



## **CITY OF ARNOLD, MISSOURI: COMMUNITY SURVEY REPORT**

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January 30, 2019

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## Table of Contents

Background.....	6
Executive Summary .....	7
Arnold Age-Friendly Rating.....	10
Figure 1: Rating of Arnold as a Place to Live as you Age.....	10
Table 1: Age-Friendly Rating of Arnold by Subgroup.....	11
Personal Health Rating.....	12
Figure 2: Respondent Health Rating .....	12
Figure 3: Respondent Health Rating by Age Group .....	13
Likelihood of Moving Homes in Retirement Years .....	14
Figure 4: Likelihood of Moving to a Different Home in Retirement Years .....	14
Table 2: Likelihood of Moving to a Different Home by Subgroup.....	15
Factors Impacting Decision to Move .....	16
Different Size Home .....	16
Personal Safety or Security Concerns.....	16
A Home to Help Live Independently as they Age.....	16
Better Health Care Facilities .....	16
Closer to Family .....	17
Access to Public Transportation .....	17
Different Climate .....	17
Lower Cost of Living .....	17
Figure 5: Factors that would Impact Decision to Move During Retirement .....	18
Figure 6: Percentage Who Said Factor Would Impact Their Decision to Move During Retirement by Age Group.....	19
Housing: Future Modifications or Improvements .....	20
Easier Access to Home .....	20
Bathroom Modifications .....	20
Move Bedroom, Bathroom, or Kitchen to First Floor .....	20
Improved Lighting .....	21

Home Medical Emergency Response System .....	21
Figure 7: Future Home Modifications and Improvements .....	21
Figure 8: Future Home Modifications and Improvements by Age Group .....	22
Importance of Amenities and Services .....	23
Table 3: Most Important Amenities and Services Ranked .....	24
Home Amenities.....	25
Home Repair Contractors.....	25
Seasonal Services.....	25
Affordable Housing.....	25
Homes Designed for Older Adults .....	25
Figure 9: Importance Placed on Home Amenity .....	26
Figure 10: Importance Placed on Home Amenity by Age .....	27
Outdoor Spaces and Buildings .....	28
Well-Maintained and Safe Parks .....	28
Handicap Friendly Sidewalks .....	28
Public Buildings and Facilities Accessible to Everyone .....	28
Neighborhood Watch Programs.....	28
Figure 11: Importance Placed on Outdoor Spaces and Building Amenity.....	29
Table 4: View of Outdoor Amenity as Important by Subgroup.....	30
Transportation and Streets .....	31
Accessible and Affordable Public Transportation .....	31
Transportation for Elderly and Disabled .....	31
Public Parking .....	31
Safe Streets and Intersections .....	31
Pedestrian Crossings.....	32
Driver Education Courses.....	32
Figure 12: Importance Placed on Transportation and Streets Amenity.....	33
Table 5: View of Transportation and Streets Amenity as Important by Subgroup.....	34

Health and Wellness .....	35
Health and Wellness Programs and Classes .....	35
Convenient Health and Social Services .....	35
Information on Local Supportive Services .....	35
Affordable Home Care Services .....	35
Variety of Health Care Professionals and Specialists .....	36
Health Care Professionals Fluent in Multiple Languages .....	36
Figure 13: Importance Placed on Health and Wellness Amenity .....	36
Table 6: View of Health and Wellness Amenity as Important by Subgroup .....	37
Entertainment and Activities.....	38
Entertainment Venues .....	38
Activities for Older Adults .....	38
Affordable Activities for All Ages .....	38
Activities Involving Young and Older People .....	38
Activities for Diverse Populations .....	38
Figure 14: Importance Placed on Entertainment Amenity .....	39
Table 7: View of Entertainment Amenity as Important by Subgroup .....	40
Social Participation and Inclusion.....	41
Range of Volunteer Activities .....	41
Opportunities for Older Adults to Participate in Decision Making Bodies .....	41
Information about Volunteer and Social Activities .....	41
Range of Flexible Opportunities for Older Adults.....	41
Figure 15: Importance Placed on Social Participation Amenity .....	42
Table 8: View of Social Participation Amenity as Important by Subgroup .....	43
Frequency of Exercise.....	44
Figure 16: Frequency of Exercise .....	44
Length of Arnold Residency.....	45
Figure 17: Length of Arnold Residency in Years .....	45

Health Care Coverage.....	46
Employer Based Insurance.....	46
Private Insurance .....	46
Medicare .....	46
Medicaid or Low-Income Government Assistance .....	46
Veteran’s Administration .....	46
Figure 18: Types of Respondent Health Care Coverage.....	47
Demographic Profile of Respondents .....	48
Methodology .....	49
Appendix 1: Survey Toplines .....	50
Appendix 2: Survey Questionnaire.....	61

## Background

The City of Arnold is a member of the American Association of Retired Persons (AARP) Network of Age-Friendly States and Communities. As a member of this network, the elected leadership of Arnold has “made the commitment to actively work toward making their town, city, county or state a great place for people of all ages.<sup>1</sup>”

The AARP Network of Age-Friendly States and Communities encourages “cities, towns and counties to prepare for the rapid aging of the U.S. population by paying increased attention to the environmental, economic and social factors that influence the health and well-being of older adults.<sup>2</sup>” In doing so, the goal is to make Arnold “better equipped to become great places, and even lifelong homes, for people of all ages.<sup>3</sup>”

As part of the City of Arnold’s commitment to make Arnold more Age-friendly, and at the request of the Arnold Commission on Aging and Disabilities, Dr. Bryce Summary conducted a survey of residents of the City of Arnold, Missouri. The goal of the survey was to determine what residents view as important for successfully aging in place and to assist the City of Arnold as seeks to better accommodate its citizenry.

## Research Objectives

The 2018 Arnold Commission on Aging and Disabilities Community Survey (hereinafter referred to as “the Survey”) was designed to provide an unbiased and statistically reliable assessment of knowledge and opinions of residents of the City of Arnold, Missouri. Specifically, the goals of the Survey were to:

- ❖ Explore factors that may lead residents to move homes as they reach retirement age
- ❖ Assess future home improvement needs
- ❖ Gauge importance placed on Age-Friendly City Amenities and Services
- ❖ Determine the types of health care coverage of City residents

The questionnaire utilized in this project was modeled after a (AARP) Community Sample Survey Questionnaire provided by the Arnold Commission on Aging and Disabilities.

## Survey Methodology

Interviews were conducted between November 27, 2018 and December 6, 2018 by a professional interviewing firm. Landline and cellphones were included in the sample. The sampling error, at the ninety-five percent confidence level, is plus-or-minus five percent.

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<sup>1</sup> AARP Network of Age-Friendly States and Communities. See website for more information here: <https://www.aarp.org/livable-communities/network-age-friendly-communities/info-2014/member-list.html>

<sup>2</sup> AARP Livable Communities Network of Age-Friendly States and Communities, see website for more information here <https://www.aarp.org/livable-communities/network-age-friendly-communities/>

<sup>3</sup> AARP Livable Communities Network of Age-Friendly States and Communities, see website for more information here <https://www.aarp.org/livable-communities/network-age-friendly-communities/>

## Executive Summary

**Most Arnold residents rate the City of Arnold as an excellent or good place to live as they grow older.** Nearly eight of ten residents (79%) rate the City of Arnold as an excellent (17%), very good (30%), or good (32%) place for people to live as they grow older, while the remainder give it a rating of fair (13%), or poor (8%).

**Nearly a third of Arnold residents are likely to move to a different home in their retirement years.** When asked about the probability that they will move homes in their retirement years, thirty-one percent of residents stated that they were very (14%) or somewhat likely (17%) to move. In contrast, sixty-seven percent of residents indicated that they were either not very likely (30%) or not at all likely (37%) to move homes.

- **Over one-half of those between the ages of forty to sixty-five are likely to move to a different home in their retirement years.** Specifically, 51% of those forty to fifty years of age, and 52% of those fifty-five to sixty-five, are very or somewhat likely to move to a different home during their retirement years. In contrast, only seventeen percent of those eighteen to thirty-four, and twenty-four percent of those thirty-five to forty-four are likely to move homes in their retirement years.
- **The top three factors that would impact a resident's decision to move were needing a home to help them live independently as they age, needing a different size home, and looking for an area with a lower cost of living.** When asked about several factors that might impact their decision to move, in their retirements years, the top three reasons cited by residents were looking for a home that will help them independently as you age (54% said yes it would), wanting a different size home to meet their needs (43% said yes it would), and looking for an area that has a lower cost of living (37% said yes it would).

**The top three home improvements that residents believe they will need to make in the future are related to easier access into their homes, bathroom modifications, and installing an emergency response system.** When asked about several home improvements, that may need to be made to their homes in the future, the most popular modifications were related to easier access into or within their home (29% said yes they would need to make), bathroom modifications (26% said yes they would need to make), and installing a medical emergency response system (24% said yes they would need to make).

**Residents believe that the most important services and amenities to have in the City of Arnold are safe-streets and intersections, special transportation for the disabled and elderly, affordable activities for all residents, and accessible public buildings for people of different physical abilities.**

- Residents were asked about the importance of having twenty-nine different amenities and services in the City of Arnold. These amenities and services covered areas such as the home, outdoor space and buildings, transportation and streets, health and wellness, entertainment, and social participation and inclusion.
  - Of the twenty-nine specific amenities and services respondents were asked about, residents placed the highest level of importance on safe-streets and intersections (89% of residents said it was important), special transportation services for people with disabilities and older adults (89% of residents said it was important), activities that are affordable to all residents (87% of residents said it was important), and well-maintained public buildings and facilities that are accessible to people of different physical abilities (87% of residents said it was important).

**Residents believe that the most important housing amenities to have in Arnold are quality home repair contractors and affordable housing options.** When asked about the importance of having several home amenities in the City of Arnold, the most popular examples were quality home repair contractors who were trustworthy and affordable (84% of residents said it was important) along with affordable housing options (80% of residents said it was important).

**Well-maintained public buildings and quality sidewalks are viewed as the most important outdoor and building amenities for the City of Arnold.** When asked about the importance of several outdoor and public amenities in the City of Arnold, residents rated well-maintained buildings and facilities (87% of residents said it was important) and sidewalks that are in good condition and accessible for wheelchairs or mobility devices (83% viewed as important) as the most significant.

**Safe streets and intersections, transportation services for the elderly, and affordable public transportation are viewed as the most important transportation related amenities to have in the City of Arnold.** When asked to rate the importance of having several transportation related amenities in the City of Arnold, well-lit safe streets and intersections (89% said it was important), special transportation services for people with disabilities and older adults (89% said it was important), and accessible/affordable public transportation (82% said it was important) were viewed as the most salient.



**Arnold citizens view conveniently located health services, easy to find information regarding local health services, and affordable homecare services as the important health and wellness services to have in the City.** When asked about the importance of numerous health and wellness services, residents rated conveniently located health and social services (83% said it was important), easy to find information on local health and supportive services (82% said it was important), and affordable home care services such as health, personal care, and housekeeping (81% said it was important) as the most vital.

**Among entertainment amenities, residents view activities that are affordable to all residents, activities geared towards older adults, and activities for those young and old, as the most salient.** The most important entertainment amenities to have in Arnold were activities affordable to everyone (87% viewed as important), activities geared specifically toward older adults (82% viewed as important), and activities involving young and older residents (77% viewed as important).

**Residents view easy to find information about local volunteer opportunities, and a range of volunteer activities to choose from, as the most important social participation amenities and services to have in the City of Arnold.** Eighty-three percent of residents said it was important to have easy to find information about local volunteer opportunities and social activities in Arnold. The second most popular social participation amenity was opportunities for older adults to participate in decision making bodies such as community councils or committees (77% viewed as important).

**Most Arnold residents rate their health as excellent or good.** Seventy-eight percent of Arnold residents rate their health as either excellent (12%), very good (32%), or good (34%). In contrast, twenty-two percent of Arnold residents rated their health as either fair (16%) or poor (6%).

**Seven out of ten Arnold residents report engaging in some form of exercise at least once a week.** When asked how often they engaged in physical exercise, 29% of respondents indicated every day, 27% stated several times a week, and 14% said at least once a week. In contrast, 29% of respondents reported exercising every other week (6%), once a month (10%), or not at all (13%).

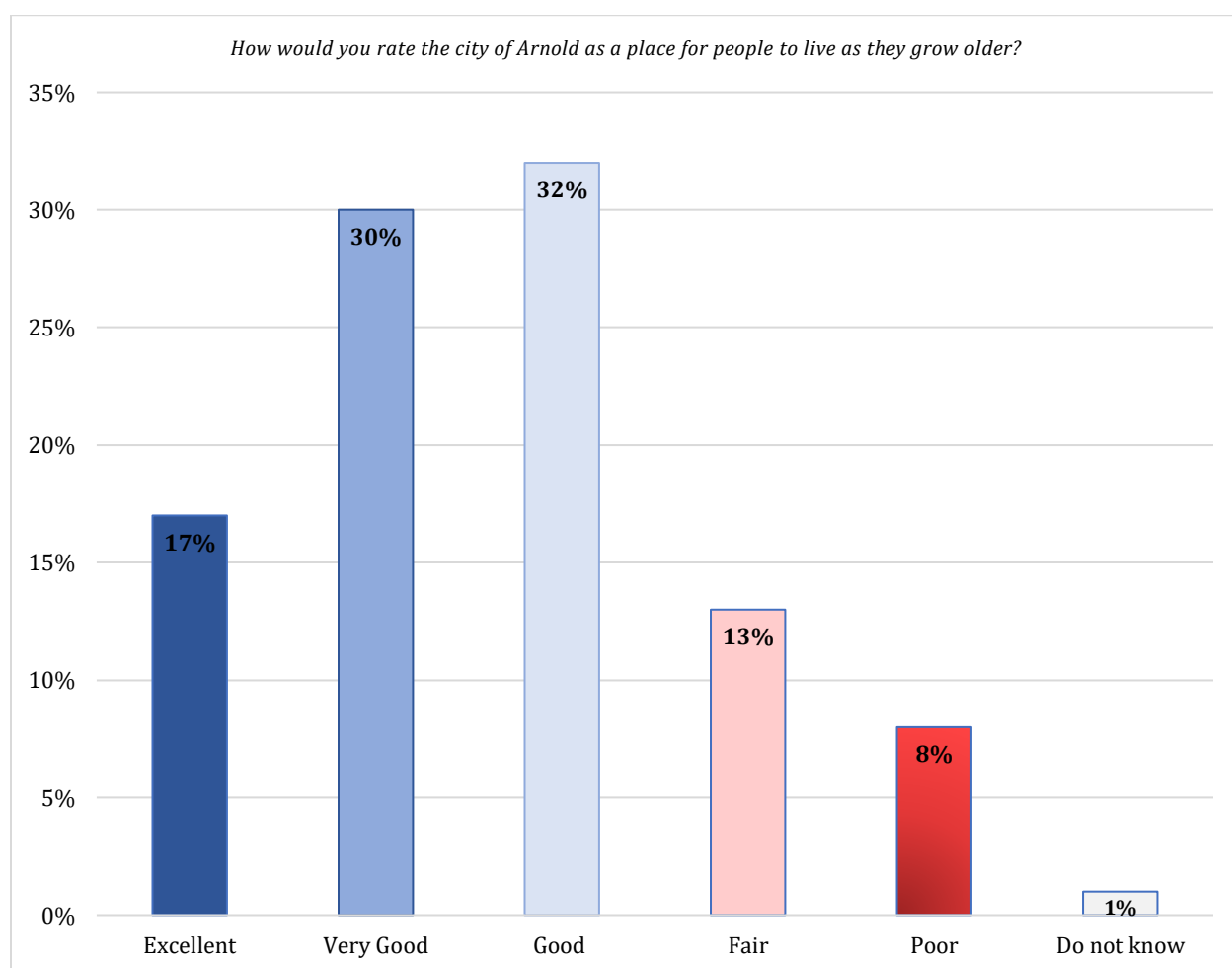
**More than one-half of Arnold residents have lived in the City for twenty years or more.** When asked how long they had lived in Arnold, seventy-three percent of respondents indicated that they had lived in the City for twenty years or more, eighteen percent said ten to nineteen years, while nine percent indicated fewer than ten years.

## Arnold Age-Friendly Rating

Early on survey respondents were asked to provide their opinions regarding Arnold as a place to live as they grew older.<sup>4</sup> Nearly one out of five (17%) residents rate this City of Arnold as “excellent”, followed by 30% who rate it as “very good”, 32% who rate it as “good”, 13% as “fair”, 8% “poor” and 1% who did not know.

Figure 1 below provides a graphical depiction of responses to this question. In addition, Table 1 below shows ratings assigned to Arnold by various demographic subgroups. For instance, 48% of men rate the City of Arnold as an “excellent” or “very good” place to live as they grow older compared to 46% of women.

**Figure 1: Rating of Arnold as a Place to Live as you Age**



<sup>4</sup> Question 4: “How would you rate the city of Arnold as a place for people to live as they grow older? Excellent, very good, good, fair, or poor?”

