

YAMATO City

Age-friendly City Action Plan



1. Purpose of the Age-friendly City Action Plan

○ The World Health Organization (WHO) proposed the concept of Age-friendly Cities to respond to the worldwide growth of older populations and expanding cities. Based on interviews with older people in 33 cities across 22 countries, WHO published *Global Age-friendly Cities: A Guide* in 2007. This guide identified eight interconnected domains of daily life that must be examined in order for a city to truly support older residents.



○ In 2010, WHO established the *Global Network for Age-friendly Cities and Communities* to encourage cooperation among local governments and organizations working to make cities more age-friendly. Following this international approach advocated by WHO, Yamato City joined the network in 2017 in order to develop more effective and sustainable measures for its older residents. As of August 2024, 1606 municipalities and communities in 53 countries have joined this network. In Japan, members include Akita City in Akita Prefecture, Takarazuka City in Hyogo Prefecture, and 22 municipalities in Kanagawa Prefecture.

○ All cities that belong to the *Global Network* create action plans to make their communities more age-friendly and continue improving these plans over time. Our city will also create an action plan based on local conditions and work steadily toward becoming an age-friendly city.

2. Outline of the Action Plan

○ The *Health and Welfare Plan for the Elderly and Insured Long-Term Care Service Plan* created by our city sets out basic goals for supporting older residents in a long-life society. It also clearly explains the overall measures needed to achieve these goals. This plan not only covers health and welfare services for older people not eligible for long-term care insurance benefits, but also includes many other related measures that closely align with the Age-friendly City concept advocated by WHO.

○ The *Age-friendly City Action Plan* is created by organizing this *Health and Welfare Plan for the Elderly and Insured Long-Term Care Service Plan* into the eight domains identified by WHO, which are used as the framework for review and improvement.

Health and Welfare Plan for the Elderly, Insured Long-Term Care Service Plan and the Age-friendly City Action Plan

The 9th Yamato City Health and Welfare Plan for the Elderly and Insured Long-Term Care Service Plan

Plan period: 2024-2026

Basic Philosophy:

A city where everyone can live vibrantly as themselves

Basic Goal 1: A city where people can stay healthy even as they age

Basic Goal 2: A city that is friendly to all older residents
(Realization of a community-based inclusive society)

Basic Goal 3: A city where people are able to receive nursing care with peace of mind

Eight Interconnected Domains for Promoting an Age-friendly City

Age-friendly City Action Plan

【Eight Interconnected Domains of Age-friendly City】

① Outdoor Space and Buildings

The outdoor environment and public buildings have a major effect on how easily older people can move around, stay independent, and enjoy their daily lives. They also affect older people's ability to "age in place".

② Transportation

Safe, affordable and easy-to-use transportation—including public buses and trains—is essential for older people to stay active and go out independently.

③ Housing

Having safe and suitable housing is key to safety and well-being. When housing is connected to nearby services and community support, it helps older people remain independent and maintain a good quality of life.

④ Social Participation

Taking part in hobbies, events, and community activities helps older people use their abilities, feel respected, and build caring relationships with others.

⑤ Respect and Social Inclusion

Many older people feel respected and valued, but some also experience neglect or a lack of understanding in their community, by services, or even within their families.

⑥ Civic Participation and Employment

Older people should have opportunities to contribute to society if they wish—through paid work, voluntary activities, or participation in local decision-making and civic life.

⑦ Communication and Information

Staying informed about daily life, services, and community events is essential for living actively and independently. Clear, timely, and practical information helps people manage their lives and meet their personal needs.

