <li>Overall, accessibility facilities are well established.</li> <li>Expand age-friendly facilities in public institutions, such as wheelchair-accessible routes and elevators.</li> <li>Expand accessible public restrooms and outdoor rest areas in apartment complexes.</li> </ul>                                                                                                                                                     |
| 2   | <b>Transportation</b>                 | Traffic signals, crosswalks, and other transportation infrastructure provide a safe environment for travel. Transportation convenience services are sufficiently available. | <ul style="list-style-type: none"> <li>Expand the deployment of low-floor buses and increase the proportion of priority seating for older adults and other mobility priority passengers.</li> <li>Install more benches and shade shelters at bus stops to improve travel convenience.</li> <li>Promote the use of vehicle stickers identifying drivers aged 70 and older.</li> <li>Designate safe pedestrian walkways on neighborhood back streets (local roads).</li> </ul> |
| 3   | <b>Housing</b>                        | Home modification programs tailored to the needs of older adults are needed. A variety of public and private rental housing options is available.                           | <ul style="list-style-type: none"> <li>Support the installation of additional stair handrails to improve residential safety.</li> <li>Expand the supply of diverse rental housing options to enhance housing stability for older adults.</li> <li>Increase the supply of housing designed specifically to meet the needs of older adults.</li> </ul>                                                                                                                         |
| 4   | <b>Social Participation</b>           | Older adults are provided with information and opportunities to participate in events and activities.                                                                       | <ul style="list-style-type: none"> <li>Establish an accompaniment service for outdoor activities to help prevent social isolation.</li> <li>Expand participatory educational programs that encourage civic and social engagement among older adults.</li> </ul>                                                                                                                                                                                                              |
| 5   | <b>Respect and Social Integration</b> | Opinions of older adults are regularly sought to inform policies affecting them. Intergenerational integration is actively promoted.                                        | <ul style="list-style-type: none"> <li>The existing system for collecting residents' feedback is generally well established.</li> <li>Develop policies that engage people of all ages, including persons with disabilities, rather than focusing on specific population groups.</li> <li>Expand intergenerational engagement through youth-older adult matching programs that provide training on kiosks and AI technologies.</li> </ul>                                     |
| 6   | <b>Employment</b>                     | Sufficient high-quality employment opportunities are available for older adults.                                                                                            | <ul style="list-style-type: none"> <li>Reduce reliance on short-term, low-skilled jobs.</li> <li>Create high-quality employment opportunities that make use of older adults' professional expertise and support long-term employment.</li> </ul>                                                                                                                                                                                                                             |

| No. | Domain                               | Inspection Details                                                                                                     | Key Feedback & Monitoring Group's Recommendation                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|-----|--------------------------------------|------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7   | <b>Communication and Information</b> | Information needed for daily life is provided in a timely manner.                                                      | <ul style="list-style-type: none"> <li>• Provide ongoing digital literacy education, including AI-related training, to help prevent social isolation among older adults.</li> <li>• Install dedicated information boards for older adults on the ground floor of community service centers.</li> <li>• Develop an integrated information system that is intuitive and easy for older adults to understand.</li> </ul>                                                                                                                          |
| 8   | <b>Community and Health Care</b>     | Hospitals and public health centers in Yangcheon-gu are conveniently located. Care services are available when needed. | <ul style="list-style-type: none"> <li>• Public health and medical infrastructure and access to care services within the district are generally good.</li> <li>• Expand educational programs on health screenings to promote preventive healthcare.</li> <li>• Strengthen the role of specialized healthcare and care institutions, including the Dementia Relief Center.</li> <li>• Establish an integrated one-stop healthcare and welfare service through stronger cooperation between welfare centers and medical institutions.</li> </ul> |

## V

# Overall Evaluation and Implications of the Cycle 2 Age-Friendly City Initiative

## 1. Overall Evaluation and Implications

### ○ Laying a Solid Foundation for Responding to Population Aging

- Yangcheon-gu has systematically implemented consistent age-friendly policies since joining the GNAFCC in 2018 and successfully renewing its membership for a second term in 2022
- These efforts have served as a key driver in fulfilling the commitments of the 8th elected local administration while establishing Yangcheon-gu as a leading model for age-friendly communities that distinguishes it from other local governments

### ○ Need for a Proactive Response to a Super-aged Society

- **Approaching Super-aged Society Status:** As of December 2025, older adults accounted for approximately 19.8% of Yangcheon-gu's population, placing the district on the verge of reaching the 20% threshold for a super-aged society
- **Transition to a Sustainable Policy Paradigm:** With Yangcheon-gu expected to enter a super-aged society during the Cycle 3 implementation period (2026–2030), it will be necessary to move beyond selective welfare policies and establish a comprehensive age-friendly policy framework encompassing housing, transportation, employment, and other key domains

## Overview of the Development of the Cycle 3 Age-Friendly City Master Plan

### 1. Analysis of Population Aging Trends and Conditions in Yangcheon-gu

#### 1) Population Aging Status and Trends in Yangcheon-gu

- **Approaching Super-aged Society:** As of 2025, the proportion of Yangcheon-gu residents aged 65 and older had reached 19.84%, an increase of 4.53 percentage points from 15.31% in 2021, placing the district on the verge of becoming a super-aged society

