

San Rafael City Council

Age-Friendly San Rafael

Context

- ▶ **San Rafael Age-Friendly Task Force Members**
 - ▶ Chris Asimos, Caran Cuneo, Gail Gifford, Linda Jackson, Salamah Locks, Diana López, Patty McCulley, Susie Pollak, and Sparkie Spaeth
- ▶ **Process**
 - ▶ In 2017, the San Rafael Age-Friendly Task Force in partnership with the City of San Rafael applied to become and became part of the World Health Organization (WHO) and the American Association of Retired Persons (AARP) network of Age-Friendly Cities and Communities.
 - ▶ In 2018, the Task Force received matching Grant Funds from the Marin County Department of Health and Human Services and the City of San Rafael to support the development of a strategic plan.
 - ▶ In 2018 - 2019, the Task Force completed key informant interviews with City of San Rafael officials and a survey of city residents.
- ▶ **Next Steps - March - June 2020**
 - ▶ Focus Groups
 - ▶ Writing the Plan

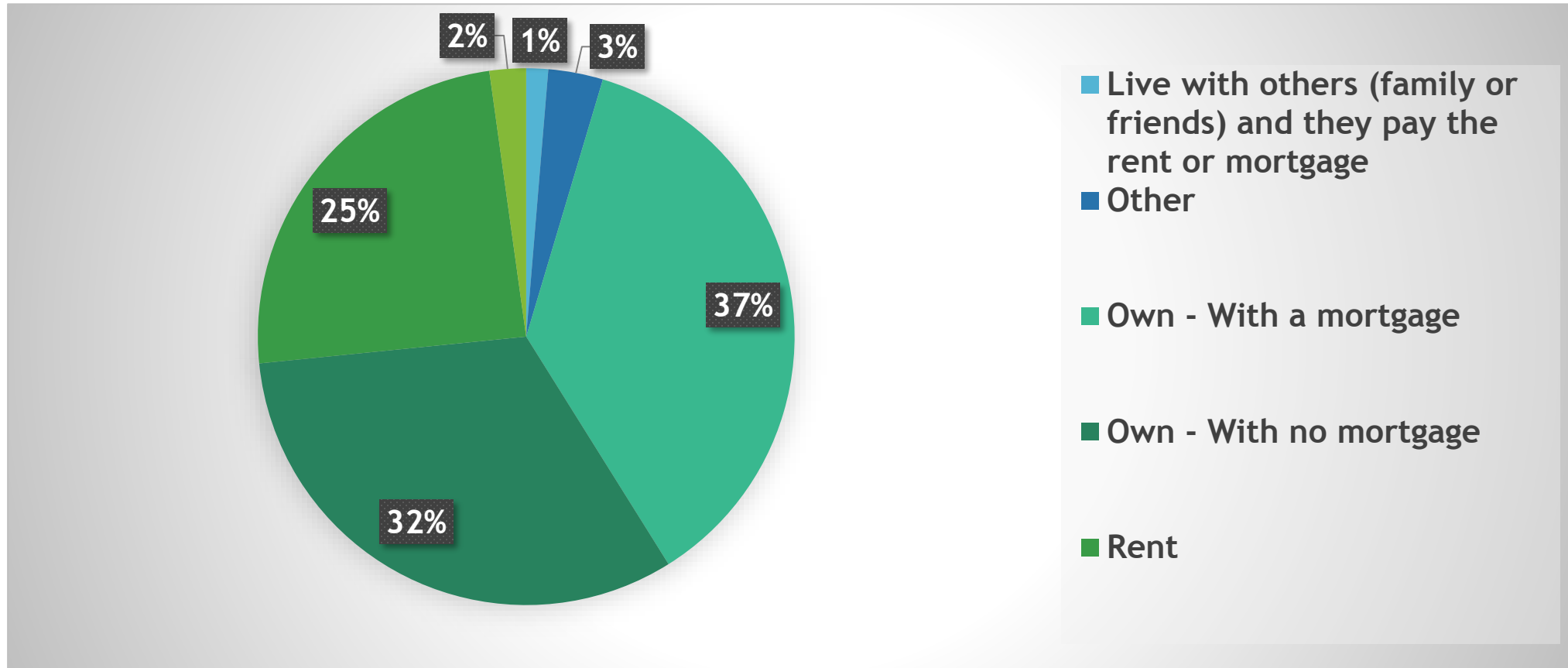
Key Informant Interviews

- Christopher Gray, Chief, San Rafael Fire Department
- Bill Guerin, Director of Public Works
- Susan Andrade-Wax, Director of Library & Recreation
- Diana Bishop, Chief, San Rafael Police Department
- Henry Bankhead, Assistant Library & Recreation Director, City Librarian

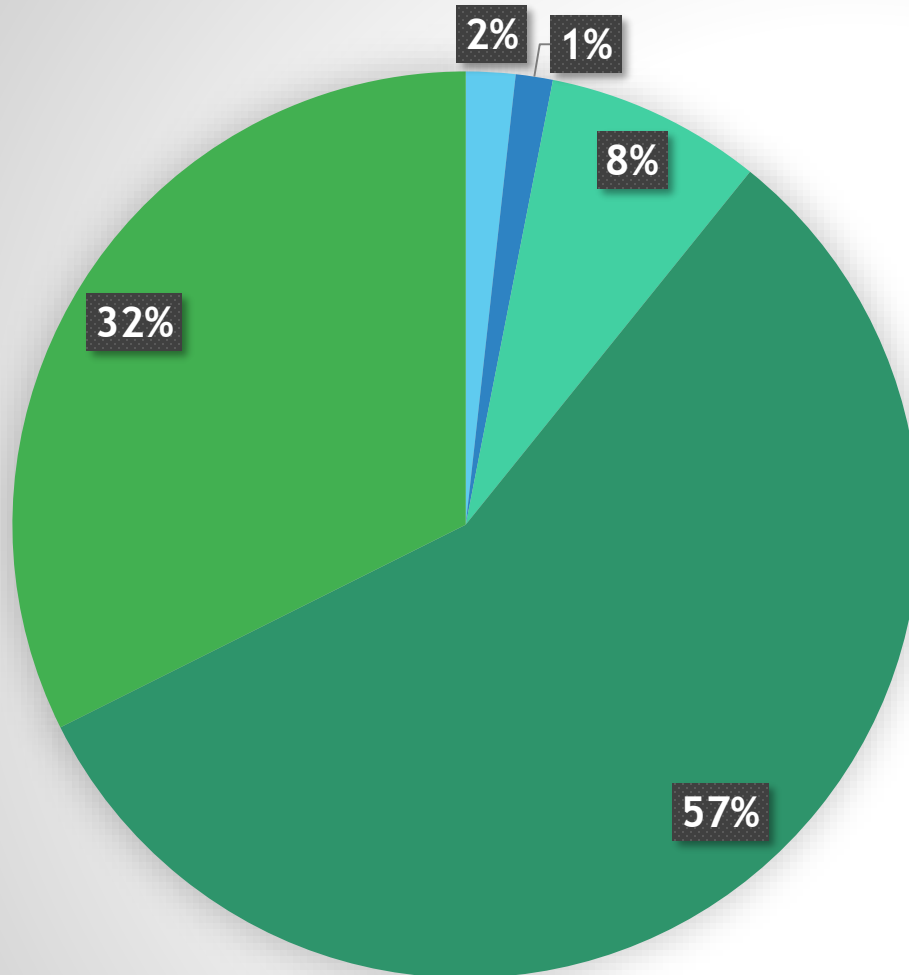
Survey Results

An Overview

Do you own or rent your primary residence?



What type of residence is your primary home?