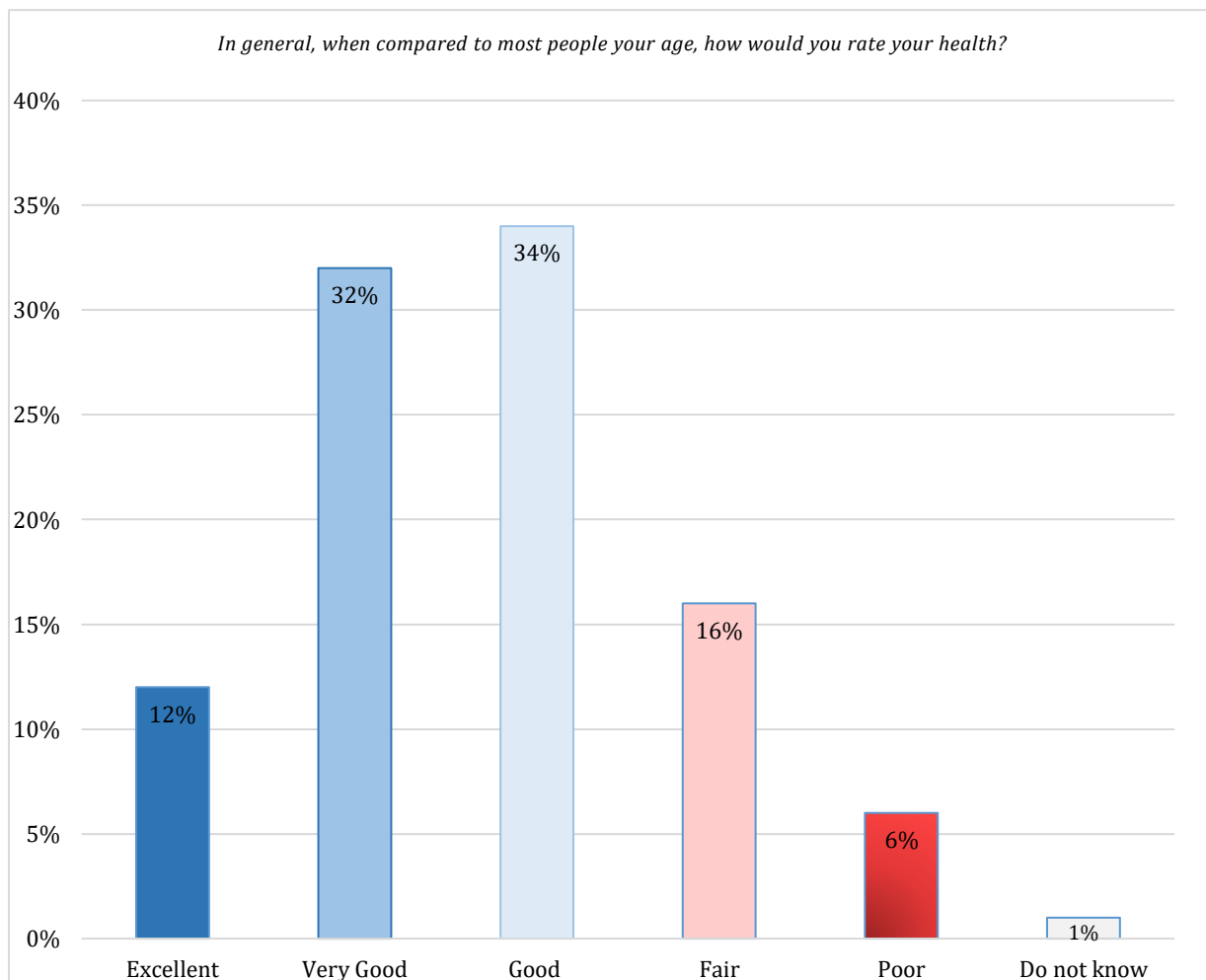
**Table 1: Age-Friendly Rating of Arnold by Subgroup**

<b>Subgroup</b>	<b>Excellent/ Very Good</b>	<b>Good</b>	<b>Fair/Poor</b>
Overall	47%	32%	21%
<b>Sex</b>			
Male	48%	29%	23%
Female	46%	35%	19%
<b>Age</b>			
18-34	43%	33%	24%
35-44	55%	38%	8%
45-54	38%	35%	26%
55-65	45%	33%	21%
65+	53%	24%	23%
55<	45%	35%	20%
55+	49%	28%	22%
<b>Sex/Age</b>			
Men<55	50%	32%	18%
Men 55+	43%	24%	33%
Women <55	39%	39%	21%
Women 55+	53%	31%	16%
<b>Education</b>			
Non-College Graduate	47%	33%	21%
College Graduate	48%	31%	21%
<b>Marital Status</b>			
Married	46%	34%	20%
Not Married	49%	28%	23%

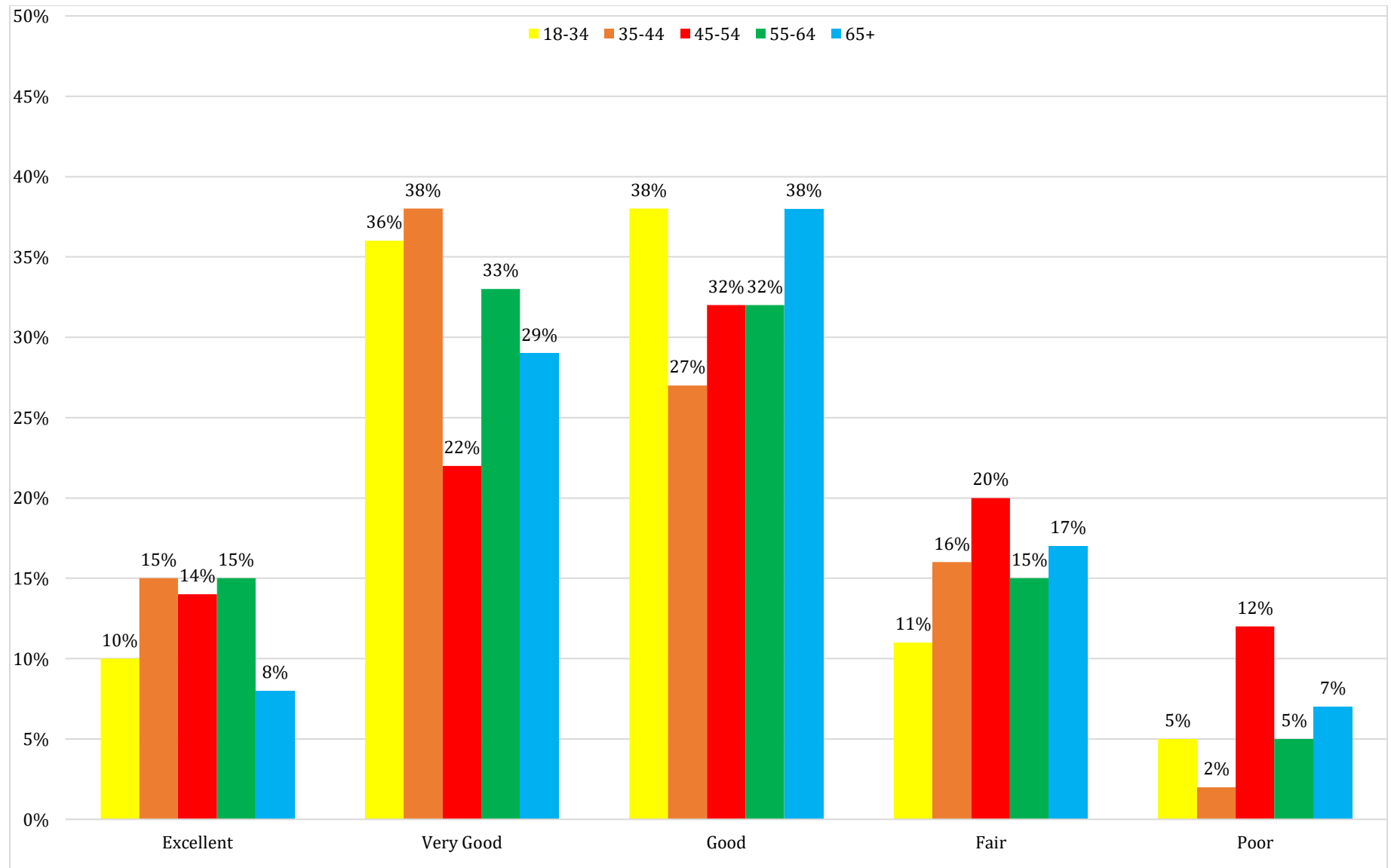
## Personal Health Rating

Respondents were asked to rate their health compared to other people their age.<sup>5</sup> Seventy eight percent of residents rate their health as either “excellent” (12%), “very good” (32%), or “good” (34%). In contrast, rate their health as “fair” (16%) or “poor” (6%), with 1% unsure. Figure 2 provides a graphical depiction of health ratings for the overall public, while Figure 3 breaks down ratings by age group.

**Figure 2: Respondent Health Rating**



<sup>5</sup> Question 5: “In general, when compared to most people your age, how would you rate your health? Excellent, very good, good, fair, or poor?”

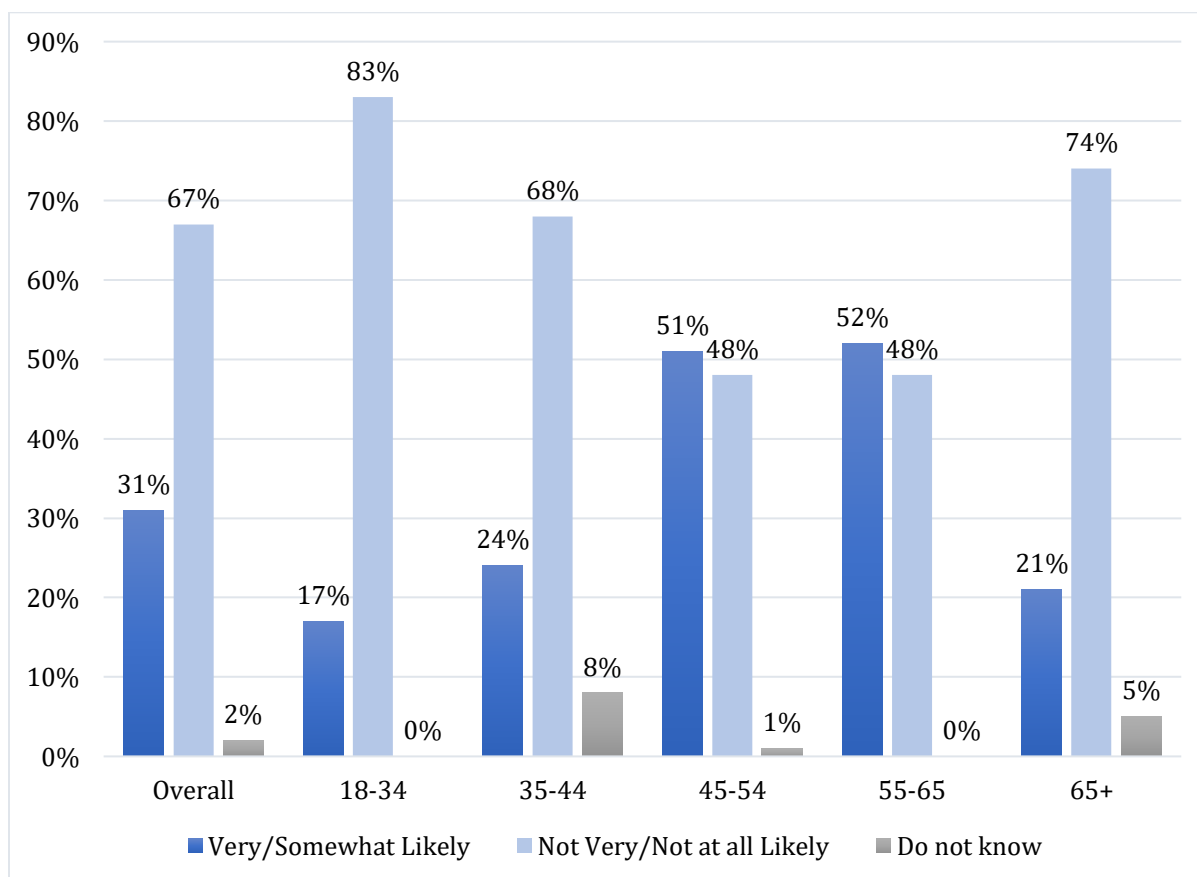
**Figure 3: Respondent Health Rating by Age Group**

## Likelihood of Moving Homes in Retirement Years

Arnold residents were asked the likelihood that they would move to a different home in their retirement years.<sup>6</sup> Roughly one-third (31%) of Arnold residents are likely to move to a different home in their retirement years (14% very likely, 17% somewhat likely), compared to sixty-seven percent who said they were “not very” (30%) or “not at all” (37%) likely to move, while two percent did not know. Figure 4 below provides a graphical depiction of responses to this question. Table 2 below shows the likelihood of moving to a different to home by various demographic subgroups.

As Table 2 and Figure 4 demonstrate, the largest differences between the demographic subgroups are among those eighteen to forty-four years of age and those forty-five to sixty-five. Specifically, 51% of those forty to fifty years or age, and 52% of those fifty-five to sixty-five, are very or somewhat likely to move to a different home during their retirement years. In contrast, only seventeen percent of those eighteen to thirty-four, and twenty-four percent of those thirty-five to forty-four, are likely to move.

**Figure 4: Likelihood of Moving to a Different Home in Retirement Years**



<sup>6</sup>Question 6: “Thinking about your retirement years, how likely is it that you will move to a different home? Very likely, somewhat likely, not very likely, or not at all likely?”

**Table 2: Likelihood of Moving to a Different Home by Subgroup**

<b>Subgroup</b>	<b>Very /Somewhat Likely</b>	<b>Not very /Not at all Likely</b>
Overall	31%	67%
<b>Sex</b>		
Male	31%	65%
Female	31%	67%
<b>Age</b>		
18-34	17%	83%
35-44	24%	68%
45-54	51%	48%
55-65	52%	48%
65+	21%	74%
55<	28%	69%
55+	35%	62%
<b>Sex/Age</b>		
Men<55	27%	69%
Men 55+	41%	58%
Women <55	29%	69%
Women 55+	32%	65%
<b>Education</b>		
Non-College Graduate	31%	67%
College Graduate	31%	66%
<b>Marital Status</b>		
Married	34%	65%
Not Married	24%	70%

## Factors Impacting Decision to Move

After the initial questions, respondents were then asked a series of questions about factors that may influence a resident's decision to move. This section of the Survey began with the following prompt read to respondents:

*Question 7: If you were to consider moving during your retirement, would any of the following factors impact your decision to move? For each factor, please answer YES or NO. If you are not sure, please say so and we will move on.*

Figure 5 below provides a graphical depiction of all the responses to the questions that might impact a resident's decision to move during their retirement years, while Figure 6 provides a graphical breakdown of responses to these questions by age group. An analysis of the factors that may impact a resident's decision to move are as follows.

### Different Size Home

Respondents were read the prompt noted above and then asked a about a series of factors that may impact their decision to move, beginning with "Wanting a different size home that meets your needs." Forty-three percent of respondents answered "yes" to this question followed by 53% who answered "no" with 4% of respondents stating they were unsure.

### Personal Safety or Security Concerns

When asked whether a fear for their personal safety or security would impact their decision to move in retirement years, 28% of Arnold residents said that it would, followed by 69% who said it would not, while 4% were unsure.<sup>7</sup>

### A Home to Help Live Independently as they Age

Respondents were asked about living independently as they age.<sup>8</sup> When asked whether living in a home to help them live independently as they age would impact their decision to move, more than one-half (54%) of respondents answered "yes" to this question, while forty percent said "no" and six percent were unsure.

### Better Health Care Facilities

Twenty-three percent of residents said that the desire to move to an area that had better health care facilities would impact their decision to move in their retirement years.<sup>9</sup> In contrast, 74% said that it would not impact their decision to move, while 4% were unsure.

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<sup>7</sup> Question 8: "Fearing for your personal safety or security concerns."

<sup>8</sup> Question 9: "Looking for a home that will help you live independently as you age."

<sup>9</sup> Question 10: "Wanting to move to an area that has better health care facilities."



## **Closer to Family**

Twenty-nine percent of residents stated that the desire to be closer to family would have an impact on their decision to move in their retirement years.<sup>10</sup> In comparison, 66% said it would not have impact on their decision, with the remaining 5% of respondents indicating that they were unsure.

## **Access to Public Transportation**

Twenty-six percent of respondents indicated that the need for access to public transportation would impact their decision to move in their retirement years.<sup>11</sup> Still yet, 69% of respondents indicated that the need for more access to public transportation would not be a factor in their decision to move, while 5% indicated that they were unsure.

## **Different Climate**

Twenty-eight percent of respondents stated that the desire to live in a different climate would impact their decision to move in their retirement years.<sup>12</sup> However, sixty-six percent of residents stated that the desire to live in a different climate would not have an impact, and six percent of respondents were unsure.

## **Lower Cost of Living**

Thirty-seven percent of respondents indicated that a lower cost of living would impact their decision to move in their retirement years.<sup>13</sup> This is compared to sixty percent of residents who indicated that it would not have an impact on their decision to move, while 4% were unsure.

