

**GENERATIONS FOR GARFIELD - A COMMUNITY FOR ALL AGES (Implementation Phase)**

**Priority Domain to Address from Survey Data: TRANSPORTATION**

**Goal: - Improve transportation to shopping, healthcare and social events**

**Collaborating Organizations: Garfield Mayor & Council; Garfield Health Department; Greater Bergen Community Action Partnership; New York University School of Environmental Medicine; Des Moines University; Hackensack University Medical Center; Garfield Board of Education; Garfield Housing Authority; Garfield Parks and Recreation; Garfield Public Library; Garfield Senior Center; Garden State Urban Farms; Garfield YMCA; Ramapo College of New Jersey School of Nursing**

| Activities<br>(what needs to be done)                  | By Whom<br>(who will supervise this activity and serve on the team?) | Timeframe<br>(important dates for completion of steps) | Resources and Support<br>(financial, human, political, larger community-wide systems) |   | Potential Barriers or Resistance<br>(and approaches to address these) | Communication Plan for Implementation<br>(how to distribute info and who should receive) | Metrics & Progress Tracking<br>(who, what, when, and how will data be collected?)   | Outcomes/ Updates          |
|--|--|--|---|---|---|--|---|----------------------------|
|  |  |  | Available   | Needed  |   |  |   |                            |
| <b>TRANSPORTATION</b>                                  |  |  |   |   |   | COMMUNICATION, lines 6, 7, 8, 9, 20, 21  |   |                            |
| Identify & expand current bus stops and schedule       | D. Reveille/L.Pinto  | Dec. 2017  | DOH, DMU & DOP+R  | Need to increase bus driver's hours and stipend |   |  | D. Reveille/L. Pinto will meet with DOP+R to determine current status and areas of improvement Meeting minutes and progress reports as necessary. | Survey/ Assessment done    |
| Identify alternate transportation resour               | D. Reveille/L.Pinto  | Dec. 2017  | DOH, DMU & DOP+R  |   | Cost and accessibility might be prohibitive to some                   |  | D. Reveille/L. Pinto will meet with transportation vendors and share appropriate information accordingly.   | EZ Ride Shuttle utilized   |
| Explore accessibilty to mass transit                   | D. Reveille/L.Pinto  | Dec. 2017  | DOH & DMU   |   | Cost of services might be prohibitive                                 |  | D. Reveille/L. Pinto will meet with mass transit vendors and share appropriate information accordingly.   | met with Access Link       |
| Conduct travel training through NJTIPs and Access Link | D. Reveille/L.Pinto  | July & Sept 2017                                       | NJTIPS & NJ Transit   |   | Engagement of participants might be challenging                       |  | D. Reveille/L. Pinto will take attendance and conduct evaluation of sessions  | NJTip training complete    |
| Conduct Walkability                                    | D. Reveille/L.Pinto  | Jul-17   | Civic Eye   |   | Location selection is varied, but critical                            |  | D. Reveille/L. Pinto will take attendance and conduct evaluation of sessions  | Walkabilty study completed |