■ In-law or cottage unit

■ Mobile home

■ Other

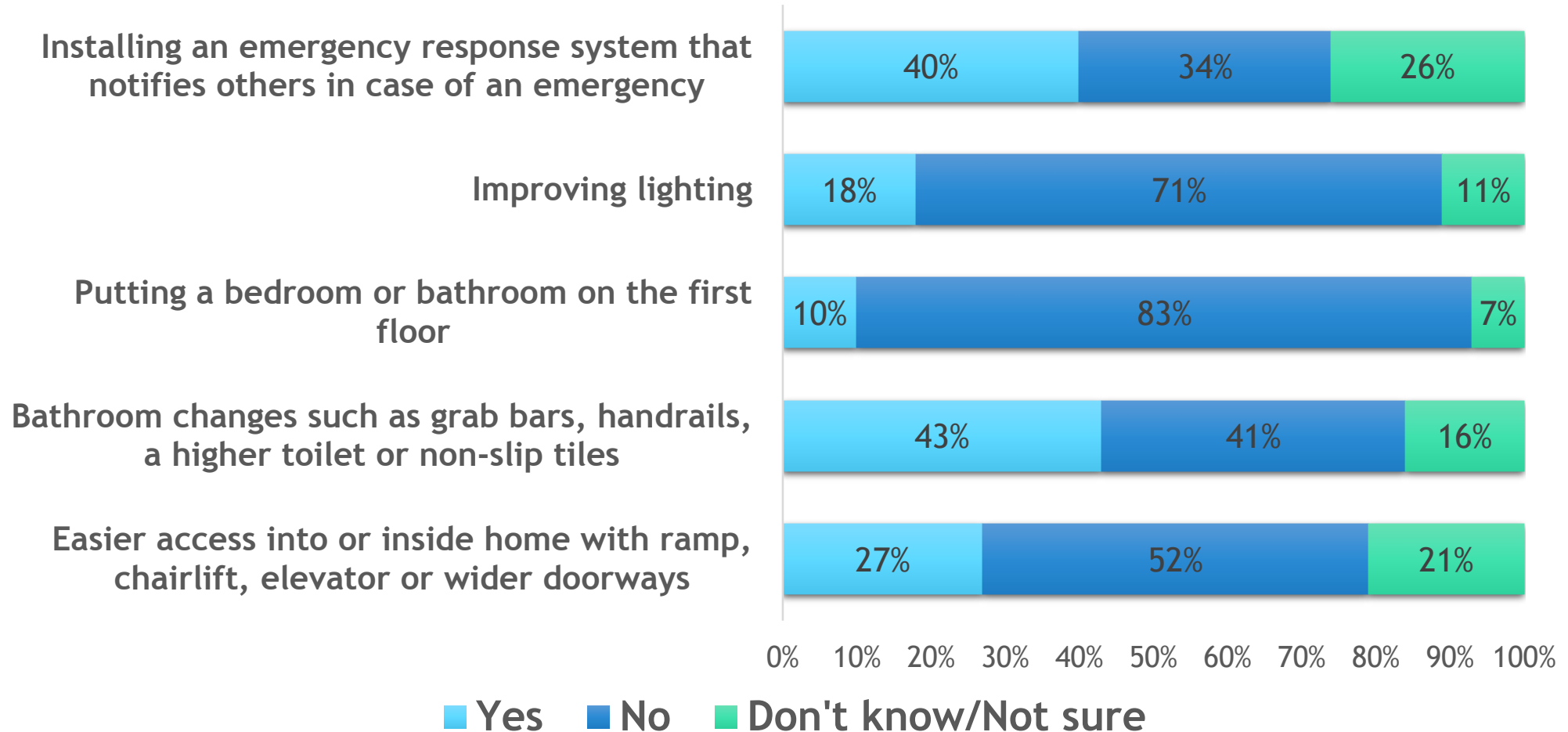
■ Single family home

■ A multi-unit building such as a townhome, duplex, condo, coop or apartment

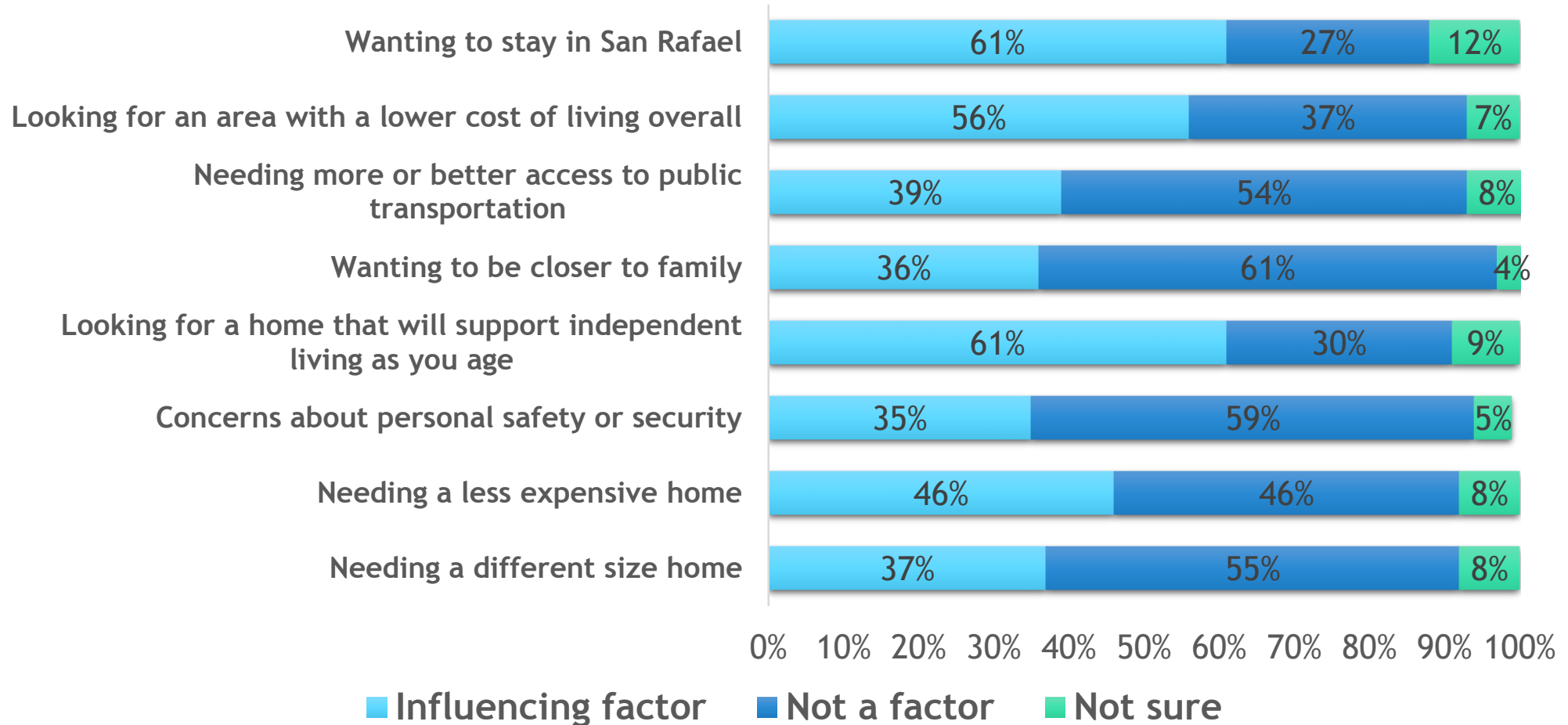
Common "other" responses:

- Retirement community/senior housing (13)
- Assisted living (3)