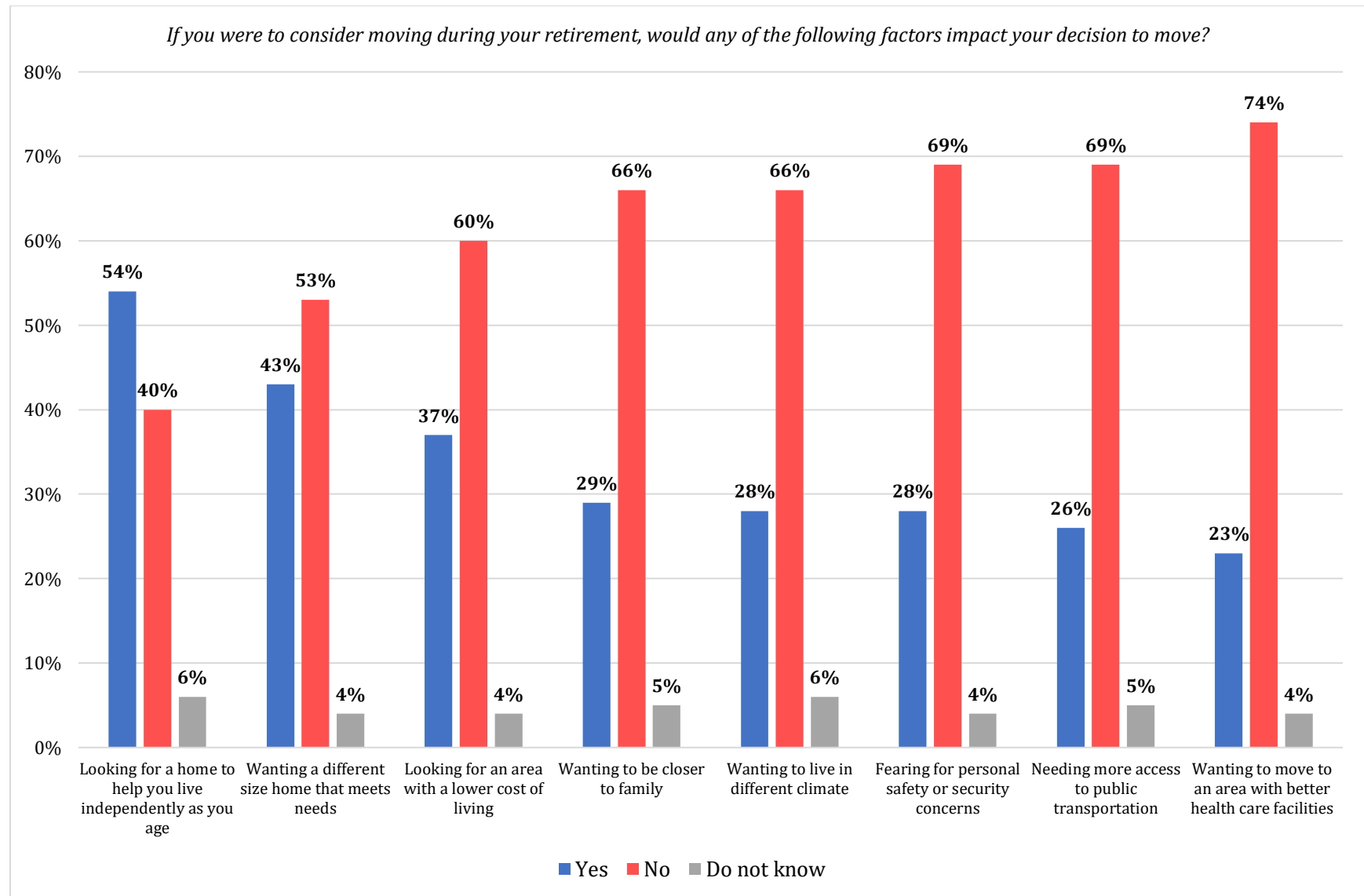
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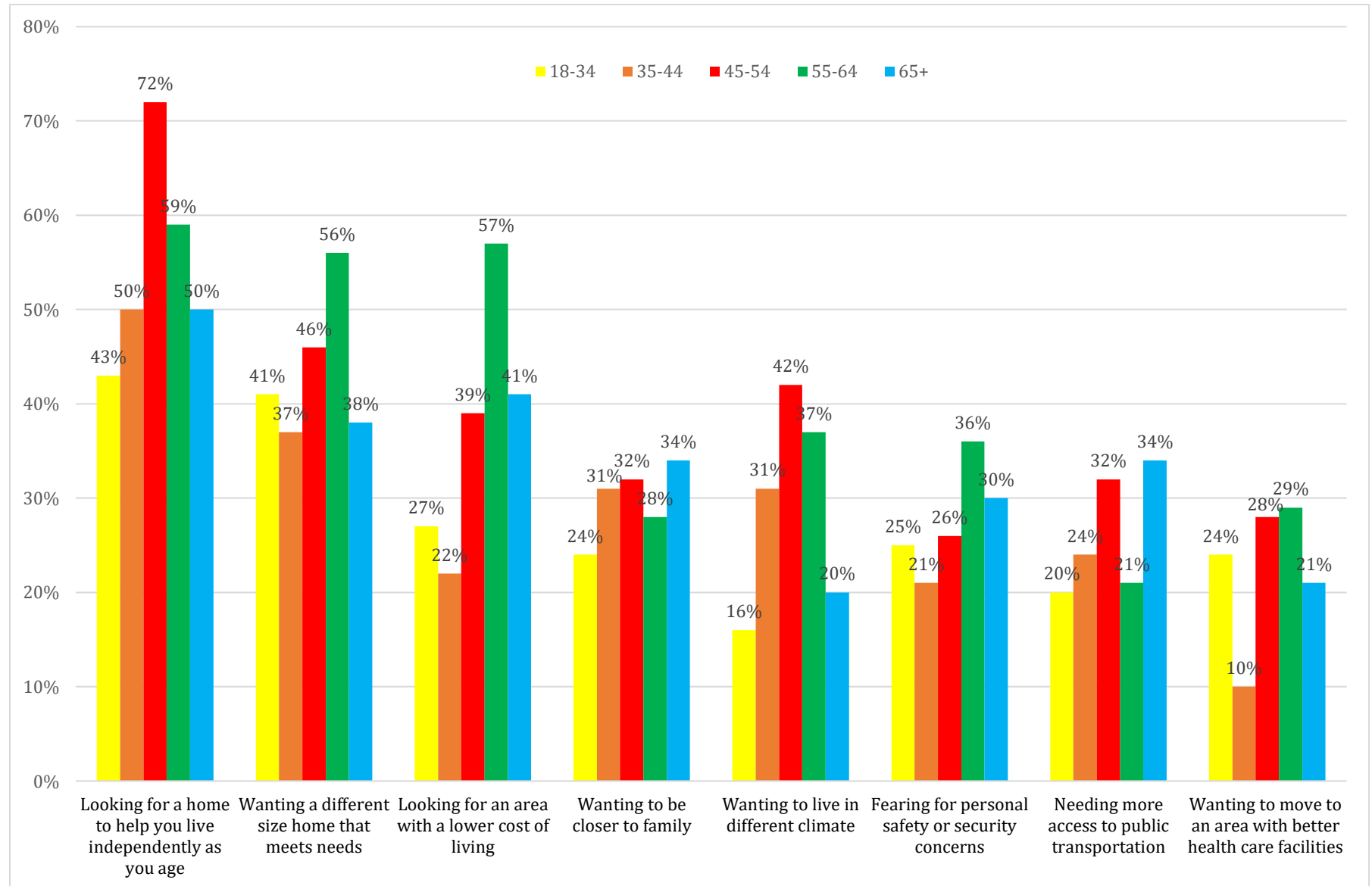
<sup>10</sup> Question 11: "Wanting to be closer to family."

<sup>11</sup> Question 12: "Needing more access to public transportation."

<sup>12</sup> Question 13: "Wanting to live in a different climate."

<sup>13</sup> Question 14: "Looking for an area that has a lower cost of living."

**Figure 5: Factors that would Impact Decision to Move During Retirement**

**Figure 6: Percentage Who Said Factor Would Impact Their Decision to Move During Retirement by Age Group**

## Housing: Future Modifications or Improvements

Another goal of this survey was to assess how citizens may need to alter their homes as they grow older. As such, respondents were read the following prompt:

*Now, I want to ask you a few questions about the types of modifications or improvements that you may need to make to your home to make it more suitable for you to live in as you age. For each, please answer YES or NO to indicate whether you think you will need to make that modification or improvement or not.*

After they were read this prompt, they were asked a series of questions about specific home modifications. A discussion of the responses to these questions are as follows.

Figure 7 provides a breakdown of responses to these questions. In addition, Figure 8 provides a graphical breakdown of the percentage of respondents who said that they would make that home modification or improvement by age group.

### Easier Access to Home

Respondents were asked whether they would need to modify their homes with a ramp, chairlift, elevator, or wider doorways.<sup>14</sup> In response to this question, 29% of respondents indicated that they would need to make the change followed by 68% who said they would not, and 3% who were unsure.

### Bathroom Modifications

Respondents were also asked whether they thought they would need to make any modifications to their bathrooms.<sup>15</sup> Roughly one out of four (26%) of residents indicated that they would need to make bathroom modifications, compared to seven out of ten (71%) who did not feel they would need to make that change, while four percent were unsure.

### Move Bedroom, Bathroom, or Kitchen to First Floor

Residents were then asked if thought they would need a bedroom, bathroom, or kitchen on the ground level of their home.<sup>16</sup> Seventeen percent of respondents felt that they would need to make this change, while eighty percent felt they would not need to make this change, and four percent of respondents were unsure.

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<sup>14</sup> Question 15: "Easier access into or within your home such as a ramp, chairlift, or elevator, or wider doorways."

<sup>15</sup> Question 16: "Bathroom modifications."

<sup>16</sup> Question 17: "Putting a bedroom, bathroom, or kitchen on the first floor."

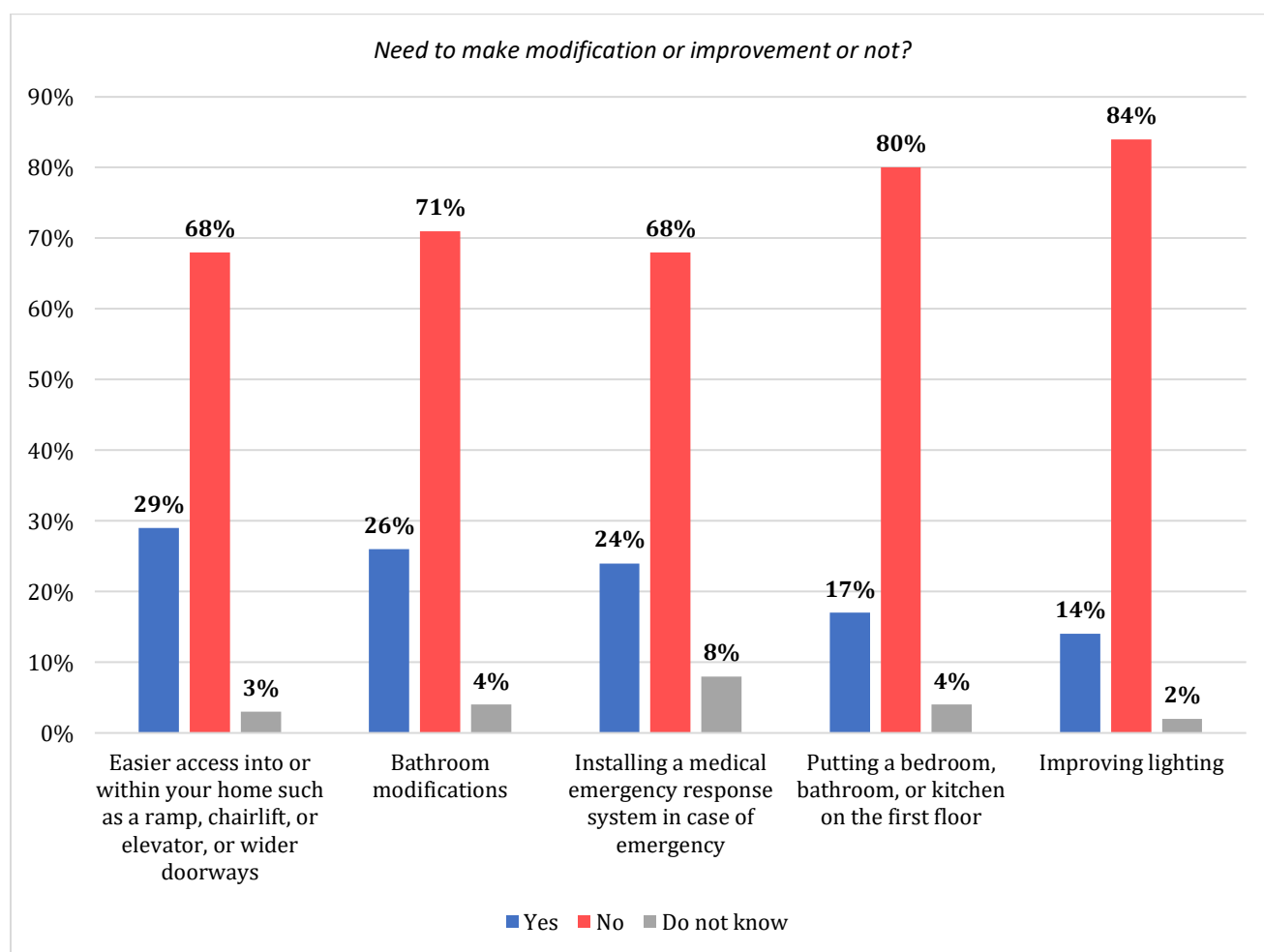
## Improved Lighting

Another possible home modification that was asked of citizens was the need for improved lighting.<sup>17</sup> About one out of ten (14%) of residents felt they would need improved lighting, while eight of ten (84%) indicated that they would not, with the remainder of respondents indicating that they were unsure (2%).

## Home Medical Emergency Response System

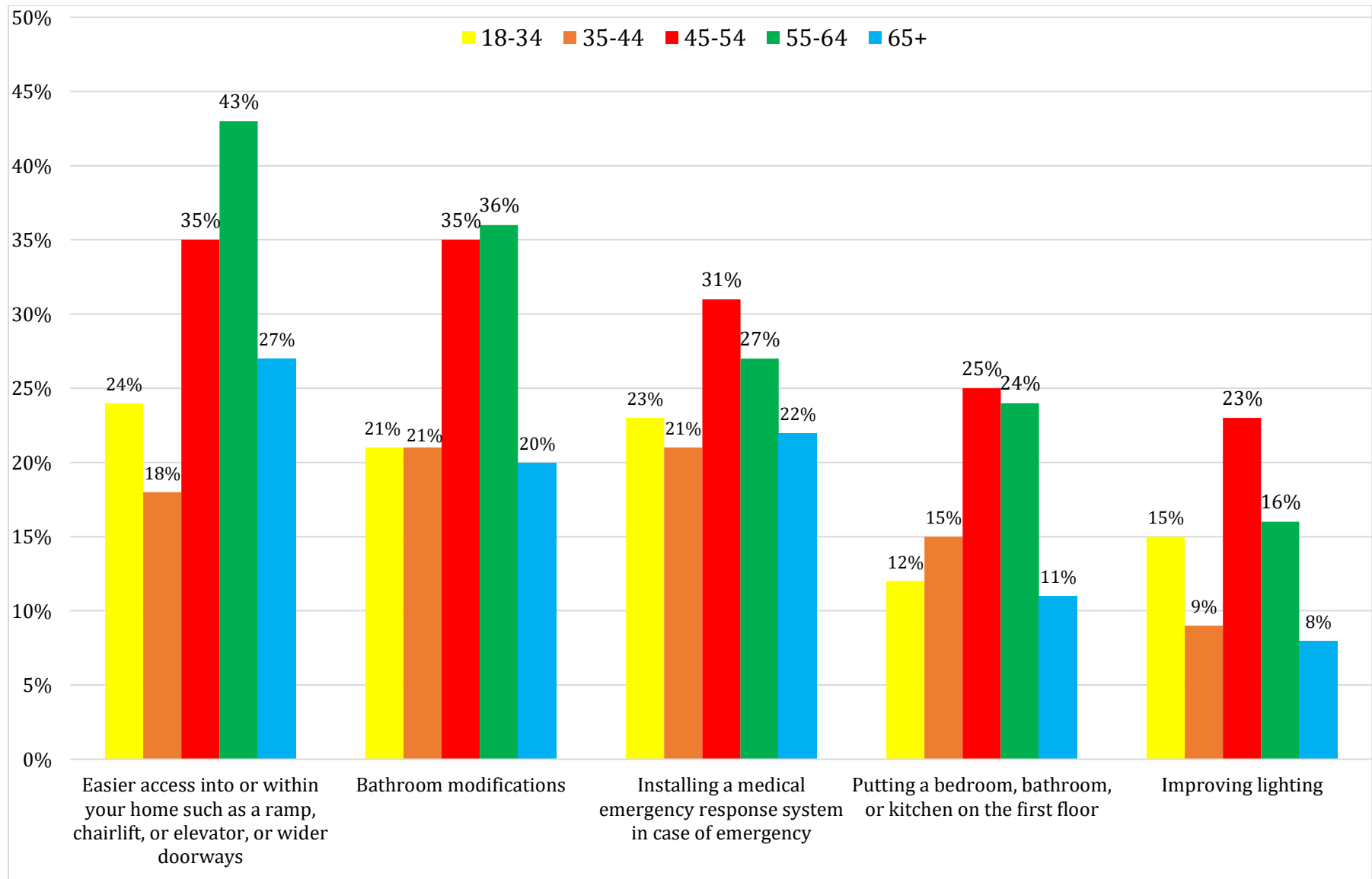
The last question in this battery of questions asked about the need for an in-home medical emergency response system.<sup>18</sup> About one-quarter of residents (24%), indicated that they would need to install a medical response system in their home. In contrast, sixty-eight percent indicated that they would not, while eight percent of respondents were unsure.

**Figure 7: Future Home Modifications and Improvements**



<sup>17</sup> Question 18: "Improving lighting."