##### [Population Aging Status in Yangcheon-gu (2021–2025)]

(Unit: Persons, %)

| Year                        | 2021    | 2022    | 2023    | 2024    | 2025    |
|-----------------------------|---------|---------|---------|---------|---------|
| Total Population            | 447,302 | 440,881 | 436,028 | 430,976 | 425,088 |
| Senior Population           | 68,483  | 72,235  | 76,126  | 80,174  | 84,351  |
| Senior Population Ratio (%) | 15.3    | 16.3    | 17.4    | 18.6    | 19.8    |

- **Rapid Growth of the Senior Population despite an Overall Population Decline:** While Yangcheon-gu's total population has steadily declined over the past decade, its population aged 60 and older has increased sharply
  - Total population: 484,532 in 2015 → 425,088 in 2025 (12.27% decrease)
  - Population aged 60 and older: 76,978 in 2015 → 116,275 in 2025 (**51.05% increase**)

##### [Population by Age Group in Yangcheon-gu (2015 and 2025)]

(Unit: Persons, %)

| Age Group    | 2015       |            | 2025       |            | Change         |
|--------------|------------|------------|------------|------------|----------------|
|              | Population | Percentage | Population | Percentage |                |
| Total        | 484,532    | 100.0      | 425,088    | 100.0      | -59,444        |
| Under 10     | 39,013     | 8.05       | 22,589     | 5.31       | -16,424        |
| Teens        | 63,344     | 13.07      | 46,288     | 10.89      | -17,056        |
| 20s          | 65,341     | 13.49      | 46,798     | 11.01      | -18,543        |
| 30s          | 69,223     | 14.29      | 51,738     | 12.17      | -17,485        |
| 40s          | 90,418     | 18.66      | 69,380     | 16.32      | -21,038        |
| 50s          | 80,215     | 16.56      | 72,020     | 16.94      | -8,195         |
| 60s          | 45,584     | 9.41       | 62,434     | 14.69      | <b>+16,850</b> |
| 70s          | 22,078     | 4.56       | 37,579     | 8.84       | <b>+15,501</b> |
| 80s          | 7,983      | 1.65       | 14,000     | 3.29       | <b>+6,017</b>  |
| 90 and Older | 1,333      | 0.28       | 2,262      | 0.53       | <b>+929</b>    |

## 2) Current Status of Living Areas

- **Southwestern Region and Five Living Areas:** Yangcheon-gu is located in Seoul's southwestern region and its 18 administrative *dongs* are divided into five local living areas
- **Regional Characteristics:** Mok-dong is characterized by education and residential communities, Sinjeong-dong by active reconstruction and redevelopment projects, and Sinwol-dong by predominantly low-rise residential neighborhoods

[Current Status of Yangcheon-gu Living Areas]

| Living Area               | Administrative District                                                      | Population                                      | Area (ha)                             |
|---------------------------|------------------------------------------------------------------------------|-------------------------------------------------|---------------------------------------|
| <b>Mok-dong Area 1</b>    | Mok 2-dong, Mok 3-dong, Mok 4-dong                                           | 83,689<br>(16.8% of Yangcheon-gu's population)  | 213<br>(12.2% of Yangcheon-gu's area) |
| <b>Mok-dong Area 2</b>    | Mok 1-dong, Mok 5-dong,<br>Sinjeong 2-dong, Sinjeong 6-dong, Sinjeong 7-dong | 161,061<br>(32.4% of Yangcheon-gu's population) | 590<br>(33.9% of Yangcheon-gu's area) |
| <b>Sinwol-dong Area 1</b> | Sinwol 1-dong, Sinwol 3-dong, Sinwol 5-dong                                  | 59,123<br>(11.9% of Yangcheon-gu's population)  | 221<br>(12.7% of Yangcheon-gu's area) |
| <b>Sinwol-dong Area 2</b> | Sinwol 2-dong, Sinwol 4-dong, Sinwol 6-dong,<br>Sinwol 7-dong                | 78,203<br>(15.7% of Yangcheon-gu's population)  | 273<br>(15.7% of Yangcheon-gu's area) |
| <b>Sinjeong-dong Area</b> | Sinjeong 1-dong, Sinjeong 3-dong, Sinjeong 4-dong                            | 114,858<br>(23.1% of Yangcheon-gu's population) | 443<br>(25.5% of Yangcheon-gu's area) |

## 3) Key Characteristics by Living Area

- **Mok-dong Areas 1 and 2 (Education and Administrative Hub)**
  - Regional Characteristics: Home to one of Seoul's leading school districts and a major education hub
  - Housing Renewal: Large-scale reconstruction of Mok-dong New Town and low-rise residential renewal through the Mok 4-dong Moa Town project
  - Industry and Economy: Concentration of broadcasting and media facilities, while serving as a bedroom community for nearby business districts such as Yeouido and Magok-dong
- **Sinjeong-dong Areas 1 and 2 (Residential and Transit-oriented Area)**
  - Regional Characteristics: Sharing a living area with Mok-dong, where established residential complexes coexist with newly developed housing
  - Housing Renewal: Creation of large-scale new residential neighborhoods through the Sinjeong New Town development project
  - Development Trends: Amendments to district unit plans around major transit stations and expansion of neighborhood-oriented public infrastructure
- **Sinwol-dong Area (Residential and Green Area)**
  - Regional Characteristics: Characterized by densely clustered low-rise residential neighborhoods and abundant green space
  - Key Challenges: Need to mitigate aircraft noise and ease height restrictions due to the area's proximity to Gimpo Airport
  - Development Strategy: Strengthen green-space assets through integration with Seoseoul Lake Park, while promoting renewal of aging housing and enhancing commercial functions