⑧ Community and Health Care

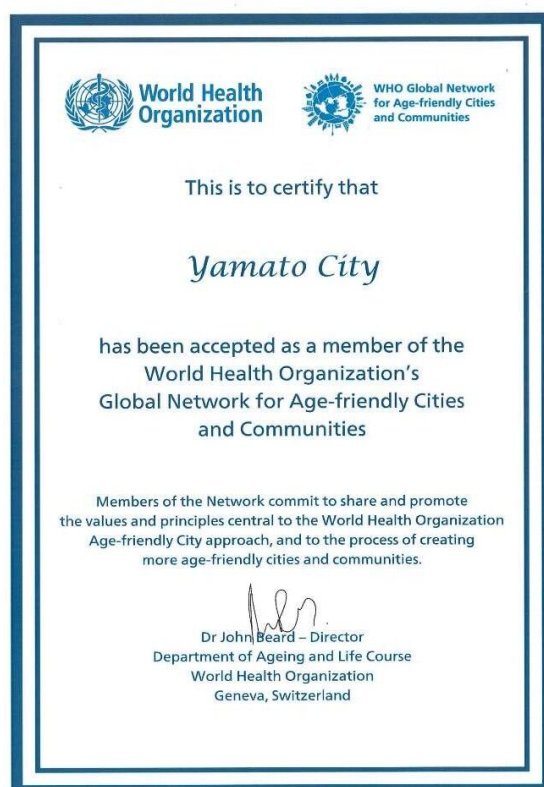
Access to reliable health care and support services is essential for staying healthy and independent in the community. Older people, caregivers, and service providers are especially concerned about having care that is high-quality, appropriate, and easy to use.

3. Progress Management of the Action Plan

○ The *Health and Welfare Plan for the Elderly* and *Insured Long-Term Care Service Plan* are created every three years. Its implementation and results are reviewed by the *Health and Welfare Plan for the Elderly* and *Insured Long-Term Care Service Plan Council*.

○ The *Age-friendly City Action Plan* will be revised at the same time as this three-year plan is updated, and will also be reviewed on an ongoing basis.

Progress will be managed by using the results of project implementation and evaluations carried out under the *Health and Welfare Plan for the Elderly* and *Insured Long-Term Care Service Plan*.



Certificate the Global Network for Age-friendly Cities and Communities

4. The Situation Surrounding Older Residents of Yamato City

As of October 1st 2023, the aging rate in Yamato City was 23.9%, based on the Basic Resident Register. This is lower than both the national average of 29.1% (as of the same date, Ministry of Internal Affairs and Communications, Population Yield Estimates) and the Kanagawa Prefecture average of 25.8% (as of January 1st 2023). However, aging is expected to progress more rapidly in urban areas than in regional cities. For this reason, the aging rate in Yamato City is also expected to rise in the future

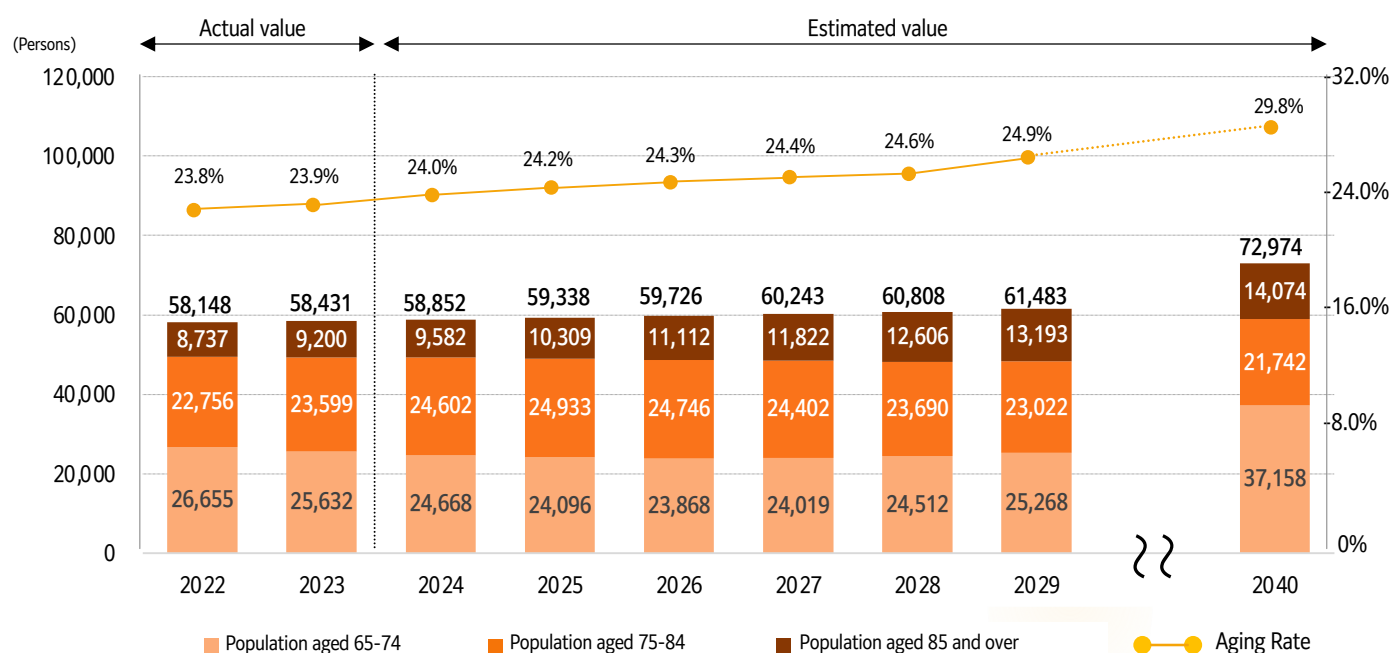
The situation surrounding the older population in the city is as follows:

(1) Population estimates

(Actual values until FY 2023, estimated values based on Cohort Factor Method*1 from FY 2024 onwards)

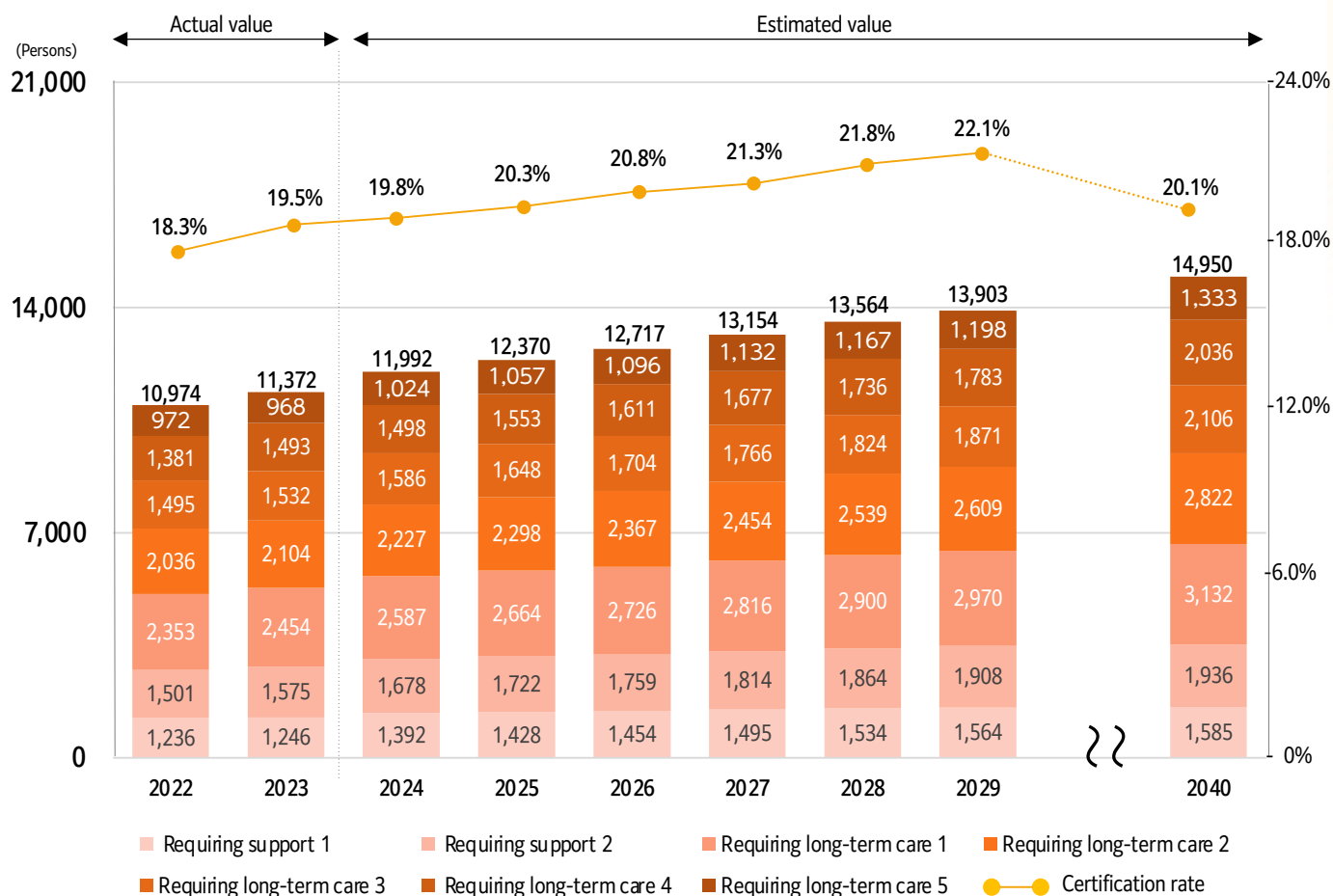
***1 Cohort Factor Method:** A "Cohort" is a group of people born in the same year, or the same time period. The "Cohort Factor Method" is a way to estimate future population changes by looking at two main trends for each age group over time: Natural Increase/Decrease, which are changes caused by births and deaths; and Net Migration Increase/Decrease, which are changes caused by people moving in or out of the area. By tracking how these two factors change for each age group year by year, future population figures can be estimated. Because different city plans may use different starting data or reference years, the population estimates created using this method may not always match the figures shown in other city plans.