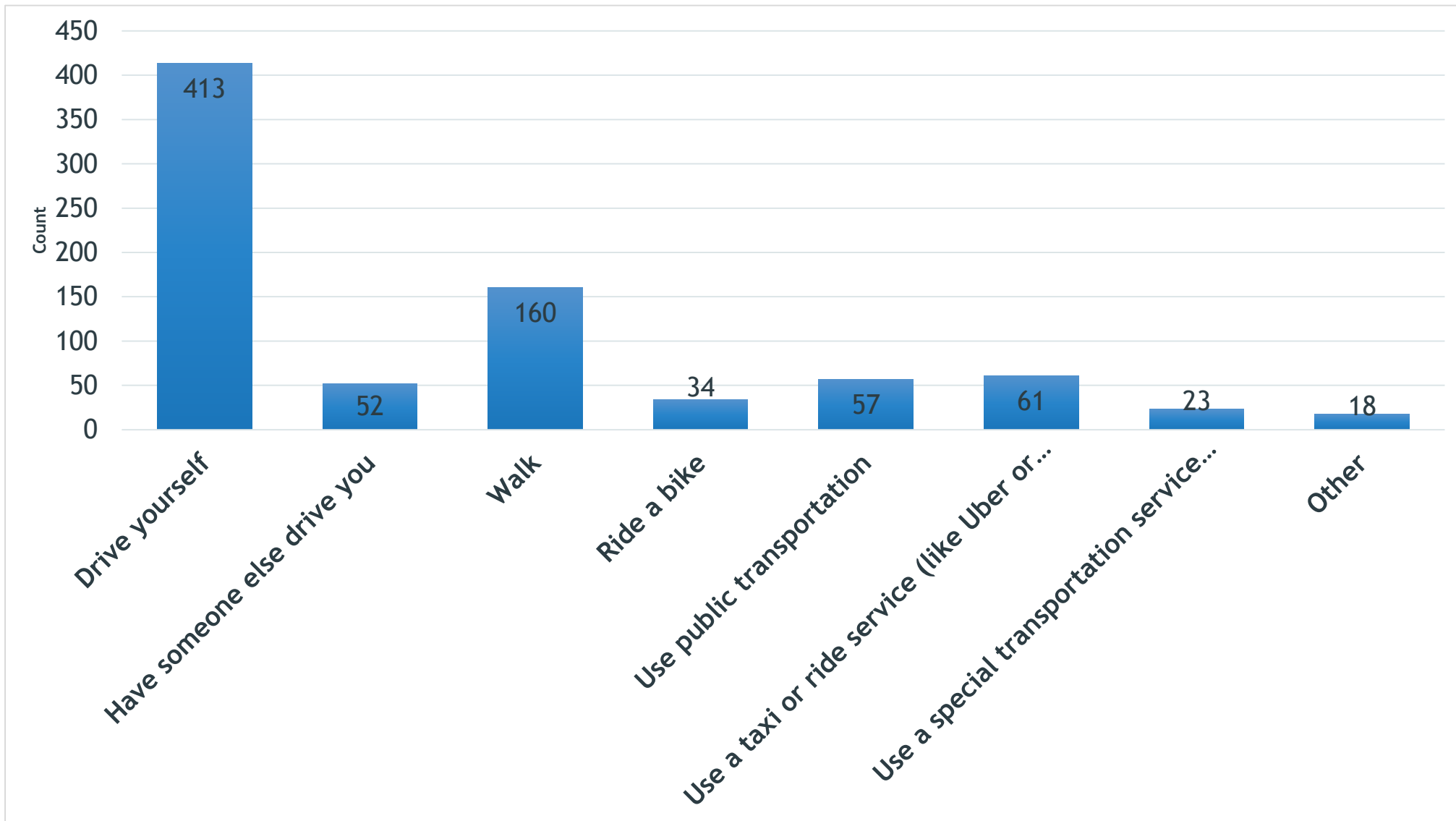
If you plan to stay in your current home, do you think you will need changes to allow you to stay there as you age?



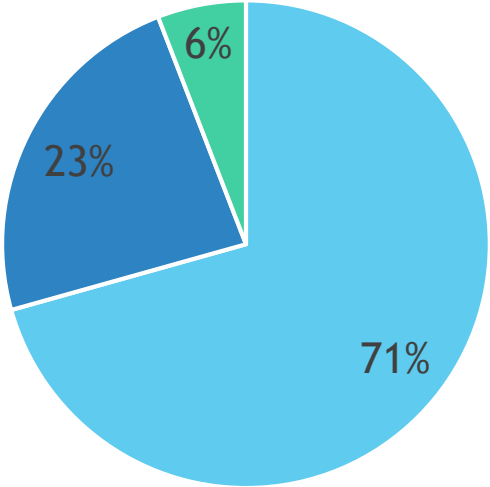
If you were to consider moving, which of the following factors would impact your decision to move?



How do you get around for things like shopping, visiting the doctor, running errands or socializing?



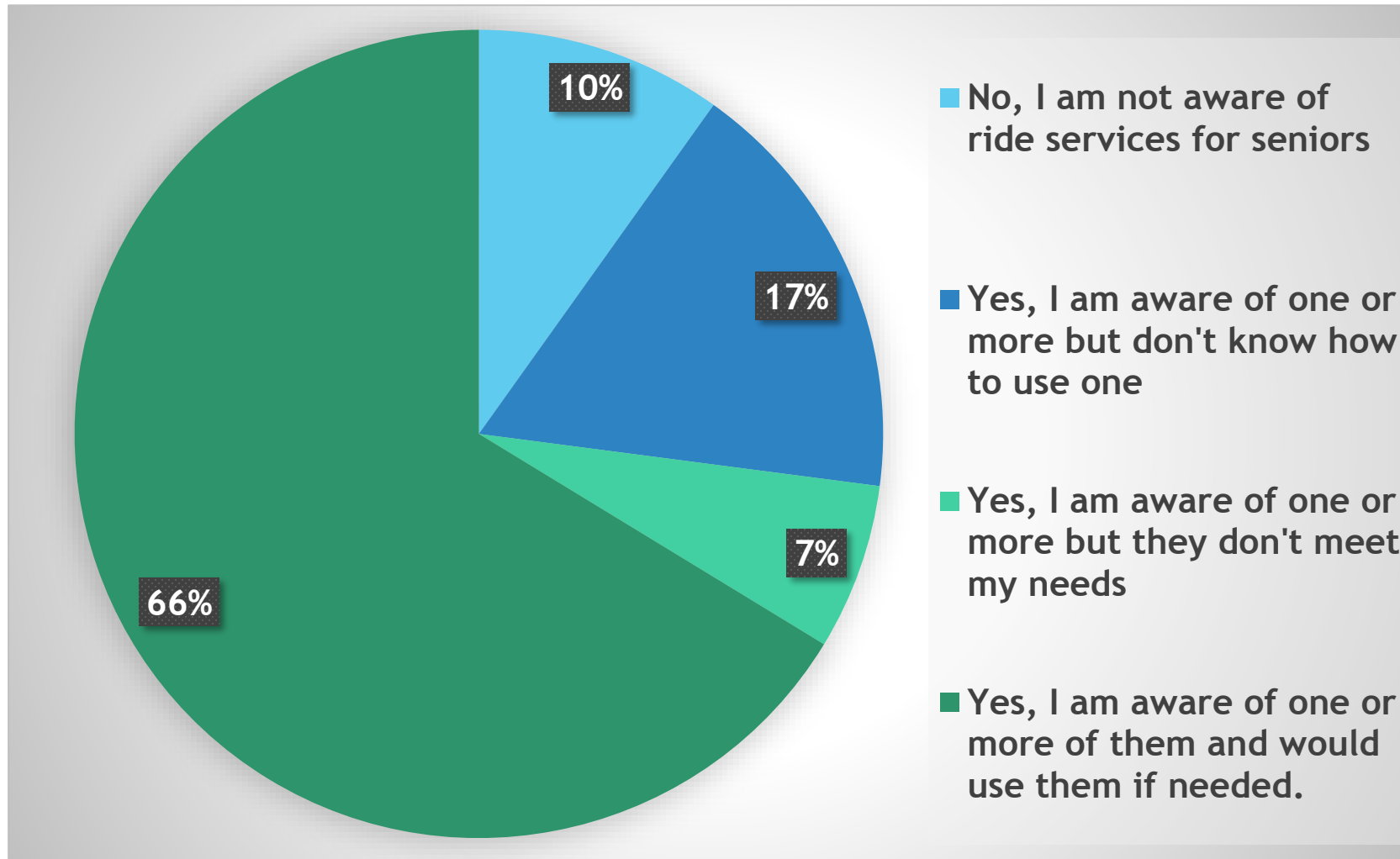
In the past year, how many times have you fallen down?