<sup>18</sup> "Question 19 "Installing a medical emergency response system in case of emergency."

**Figure 8: Future Home Modifications and Improvements by Age Group**

## Importance of Amenities and Services

A key goal of the Survey was to determine the needs of Arnold residents. Specifically, needs related to home amenities, transportation, health and wellness, entertainment, and public service. Before respondents were asked about specific amenities, they were read the following prompt:

*Now, I want to ask you a few questions about some services and amenities in the City of Arnold. For each, please tell me whether you think it is important to have in the City of Arnold. If you think it is important, please answer YES. If you do not think it is important, please answer with a NO. If you are unsure or do not know please say so and we will move on.*

In total, respondents were asked about the importance of twenty-nine different amenities and services. Table 3 provides a ranked breakdown of all twenty-nine amenities from most important to least important.

A discussion of each specific category of amenity or services, beginning with home amenities, is discussed as follows.

**Table 3: Most Important Amenities and Services Ranked**

<b>Question Number</b>	<b>Amenity or Service</b>	<b>Percentage Important</b>
<b>Q29.</b>	Special transportation for elderly and disabled	89%
<b>Q31.</b>	Safe streets and intersections	89%
<b>Q26.</b>	Public buildings and facilities accessible to everyone	87%
<b>Q42.</b>	Affordable activities for all ages	87%
<b>Q20.</b>	Home repair contractors	84%
<b>Q25.</b>	Handicap friendly sidewalks	83%
<b>Q35.</b>	Convenient Health and Social Services	83%
<b>Q47.</b>	Information about volunteer and social activities	83%
<b>Q28.</b>	Accessible and affordable public transportation	82%
<b>Q36.</b>	Information on Local Supportive Services	82%
<b>Q41.</b>	Activities for older adults	82%
<b>Q37.</b>	Affordable home care services	81%
<b>Q38.</b>	Variety of health care professionals and specialists	81%
<b>Q45.</b>	Range of volunteer activities	81%
<b>Q22.</b>	Affordable housing	80%
<b>Q21.</b>	Seasonal services	78%
<b>Q27.</b>	Neighborhood watch programs	78%
<b>Q43.</b>	Activities involving younger and older people	77%
<b>Q46.</b>	Opportunities for older adults to participate in decision making bodies	77%
<b>Q48.</b>	Range of flexible opportunities for older adults	76%
<b>Q23.</b>	Homes designed for older adults	74%
<b>Q30.</b>	Public parking	74%
<b>Q40.</b>	Entertainment venues	73%
<b>Q32.</b>	Pedestrian crossings	70%
<b>Q34.</b>	Health and wellness programs and classes	70%
<b>Q24.</b>	Well-maintained and safe parks	68%
<b>Q33.</b>	Driver Education Courses	64%
<b>Q44.</b>	Activities for diverse populations	62%
<b>Q39.</b>	Health care professionals fluent in multiple languages	51%



## Home Amenities

The home amenities section of the survey asked residents about the importance of trustworthy home repair contractors, seasonal services, affordable housing options, and homes with medications catered towards the disabled or elderly. Figure 9 provides a graphical depiction of responses to this category of amenities and services. Figure 10 provides a breakdown of the percentage of respondents who said the amenity or service was important by age groups.

### Home Repair Contractors

When asked whether it was important to have trustworthy and affordable home repair contractors in the City of Arnold, eighty four percent of residents indicated that it was.<sup>19</sup> In contrast, twelve percent indicated that it was not important to have trustworthy and affordable home repair contractors with four percent of respondents indicating that they were unsure.

### Seasonal Services

Most Arnold residents (78%) believe that is important to have seasonal services such as lawn work or snow removal for low-income and older adults.<sup>20</sup> Only 17% of respondents indicated that it was not important, while 5% did not know.

### Affordable Housing

Affordable housing is also viewed as important amenity for Arnold residents.<sup>21</sup> Specifically, eighty percent of respondents indicated that it was important to have affordable housing options for adults of varying income levels and ages. Only fourteen percent indicated that it was not important, while six percent of residents were unsure.

### Homes Designed for Older Adults

Arnold residents were also asked about the importance that they placed on homes that are designed for older adults.<sup>22</sup> Specifically, when asked if it was important for homes to have features like no-step entries or first floor bedrooms and baths, seventy-four percent of residents answered that it was an important amenity for the City of Arnold to have. A small minority (22%) of residents believed that homes designed for older adults were not important, while five percent of respondents were unsure.

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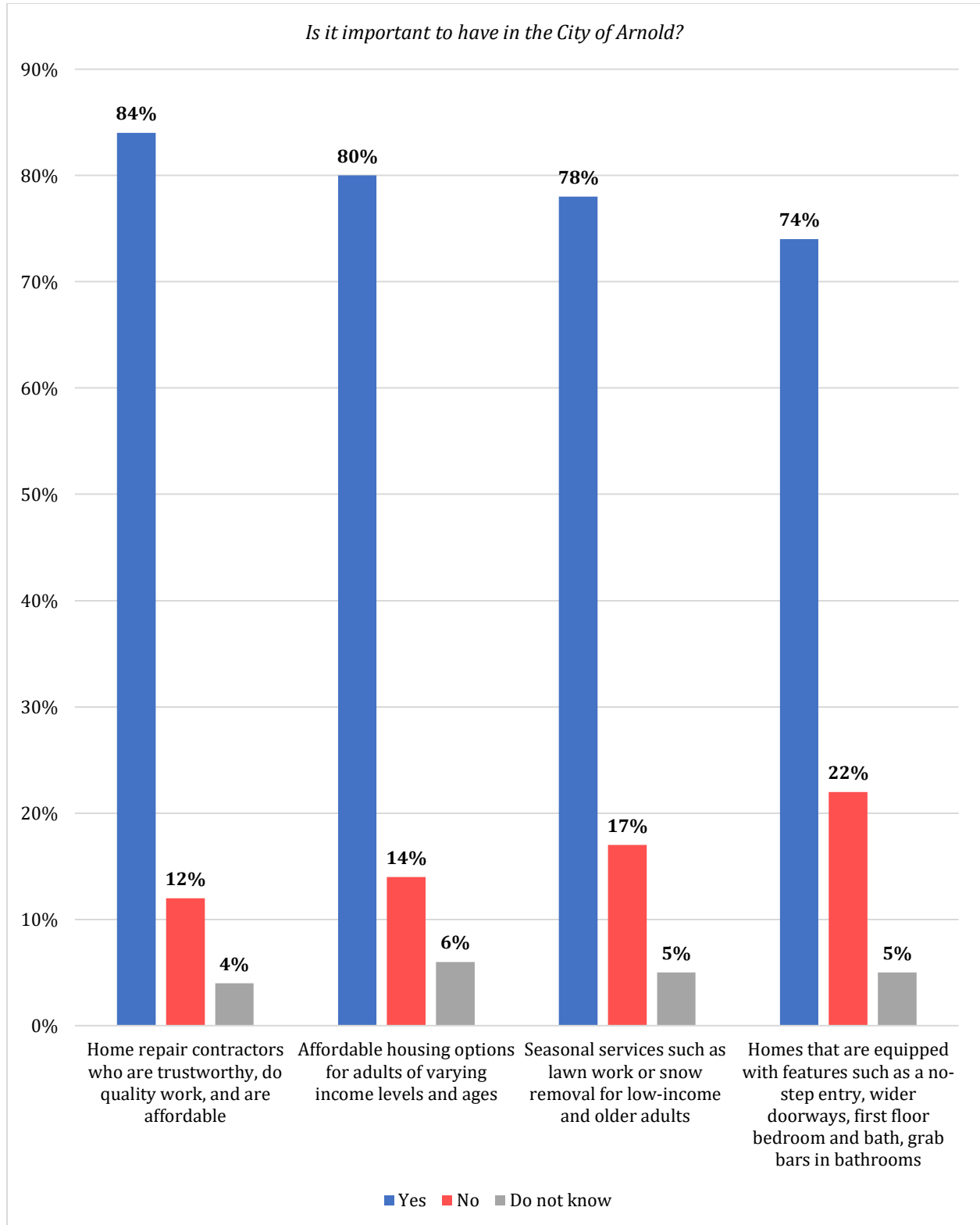
<sup>19</sup> Question 20: "Home repair contractors who are trustworthy, do quality work, and are affordable."

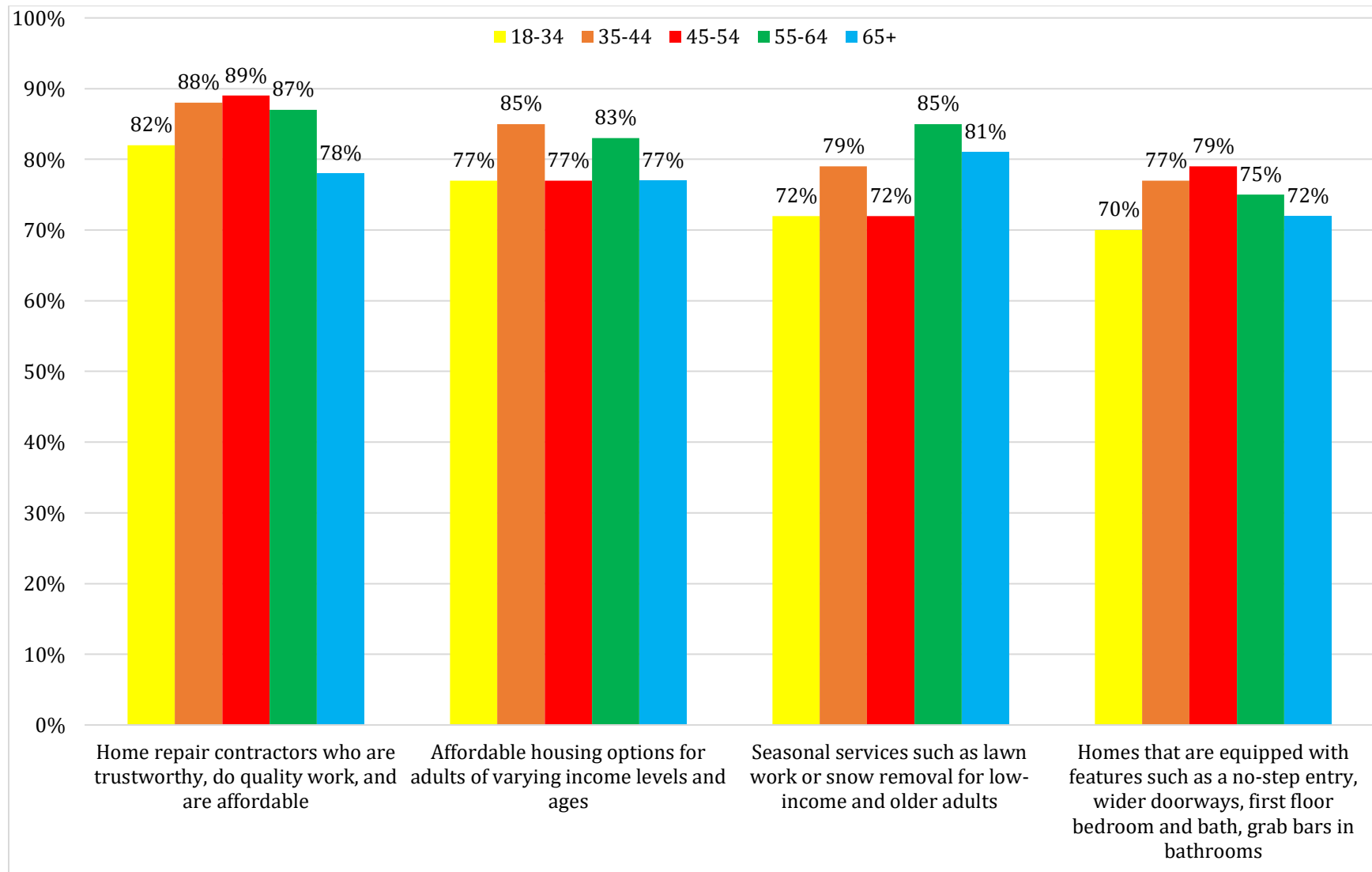
<sup>20</sup> Question 21: "Seasonal services such as lawn work or snow removal for low-income and older adults."

<sup>21</sup> Question 22: "Affordable housing options for adults of varying income levels and ages."

<sup>22</sup> Question 23: "Homes that are equipped with features such as a no-step entry, wider doorways, first floor bedroom and bath, grab bars in bathrooms."

**Figure 9: Importance Placed on Home Amenity**



**Figure 10: Importance Placed on Home Amenity by Age**

## Outdoor Spaces and Buildings

The next series of questions in the Survey asked about the importance of outdoor spaces and building amenities and services in the City of Arnold. Specifically, this series of questions asked about parks, sidewalks, public buildings, and neighborhood watch programs.

Figure 11 below provides a breakdown of responses to these questions. Table 4 below outlines the percentage of respondents who stated the amenity was important by various demographic subgroups.

### Well-Maintained and Safe Parks

When asked if it what is important to have well-maintained parks within walking distance of their homes, 68% of respondents indicated that it was.<sup>23</sup> One out of four residents (25%) indicated that it was not important to have, while seven percent of respondents were unsure.

### Handicap Friendly Sidewalks

Eighty-three percent of residents believe that it important for Arnold to have sidewalks that are in good condition and accessible to those with mobility issues.<sup>24</sup> Roughly one out of ten residents (12%) indicated that it was not important to have handicap friendly sidewalks, while five percent were unsure.

### Public Buildings and Facilities Accessible to Everyone

A large percentage of residents (87%) believe that it is important to have public building that are accessible to people of different physical abilities.<sup>25</sup> Eleven percent of residents do not believe it is important, with three percent of residents were unsure.

### Neighborhood Watch Programs

Residents were also asked about the importance of neighborhood watch programs.<sup>26</sup> A large majority of residents (78%) indicated that it was important to have in the City of Arnold, while thirteen percent said that it was not, and nine percent were unsure.

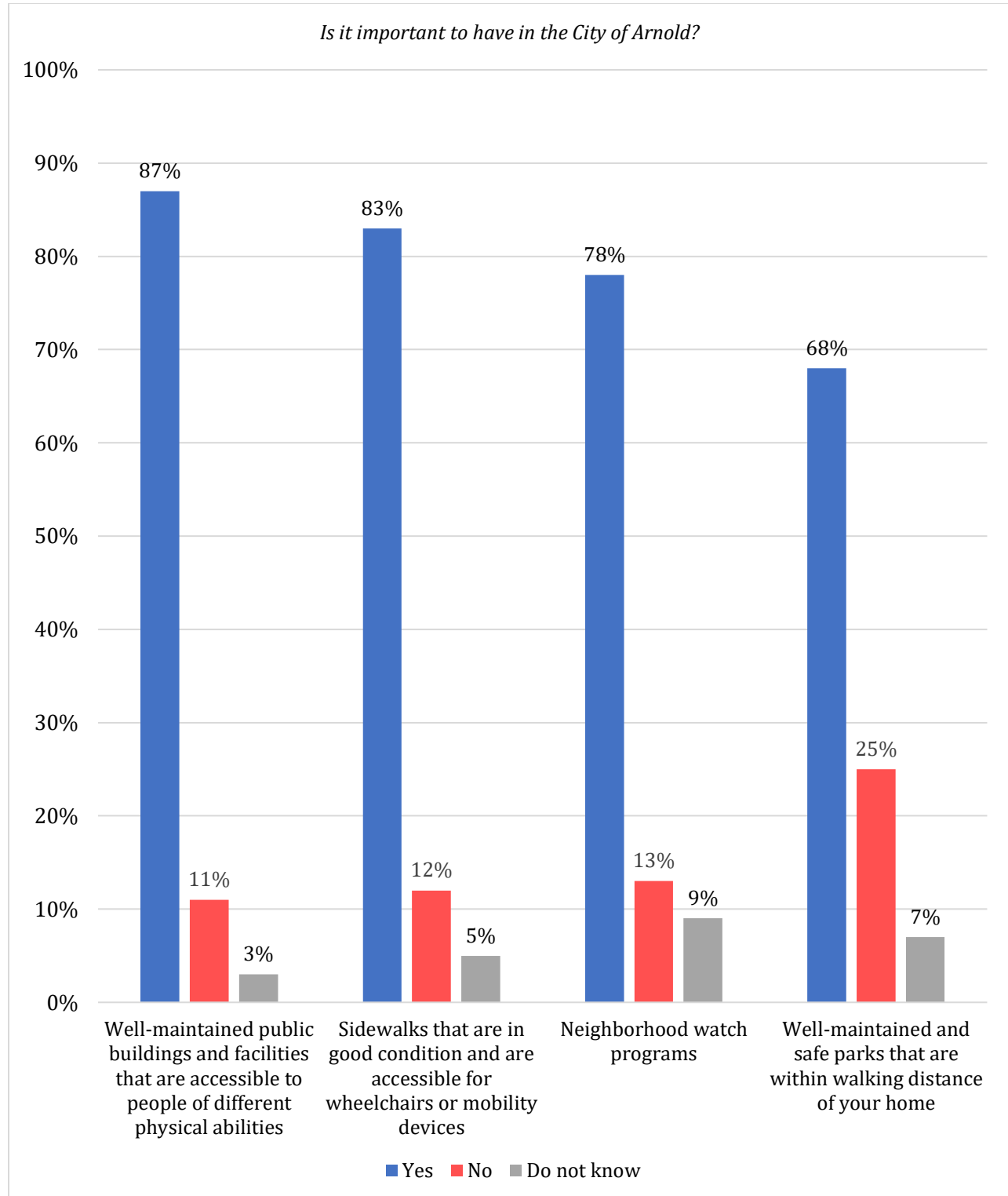
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<sup>23</sup> Question 24: "Well-maintained and safe parks that are within walking distance of your home."