Fiscal year	8th period		9th period			10th period			14th period
	2022	2023	2024	2025	2026	2027	2028	2029	2040
Total Population	244,034	244,606	245,160	245,685	246,134	246,501	246,803	247,044	⇒ 245,245
Older Population	58,148	58,431	58,852	59,338	59,726	60,243	60,808	61,483	⇒ 72,974
Aging Rate	23.8%	23.9%	24.0%	24.2%	24.3%	24.4%	24.6%	24.9%	⇒ 29.8
0 ~39 years old	98,134	97,951	97,482	97,192	96,910	96,558	96,261	96,039	⇒ 90,150
40~64 years old	87,752	88,224	88,826	89,155	89,498	89,700	89,734	89,522	⇒ 82,121
65~74 years old	26,655	25,632	24,668	24,096	23,868	24,019	24,512	25,268	⇒ 37,158
75 years old and over	31,493	32,799	34,184	35,242	35,858	36,224	36,296	36,215	⇒ 35,816
75~84 years old	22,756	23,599	24,602	24,933	24,746	24,402	23,690	23,022	⇒ 21,742
85 years old and over	8,737	9,200	9,582	10,309	11,112	11,822	12,606	13,193	⇒ 14,074



(2) Estimation of the number of individuals requiring support or long-term care
(Actual figures until FY; estimated figures from FY2024 onwards)

Fiscal year	8th period		9th period			10th period			14th Period
	2022	2023	2024	2025	2026	2027	2028	2029	2040
Persons requiring support or long-term care	10,974	11,372	11,992	12,370	12,717	13,154	13,564	13,903	14,950
Secondary Insured Person*1	312	311	317	318	320	320	320	320	291
Primary Insured Person*1	10,662	11,063	11,675	12,052	12,397	12,834	13,244	13,583	14,659
Support and nursing care needs certification rate*2	18.3%	19.5%	19.8%	20.3%	20.8%	21.3%	21.8%	22.1%	20.1%
Requiring support 1	1,236	1,246	1,392	1,428	1,454	1,495	1,534	1,564	1,585
Requiring support 2	1,501	1,575	1,678	1,722	1,759	1,814	1,864	1,908	1,936
Requiring long-term care 1	2,353	2,454	2,587	2,664	2,726	2,816	2,900	2,970	3,132
Requiring long-term care 2	2,036	2,104	2,227	2,298	2,367	2,454	2,539	2,609	2,822
Requiring long-term care 3	1,495	1,532	1,586	1,648	1,704	1,766	1,824	1,871	2,106
Requiring long-term care 4	1,381	1,493	1,498	1,553	1,611	1,677	1,736	1,783	2,036
Requiring long-term care 5	972	968	1,024	1,057	1,096	1,132	1,167	1,198	1,333