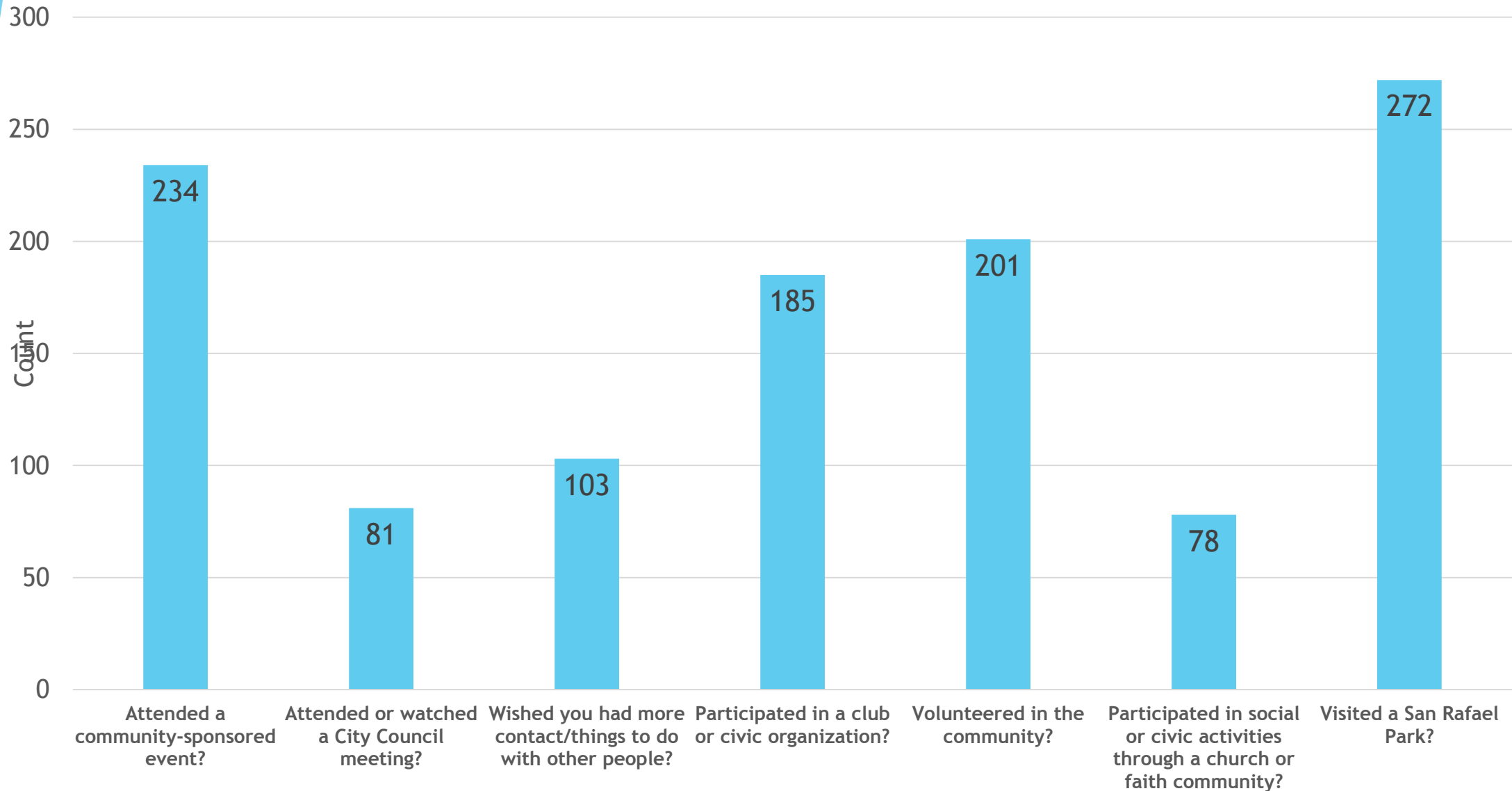
■ I have not fallen ■ Once or twice ■ More than twice

Response	Count	Percentage
I have not fallen	325	70.65%
Once or twice	108	23.48%
More than twice	27	5.87%
Total	460	100%

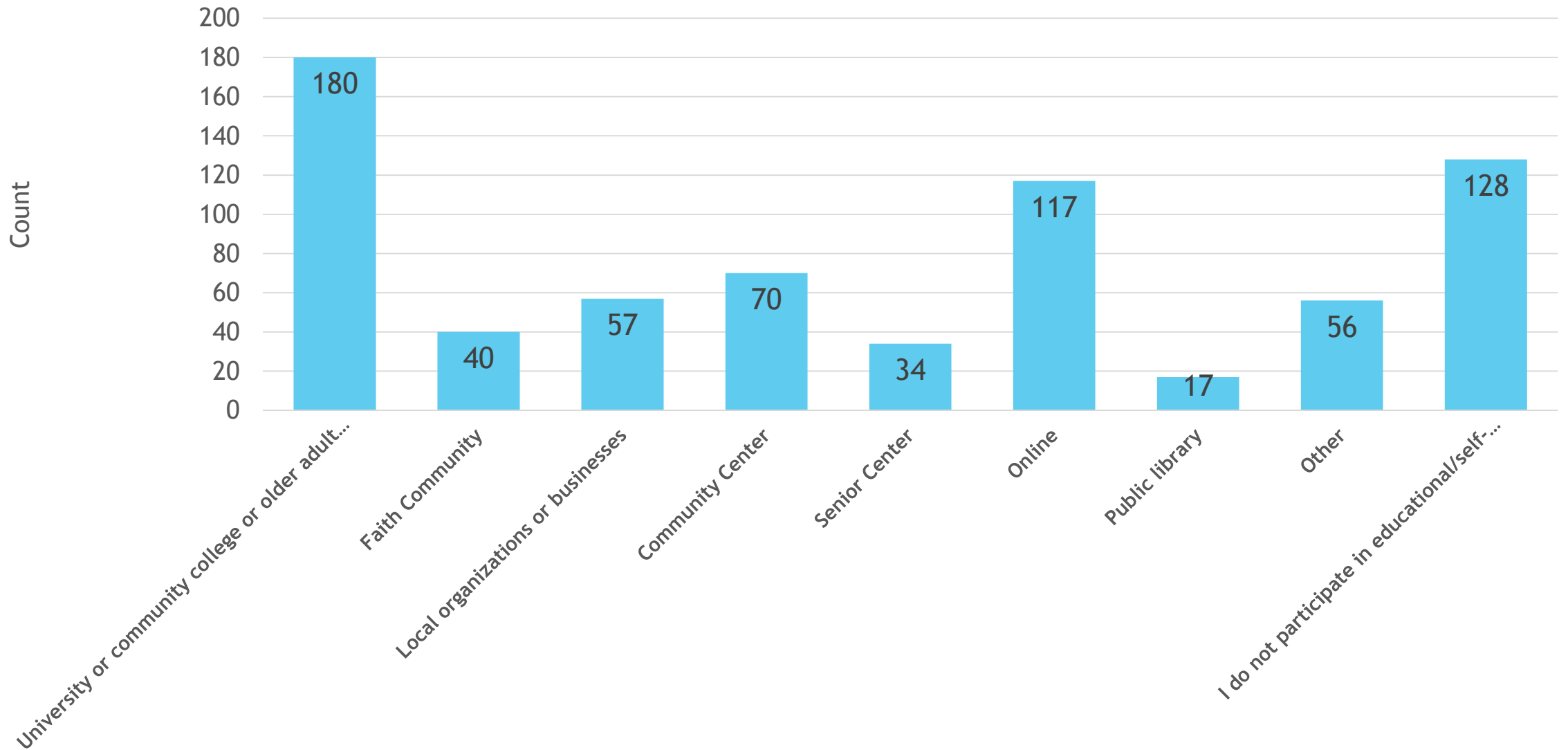
Are you aware of specialized ride services for seniors from organizations like San Rafael Village, Whistlestop, CarePool, Cancer Association, or Marin Access?



