



**OFFICE OF THE MAYOR**  
**Mary Casillas Salas**

July 1, 2016

Nancy McPherson, State Director  
AARP California  
200 S. Los Robles Avenue, Suite 400  
Pasadena, CA 91101-2422

Dear Ms. McPherson:

On behalf of the City of Chula Vista, we are pleased to submit the attached Membership Application requesting to join the AARP Network of Age-Friendly Communities and WHO Global Network of Age-Friendly Cities and Communities.

Since 2013, the City of Chula Vista has been committed to incorporating "health in all policies" under the Healthy Chula Vista Initiative and in January of this year adopted a Healthy Chula Vista Action Plan which provides a five year work plan with over sixty strategies to improve Community Engagement, Land Use, Transportation, Healthy Food Access, Health Care & Prevention, Physical Activity and Environment Quality throughout the city. Many of these strategies dovetail with the Age-Friendly Communities domains and the city is excited to be able to further increase our community's livability through this opportunity to join the Network of Age-Friendly Communities.

On May 10, 2016, our City Council directed staff to submit the application to join the AARP network. A copy of the resolution from this meeting is also included with our application. As a participant in the national network the City of Chula Vista intends to:

- Work collectively with existing boards and commissions to address aging population issues such as: Healthy Chula Vista Advisory Commission, Commission on Aging, Parks and Recreation Cultural Arts Commission, Safety Commission, and Youth Action Commission;
- Reconvening the Healthy Chula Vista Stakeholders group of cross-sector community businesses, non-profit service providers, and health care industry;
- Engage intergenerational discussions surrounding the eight domains;
- Establish a Plan of Action that responds to the needs identified through extensive community outreach; and
- Commit to measuring activities, reviewing action plan outcomes and reporting on them publicly.

We greatly appreciate your consideration. It is a great honor to join the many communities striving to improve our livability to benefit those of all ages!

Sincerely,

MARY CASILLAS SALAS  
Mayor