*1 Primary Insured Person and Secondary Insured Person: People covered Long-Term Care Insurance are divided into two groups: Primary Insured Persons are people aged 65 and older—once they receive an official care needs assessment, either requiring support or requiring long-term care, they can use long-term care services, no matter what the cause of their condition is. Secondary Insured Person are people aged 40 to 64 who are enrolled in medical insurance. They can use long-term care services only if they receive a care needs assessment due to an age-related illness, a specified disease.

*2 The Support or Long-Term Care Certification Rate shows what percentage of people aged 65 and older have been certified as needing support or long-term care, and dividing it by the total older population aged 65 and over.

(3) Trends in the number of people requiring support or long-term care

		2019	2020	2021	2022
65~74 years old	Number of certified persons	1,365	1,374	1,413	1,340
	Number of eligible persons	28,018	27,972	27,962	26, 655
	Percentage of certification	4.9%	4.9%	5.1%	5.0%
75~84 years old	Number of certified persons	4, 234	4,187	4,132	4, 263
	Number of eligible persons	21,651	21,923	21,744	22, 756
	Percentage of certification	19.6%	19.1%	19.0%	18.7%
85 years old and over	Number of certified persons	4, 290	4, 464	4, 842	5, 059
	Number of eligible persons	7,026	7, 599	8, 226	8, 737
	Percentage of certification	61.1%	58.7%	58.9%	57.9%

*As of October 1 of each fiscal year

(4) Trends in household situation (from Census)

Fiscal year	2000	2005	2010	2015	2020
Population	212, 761	221, 220	228,186	232, 922	239,169
Number of households	84, 382	91,072	97, 244	102, 020	110, 519
Average of number of people in each household	2. 52	2. 43	2. 35	2.28	2.16

(5) Trends in the number of older people with dementia who have been certified as requiring support or long-term care(from Health and Welfare)

Fiscal year	2019	2020	2021	2022
Number of older people with dementia* (persons)	2,986	3,017	3,071	3,237

*As of April 1 of each fiscal year

*Here, "older people with dementia" refers to people who meet all the following conditions: they are certified as needing support or long-term care; they are generally able to live independently indoors, but do not go out without help; they are classified as Rank A in the Daily Living Independence Scale for older persons with disabilities; and they may show symptoms or behaviors that interfere with daily life, or have some difficulty communicating, but are still able to live independently with help from others; they are classified as "Rank II" or higher in the Daily Living Independence Scale for older persons with dementia. (as defined in: *Daily Living Independence Level for Older Persons with Disabilities: Independent to A2*; *Daily Living Independence Level for Older Persons with Dementia: II b to M*)

5. Basic Philosophy and Goals of the Action Plan

- Plan Period Fiscal year 2024 - 2026
- Basic Philosophy **A city where everyone can live vibrantly as themselves**
- Basic Goals Based on national policies and the unique characteristics of Yamato City, we will set the following three basic goals. These goals are designed to make the best use of local strengths and to carry out policies and initiatives that reflect Yamato City's identity and needs.