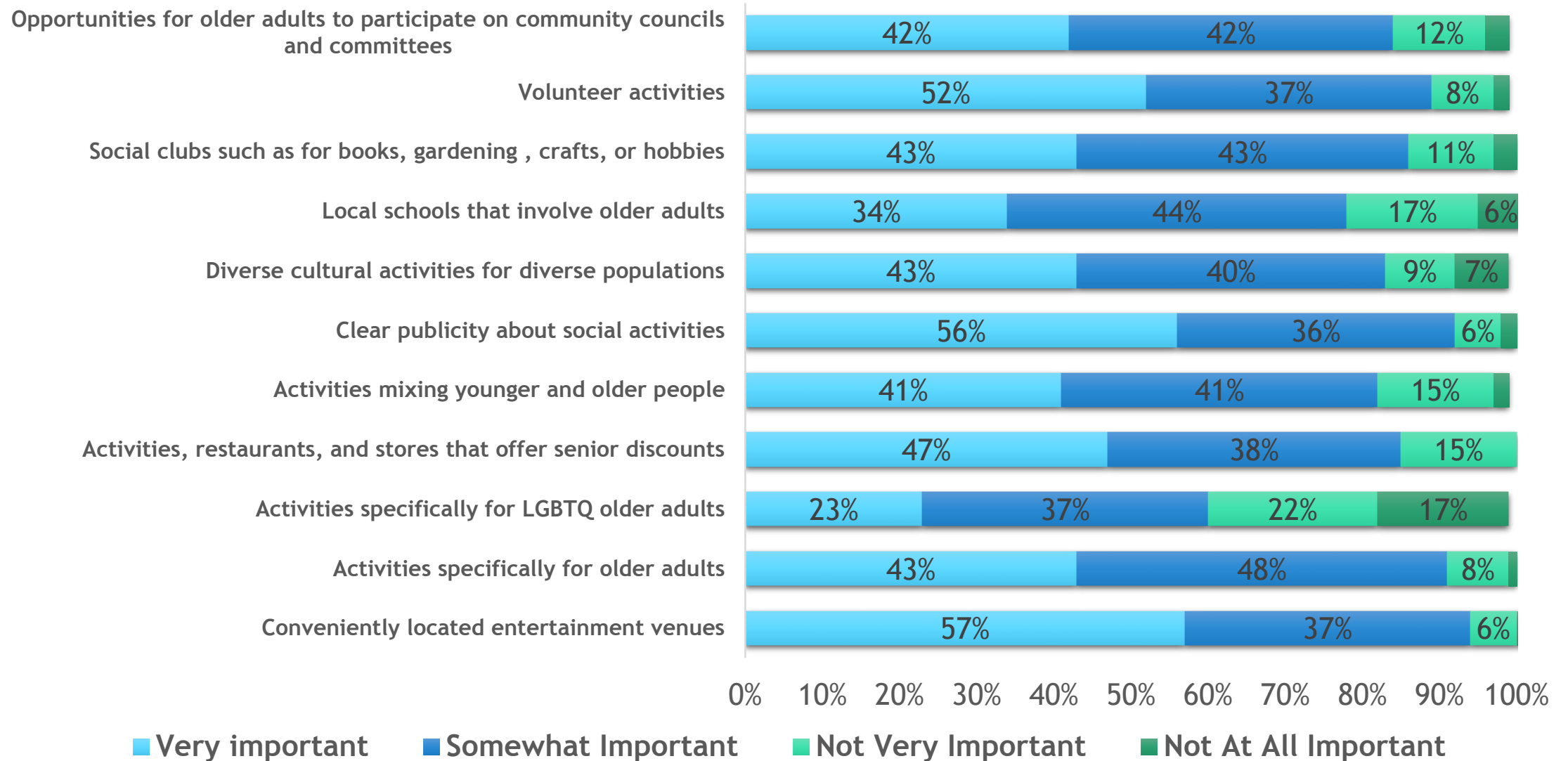
In the past twelve months have you:



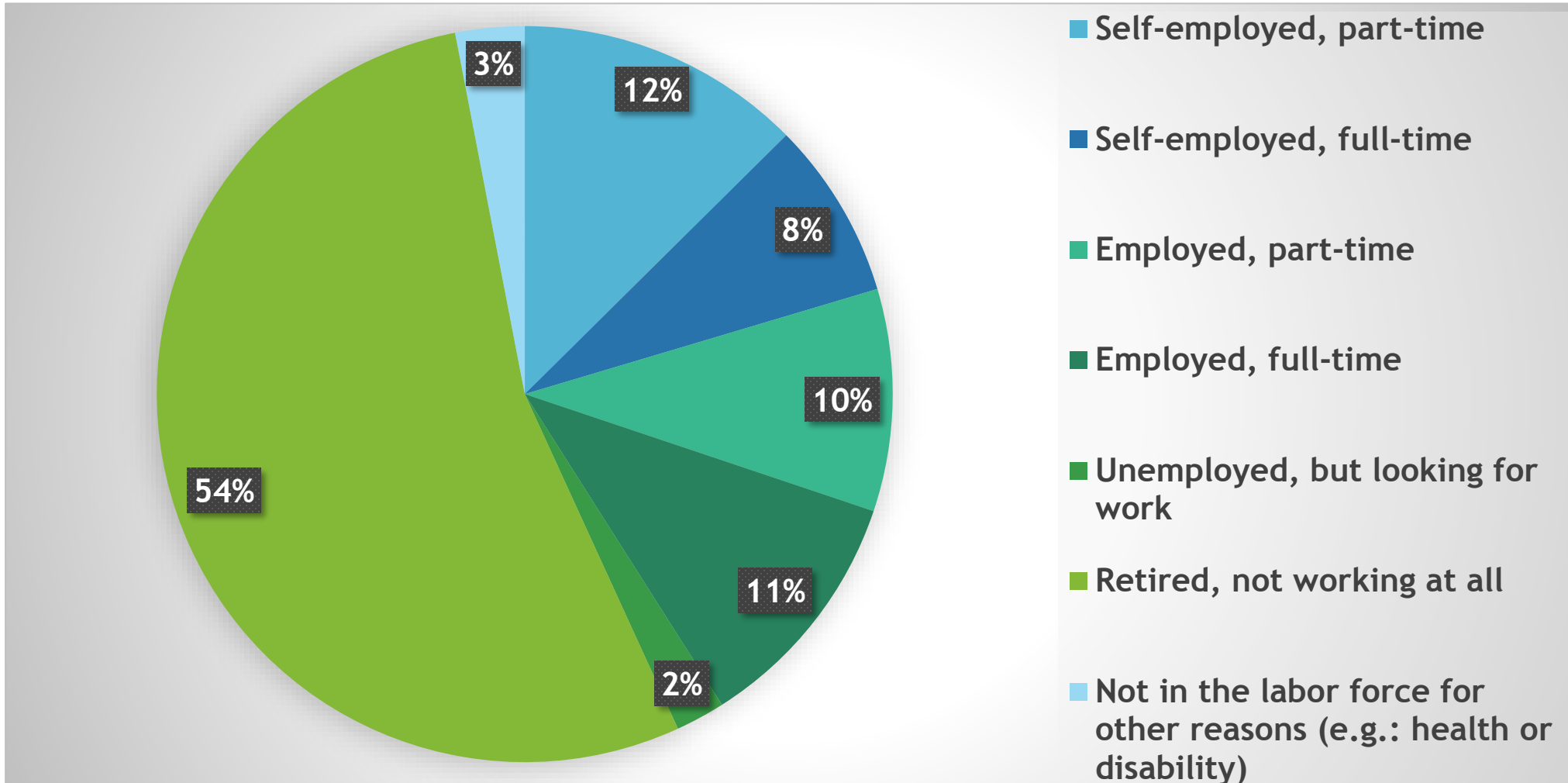
Where do you typically go for continuing education or self-improvement classes and workshops in your community?