## 2. Principles for Developing the Cycle 3 Master Plan

- **Creating a Smart and Safe City Where People Want to Live for a Lifetime:** Based on the WHO's definition, an Age-Friendly City is one where not only older adults but all residents can age in harmony. The Cycle 3 Master Plan places particular emphasis on creating a smart and safe environment where older adults remain socially connected despite physical and social changes, expand opportunities for social participation through digital technologies, and enjoy a community in which people of all ages want to live throughout their lives.
- **Establishing a Yangcheon-gu Model Tailored to Local Needs through Local Ordinances:** The plan promotes effective initiatives consistent with the objectives of the *Yangcheon-gu Ordinance on the Creation of an Age-Friendly City*. The WHO's eight domains will be translated into implementation tasks tailored to Yangcheon-gu's local characteristics to strengthen older adult welfare and build a sustainable Age-Friendly City.
- **Building an Inclusive Welfare Infrastructure that Benefits All Generations:** To support a vibrant later life, the plan will further improve mobility and enhance a barrier-free urban environment. These benefits will extend beyond older adults to all members of the community. The goal is to foster "Yangcheon-gu as an integrated, livable community for all generations," where children, youth, women, persons with disabilities, and older adults can live together safely and conveniently.
- **Building on and Enhancing the Achievements of the Cycle 2 Age-Friendly City Initiative:** The Cycle 3 Master Plan builds on the achievements of the Cycle 2 Age-Friendly City Initiative through quantitative and qualitative evaluations. Successful initiatives will be expanded and sustained, while those requiring improvement will be enhanced by incorporating smart technologies and community-based care systems in response to changing needs.
- **Promoting Older Adults' Autonomy and a Flexible, Personalized Response System:** Recognizing the diversity of the older adult population—including one-person households and active seniors—the plan respects individual choice by addressing a wide range of needs and preferences. It also aims to establish demand-driven, personalized policies that respond flexibly to evolving social risks and individual circumstances.

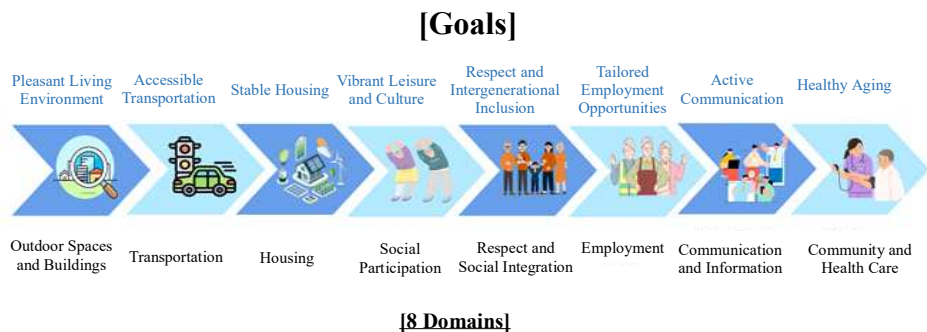
### 3. Goals for the 8 Domains of the Cycle 3 Master Plan

(Unit: Number of initiatives, %)

| No. | Domain                                            | Goal                                                                           | Subgoal                                                                                               | No. of Initiatives (Percentage) |      |
|-----|---------------------------------------------------|--------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|---------------------------------|------|
|     |                                                   |                                                                                | Total                                                                                                 | 83                              | 100  |
| 1   | Outdoor Spaces and Buildings<br>(4 initiatives)   | Create safe and pleasant urban infrastructure                                  | Improve barrier-free pedestrian environments and conduct safety inspections for vulnerable households | 2                               | 4.8  |
|     |                                                   |                                                                                | Operate heatwave and cold weather shelters and provide ozone alerts                                   | 2                               |      |
| 2   | Transportation<br>(2 initiatives)                 | Ensure a convenient and safe transportation environment                        | Improve senior zones and strengthen traffic safety                                                    | 1                               | 2.4  |
|     |                                                   |                                                                                | Provide convenient shuttle and circulator bus services for senior welfare centers                     | 1                               |      |
| 3   | Housing<br>(5 initiatives)                        | Provide a safe, age-friendly housing environment                               | Expand an age-friendly urban design culture                                                           | 1                               | 6    |
|     |                                                   |                                                                                | Operate the Seoul Housing Voucher (Rental Assistance) Program                                         | 1                               |      |
|     |                                                   |                                                                                | Improve safe housing environments through organization and storage services                           | 3                               |      |
| 4   | Social Participation<br>(24 initiatives)          | Promote active and independent leisure opportunities for older adults          | Strengthen volunteer programs and support senior centers                                              | 11                              | 28.9 |
|     |                                                   |                                                                                | Expand dementia prevention reading, culture & arts, and education programs                            | 13                              |      |
| 5   | Respect and Social Integration<br>(5 initiatives) | Promote intergenerational communication and an age-friendly culture            | Provide filial piety allowances and expand basic pension support                                      | 2                               | 6    |
|     |                                                   |                                                                                | Promote intergenerational integration through traditional games                                       | 3                               |      |
| 6   | Employment<br>(4 initiatives)                     | Promote economic self-sufficiency and expand tailored employment opportunities | Provide public-sector jobs, including lunch assistants and the Silver Volunteer Corps                 | 2                               | 4.8  |
|     |                                                   |                                                                                | Operate weekend senior internships at public parking lots and employment placement services           | 2                               |      |
| 7   | Communication and Information<br>(7 initiatives)  | Bridge the digital divide and promote age-friendly communication               | Publish a newsletter for older adults and operate priority service counters                           | 4                               | 8.4  |
|     |                                                   |                                                                                | Provide digital skills training and introduce AI welfare assistants                                   | 3                               |      |
| 8   | Community and Health Care<br>(32 initiatives)     | Strengthen healthcare services and integrated community care                   | Operate the Dementia Relief Center, mental health services, and the Health Companionship Program      | 17                              | 38.7 |
|     |                                                   |                                                                                | Provide tailored care, IoT smart care, and senior dining facilities                                   | 15                              |      |