<sup>24</sup> Question 25: "Sidewalks that are in good condition and are accessible for wheelchairs or mobility devices."

<sup>25</sup> Question 26: "Well-maintained public buildings and facilities that are accessible to people of different physical abilities."

<sup>26</sup> Question 27: "Neighborhood watch programs."

**Figure 11: Importance Placed on Outdoor Spaces and Building Amenity**

**Table 4: View of Outdoor Amenity as Important by Subgroup**

<b>Subgroup</b>	<b>Q24. Parks</b>	<b>Q25. Sidewalks</b>	<b>Q26. Public Buildings</b>	<b>Q27. Neighborhood Watch</b>
Overall	68%	83%	87%	78%
Sex				
Male	66%	77%	82%	72%
Female	70%	88%	90%	83%
Age				
18-34	64%	84%	88%	79%
35-44	63%	72%	79%	66%
45-54	74%	89%	88%	85%
55-65	73%	88%	91%	85%
65+	69%	80%	86%	73%
55<	67%	82%	85%	77%
55+	71%	84%	88%	79%
Sex/Age				
Men<55	67%	78%	83%	71%
Men 55+	64%	75%	81%	73%
Women <55	66%	87%	89%	84%
Women 55+	75%	89%	92%	82%
Education				
Non-College Graduate	69%	85%	87%	79%
College Graduate	67%	77%	84%	74%
Marital Status				
Married	68%	83%	89%	80%
Not Married	68%	83%	83%	73%

## Transportation and Streets

The next series of questions in the Survey asked about the importance of amenities and services related to transportation and streets. This series of questions asked about public transportation, special transportation for older adults, parking, streets and intersections, pedestrian crossings, and driver education refresher courses.

Figure 12 below provides a breakdown of responses to these questions. Table 5 below outlines the percentage of respondents who stated the amenity was important by various demographic subgroups.

### Accessible and Affordable Public Transportation

A sizeable majority of residents (82%) believe that it is important for Arnold to have accessible and affordable public transportation.<sup>27</sup> Thirteen percent of residents do not believe it is important, while six percent were unsure.

### Transportation for Elderly and Disabled

Nearly nine out of ten residents (89%) said that it was important for Arnold to have special transportation for the elderly and disabled.<sup>28</sup> Eight percent of resident stated it was not important to have special transportation for people with disabilities and older adults, while four percent were unsure.

### Public Parking

Approximately three out of four residents (74%) indicated that it was important for Arnold to have public parking lots and areas to park.<sup>29</sup> Nearly one in five (19%) residents did not believe it was important, while seven percent of respondents were unsure.

### Safe Streets and Intersections

Another aspect of transportation measured in the Survey was the importance of well-lit safe streets and intersections.<sup>30</sup> The overwhelming majority of residents (89%) indicated that it was important to have in the City of Arnold. A small minority of residents (8%) indicated that it was not important, and three percent were unsure.

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<sup>27</sup> Question 28: "Accessible and affordable public transportation."

<sup>28</sup> Question 29: "Special transportation services for people with disabilities and older adults."

<sup>29</sup> "Question 30: "Public parking lots, spaces, and areas to park."

<sup>30</sup> Question 31: "Well-lit, safe streets and intersections for all users (pedestrians, bicyclists, drivers)."

## **Pedestrian Crossings**

When asked about audio or visual pedestrian crossings in the City of Arnold, 70% of residents indicated that it was important.<sup>31</sup> In contrast, 21% of respondents indicated that audio or visual crossings were not important, while 10% were unsure.

## **Driver Education Courses**

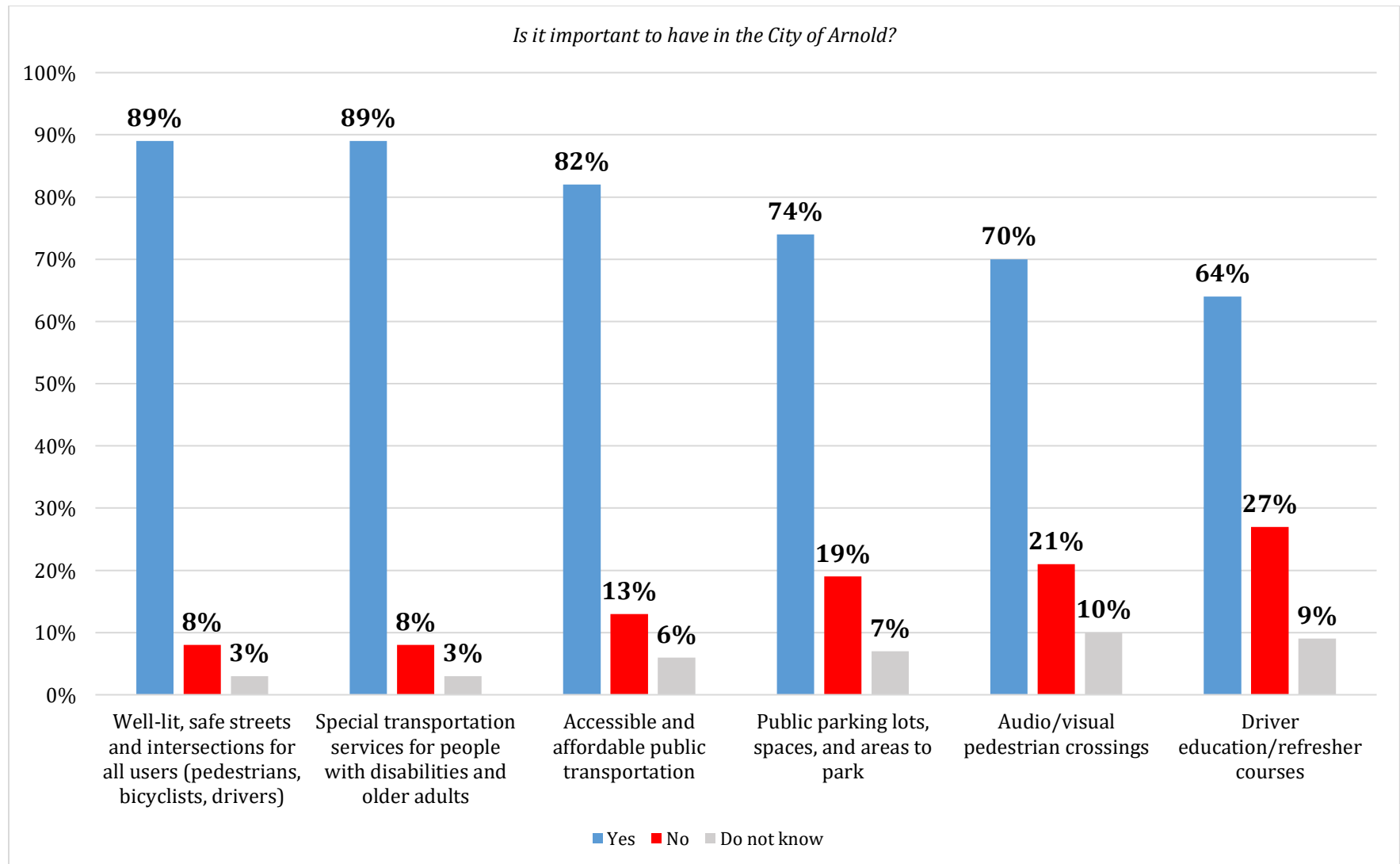
Arnold residents were also asked about the importance that they placed on driver education or refresher courses.<sup>32</sup> Interestingly sixty-four percent of residents indicated that it was important to have driver education or refresher courses in the City of Arnold. In contrast, twenty-seven percent of respondents did not believe it was important, while nine percent were unsure.

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<sup>31</sup> Question 32: "Audio/visual pedestrian crossings."

<sup>32</sup> Question 33: "Driver education/refresher courses."



**Figure 12: Importance Placed on Transportation and Streets Amenity**

**Table 5: View of Transportation and Streets Amenity as Important by Subgroup**

<b>Subgroup</b>	<b>Q28. Public Trans</b>	<b>Q29. Sidewalks</b>	<b>Q30. Public Buildings</b>	<b>Q31. Neighborhood Watch</b>	<b>Q32. Pedestrian Crossing</b>	<b>Q33. Driver Education</b>
Overall	82%	89%	74%	89%	70%	64%
Sex						
Male	76%	85%	69%	84%	70%	58%
Female	87%	93%	79%	94%	69%	70%
Age						
18-34	82%	94%	69%	84%	76%	59%
35-44	78%	81%	69%	85%	57%	66%
45-54	85%	92%	83%	98%	80%	69%
55-65	81%	91%	79%	95%	63%	67%
65+	83%	85%	74%	87%	69%	63%
55<	82%	90%	73%	88%	72%	64%
55+	82%	88%	76%	91%	66%	65%
Sex/Age						
Men<55	77%	87%	72%	83%	73%	61%
Men 55+	76%	80%	63%	86%	61%	53%
Women <55	88%	93%	74%	94%	70%	68%
Women 55+	85%	92%	84%	93%	69%	72%
Education						
Non-College Graduate	82%	90%	76%	89%	69%	66%
College Graduate	82%	86%	70%	90%	70%	61%
Marital Status						
Married	80%	88%	75%	90%	66%	66%
Not Married	85%	92%	72%	89%	76%	64%

## Health and Wellness

Amenities and services related to health and wellness are important components of an age-friendly community. As a result, residents were asked to rate the importance of having several health and wellness amenities and services in the City of Arnold.

Specifically, respondents were asked whether it was important to have wellness programs (such as classes on nutrition or weight control), conveniently located health services, easy to find information on supportive services, affordable home care services, and a variety of health care professionals including those who speak multiple languages.

Figure 13 provides a breakdown of responses to the health and wellness questions. Table 6 shows the percentage of respondents, among various demographic subgroups, who stated that it was important have that amenity in the City of Arnold.

### Health and Wellness Programs and Classes

When asked about the salience of programs such as nutrition, smoking cessation, and weight control, 70% of respondents indicated that it was important to have in the City of Arnold.<sup>33</sup> A smaller percentage of respondents, 22% indicated that it was not important, while 8% of residents were unsure.

### Convenient Health and Social Services

Eighty-three percent of residents believe that it important to have conveniently located health and social service in the City of Arnold.<sup>34</sup> Twelve percentage of respondents indicated that it was not important, and five percent of respondents were unsure.

### Information on Local Supportive Services

Eighty-two percent of residents believe that it is important to have easy to find information on health and supportive services in Arnold.<sup>35</sup> Twelve percent of respondent indicated that it was not important, while seven percent were unsure.

### Affordable Home Care Services

Eighty-one percent of respondents stated that it was important to have affordable home care services in the City of Arnold.<sup>36</sup> Eleven percent believed that it was not important, while eight percent of respondents were unsure.

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<sup>33</sup> Question 34: "Health and wellness programs and classes in areas such as nutrition, smoking cessation, and weight control."

<sup>34</sup> Question 35: "Conveniently located health and social services."

<sup>35</sup> Question 36: "Easy to find information on local health and supportive services."

<sup>36</sup> Question 37: "Affordable home care services including health, personal care and housekeeping."

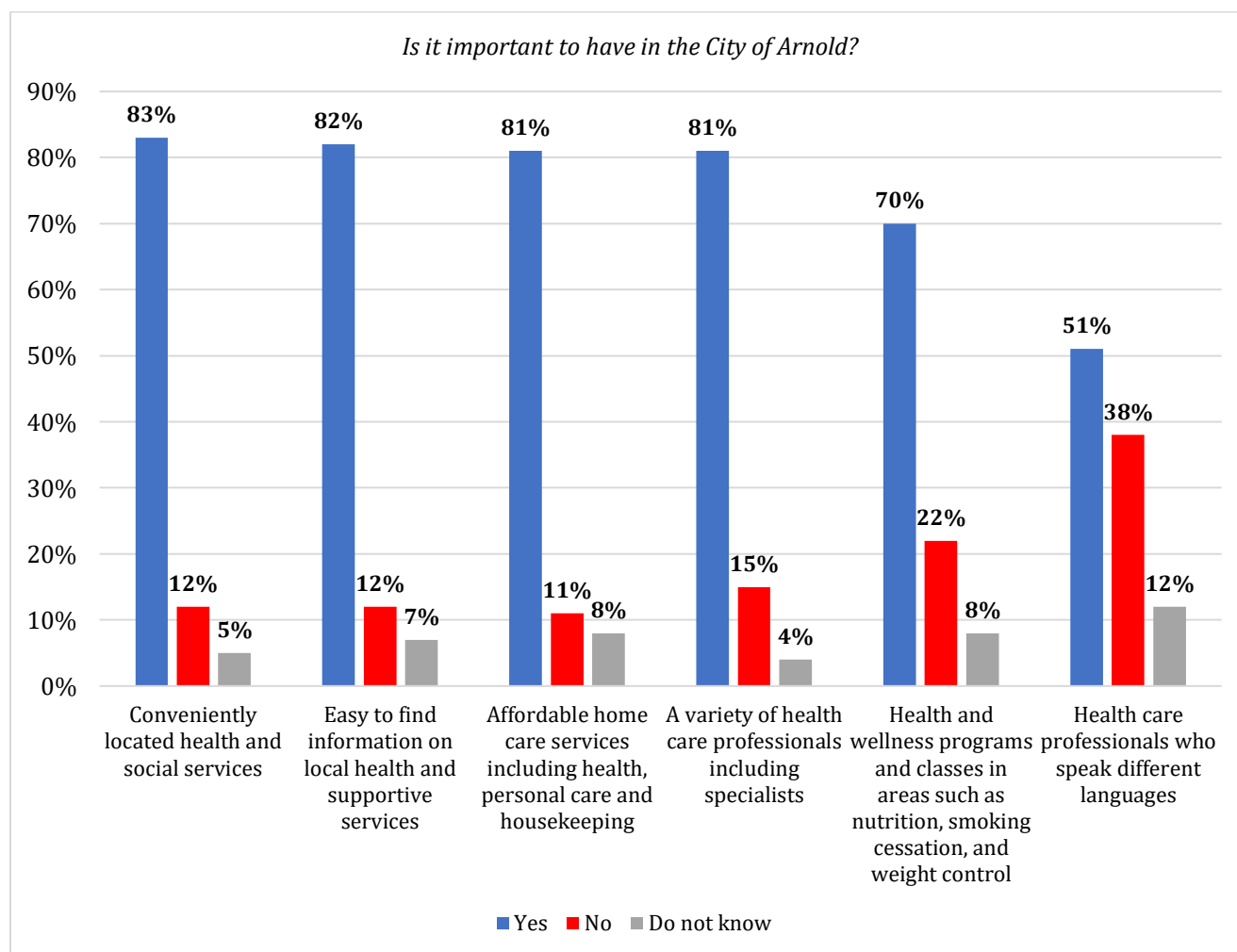
## Variety of Health Care Professionals and Specialists

Eighty-one percent of respondents agreed that it was important to have a variety of health care specialists in the City of Arnold.<sup>37</sup> This is compared to fifteen percent who indicated that it was not important, and four percent who were unsure.

## Health Care Professionals Fluent in Multiple Languages

A small majority of residents (51%) believe it is important to have health care professional who speak different languages.<sup>38</sup> Thirty-eight percent of residents stated that it was not important to have health care professionals who speak different languages in Arnold, while twelve percent of respondents were unsure.

**Figure 13: Importance Placed on Health and Wellness Amenity**



<sup>37</sup> Question 38: "A variety of health care professionals including specialists."

<sup>38</sup> Question 39: "Health care professionals who speak different languages."

**Table 6: View of Health and Wellness Amenity as Important by Subgroup**

<b>Subgroup</b>	<b>Q34. Health Programs</b>	<b>Q35. Social Services</b>	<b>Q36. Easy to Find Info</b>	<b>Q37. Affordable Home Care</b>	<b>Q38. Variety of Specialists</b>	<b>Q39. Different languages</b>
Overall	70%	83%	82%	81%	81%	51%
Sex						
Male	65%	78%	79%	75%	74%	49%
Female	74%	88%	85%	86%	86%	52%
Age						
18-34	66%	76%	74%	85%	75%	50%
35-44	66%	76%	79%	63%	75%	57%
45-54	72%	94%	92%	85%	89%	51%
55-65	72%	88%	88%	87%	87%	59%
65+	72%	83%	81%	81%	80%	38%
55<	68%	81%	80%	79%	79%	52%
55+	72%	85%	84%	84%	83%	48%
Sex/Age						
Men<55	66%	77%	78%	75%	73%	52%
Men 55+	63%	80%	80%	75%	76%	42%
Women <55	70%	87%	83%	83%	85%	52%
Women 55+	77%	88%	87%	89%	87%	51%
Education						
Non-College Graduate	70%	83%	81%	81%	80%	49%
College Graduate	68%	83%	85%	79%	82%	53%
Marital Status						
Married	69%	84%	82%	78%	81%	51%
Not Married	70%	81%	81%	85%	80%	49%

## Entertainment and Activities

This portion of the Survey asked residents about the importance that they placed on different entertainment activities. Respondents were asked about the importance of entertainment venues, activities catered to older adults, affordable activities, activities for young and older individuals, as well as a variety of cultural activities.

Figure 14 provides a breakdown of responses to these questions. Table 7 outlines the percentage of respondents who stated the amenity was important by various demographic subgroups.