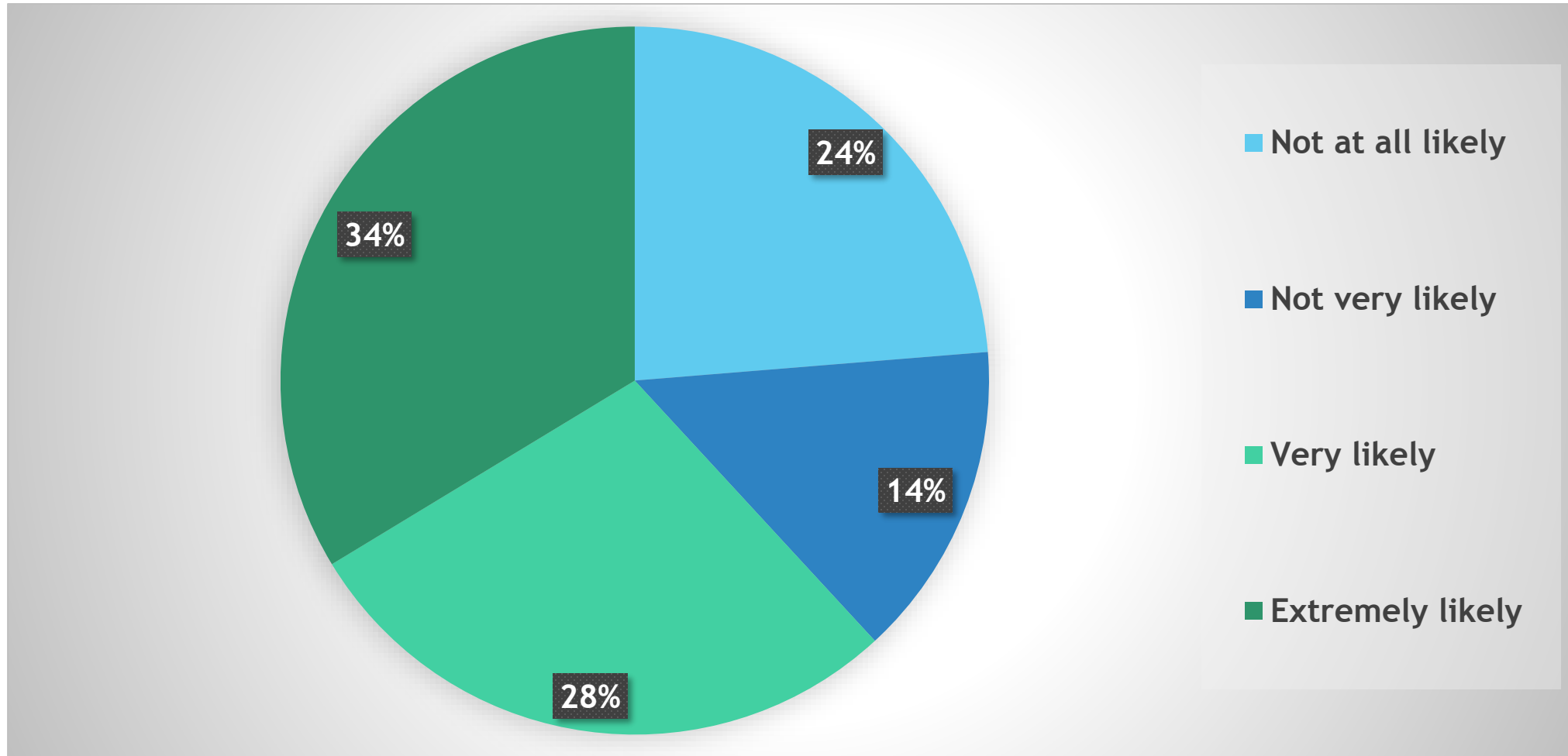
How important do you think it is to have the following in your community?



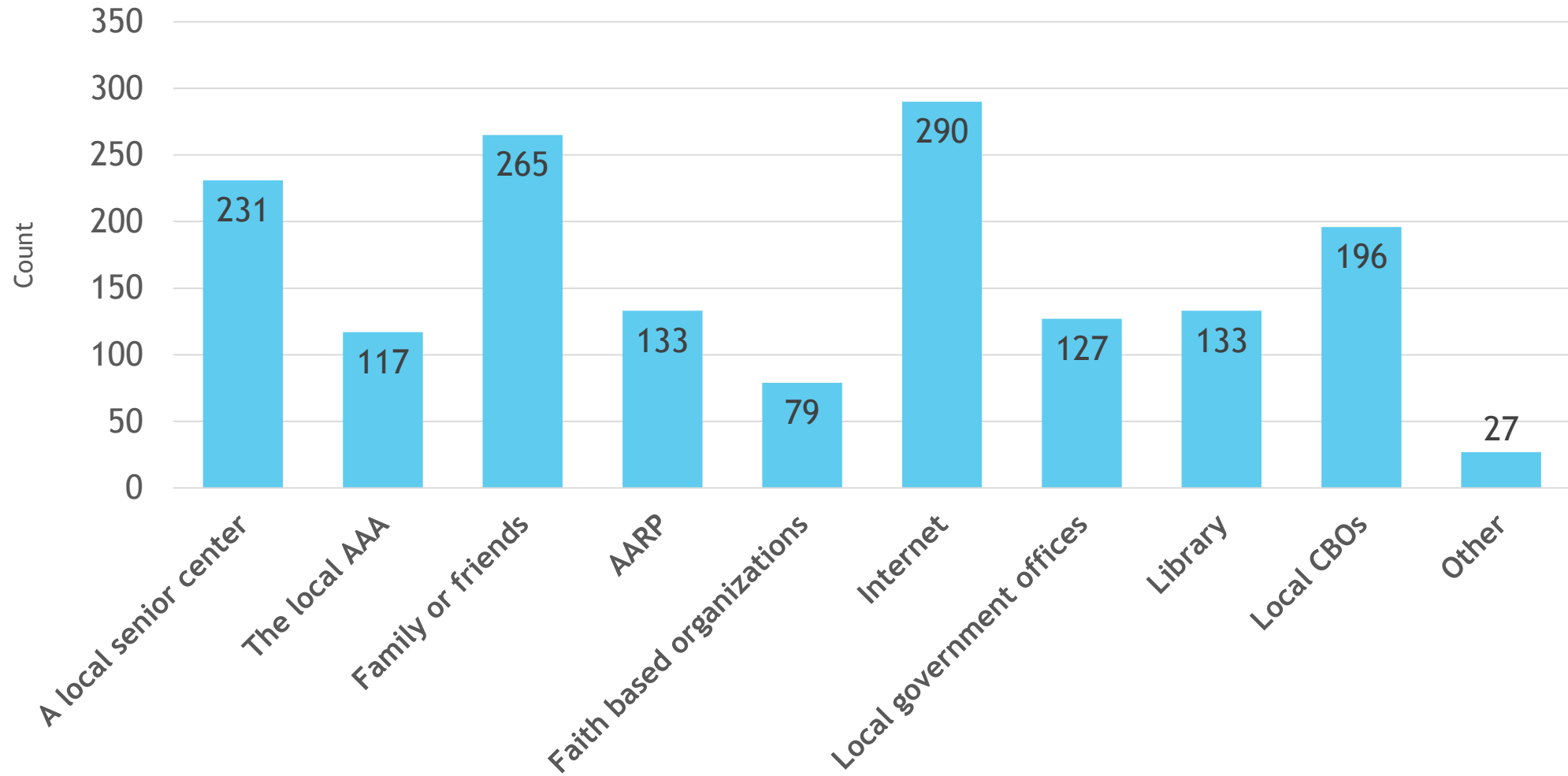
Which of the following best describes your current employment status?