[Figure] Goals for the 8 Domains of the Cycle 3 Master Plan

### Yangcheon-gu, an Age-Friendly City Where Older Adults and All Residents Thrive



## Implementation Tasks and Phased Plan for the Cycle 3 Age-Friendly City Initiative

### 1. Implementation Tasks by Domain

#### ○ Domain 1: Outdoor Spaces and Buildings

- **Create a Safe Living Environment Tailored to the Daily Needs of Older Adults:** Install customized ramps to remove mobility barriers for pedestrians with limited mobility; provide real-time information on particulate matter and ozone levels to help protect respiratory health; offer free inspections of electrical systems, gas lines, and boilers, along with fire safety support, for aging homes; and ensure the stable operation of heatwave and cold weather shelters to address the impacts of climate change, thereby strengthening the community-wide safety net for everyday living

#### Domain 1: Outdoor Spaces and Buildings Initiatives in Yangcheon-gu

| No. | Domain                          | Focus Area                  | Department                   | Initiative                                                                                                                                                          |
|-----|---------------------------------|-----------------------------|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | 1. Outdoor Spaces and Buildings | Safe Pedestrian Environment | Integrated Care Division     | Install ramps                                                                                                                                                       |
| 2   |                                 | Safe Living Environment     | Environment Division         | Provide SMS alerts for ozone advisories and warnings as part of air quality response measures                                                                       |
| 3   |                                 |                             | Disaster Management Division | Conduct safety inspections and maintenance for vulnerable households (upgrade aging electrical systems, gas facilities, basic fire-safety equipment, boilers, etc.) |
| 4   |                                 |                             | Senior Welfare Division      | Operate heatwave and cold weather shelters for older adults (at government offices, senior centers, welfare centers, and cultural and sports facilities)            |

#### ○ Domain 2: Transportation

- **Ensure a Safe and Convenient Mobility Tailored to Older Adults:** Systematically designate and improve senior zones around senior leisure facilities, healthcare and welfare facilities, and parks where older adults face a high risk of traffic accidents to create a pedestrian-safe environment; and ensure the stable operation of welfare center circulator buses, particularly in the Sinwol-dong and Mok-dong areas, where access to transportation is limited to improve mobility and access to daily activities for older adults

#### Domain 2: Transportation Initiatives in Yangcheon-gu

| No. | Domain            | Focus Area                      | Department                      | Initiative                                                                                         |
|-----|-------------------|---------------------------------|---------------------------------|----------------------------------------------------------------------------------------------------|
| 1   | 2. Transportation | Safe Transportation Environment | Transportation Division         | Upgrade senior zones (4 senior leisure facilities, 1 healthcare and welfare facility, and 2 parks) |
| 2   |                   |                                 | Yangcheon Senior Welfare Center | Operate circulator buses for senior welfare centers (routes to Sinwol-dong and Mok-dong)           |

### ○ Domain 3: Housing

- **Establish a Stable, Age-Friendly Housing Safety Net:** Promote an age-friendly urban design through meetings of the Age-Friendly City Committee; housing costs and improve housing stability for low-income older adults through the Hope Home Repair Project and the Seoul Housing Voucher (Rental Assistance) Program; support the installation of home safety facilities, such as grab bars and non-slip mats, to help prevent falls; and coordinate home organization and storage services provide by the Kkalkkeumi Senior Volunteer Corps so that older adults can age in place in a safe, healthy, and comfortable living environment

#### Domain 3: Housing Initiatives in Yangcheon-gu

| No. | Domain     | Focus Area                       | Department                      | Initiative                                                                                                                 |
|-----|------------|----------------------------------|---------------------------------|----------------------------------------------------------------------------------------------------------------------------|
| 1   | 3. Housing | Age-Friendly Housing Environment | Architecture Division           | Expand an age-friendly urban design culture                                                                                |
| 2   |            | Safe Housing Environment         | Housing Division                | Operate the Hope Home Repair Project (home repairs and study room improvements)                                            |
| 3   |            |                                  | Housing Division                | Operate the Seoul Housing Voucher (Rental Assistance) Program                                                              |
| 4   |            |                                  | Housing Division                | Improve safe housing environments for older adults (provide grab bars, non-slip mats, etc.)                                |
| 5   |            |                                  | Seo Seoul Senior Welfare Center | Improve housing environments through home organization and storage services (led by the Kkalkkeumi Senior Volunteer Corps) |

