8 AARP/WHO Domains of Age Friendly Communities and healthy living

What exists (Inventory) and our plans for the future in the MWV

PRESENT

Housing	Transportation	Social Participation
Mountain View	Gibson Center	MWV orchestra
Merriman House	RSVP	DeCapo choir
Mineral Springs	Blue Loon	Silver Lake Singers
Fryeburg Nursing Home	Tamworth Caregivers	M&D Productions
	Fast Taxi	MWV Arts Council
Fryeburg Nursing Home	Lyft	Mountain Top Music
Conway Pines Senior Living, Conway - rent based on income	Uber	OLLI
Whitman Woods, North Conway - low income	Am. Cancer society**	Gibson Social programs
Washington Street Apartments, Conway - Subsidized by HUD CarePlus***	LifeStar***	Book clubs
Pond View Apartments, Conway - Sub - by HUD	Easter Seals***	Tax Prep
Apple Tree Village, Conway - Rent based income	GSIL**	Freedom Store
Remick Acres - Tamworth - rent based income	NC Ambulance***	Town libraries
Silver Lake Landing, Madison,	Northern Human Serivces***	Arts Jubilee
	** Specific populations served	
	***Medical populations	
	New Sidewalk Cuts throughout NC	

Gaps:

Housing	Transportation Gaps	Social Participation Gaps
Workforce housing (caregivers, families)	Outer most areas of the towns	
Apartments (0% vacancy)	Affordability	
Property tax relief	Drivers for Long trips for medical appts	
Affordable senior housing		
Assisted Living		

Approved or pending

MWV Housing Charrettes - cluster housing

Proposed as Possibilities

Home Share MWV
County - Assisted Living feasibility study
Promotion of ADU's - residential Guide

General Overarching Resources

211

Service link   medical and legal and $ assistance

this refers to intergenerational activities and countering social isolation

Outdoor Spaces	Respect and Social Inclusion	Communication and Info	Comm. Health Svcs
Schouler Park	One Book One Valley	7 Town Libraries (list)	Matter of Balance
WildCat ski area	White Mtn Milers	Conway Daily Sun (circ. 17,000)	Gibson programs of fitness
Attitash-Bear Peak		Madison Boulder-email list	VNHCH
Cranmore Mountain and fitness center		Tamworth Exchange-email list	Adv. Care Planning
Great Glens Trails	Kiwanis Key Club	Freedom	Tamworth VN
Bear Notch X-C ski	Mountain Meisters weekly teams	Gibson Newsletter	Abund. Blessings
Jackson walking Loop	Hiking clubs	Jackson E news	Timberland homecare
Settlers Green walk	Wonalancet Outing club	Channel 3 TV RSN	MountainView
Pudding Pond conservation area	Tamworth Outing club	Valley Vision TV	Mineral springs
Jackson X-C ski area	Golden gliders ski club	All Town websites	Merriman House
Purity Spring - pool and ski trails	MWV Bike club	NHES.NH.gov - all towns	MOWs
Whitaker Woods	NH 80+ ski free passes	Tamworthcivicnews.org	Food pantry
5 golf courses-Hales, Jaxn,NC,Indian, Mt. washington		Bartletthistory.org	Women's Health Ob&Gyn
Green Hills Conservation area	MWV School to Career partnership		White Mountain Community
	Valley Vision Trivia nights		Fryeburg Healthcare Center
	MWV Garden Club		Tri-county Mental Health Se
			Northern Human Services
Gaps	**Gaps**	**Gaps**	**Gaps**
Handicapped/wheelchair access.			Gerontology
			Other med. Specialties
MWV Trails REC PATH	Eaton Ear - email list	ADC - see description	
		Pop Health initiatives 2019	

Seniors trips to Kennett plays   Town Crier email posts

Seniors trips elementary school   daily or weekly

Senior tutors   Gibson full time receptionist

                                  more recipients of Gibson newsletter

civic engagement/employment

Freedom Comm. On Aging
Jackson Neighbor project
over ?200 non-profits in the MWV

Employment - parttime and full
Town Boards and Committees
political candidate speakers
RSVP volunteers

/ Health

rvices.-ME

Gaps

Develop job fairs and training

Chamber Leadership for seniors
Guide for retireds moving to town
Campground hosts
National forest volunteers
Ski Museum volunteers