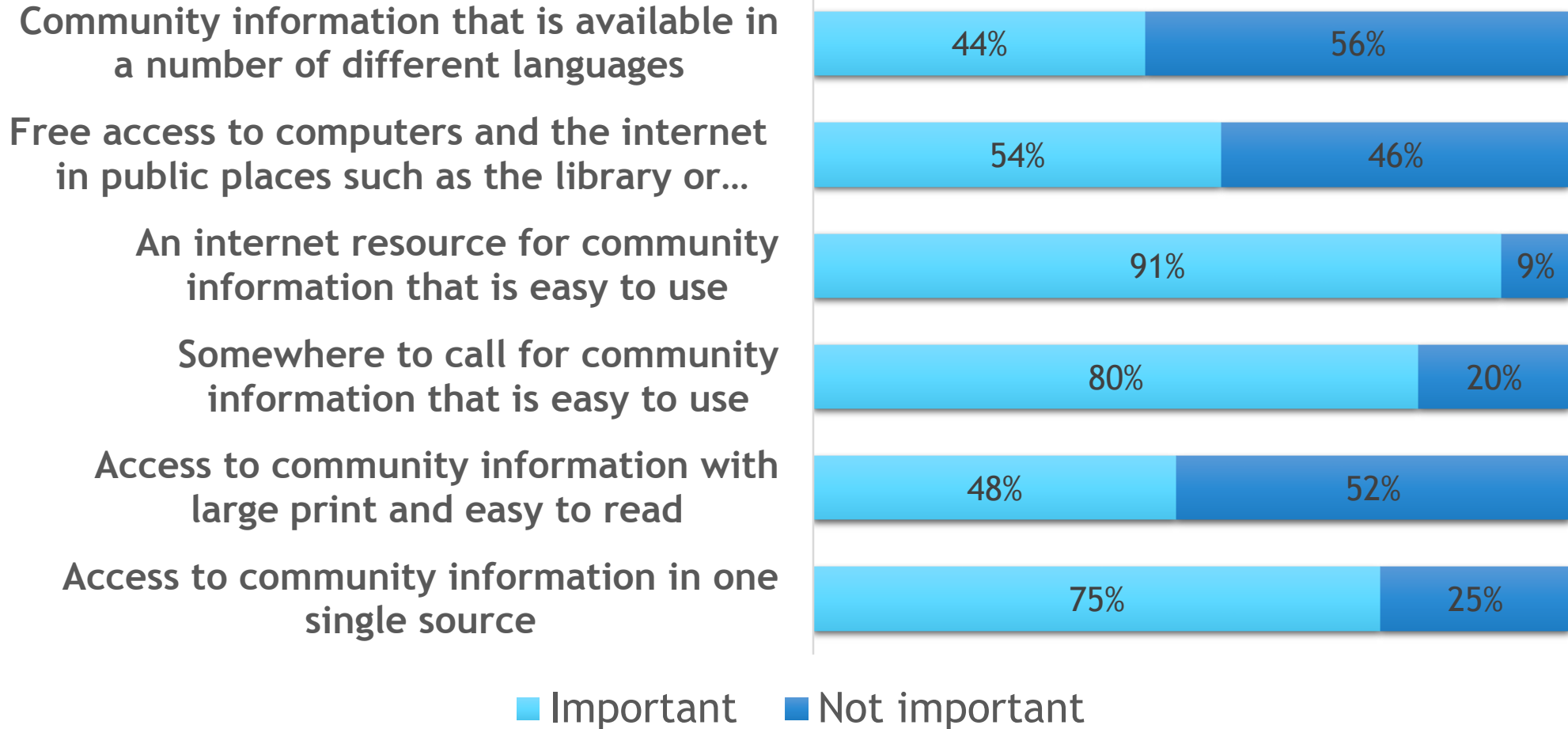
If you are looking for work, how likely is it that you will work for as long as possible rather than choosing to retire?



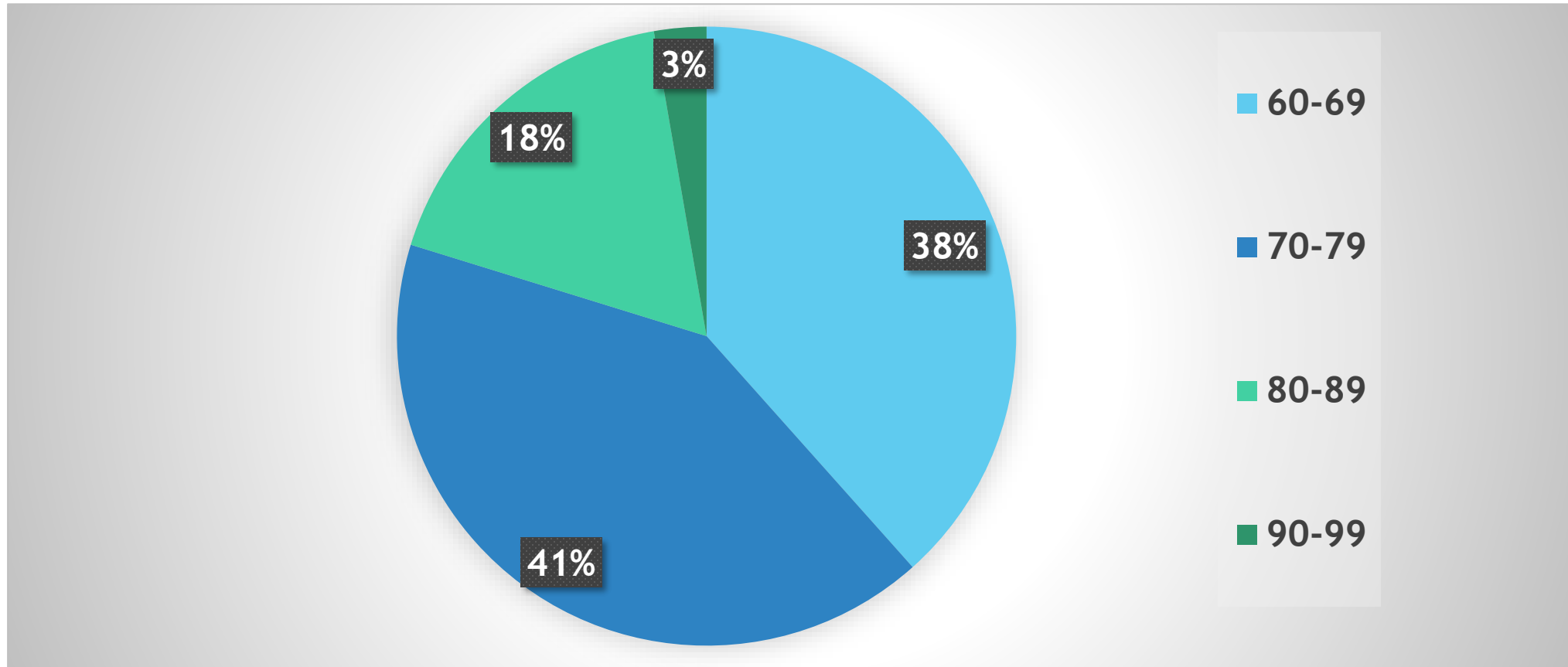
Where would you turn if you, a family member or friend needed information about older adult services such as caregiving, home delivered meals, home repair, medical transportation or social activities?