### ○ Domain 4: Social Participation

- **Expand Lifelong Learning and Leisure Opportunities and Promote Active Social Participation for a Vibrant Later Life:** Expand lifelong learning opportunities through dementia prevention reading programs, adult literacy education, and the Yangcheon Senior Academy; support active and fulfilling daily lives by offering a variety of cultural and recreational programs, including the Silver Choir, Silver Nanta, and Visiting Youth Theater; strengthen the local leisure infrastructure by improving and renovating senior centers and senior learning centers, providing stable operational support including heating and cooling costs, and expanding tailored leisure programs; and encourage older adults to take leading roles in the community through diverse senior volunteer corps and community activities in areas such as elementary school care, environmental sustainability (ESG), knitting, art, and emotional well-being, while fostering an inclusive, age-friendly culture of social participation across generations through performance presentations and the sharing of best practices

#### Domain 4: Social Participation Initiatives in Yangcheon-gu

| No. | Domain                             | Focus Area                                                                                                                               | Department                             | Initiative                                                                                                                                                          |
|-----|------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | 4. Social Participation            | Leisure Activities for a Vibrant Later Life                                                                                              | Education Division                     | Operate dementia prevention reading programs for older adults (at 5 libraries)                                                                                      |
| 2   |                                    |                                                                                                                                          | Education Division                     | Operate adult literacy classes (at the Lifelong Learning Center)                                                                                                    |
| 3   |                                    |                                                                                                                                          | Culture Division                       | Operate the Yangcheon-gu Silver Choir (hold regular concerts)                                                                                                       |
|     |                                    |                                                                                                                                          | Balgeunnae Senior Welfare Center       | Operate the Balgeunnae Sing Together Choir                                                                                                                          |
| 4   |                                    |                                                                                                                                          | Senior Welfare Division                | Support the operation of the Yangcheon-gu Branch of the Korean Senior Citizens Association (operate senior center programs and support older adults' participation) |
| 5   |                                    |                                                                                                                                          | Senior Welfare Division                | Operate senior classes (support operating expenses and heating/cooling costs for older adults' leisure and welfare facilities)                                      |
| 6   |                                    |                                                                                                                                          | Senior Welfare Division                | Operate the Visiting Youth Theater (provide DVD film screenings at 10 institutions)                                                                                 |
| 7   |                                    |                                                                                                                                          | Senior Welfare Division                | Renovate public senior centers (expand, reconstruct, and renovate Namal and Cheongsol Senior Centers)                                                               |
| 8   |                                    |                                                                                                                                          | Senior Welfare Division                | Support the operation of senior centers (support operating expenses and food subsidies for 155 senior centers)                                                      |
| 9   |                                    |                                                                                                                                          | Senior Welfare Division                | Conduct senior center programs (in partnership with 8 organizations)                                                                                                |
| 10  |                                    |                                                                                                                                          | Local Autonomy Administration Division | Operate tailored senior community center programs                                                                                                                   |
| 11  |                                    |                                                                                                                                          | Local Autonomy Administration Division | Operate the Yangcheon Senior Academy (operate health, general education, humanities, and outdoor learning programs)                                                 |
| 12  |                                    |                                                                                                                                          | Seo Seoul Senior Welfare Center        | Operate community-building programs for local residents (one-day classes, held four times a year)                                                                   |
| 13  |                                    |                                                                                                                                          | Yangcheon Senior Welfare Center        | Operate the Senior Volunteer Corps (Thumbs Up!) (knitting classes)                                                                                                  |
|     |                                    |                                                                                                                                          | Mok-dong Senior Welfare Center         | Operate the Senior Volunteer Corps (Seonbae Citizens) (elementary school after-school care program)                                                                 |
|     |                                    |                                                                                                                                          | Balgeunnae Senior Welfare Center       | Operate the Senior Volunteer Corps (Nanum Ttiat Club) (nail art, saxophone, and ukulele classes)                                                                    |
|     |                                    |                                                                                                                                          | Seo Seoul Senior Welfare Center        | Operate the Senior Volunteer Corps (Singeureoun Volunteer Group)                                                                                                    |
|     | Seo Seoul Senior Welfare Center    | Operate the Senior Volunteer Corps (Geumson Volunteer Group)                                                                             |                                        |                                                                                                                                                                     |
| 14  | Yangcheon Senior Welfare Center    | Operate the Eco-Friendly Volunteer Corps (Hwanta Volunteer Group)                                                                        |                                        |                                                                                                                                                                     |
|     | Balgeunnae Senior Welfare Center   | Operate the Eco-Friendly Volunteer Corps (Senior Eco Leaders)                                                                            |                                        |                                                                                                                                                                     |
| 15  | Korean Senior Citizens Association | Award outstanding senior centers and share best practices                                                                                |                                        |                                                                                                                                                                     |
| 16  | Mok-dong Senior Welfare Center     | Operate the “Canvas of Time” program to promote older adults’ leisure activities and social participation (art creation and mindfulness) |                                        |                                                                                                                                                                     |
|     | Balgeunnae Senior Welfare Center   | Operate the “Drawing the Mind, Connecting Lives” program (emotional well-being program and art activities)                               |                                        |                                                                                                                                                                     |
| 17  | Sinjeong Welfare Center            | Geumdarae Academy (health, educational and cultural, and leisure programs)                                                               |                                        |                                                                                                                                                                     |

| No. | Domain | Focus Area | Department                      | Initiative                                                                                                                |
|-----|--------|------------|---------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| 18  |        |            | Yangcheon Senior Welfare Center | Operate the Healthy GYM program (physical function enhancement program)                                                   |
| 19  |        |            | Seo Seoul Senior Welfare Center | Operate the “New World Project” to help middle-aged adults plan their second act (retirement planning program)            |
| 20  |        |            | Health Subcenter                | Operate Silver Nanta classes                                                                                              |
| 21  |        |            | Seo Seoul Senior Welfare Center | Hold the “Seo Seoul One Family Festival” (program presentations and exhibition)                                           |
| 22  |        |            | Sinmok Welfare Center           | Operate singing classes for older adults                                                                                  |
| 23  |        |            | Mok-dong Welfare Center         | Provide specialized senior services [senior education and cultural program] (operate leisure and recreational activities) |
| 24  |        |            | Mok-dong Senior Welfare Center  | ESG Slow Walking                                                                                                          |