| Sample Action Plan Diagram for Project Management (Implementation Phase)   |  |  |   |                         |  |  |   |   |
|--|--|--|---|-------------------------|--|--|---|---|
| <b>Priority Domain to Address from Survey Data: <u>COMMUNICATION</u></b><br><b>Goal: <u>Improve communication of healthcare and educational resources and social events</u></b><br><b>Collaborating Organizations: <u>Garfield Mayor &amp; Council; Garfield Health Department; Greater Bergen Community Action Partnership; New York University School of Environmental Medicine; Des Moines University; Hackensack University Medical Center; Garfield Board of Education; Garfield Housing Authority; Garfield Parks and Recreation; Garfield Public Library; Garfield Senior Center; Garden State Urban Farms; Garfield YMCA; Ramapo College of New Jersey School of Nursing</u></b> |  |  |   |                         |  |  |   |   |
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|  |  |  | Available   | Needed                  |  |  |   |   |
| COMMUNICATION  |  |  |   |                         |  | *Please see below, lines 6, 7, 8, 9, 20, 21  |   |   |
| Identify locations to best reach seniors   | D. Reveille/S. Doherty-Lyons/S. Cataldo                              | Dec. 2017  | DOH & NYU   |                         | Requires accounting and replenishment of pieces to measure effectiveness. Manpower required.                             |  | D. Reveille/S. Doherty-Lyons/S. Cataldo will track progress                       | identified / Older Adults engaged                               |
| Initiate and maintain website  | D. Reveille/S. Doherty-Lyons/S. Cataldo                              | May 2017 & ongoing                                     | DOH & NYU   |                         | Maintenance and updates critical   |  | Cataldo will manage routinely   | www.generations4garfield live                                   |
| Launch and maintain newsletter   | D. Reveille/S. Doherty-Lyons/S. Cataldo                              | May 2017 & ongoing                                     | DOH & NYU   |                         | Acquiring timely content is critical   |  | S. Doherty-Lyons/S. Cataldo will manage routinely                                 | first edition complete/ second in progress                      |
| Create information boards throughout the city  | D. Reveille/S. Doherty-Lyons/S. Cataldo                              | Dec. 2017  | DOH & NYU   | Funding for Boards      | Funding needs to be sought. Requires accounting and replenishment of pieces to measure effectiveness. Manpower required. |  | D. Reveille/S. Doherty-Lyons/S. Cataldo will track progress                       | utilizing existing electronic boards                            |
| Conduct workshops on multiple subjects including:  | D. Reveille  | May 2017 & ongoing                                     | DOH   |                         | Scheduling, location and presenters are critical to success  |  | sessions with vendors and partners, take attendance,                              | Workshops well attended/ ongoing                                |
| <i>Technology - smart phones, computers, etc</i>   | D. Reveille  | TBD. No later than Dec 2017                            | DOH & Library   | IT partner              |  |  |   | Tracker Fitness Watches/ Walking Club utilized in tech workshop |
| <i>NJTIPS &amp; Access Link Training</i>   | D. Reveille/H. Smith-Bermudez/NJTIPs                                 | TBD. No later than Dec 2017                            | DOH/NJTIPs/NJ Transit   |                         |  |  |   | completed successful  |
| <i>Medication Management</i>   | D. Reveille/Pharmacy partner   | TBD. No later than Dec 2017                            | DOH   | Pharmacy partner        |  |  |   | Vial of Life Program Completed                                  |
| <i>Low impact exercises for yourself &amp; your budget</i>   | D. Reveille/Senior Center Director                                   | TBD. No later than Dec 2017                            | DOH   | Senior Center & YMCA    |  |  |   | Project Healthy Bones/ Matter of Balance Completed              |
| <i>Community Gardening</i>   | D. Reveille/L. Gibbons   | May 2017 & ongoing                                     | DOH/Community Gardening   |                         |  |  |   | Growing season successful and intergenerational                 |
| <i>Socialization Resources</i>   | D. Reveille/Senior Center Director                                   | TBD. No later than Dec 2017                            | DOH/Socialization Res   | Senior Center & YMCA    |  |  |   | Walking Club very successful                                    |
| <i>Financial Literacy</i>  | D. Reveille/Financial partner  | TBD. No later than Dec 2017                            | DOH   | Financial partner       |  |  |   | ESI ongoing assessments   |
| <i>Avoiding scams</i>  | D. Reveille/AARP   | TBD. No later than Dec 2017                            | DOH   | AARP                    |  |  |   |   |
| <i>WISE Program (Wellness Initiative for Senior Education)</i>   | D. Reveille  | May 2017 & ongoing                                     | DOH   |                         |  |  |   | Successful and 2nd session will be done                         |
| Resource tables at community events  | D. Reveille/S. Doherty-Lyons/S. Cataldo                              | May 2017 & ongoing                                     | DOH/NYU   | Community host partners | Must seek out existing programs consistently and register accordingly.   |  | S. Doherty-Lyons/S. Cataldo will manage routinely                                 | Ongoing   |
| Maintain Facebook page   | D. Reveille/S. Doherty-Lyons/S. Cataldo                              | May 2017 & ongoing                                     | DOH/NYU   |                         | Maintenance and updates critical   |  | Cataldo will manage routinely   | Ongoing   |