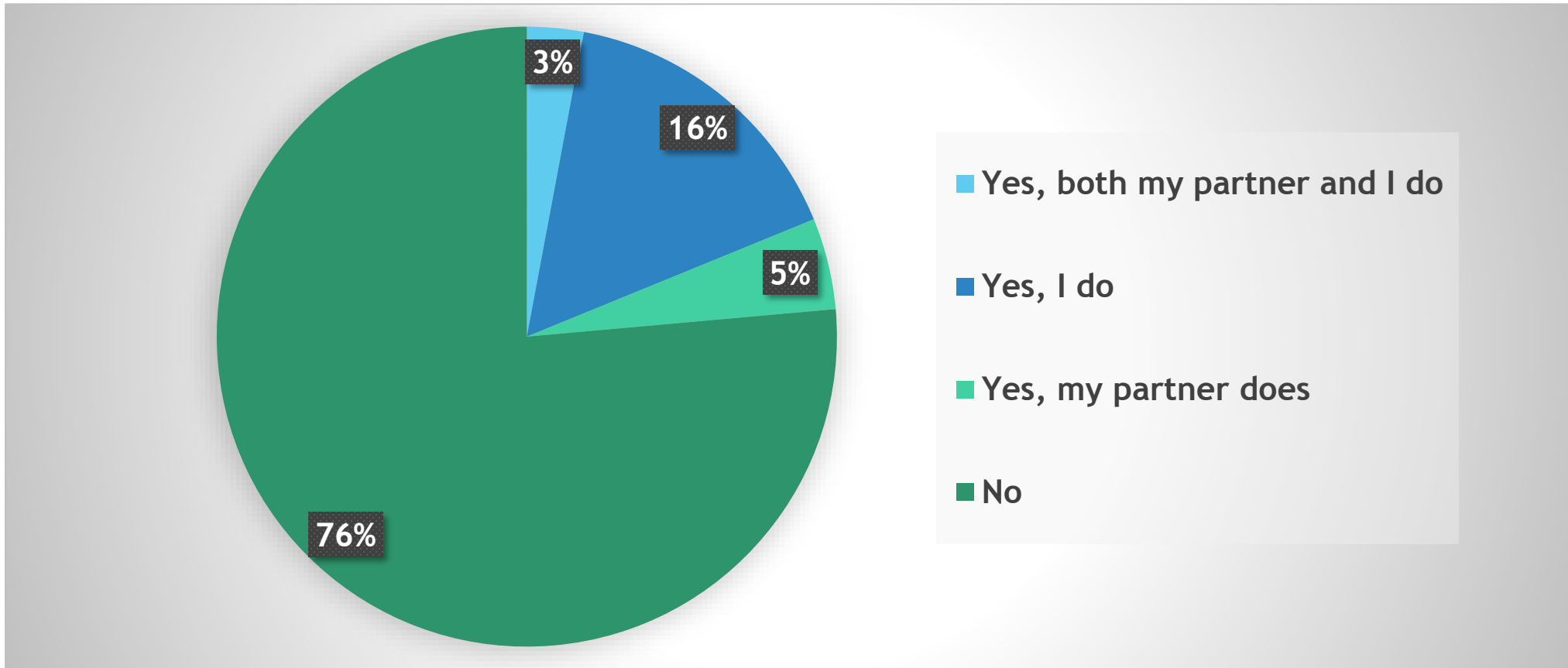
How important are the following to you?



What is your age as of your last birthday?

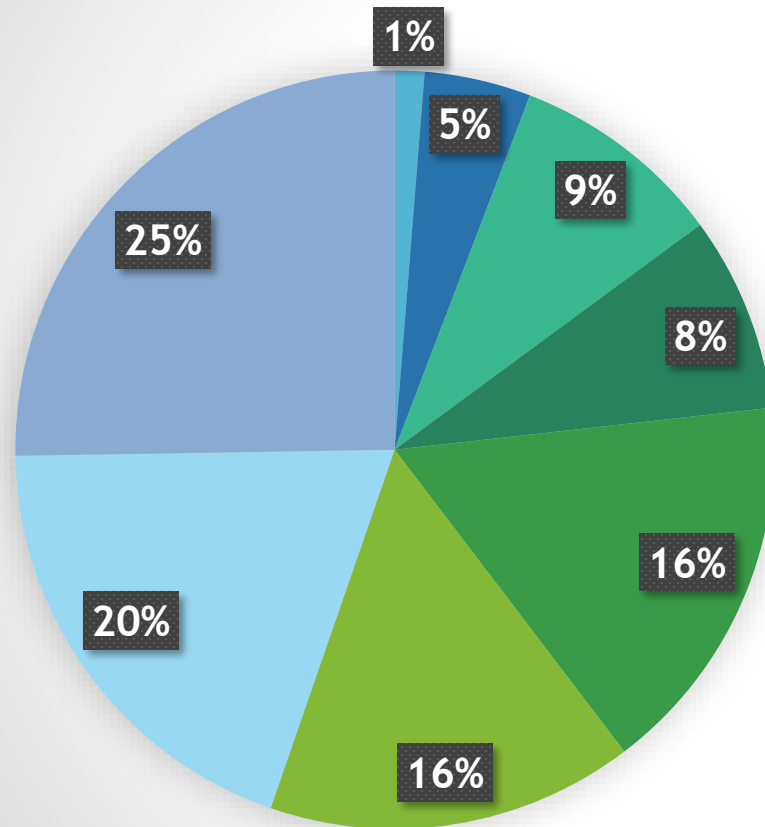


Do you or your partner have any disability, handicap, or chronic disease that keeps you or your partner from participating in work, housework or other activities?



What would you estimate your household income was before taxes last year?

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- Less than \$10,000
- \$10,000 to \$19,999
- \$20,000 to \$29,999
- \$30,000 to \$49,999
- \$50,000 to \$74,999
- \$75,000 to \$99,999
- \$100,000 to \$149,999
- \$150,000 or more

Thank you!

The background features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. These shapes are primarily located on the right side of the frame, creating a modern, layered effect against the white background.