### Entertainment Venues

Seventy-three percent of residents believe that it important for Arnold to have conveniently located venues for entertainment.<sup>39</sup> In contrast, one out of five (20%) residents, indicated that it was not important, while seven percent were unsure.

### Activities for Older Adults

Eighty-two percent of respondents stated that it was important to have activities specifically geared toward older adults.<sup>40</sup> Fourteen percent indicated that it was not important to have these types of activities, while five percent of respondents were unsure.

### Affordable Activities for All Ages

Eighty-seven percent of respondent indicated that it was important to have gave activities that were affordable to all residents.<sup>41</sup> One out of ten residents (10%) did not believe that it was important to have activities affordable for all, while four percent were unsure.

### Activities Involving Young and Older People

Seventy-seven percent of residents believe that it important to have activities involving younger and older people in the City of Arnold.<sup>42</sup> Fifteen percent of respondents stated that it was not important to have to have activities involving those young and old in Arnold, while nine percent of residents were unsure.

### Activities for Diverse Populations

Sixty-two percent of residents believe that it is important to have a variety of cultural activities for diverse populations.<sup>43</sup> Comparatively speaking, twenty-seven percent of respondents did not believe it was important, while eleven percent were unsure.

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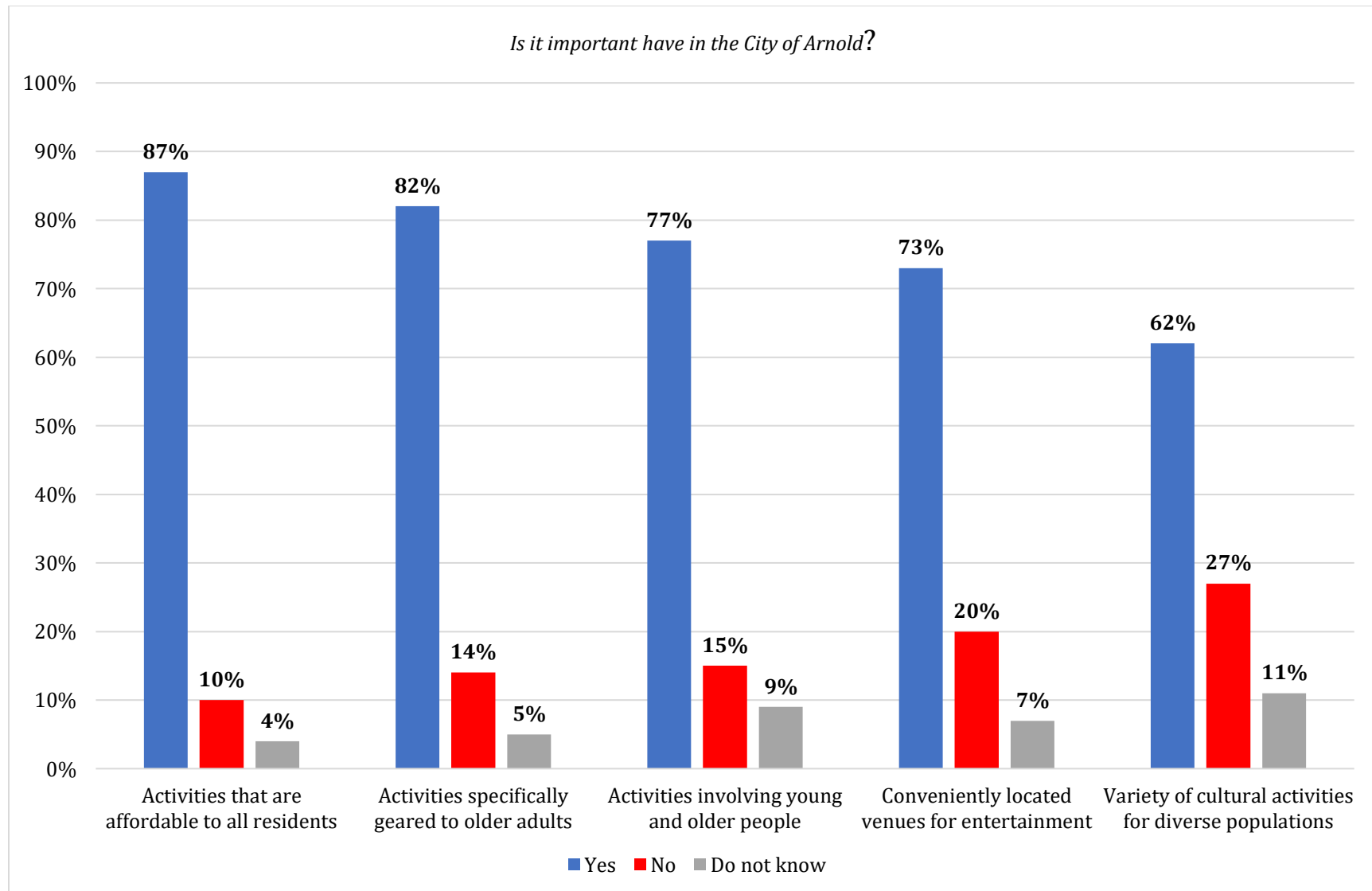
<sup>39</sup> Question 40: "Conveniently located venues for entertainment."

<sup>40</sup> Question 41: "Activities specifically geared to older adults."

<sup>41</sup> Question 42: "Activities that are affordable to all residents."

<sup>42</sup> Question 43: "Activities involving young and older people."

<sup>43</sup> Question 44: "Variety of cultural activities for diverse populations."

**Figure 14: Importance Placed on Entertainment Amenity**

**Table 7: View of Entertainment Amenity as Important by Subgroup**

<b>Subgroup</b>	<b>Q40. Entertainment Venues</b>	<b>Q41. Activities for Older Adults</b>	<b>Q42. Affordable Activities</b>	<b>Q43. Activities Young/Old</b>	<b>Q44. Cultural Activities</b>
Overall	73%	82%	87%	77%	62%
Sex					
Male	70%	77%	82%	72%	58%
Female	77%	87%	91%	80%	66%
Age					
18-34	65%	86%	85%	74%	54%
35-44	62%	75%	78%	71%	62%
45-54	83%	91%	94%	89%	72%
55-65	83%	80%	92%	81%	60%
65+	77%	78%	85%	71%	66%
55<	69%	84%	85%	77%	61%
55+	80%	79%	88%	76%	63%
Sex/Age					
Men<55	67%	83%	83%	73%	58%
Men 55+	76%	64%	80%	69%	56%
Women <55	72%	86%	89%	81%	64%
Women 55+	81%	87%	93%	79%	68%
Education					
Non-College Graduate	74%	84%	87%	78%	64%
College Graduate	71%	76%	84%	72%	55%
Marital Status					
Married	74%	82%	84%	78%	62%
Not Married	72%	82%	91%	73%	61%



## **Social Participation and Inclusion**

This section of the survey asked residents about the importance of social participation and inclusion opportunities. Respondents were asked about the importance of having a range of volunteer activities to choose from, opportunities for older adults to participate in decision making bodies, easy to find information about volunteer activities, and job opportunities for older adults.

Figure 15 displays the responses to this series of questions. Table 8 below outlines the percentage of respondents who stated the amenity was important by various demographic subgroups.

### **Range of Volunteer Activities**

Eighty-one percent of residents indicated that it was important to have a range of volunteer activities to choose from the City.<sup>44</sup> Thirteen percent of respondents did not believe it was important to have the in City, while six percent of residents were unsure.

### **Opportunities for Older Adults to Participate in Decision Making Bodies**

Seventy-seven percent of residents stated that it was important to have opportunities for older adults to participate in decision making bodies.<sup>45</sup> Sixteen percent of respondent believe that it was not important, while eight percent of respondents were unsure.

### **Information about Volunteer and Social Activities**

Eighty-three percent of residents indicated that it was important to have easy to find information about local volunteer opportunities in Arnold.<sup>46</sup> Eleven percent of residents indicated it was not important, while seven percent of respondents were unsure.

### **Range of Flexible Opportunities for Older Adults**

Seventy-six percent of respondents stated that it was important for Arnold to have a range of flexible job opportunities for older residents to choose from.<sup>47</sup> Seventeen percent of residents did not believe it was important, while seven percent of respondents were unsure.

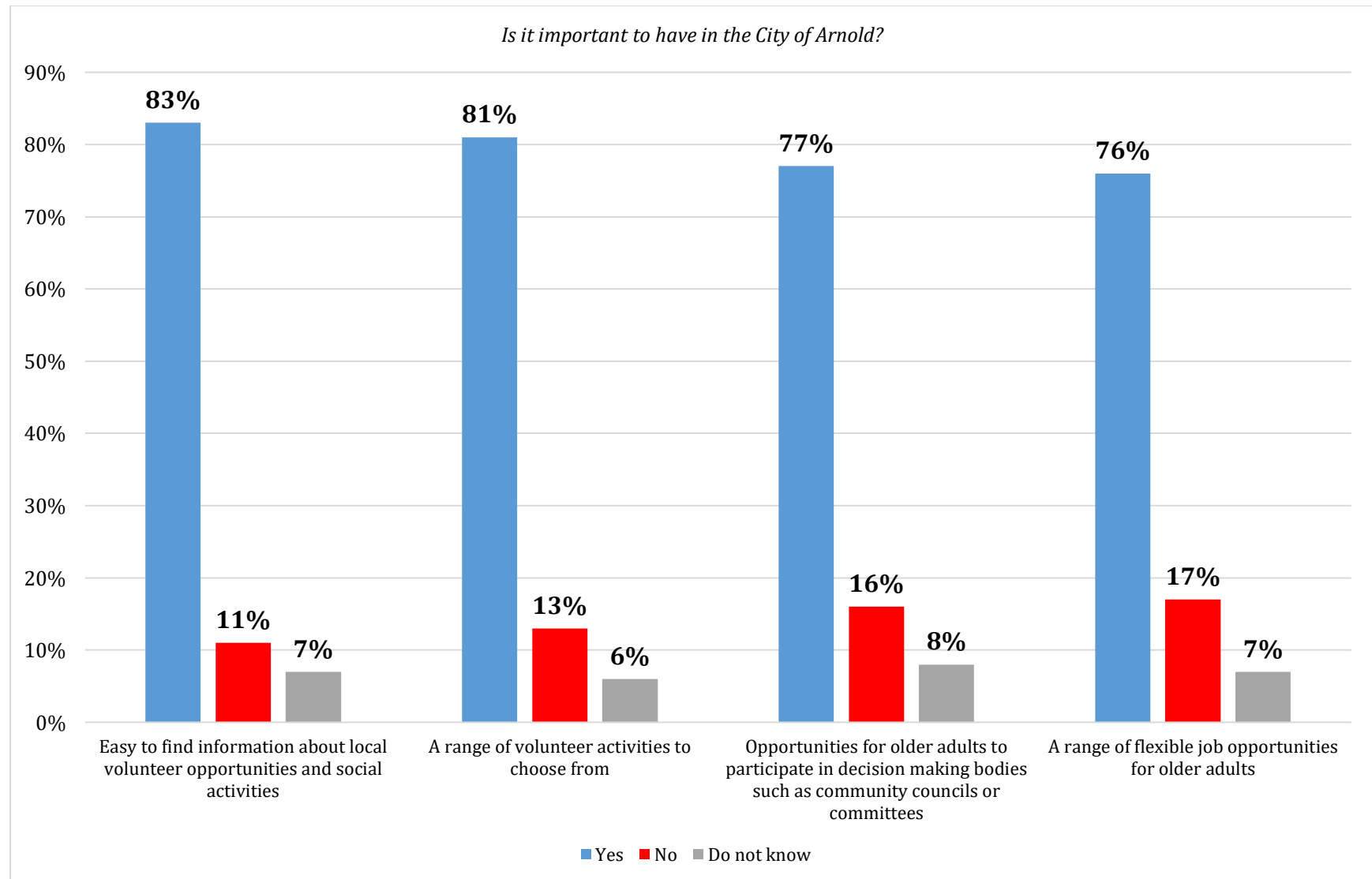
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<sup>44</sup> Question 45: "A range of volunteer activities to choose from."

<sup>45</sup> Question 46: "Opportunities for older adults to participate in decision making bodies such as community councils or committees."

<sup>46</sup> Question 47: "Easy to find information about local volunteer opportunities and social activities."

<sup>47</sup> Question 48: "A range of flexible job opportunities for older adults."

**Figure 15: Importance Placed on Social Participation Amenity**

**Table 8: View of Social Participation Amenity as Important by Subgroup**

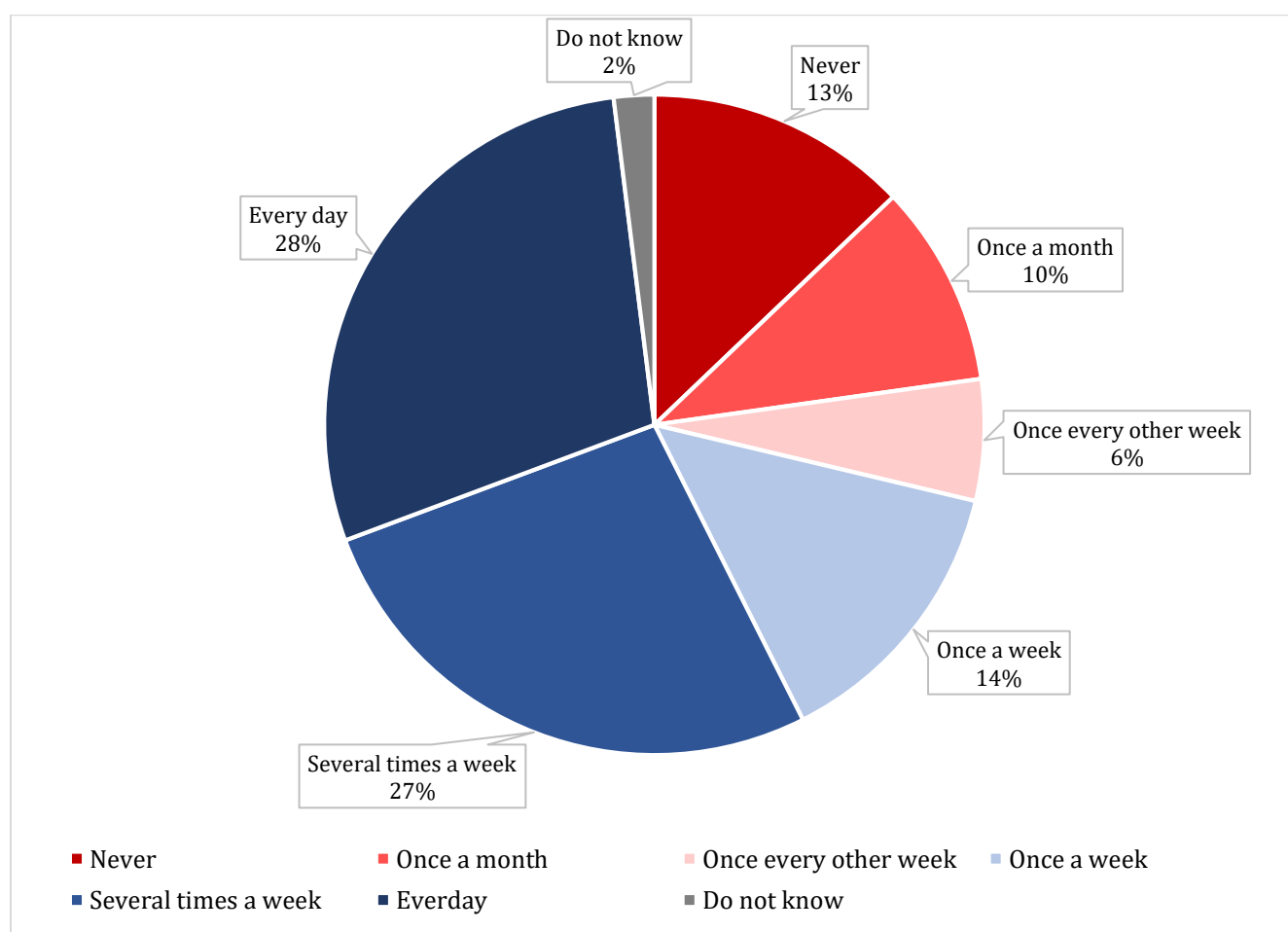
<b>Subgroup</b>	<b>Q45. Volunteer Activities</b>	<b>Q46. Decision Making Bodies</b>	<b>Q47. Information Volunteer Activities</b>	<b>Q48. Jobs Older Adults</b>
Overall	81%	77%	83%	76%
Sex				
Male	77%	76%	80%	71%
Female	85%	78%	86%	80%
Age				
18-34	86%	75%	80%	68%
35-44	66%	71%	81%	69%
45-54	88%	83%	91%	86%
55-65	81%	84%	87%	88%
65+	81%	73%	79%	72%
55<	81%	76%	83%	73%
55+	81%	78%	83%	80%
Sex/Age				
Men<55	78%	76%	81%	69%
Men 55+	75%	76%	78%	76%
Women <55	84%	76%	86%	79%
Women 55+	85%	79%	85%	81%
Education				
Non-College Graduate	82%	77%	83%	76%
College Graduate	78%	76%	83%	76%
Marital Status				
Married	80%	78%	84%	77%
Not Married	83%	73%	81%	73%

## Frequency of Exercise

The Survey also asked respondents about their exercise habits. Specifically, respondents were asked to indicate the degree to which they engage in some form of physical exercise.<sup>48</sup> Figure 16 provides a breakdown of the exercise habits of Arnold residents.