## ○ Domain 5: Respect and Social Integration

- **Foster a Culture of Respect for Older Adults Across All Generations and Ensure a Stable and Dignified Later Life:** Recognize and honor older adults and organizations for their contributions to the community; promote a culture of filial piety by providing filial piety allowances to families caring for parents aged 100 or older; strengthen income security in later life by expanding basic pension support, promote safe mobility through the provision of adult walkers, and encourage senior volunteer activities, including sewing burial shrouds and providing hair and beauty services; and promote intergenerational understanding by operating programs that bring children and older adults together to share traditional culture, thereby fostering a warm, age-friendly community where older adults are respected across generations

### Domain 5: Respect and Social Integration Initiatives in Yangcheon-gu

| No. | Domain                                   | Focus Area                                            | Department                             | Initiative                                                                                                                                                         |
|-----|------------------------------------------|-------------------------------------------------------|----------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | <b>5. Respect and Social Integration</b> | Promoting Respect for Older Adults Across Generations | Senior Welfare Division                | Recognize and honor older adults and organizations for their contributions to the community                                                                        |
|     |                                          |                                                       | Senior Welfare Division                | Provide filial piety allowance (provide allowance to families caring for parents aged 100 or older)                                                                |
| 2   |                                          |                                                       | Senior Welfare Division                | Expand basic pension support for a stable retirement                                                                                                               |
| 3   |                                          |                                                       | Senior Welfare Division                | Provide adult walkers                                                                                                                                              |
| 4   |                                          |                                                       | Local Autonomy Administration Division | Promote senior volunteer activities (sewing burial shrouds and providing hair and beauty services)                                                                 |
| 5   |                                          |                                                       | Yangcheon Senior Welfare Center        | Operate the “Traditional Games Heritage Volunteer Corps” intergenerational program (help young children and older adults learn about traditional culture together) |

## ○ Domain 6: Employment

- **Support Sustainable Economic Participation and Create a Tailored Employment Ecosystem for Older Adults:** Expand tailored public-sector employment opportunities for older adults, including positions as lunch assistants at senior centers and public facility managers; and operate the Village Guardian Silver Volunteer Corps to help maintain clean and welcoming neighborhoods; and support income security and promote active economic participation in later life by expanding private-sector employment opportunities through professional job placement and counseling services, and introducing weekend senior internships for public parking lots in partnership with the Yangcheon-gu Facilities Management Corporation, enabling older adults to apply their skills and experience

**Domain 6: Employment Initiatives in Yangcheon-gu**

| No. | Domain        | Focus Area                                | Department                                     | Initiative                                                                                                                         |
|-----|---------------|-------------------------------------------|------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|
| 1   | 6. Employment | Employment and Expanded Job Opportunities | Senior Welfare Division                        | Expand tailored employment opportunities for older adults (senior center lunch assistants and public facility maintenance support) |
| 2   |               |                                           | Senior Welfare Division                        | Operate the Village Guardian Silver Volunteer Corps (environmental maintenance at community service centers)                       |
| 3   |               |                                           | Yangcheon Senior Welfare Center                | Provide employment placement and counseling services                                                                               |
| 4   |               |                                           | Yangcheon-gu Facilities Management Corporation | Operate weekend senior internships (weekend staffing at public parking lots)                                                       |

## ○ Domain 7: Communication and Information

- **Create a Senior-Friendly Communication Environment and Ensure Equitable Access to Digital Information and Services:** Strengthen the policy advisory system by operating the Age-Friendly City Committee and improve access to public services by providing priority service counters for socially vulnerable residents in government service centers; foster warm, connected communities and bridge generational differences through intergenerational exchange programs and the Shintong Bangtong Village Festival, and provide timely information through the *Senior Plus* newsletter; and promote digital inclusion by offering tailored digital literacy education and information technology programs through the Yangcheon Senior Digital Education Center, while introducing AI welfare services to monitor the well-being of older adults in need of care, thereby creating a smart, age-friendly environment where older adults remain connected and have equitable access to information and services