## Timeline – Part A Implementation Results

All actions, as documented in the submitted Part A Timeline, have been achieved or are in progress. The following is a summary of the actions:

### MONTH 1

- Working teams have been created for each key goal. The team members were selected from a wide array of community stakeholders whom have expertise in the respective areas.
- Teams meet every Thursday at the Garfield Health Department to work on the action plans. The AFCI coordinator and the paid consultants have facilitated the meetings and provided training on the AFCI framework. The intern received a stipend to serve as communications secretary. Detailed minutes of each work session are documented and, distributed by email to each member of the work team and the wider committee. Agendas have been set and distributed prior to each weekly work session.
- The logo was designed by the consultant (Alexena LLC). The website was designed by NYUSOM ([www.generations4garfield](http://www.generations4garfield) went live on 5/23/17), the content was provided through the collaboration of the teams. The Newsletter was also designed by the NYUSOM and articles were submitted by members of the committee. The Newsletter has gone to the graphic designer and is expected shortly. Events are coordinated with the Garfield Centennial Celebrations in order to reach an optimum number of residents.

### MONTH 2

- A conference call was attended by all three work teams with Civic Eye to discuss and, plan a Walkability Study and Workshop. The AFCI was presented to the Garfield Mayor and Council Members, and the Mayor signed the Milken Institute Pledge.
- Students from Ramapo College of NJ worked on a research project which, was presented at the college raising awareness of AFCIs. The students created flyers to promote the activities which, were created as pilots for the AFCI. Some of the activities piloted include: Project Healthy Bones, The WISE Program, The Garfield Walking Club, The Garfield Community Gardens.

- A plan was created to expand the local Senior Bus Service. Meetings are scheduled with the City Manager and Bus Supervisor. A transportation questionnaire was created and will be distributed to Garfield's older adult population through a number of venues. Transportation resources research is ongoing. An interactive bus ride is scheduled with the transportation team members to assess the route and, collect data from the individuals utilizing the service.
- A number of meetings and discussions have taken place and, will continue with Garfield's lead development agency - Greater Bergen Community Action Partnership. They have agreed to include the AFCI framework in all discussions regarding the Garfield neighborhood revitalization project and, proposed transit village moving forward. Members of their staff are participating in weekly work sessions and, they are leading the Affordable Housing Key Goal team.

### Month 3

- Weekly work sessions include continued research and planning, and now review and evaluation of pilot programs.
- Marketing materials were designed and have been received (Tote Bags will be given out with newsletter sign ups, tee shirts, water bottles, and sun visors are given to Walking Club Members). An AFCI team member will attend Centennial Events and distribute AFCI materials.
- A "Meet our Website" technology workshop has been scheduled to mentor older adults on use and value of the Generations for Garfield Website. This will be held at the Garfield Public Library which, will be the communication hub for the AFCI.
- A newsletter distribution plan is established and will provide a metric for the dissemination of information and community engagement.
- The team from Civic Eye conducted the preliminary field study for the upcoming workshop and Walkability Event. The meeting was attended by a representative from all three working groups. A tour of the city was done and site was selected. The date scheduled is July 12<sup>th</sup> 2017.
- The NJ TIPs Workshop is planned as an intergenerational activity and scheduled for July 21<sup>st</sup> 2017.
- An Intergenerational Gardening program has been designed with volunteers from the Garfield EPIC (Empowering Peers Inspiring Change)

Group exemplary teens in the communities whom will work with older adults to garden, harvest, and distribute produce.

- A plan to educate decision makers among the various Zoning, Planning, and Re-Development Boards is in progress and, will be facilitated by Greater Bergen Community Action Partnership.
- A partnership was established with the Garfield VFW Post to host the upcoming AFCI educational and outreach events. The space is conducive to learning and it provides good access for older adults. The majority of VFW members are older adults and can serve as ambassadors for the AFCI, providing greater outreach to those most vulnerable in the population.
- Ongoing research for community resources is being conducted; the website and newsletter will be updated with vetted resources.