Approximately one out of ten residents (13%) do not exercise at all, while a similar amount (10%) only exercise once a month. Six percent of Arnold residents exercise about once every other week, while fourteen percent exercise once a week. Twenty-seven percent of respondents indicated that they exercised several times a week, and twenty-eight percent indicated they exercised every day.

**Figure 16: Frequency of Exercise**

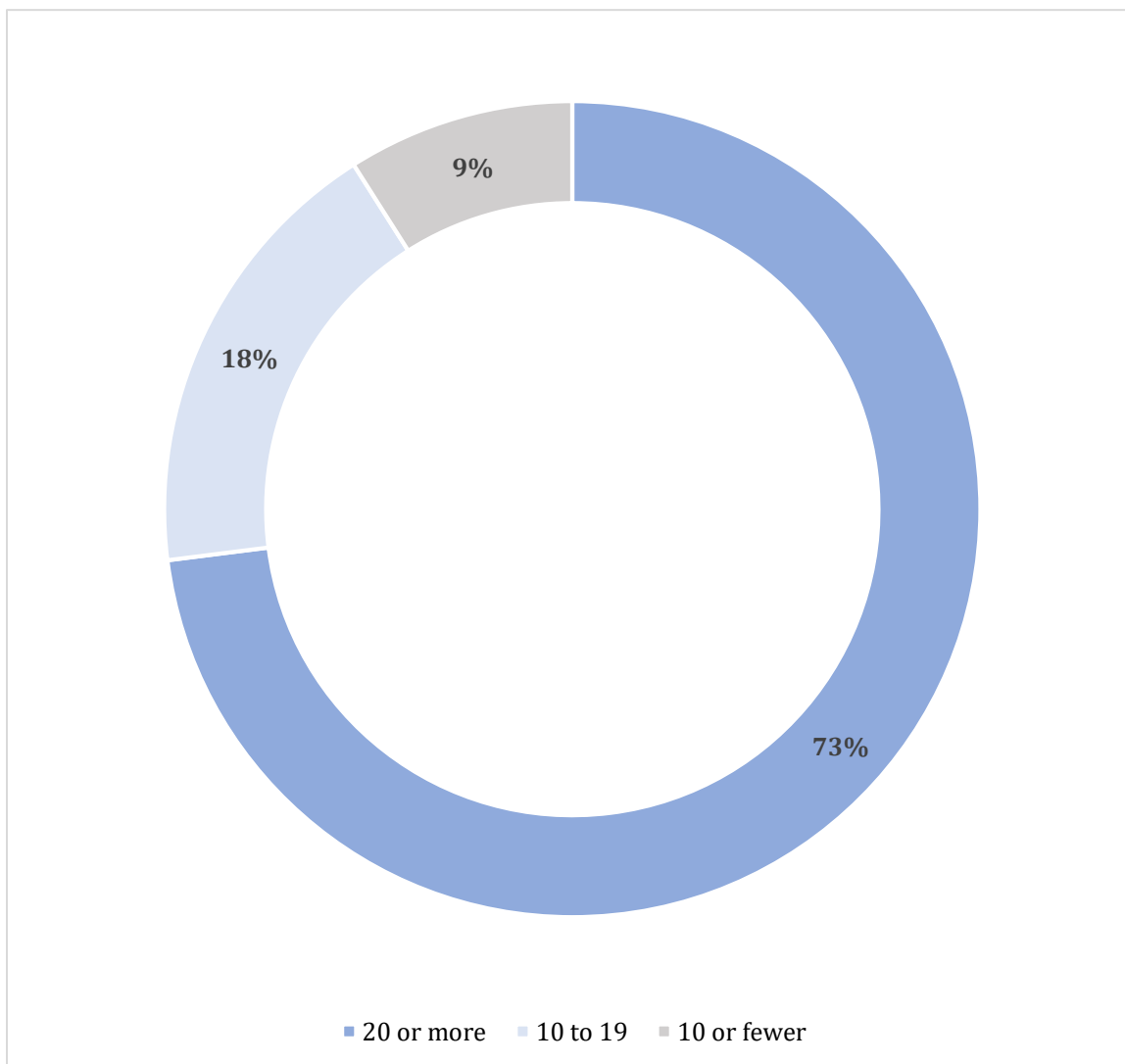


<sup>48</sup> Question 54: "How often do you engage in some form of physical exercise (such as walking, running, biking, swimming, sports, strength training, yoga, stretching)?"

## Length of Arnold Residency

Respondents were asked to identify the number of years that they had lived in City of Arnold.<sup>49</sup> A large majority of residents (73%) indicated that they had lived in the City of Arnold for twenty years or more, compared to eighteen percent who indicated ten to nineteen years, and nine percent who said fewer than ten years. Figure 17 provides a visual depiction of survey responses to this question.

**Figure 17: Length of Arnold Residency in Years**



<sup>49</sup> Question 60: "How many years have you lived in Arnold: twenty or more, between ten and nineteen, or fewer than ten?"

## Health Care Coverage

The final substantive questions of the Survey asked respondents about their health care coverage. Respondents were asked whether they received health care through a current or past employer, how they purchased their insurance, and whether they received health care through Medicare, Medicaid, or from the Veterans Administration. Figure 18 provides a breakdown of the types of health care provided to residents.

### Employer Based Insurance

Seventy-six percent of Arnold residents indicated that they receive insurance through a current or former employer.<sup>50</sup> Twenty-two percent of respondents do not receive insurance through a current or former employer, while three percent were unsure or refused to answer the question.

### Private Insurance

Forty-three of respondents purchase insurance directly from an insurance company.<sup>51</sup> In contrast, fifty-three percent of respondents do not purchase insurance directly from an insurance company, while five percent of respondents were unsure or refused to answer the question.

### Medicare

Twenty-seven percent of respondents indicated that they receive health care coverage through Medicare.<sup>52</sup> Seventy-two percent of respondents stated that they did not receive insurance through Medicare, while one percent stated that they were unsure or refused to answer the question.

### Medicaid or Low-Income Government Assistance

Twenty-percent of Arnold residents indicated that they receive health care through Medicaid.<sup>53</sup> In contrast, seventy-eight percent of respondents did not receive health care coverage through Medicaid, while two percent of respondent were unsure or refused to answer the question.

### Veteran's Administration

Eighteen percent of respondents indicated they received health care coverage through the Veterans Administration.<sup>54</sup> Eighty percent of respondents indicated that they did not receive health care coverage through the Veterans Administration, while two percent of residents were unsure or refused to answer the question.

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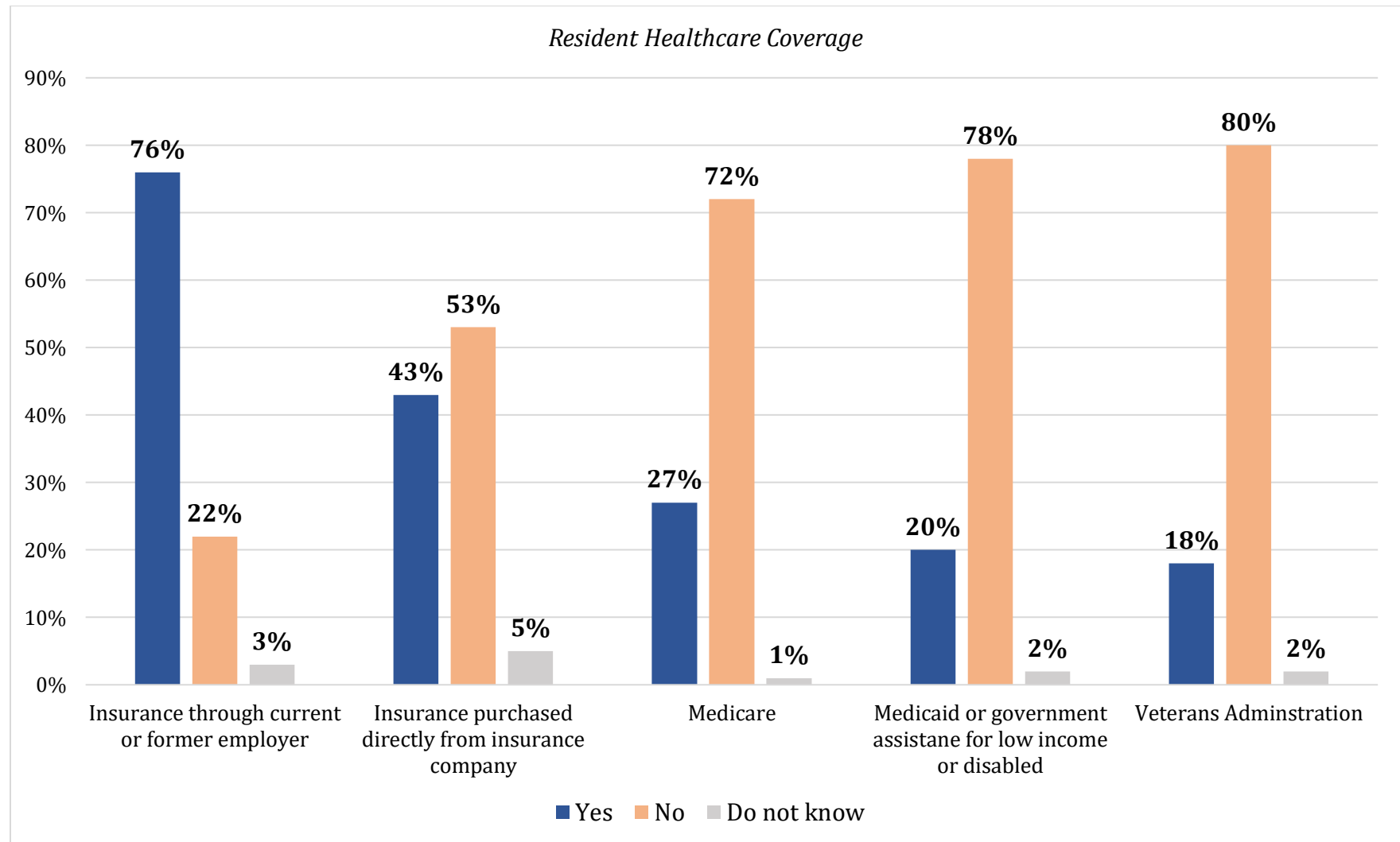
<sup>50</sup> Question 49: "Insurance through a current or former employer of yours or your spouse."

<sup>51</sup> Question 50: "Insurance purchased directly from an insurance company (not through an employer)."

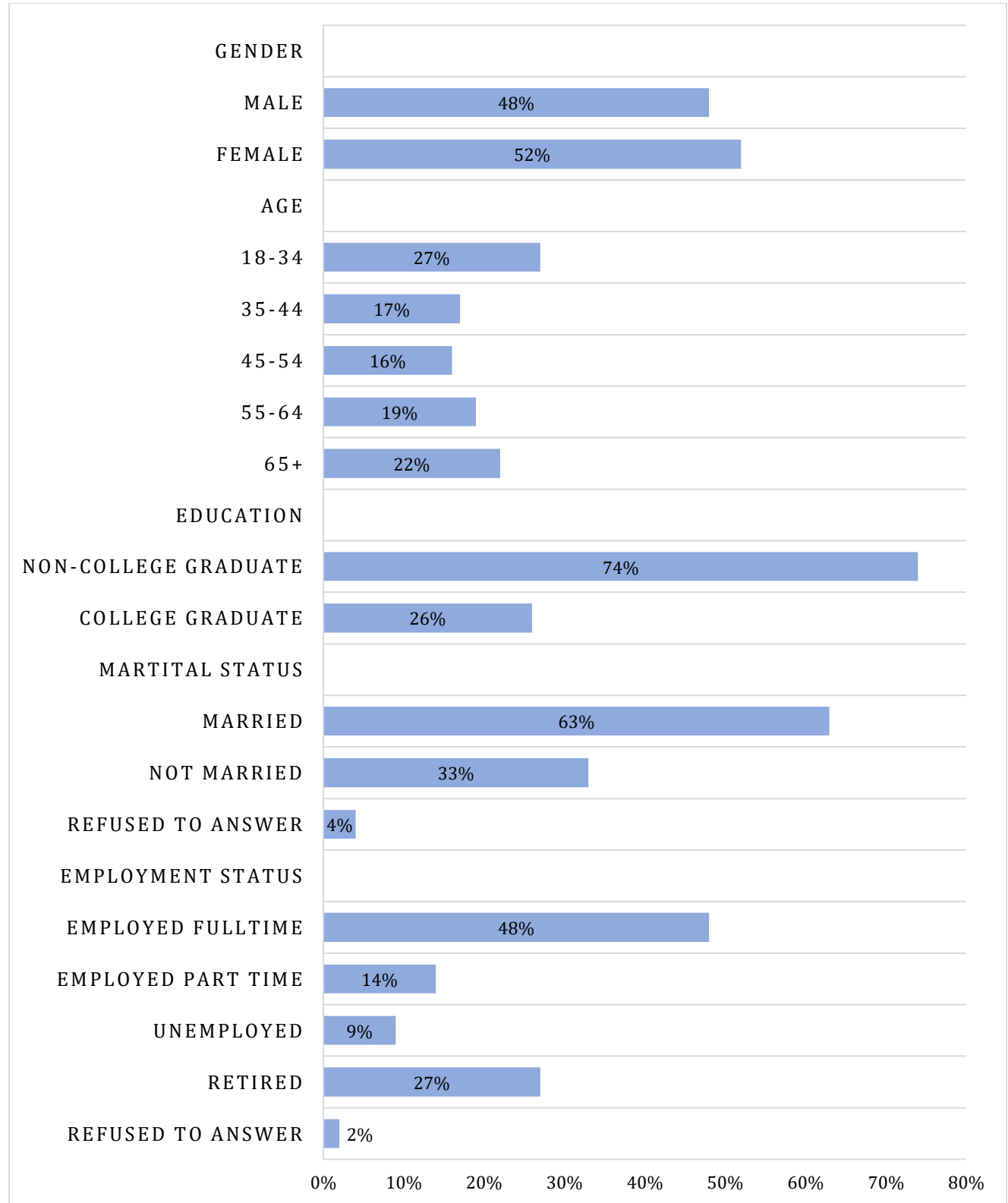
<sup>52</sup> Question 51: "Medicare (for people 65 and older or people with certain health disabilities)."

<sup>53</sup> Question 52: "Medicaid or any kind of government assistance plan for those with low incomes or a disability."

<sup>54</sup> Question 53: "Veterans Administration or other military health care."

**Figure 18: Types of Respondent Health Care Coverage**

## Demographic Profile of Respondents





## Methodology

Telephone interviews were administered to a random sample of 400 adults over the age of eighteen in Arnold, Missouri. The sample of respondents was drawn using standard probability techniques from a list of residents from the City of Arnold. Surveys were administered to both landline and cellular phones.

Interviews were conducted between November 27, 2018 and December 6, 2018 by a national interviewing firm. Each demographic group (e.g. gender and age) is represented in proportion to their percentage of residents in the City of Arnold, Missouri.

The sampling error, at the ninety-five percent confidence level, is plus-or-minus 4.9% for the overall sample. Sampling errors are higher for estimates based on a portion of the sample (e.g. male respondents). Because of rounding, not all totals equal precisely one hundred percent.

If no differences by demographic category are mentioned in the analysis, it means they did not depart significantly from the overall totals.

The survey was designed and directed by Bryce D. Summary, Ph.D.

## Appendix 1: Survey Toplines

### City of Arnold Commission on Aging and Disabilities

Margin of Error: +/-4.9%

Note: Percentages may not equal 100% due to rounding.

- Q4. How would you rate the City of Arnold as a place for people to live as they grow older? Excellent, very good, good, fair, or poor?

Excellent.....	17%
Very good.....	30%
Good .....	32%
Fair .....	13%
Poor .....	08%
Do not know, not sure, refused .....	01%

- Q5. In general, when compared to most people your age, how would you rate your health? Excellent, very good, good, fair, or poor?

Excellent.....	12%
Very good.....	32%
Good .....	34%
Fair .....	16%
Poor .....	06%
Do not know, not sure, refused .....	01%

- Q6. Thinking about your retirement years, how likely is it that you will move to a different home? Very likely, somewhat likely, not very likely, or not at all likely?