### Domain 7: Public Communication and Information Initiatives in Yangcheon-gu

| No. | Domain                           | Focus Area                      | Department                       | Initiative                                                                                                                   |
|-----|----------------------------------|---------------------------------|----------------------------------|------------------------------------------------------------------------------------------------------------------------------|
| 1   | 7. Communication and Information | Age-Friendly City Awareness     | Senior Welfare Division          | Operate the Age-Friendly City Committee (review and advise on matters related to Age-Friendly City initiatives)              |
| 2   |                                  | Age-Friendly Communication      | Civil Petition Passport Division | Operate priority service counters for older adults and other vulnerable groups (handle complaints and inquiries)             |
| 3   |                                  |                                 | Balgeunnae Senior Welfare Center | Operate the “Generation Empathy” intergenerational program (promote communication across generations)                        |
| 4   |                                  |                                 | Seo Seoul Senior Welfare Center  | Operate an intergenerational program to promote interaction among generations in Sinwol-dong                                 |
|     |                                  |                                 | Seo Seoul Senior Welfare Center  | Hold the “Shintong Bangtong Village Festival” (a neighborhood festival involving the welfare center and local residents)     |
| 5   |                                  | Timely Provision of Information | Public Relations Division        | Provide practical information through Yangcheon-gu’s newsletter for older adults (publish the <i>Senior Plus</i> newsletter) |
| 6   |                                  |                                 | Yangcheon Senior Welfare Center  | Operate the Yangcheon Senior Digital Education Center                                                                        |
|     |                                  |                                 | Balgeunnae Senior Welfare Center | Provide digital literacy education                                                                                           |
|     |                                  |                                 | Seo Seoul Senior Welfare Center  | Operate the “App-grade Your Daily Life” program                                                                              |
|     |                                  |                                 | Mok-dong Senior Welfare Center   | Strengthen older adults’ digital capabilities                                                                                |
| 7   |                                  |                                 | Mok-dong Senior Welfare Center   | Introduce AI welfare assistants (AI-powered well-being and safety checks for vulnerable older adults)                        |

### ○ Domain 8: Community and Health Care

- Strengthen a Comprehensive Health and Medical Care Infrastructure Centered on Older Adults and Establish an Integrated, Personalized Care System with No Gaps in Service: Strengthen the early detection, treatment, and management of depression and dementia through the Mental Health Welfare Center and the Dementia Relief Center, and support systematic self-management of health through frailty prevention programs, body composition assessments, metabolic syndrome management, and one-stop health screenings; promote healthy eating habits and physical well-being through programs such as the nutrition class for men, Korean medicine-based dementia prevention, oral health services, and nutrition education for chronic disease management, while supporting psychological well-being and dignified end-of-life planning through art and autobiography programs, advance statements on life-sustaining treatment, and advance care planning registration, and protect the rights and well-being of older adults living in residential care facilities through human rights protection programs and the operation of long-term care service providers; and support independent, healthy aging in the communities where older adults have long lived through home-based health management services, denture and dental implant support, nutritious drink delivery for older adults living alone, senior dining facilities and prepared side-dish delivery services, and the integration of IoT-enabled smart care, case management, and community care programs

### Domain 8: Community and Health Care Initiatives in Yangcheon-gu

| No. | Domain                          | Focus Area                                                                | Department                                                                                                                                              | Initiative                                                                                                                                                                             |
|-----|---------------------------------|---------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | 8. Community and Health Care    | Improved Access to Healthcare Facilities                                  | Medicine Division                                                                                                                                       | Operate the Mental Health Welfare Center to prevent depression among older adults (conduct depression screenings and provide services to high-risk individuals)                        |
| 2   |                                 |                                                                           | Medicine Division                                                                                                                                       | Operate the Dementia Relief Center to strengthen the dementia response system (provide early dementia screenings and counseling and operate a respite center for people with dementia) |
| 3   |                                 |                                                                           | Mok-dong Senior Welfare Center                                                                                                                          | Operate a frailty prevention program (conduct simplified physical performance assessments and frailty screenings)                                                                      |
| 4   |                                 |                                                                           | Hanbit Welfare Center                                                                                                                                   | Operate the Senior Well-Being School (provide a depression reduction program)                                                                                                          |
|     |                                 |                                                                           | Seo Seoul Senior Welfare Center                                                                                                                         | Provide tailored care services for older adults to encourage social participation                                                                                                      |
| 5   |                                 | Services for Healthy Aging                                                | Health Subcenter                                                                                                                                        | Operate the “Less Sodium, Better Health!” nutrition class for men (provide healthy eating education and healthy meal preparation classes)                                              |
|     |                                 |                                                                           | Health Subcenter                                                                                                                                        | Provide nutrition education to promote healthy eating among older adults (provide proper nutrition information to help prevent muscle loss)                                            |
| 6   |                                 |                                                                           | Health Subcenter                                                                                                                                        | Operate the “Laughter Is the Best Medicine” health class (strength training and health education programs)                                                                             |
| 7   |                                 |                                                                           | Medicine Division                                                                                                                                       | Operate the Korean Medicine-based Dementia Health Promotion Program (support program operating expenses for Korean medicine clinics serving older adults with cognitive decline)       |
| 8   |                                 |                                                                           | Medicine Division                                                                                                                                       | Provide fluoride treatments and oral health services for older adults                                                                                                                  |
| 9   |                                 |                                                                           | Regional Health Division                                                                                                                                | Operate mobile exercise and cognitive health programs for older adults (operate cognitive health programs and conduct physical fitness assessments)                                    |
| 10  |                                 |                                                                           | Regional Health Division                                                                                                                                | Operate the “Senior Health Companion” program (provide and coordinate health counseling, home-based rehabilitation, and nutrition support services)                                    |
| 11  |                                 |                                                                           | Yangcheon Senior Welfare Center                                                                                                                         | Operate the “Sonagi” well-dying program                                                                                                                                                |
|     |                                 |                                                                           | Seo Seoul Senior Welfare Center                                                                                                                         | Operate the “A Happy Life, a Beautiful Farewell” well-dying program                                                                                                                    |
|     |                                 |                                                                           | Mok-dong Senior Welfare Center                                                                                                                          | Operate the “Golden Aging” well-dying program                                                                                                                                          |
| 12  | Seo Seoul Senior Welfare Center |                                                                           | Operate the “Health Plus” self-care program for older adults (conduct body composition assessments and exercise programs using small fitness equipment) |                                                                                                                                                                                        |
| 13  | Seo Seoul Senior Welfare Center |                                                                           | Operate the “Ondol Room” dementia prevention program                                                                                                    |                                                                                                                                                                                        |
|     | Seo Seoul Senior Welfare Center |                                                                           | Operate the “Memory through the Five Senses” cognitive enhancement program                                                                              |                                                                                                                                                                                        |
|     | Mok-dong Senior Welfare Center  |                                                                           | Operate the “Cheer Up” dementia prevention program                                                                                                      |                                                                                                                                                                                        |
| 14  | Yangcheon Senior Welfare Center |                                                                           | Operate the “Ginkgo Tree” leisure and health support program for advanced-age older adults (hold art exhibitions)                                       |                                                                                                                                                                                        |
| 15  | Mok-dong Senior Welfare Center  | Support the completion of advance statements on life-sustaining treatment |                                                                                                                                                         |                                                                                                                                                                                        |