Very Likely .....	14%
Somewhat likely .....	17%
Not very likely .....	30%
Not at all likely.....	37%
Do not know, not sure, refused .....	03%

*If you were to consider moving during your retirement, would any of the following factors impact your decision to move? For each factor, please answer YES or NO. If you are not sure, please say so and we will move on.*

#### [RANDOMIZE Q7.-Q14.]

- Q7. Wanting a different size home that meets your needs

Yes .....	43%
No .....	53%
Do not know, not sure, refused .....	04%

## Q8. Fearing for your personal safety or security concerns

Yes .....28%  
No .....69%  
Do not know, not sure, refused .....04%

## Q9. Looking for a home that will help you live independently as you age

Yes .....54%  
No .....40%  
Do not know, not sure, refused .....06%

## Q10. Wanting to move to an area that has better health care facilities

Yes .....23%  
No .....74%  
Do not know, not sure, refused .....04%

## Q11. Wanting to be closer to family

Yes .....29%  
No .....66%  
Do not know, not sure, refused .....05%

## Q12. Needing more access to public transportation

Yes .....26%  
No .....69%  
Do not know, not sure, refused .....05%

## Q13. Wanting to live in a different climate

Yes .....28%  
No .....66%  
Do not know, not sure, refused .....06%

## Q14. Looking for an area that has a lower cost of living

Yes .....37%  
No .....60%  
Do not know, not sure, refused .....04%

*Now, I want to ask you a few questions about the types of modifications or improvements that you may need to make to your home to make it more suitable for you to live in as you age. For each, please answer YES or NO to indicate whether you think you will need to make that modification or improvement or not.*

**[RANDOMIZE Q15.-Q19.]**

Q15. Easier access into or within your home such as a ramp, chairlift, or elevator, or wider doorways

Yes .....29%  
No .....68%  
Do not know, not sure, refused .....03%

Q16. Bathroom modifications

Yes .....26%  
No .....71%  
Do not know, not sure, refused .....04%

Q17. Putting a bedroom, bathroom, or kitchen on the first floor

Yes .....17%  
No .....80%  
Do not know, not sure, refused .....04%

Q18. Improving lighting

Yes .....14%  
No .....84%  
Do not know, not sure, refused .....02%

Q19. Installing a medical emergency response system in case of emergency

Yes .....24%  
No .....68%  
Do not know, not sure, refused .....08%

*Now, I want to ask you a few questions about some services and amenities in the City of Arnold. For each, please tell me whether you think it is important to have in the City of Arnold. If you think it is important, please answer YES. If you do not think it is important, please answer with a NO. If you are unsure or do not know please say so and we will move on.*

**[RANDOMIZE Q20.-Q23.]**

Q20. Home repair contractors who are trustworthy, do quality work, and are affordable

Yes .....84%  
 No .....12%  
 Do not know, not sure, refused .....04%

Q21. Seasonal services such as lawn work or snow removal for low-income and older adults

Yes .....78%  
 No .....17%  
 Do not know, not sure, refused .....05%

Q22. Affordable housing options for adults of varying income levels and ages

Yes .....80%  
 No .....14%  
 Do not know, not sure, refused .....06%

Q23. Homes that are equipped with features such as a no-step entry, wider doorways, first floor bedroom and bath, grab bars in bathrooms

Yes .....74%  
 No .....22%  
 Do not know, not sure, refused .....05%

**[RANDOMIZE Q24.-Q27.]**

Q24. Well-maintained and safe parks that are within walking distance of your home

Yes .....68%  
 No .....25%  
 Do not know, not sure, refused .....07%

Q25. Sidewalks that are in good condition and are accessible for wheelchairs or mobility devices

Yes .....83%  
No .....12%  
Do not know, not sure, refused .....05%

Q26. Well-maintained public buildings and facilities that are accessible to people of different physical abilities

Yes .....87%  
No .....11%  
Do not know, not sure, refused .....03%

Q27. Neighborhood watch programs

Yes .....78%  
No .....13%  
Do not know, not sure, refused .....09%

**[RANDOMIZE Q28.-Q33.]**

Q28. Accessible and affordable public transportation

Yes .....82%  
No .....13%  
Do not know, not sure, refused .....06%

Q29. Special transportation services for people with disabilities and older adults

Yes .....89%  
No .....08%  
Do not know, not sure, refused .....03%

Q30. Public parking lots, spaces, and areas to park

Yes .....74%  
No .....19%  
Do not know, not sure, refused .....07%

Q31. Well-lit, safe streets and intersections for all users (pedestrians, bicyclists, drivers)

Yes .....89%  
 No .....08%  
 Do not know, not sure, refused .....03%

Q32. Audio/visual pedestrian crossings

Yes .....70%  
 No .....21%  
 Do not know, not sure, refused .....10%

Q33. Driver education/refresher courses

Yes .....64%  
 No .....27%  
 Do not know, not sure, refused .....09%

**[RANDOMIZE Q34.-Q39.]**

Q34. Health and wellness programs and classes in areas such as nutrition, smoking cessation, and weight control

Yes .....70%  
 No .....22%  
 Do not know, not sure, refused .....08%

Q35. Conveniently located health and social services

Yes .....83%  
 No .....12%  
 Do not know, not sure, refused .....05%

Q36. Easy to find information on local health and supportive services

Yes .....82%  
 No .....12%  
 Do not know, not sure, refused .....07%

Q37. Affordable home care services including health, personal care and housekeeping

Yes .....81%  
 No .....11%  
 Do not know, not sure, refused .....08%

Q38. A variety of health care professionals including specialists

Yes .....81%  
 No .....15%  
 Do not know, not sure, refused .....04%

Q39. Health care professionals who speak different languages

Yes .....51%  
 No .....38%  
 Do not know, not sure, refused .....12%

**[RANDOMIZE Q40.-Q44.]**

Q40. Conveniently located venues for entertainment

Yes .....73%  
 No .....20%  
 Do not know, not sure, refused .....07%

Q41. Activities specifically geared to older adults

Yes .....82%  
 No .....14%  
 Do not know, not sure, refused .....05%

Q42. Activities that are affordable to all residents

Yes .....87%  
 No .....10%  
 Do not know, not sure, refused .....04%

Q43. Activities involving young and older people

Yes .....77%  
 No .....15%  
 Do not know, not sure, refused .....09%

Q44. Variety of cultural activities for diverse populations

Yes .....62%  
 No .....27%  
 Do not know, not sure, refused .....11%



**[RANDOMIZE Q45.-Q48.]**

Q45. A range of volunteer activities to choose from

Yes .....81%  
No .....13%  
Do not know, not sure, refused .....06%

Q46. Opportunities for older adults to participate in decision making bodies such as community councils or committees

Yes .....77%  
No .....16%  
Do not know, not sure, refused .....08%

Q47. Easy to find information about local volunteer opportunities and social activities

Yes .....83%  
No .....11%  
Do not know, not sure, refused .....07%

Q48. A range of flexible job opportunities for older adults

Yes .....76%  
No .....17%  
Do not know, not sure, refused .....07%

*Now, I would like to ask a few questions about whether you have any of the following kinds of health care coverage. For each type, please answer YES or NO. If you do not know, just say so and we will move on.*

**[RANDOMIZE Q49.-Q53.]**

Q49. Insurance through a current or former employer of yours or your spouse

Yes .....76%  
No .....22%  
Do not know, not sure, refused .....03%

Q50. Insurance purchased directly from an insurance company (not through an employer)

Yes .....43%  
 No .....53%  
 Do not know, not sure, refused .....05%

Q51. Medicare (for people 65 and older or people with certain health disabilities)

Yes .....27%  
 No .....72%  
 Do not know, not sure, refused .....01%

Q52. Medicaid or any kind of government assistance plan for those with low incomes or a disability

Yes .....20%  
 No .....78%  
 Do not know, not sure, refused .....02%

Q53. Veterans Administration or other military health care

Yes .....18%  
 No .....80%  
 Do not know, not sure, refused .....02%

*Now, a few more questions.*

Q54. How often do you engage in some form of physical exercise (such as walking, running, biking, swimming, sports, strength training, yoga, stretching)?

Never (I do not exercise) .....13%  
 About once a month.....10%  
 About once every other week .....06%  
 About once a week .....14%  
 Several times a week.....27%  
 Everyday .....29%  
 Do not know, not sure, refused .....02%

Q55. Do you happen to have any children under the age of 18 living with you in your household?

Yes .....10%  
 No .....90%  
 Do not know, not sure, refused .....>1%

Q56. Do you happen to have any children over the age of 18 living with you in your household?

Yes .....25%  
 No .....75%  
 Do not know, not sure, refused .....>1%

Q57. Do you happen to have any parents or other adult relatives or friends over the age of 18 living with you in your household?

Yes .....11%  
 No .....88%  
 Do not know, not sure, refused .....01%

Q58. What is your current marital status? Are you married, widowed, separated, divorced, not married, but living with a partner, or have you never been married?

Married .....62%  
 Widowed .....24%  
 Separated .....01%  
 Divorced .....06%  
 Not married, but living with a partner .....01%  
 Never been married .....01%  
 Do not know, not sure, refused .....05%

Q59. What was the last year of school you completed?

0-12 (high school or less) .....42%  
 13-15 (some college, associate's degree, trade school) .....31%  
 16 (college graduate) .....16%  
 17 or more (graduate/professional) .....11%  
 Do not know, not sure, refused .....>1%

Q60. How many years have you lived in Arnold: twenty or more, between ten and nineteen, or fewer than ten?

20 or more (all my life) .....	73%
10-19 .....	18%
Fewer than 10 .....	09%
Do not know, not sure, refused .....	>1%

Q61. Do you own or rent your primary home, or do you have some other type of living arrangement, such as living with a family member or friend?

Own .....	91%
Rent .....	06%
Other type of living arrangement .....	03%
Do not know, not sure, refused .....	01%

Q62. Are you working fulltime, part time, retired, unemployed and looking for a job or unemployed and not looking for a job?

Work fulltime .....	48%
Work part time .....	14%
Retired .....	27%
Unemployed/look for job .....	02%
Unemployed/not looking for job .....	07%
Do not know, not sure, refused .....	03%

#### Gender

Male .....	48%
Female .....	52%

#### Age

18-34 .....	27%
35-44 .....	17%
45-54 .....	16%
55-64 .....	19%
65+ .....	22%

#### Telephone

Cellular .....	40%
Landline .....	60%

## Appendix 2: Survey Questionnaire November-December 2018

Hello, my name is (CALLER NAME). I'm calling from \_\_\_\_\_, a public opinion research firm calling you on behalf of the City of Arnold's Commission on Aging and Disabilities. We're calling citizens of Arnold to learn their views about issues concerning the community. All your responses are confidential and will only be used in statistical summaries. May I please speak with [NAME ON LIST]?

Q1. Are you at least 18 years of age and live in Arnold, Missouri?

1. Yes
2. No [TERMINATE]
9. [Vol.] Don't know, not sure [TERMINATE]

Q1a. RECORD TELEPHONE TYPE

1. Landline
2. Cell/Mobile

Q2. For statistical purposes only, would you please tell me how old you are? **[IF "REFUSED," ASK:]** Well, would you tell me which age group you belong to?

1. 18-29
3. 30-39
4. 40-49
5. 50-69
6. 70 or older
9. Refused [TERMINATE]

Q3. RECORD GENDER **[ASK IF UNCERTAIN]**

1. Male
2. Female
9. Refused

Q4. How would you rate the City of Arnold as a place for people to live as they grow older? Excellent, very good, good, fair, or poor?

1. Excellent
2. Very good
3. Good
4. Fair
5. Poor
9. [Vol.] Do not know, not sure, refused

Q5. In general, when compared to most people your age, how would you rate your health? Excellent, very good, good, fair, or poor?

1. Excellent
2. Very good
3. Good
4. Fair
5. Poor

Q6. Thinking about your retirement years, how likely is it that you will move to a different home? Very likely, somewhat likely, not very likely, or not at all likely?

1. Very Likely
2. Somewhat likely
3. Not very likely
4. Not at all likely
9. **[Vol.]** Do not know, not sure, refused

*If you were to consider moving during your retirement, would any of the following factors impact your decision to move? For each factor, please answer YES or NO. If you are not sure, please say so and we will move on.*

**[RANDOMIZE Q7.-Q14.]**

Q7. Wanting a different size home that meets your needs

Q8. Fearing for your personal safety or security concerns

Q9. Looking for a home that will help you live independently as you age

Q10. Wanting to move to an area that has better health care facilities

Q11. Wanting to be closer to family

Q12. Needing more access to public transportation

Q13. Wanting to live in a different climate

Q14. Looking for an area that has a lower cost of living

1. Yes
2. No
9. **[Vol.]** Do not know, not sure, refused

*Now, I want to ask you a few questions about the types of modifications or improvements that you may need to make to your home to make it more suitable for you to live in as you age. For each, please answer YES or NO to indicate whether you think you will need to make that modification or improvement or not.*

**[RANDOMIZE Q15.-Q19.]**

Q15. Easier access into or within your home such as a ramp, chairlift, or elevator, or wider doorways

Q16. Bathroom modifications

Q17. Putting a bedroom, bathroom, or kitchen on the first floor

Q18. Improving lighting

Q19. Installing a medical emergency response system in case of emergency

1. Yes
2. No
9. **[Vol.]** Do not know, not sure, refused

*Now, I want to ask you a few questions about some services and amenities in the City of Arnold. For each, please tell me whether you think it is important to have in the City of Arnold. If you think it is important, please answer YES. If you do not think it is important, please answer with a NO. If you are unsure or do not know please say so and we will move on.*

**[RANDOMIZE Q20.-Q23.]**

Q20. Home repair contractors who are trustworthy, do quality work, and are affordable

Q21. Seasonal services such as lawn work or snow removal for low-income and older adults

Q22. Affordable housing options for adults of varying income levels and ages

Q23. Homes that are equipped with features such as a no-step entry, wider doorways, first floor bedroom and bath, grab bars in bathrooms

1. Yes
2. No
9. **[Vol.]** Do not know, not sure, refused

**[RANDOMIZE Q24.-Q27.]**

- Q24. Well-maintained and safe parks that are within walking distance of your home
- Q25. Sidewalks that are in good condition and are accessible for wheelchairs or mobility devices
- Q26. Well-maintained public buildings and facilities that are accessible to people of different physical abilities
- Q27. Neighborhood watch programs
1. Yes
  2. No
  9. **[Vol.]** Do not know, not sure, refused

**[RANDOMIZE Q28.-Q33.]**

- Q28. Accessible and affordable public transportation
- Q29. Special transportation services for people with disabilities and older adults
- Q30. Public parking lots, spaces, and areas to park
- Q31. Well-lit, safe streets and intersections for all users (pedestrians, bicyclists, drivers)
- Q32. Audio/visual pedestrian crossings
- Q33. Driver education/refresher courses
1. Yes
  2. No
  9. **[Vol.]** Do not know, not sure, refused

**[RANDOMIZE Q34.-Q39.]**

- Q34. Health and wellness programs and classes in areas such as nutrition, smoking cessation, and weight control
- Q35. Conveniently located health and social services
- Q36. Easy to find information on local health and supportive services
- Q37. Affordable home care services including health, personal care and housekeeping



Q38. A variety of health care professionals including specialists

Q39. Health care professionals who speak different languages

1. Yes
2. No
9. **[Vol.]** Do not know, not sure, refused

**[RANDOMIZE Q40.-Q44.]**

Q40. Conveniently located venues for entertainment

Q41. Activities specifically geared to older adults

Q42. Activities that are affordable to all residents

Q43. Activities involving young and older people

Q44. Variety of cultural activities for diverse populations

1. Yes
2. No
9. **[Vol.]** Do not know, not sure, refused

**[RANDOMIZE Q45.-Q48.]**

Q45. A range of volunteer activities to choose from

Q46. Opportunities for older adults to participate in decision making bodies such as community councils or committees

Q47. Easy to find information about local volunteer opportunities and social activities

Q48. A range of flexible job opportunities for older adults

1. Yes
2. No
9. **[Vol.]** Do not know, not sure, refused

*Now, I would like to ask a few questions about whether you have any of the following kinds of health care coverage. For each type, please answer YES or NO. If you do not know, just say so and we will move on.*

**[RANDOMIZE Q49.-Q53.]**

- Q49. Insurance through a current or former employer of yours or your spouse
- Q50. Insurance purchased directly from an insurance company (not through an employer)
- Q51. Medicare (for people 65 and older or people with certain health disabilities)
- Q52. Medicaid or any kind of government assistance plan for those with low incomes or a disability
- Q53. Veterans Administration or other military health care
1. Yes
  2. No
  9. **[Vol.]** Do not know, not sure, refused

*Now, a few more questions.*

- Q54. How often do you engage in some form of physical exercise (such as walking, running, biking, swimming, sports, strength training, yoga, stretching)?
1. Never (I do not exercise)
  2. About once a month
  3. About once every other week
  4. About once a week
  5. Several times a week
  6. Everyday
  9. **[Vol.]** Do not know, not sure, refused
- Q55. Do you happen to have any children under the age of 18 living with you in your household?
1. Yes
  2. No
  9. **[Vol.]** Do not know, not sure, refused

Q56. Do you happen to have any children over the age of 18 living with you in your household?

1. Yes
2. No
9. **[Vol.]** Do not know, not sure, refused

Q57. Do you happen to have any parents or other adult relatives or friends over the age of 18 living with you in your household?

1. Yes
2. No
9. **[Vol.]** Do not know, not sure, refused

Q58. What is your current marital status? Are you married, widowed, separated, divorced, not married but living with a partner, or have you never been married?

1. Married
2. Widowed
3. Separated
4. Divorced
5. Not married, but living with a partner
6. Never been married
9. **[Vol.]** Do not know, not sure, refused

Q59. What was the last year of school you completed?

1. 0-12 (high school or less)
2. 13-15 (some college, associate's degree, trade school)
3. 16 (college graduate)
4. 17 or more (graduate/professional)
9. **[Vol.]** Do not know, not sure, refused

Q60. How many years have you lived in Arnold: twenty or more, between ten and nineteen, or fewer than ten?

1. 20 or more (all my life)
2. 10-19
3. Fewer than 10
9. **[Vol.]** Do not know, not sure, refused

Q61. Do you own or rent your primary home, or do you have some other type of living arrangement, such as living with a family member or friend?

1. Own
2. Rent
3. Other type of living arrangement
9. **[Vol.]** Do not know, not sure, refused

Q62. Are you working fulltime, part time, retired, unemployed and looking for a job or unemployed and not looking for a job?

1. Work fulltime
2. Work part time
3. Retired
4. Unemployed/look for job
5. Unemployed/not looking for job
9. **[Vol.]** Do not know, not sure, refused

*Thank you very much for your time. Have a great (afternoon/evening)!*