| No. | Domain                       | Focus Area                                                 | Department                      | Initiative                                                                                                                                                                    |
|-----|------------------------------|------------------------------------------------------------|---------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|     | 8. Community and Health Care | Services for Healthy Aging                                 | Seo Seoul Senior Welfare Center | Operate an advance statement registration institution                                                                                                                         |
| 16  |                              |                                                            | Mok-dong Senior Welfare Center  | Provide one-stop health screenings (19 specialized health screenings and counseling services)                                                                                 |
| 17  |                              |                                                            | Yangcheon Senior Welfare Center | Operate the “Metabolic Health 365” program (for metabolic syndrome management)                                                                                                |
| 18  |                              |                                                            | Seo Seoul Senior Welfare Center | Operate an autobiography program to improve ego integrity among older women with moderate to severe depression                                                                |
| 19  |                              |                                                            | Seo Seoul Senior Welfare Center | Operate the “Lightly Seasoned Table” nutrition and disease management program for older adults with chronic conditions (operate health and nutrition programs)                |
|     |                              |                                                            | Seo Seoul Senior Welfare Center | Operate the “Healthy Living Tailored for You” health and nutrition management program for low-income older adults                                                             |
| 20  |                              | Care for Older Adults in Residential Care Facilities       | Senior Welfare Division         | Operate human rights protection programs for older adults in residential care facilities (monitor human rights practices and provide counseling to facility staff and others) |
| 21  |                              |                                                            | Senior Welfare Division         | Operate long-term care service providers offering institutional and home- and community-based benefits                                                                        |
| 22  |                              | Operate a community-based care for vulnerable older adults | Regional Health Division        | Provide home-based health management services for older adults (make regular home visits and provide health management services)                                              |
| 23  |                              |                                                            | Integrated Care Division        | Support dentures and dental implants for older Medical Aid recipients (register participants with medical institutions and send informational notices)                        |
| 24  |                              |                                                            | Welfare Policy Division         | Provide nutritious drinks to monitor the well-being of older adults living alone (delivery personnel visit three times a week to deliver the drinks)                          |
| 25  |                              |                                                            | Integrated Care Division        | Provide tailored care services for low-income older adults living alone (housekeeping assistance, accompaniment on outings, and companionship services)                       |
| 26  |                              |                                                            | Senior Welfare Division         | Operate senior dining facilities (provide meal and prepared side-dish delivery services)                                                                                      |
| 27  |                              |                                                            | Integrated Care Division        | Provide smart care for older adults living alone using IoT (monitor their safety using passive, contactless sensors)                                                          |
| 28  |                              |                                                            | Seo Seoul Senior Welfare Center | Provide case management services (support the social functioning and recovery of older adults receiving care and their families)                                              |
| 29  |                              |                                                            | Seo Seoul Senior Welfare Center | Operate a community care program (provide relationship-building and communication education, free health screenings, and open small-group activities)                         |

## 2. Phased Plan

### **Phase 1 (2026): Establish the Foundation for the Cycle 3 Age-Friendly City**

- **Key Objective:** Finalize detailed implementation tasks across the WHO's eight domains for membership in and Cycle 3 certification as an Age-Friendly City; establish an interdepartmental framework for coordinated implementation
- **Implementation Direction:** Identify age-friendly environments and facilities that align with the key priorities of Yangcheon-gu's 9th elected administration and make daily life more convenient for older adults

### **Phase 2 (2027–2029): Advance Age-Friendly City Initiatives**

- **Key Objective:** Fully implement the initiatives finalized for each domain in Phase 1; expand tailored welfare services to meet the needs of the growing older population and respond to conditions on the ground
- **Implementation Direction:** Hold regular annual meetings of the Age-Friendly City Committee; actively incorporate feedback from the Monitoring Group; continuously improve policy quality so that residents can experience tangible benefits in their daily lives

### **Phase 3 (2030): Complete Yangcheon-gu's Leading Age-Friendly City Model**

- **Key Objective:** Firmly establish throughout the community a distinctive and sustainable age-friendly model unique to Yangcheon-gu
- **Implementation Direction:** Carefully assess the effectiveness of implemented initiatives based on actual outcomes and resident satisfaction data; complete a sustainable system that enables Yangcheon-gu to prepare comprehensively for the coming super-aged society