Basic Goal 1 A City Where People Can Stay Healthy Even as They Age	
1-1: Supporting a Life with Purpose and Fulfillment.	1-1-1: Provide opportunities and places where older people can take active roles in the community. 1-1-2: Create places where older people can live with purpose and feel fulfilled.
1-2: Committing to health promotion and preventive care	1-2-1: Promote health checkups and medical examinations. 1-2-2: Promote a wide range of health improvement programs. 1-2-3: Strengthen programs for care prevention and daily life support services.
Basic Goal 2 A City That Is Friendly to All Older Residents (Realization of a Community-Based Inclusive Society)	
2-1: Building a Community Where People Support Each Other and Live in Peace	2-1-1: Promote a community-based inclusive society. 2-1-2: Establish neighborhood monitoring and watch-over networks. 2-1-3: Strengthen the functions of community comprehensive support centers. 2-1-4: Expand care prevention and daily life support services. 2-1-5: Strengthen housing support for older residents. 2-1-6: Support for daily living needs. 2-1-7: Strengthen support for family caregivers. 2-1-8: Promote protection of rights and prevention of elder abuse. 2-1-9: Promote the use of the adult guardianship system.
2-2: Supporting People with Dementia to Live with Peace of Mind	2-2-1: Promote understanding of dementia and support communication by people with dementia. 2-2-2: Promote dementia prevention efforts. 2-2-3: Build systems for early detection and early response. 2-2-4: Support people with dementia and their caregivers. 2-2-5: Promote barrier-free access for people with dementia.
2-3: Strengthening Coordination Between Home Medical Care and Long-Term Care	2-3-1: Strengthen coordination between home medical care and long-term care services.
2-4: Preparing for Disasters and Infectious Diseases	2-4-1: Strengthen preparedness for disasters and infectious disease outbreaks.
Basic Goal 3 A City Where People can Receive Nursing Care with Peace of Mind	
3-1: Improving the Proper Operation of the Long-Term Care Insurance System	3-1-1: Ensure proper assessment of certification requiring support or long-term care. 3-1-2: Optimize long-term care benefits. 3-1-3: Ensure fair and stable operation of the long-term care insurance system.
3-2: Improve the Quality of Long-Term Care Insurance Services and Infrastructure	3-2-1: Secure and train long-term care workers. 3-2-2: Improve the quality of long-term care insurance services. 3-2-3: Develop and strengthen long-term care service infrastructure.

6. Action Items in the Eight Interconnected Domains

① Outdoor Space and Buildings

Measure 2-1-5 Strengthen housing support for older residents.

Universal Design Promotion Project

② Transportation

Measure 2-1-6 Support for daily living needs.

Community Bus Operation Project, Local Shared-Ride Options, Older Adults Outing Support Project, Welfare Vehicle Usage Subsidy Project

③ Housing

Measure 2-1-5 Strengthen housing support for older residents.

Financial Support for Housing Renovation, Building Seismic Retrofitting Promotion Project (Support for Installing Furniture Anti-Tip Devices and for Non-Combustible/Barrier-Free Renovation Costs), Information and Guidance for Serviced Housing and Fee-Based Senior Citizen Homes (in cooperation with Kanagawa Prefectural Government), Guidance for Service-Providing Senior Housing and Residential-Type Paid Nursing Homes, Measures for Nursing Homes for Older Residents, The *Anshin* Rental Support Project, Silver Housing Program (provides life-support workers to senior citizen living facilities)

④ Social Participation

Measure 1-1-1 Provide opportunities and places where older people can take active roles in the community.

Establishing Support Systems (Setting Up Consultation Bodies, Assigning Mutual Support Promoters), Support for Silver Human Resource Centers, Senior Citizens' Clubs, Development Support (e.g., Friendship Team Activity Support), *Fureai* Network Project

Measure 1-1-2 Create places where older people can live with purpose and feel fulfilled.

Support for Community Gathering Places and Senior Citizens' Clubs (e.g., support for friendship team activities), Designation of Senior Community Centers, Distribution Program Gift for Older Residents, Bus Rental Subsidies for Social Outings, Senior Welfare Center Operation Program, *Fukuju* Card for Free Use of Public Baths for Senior, Senior Welfare Farms, Yamato Lifelong Learning Courses, Yamato Lifelong Learning Outreach Lectures "Learn Anywhere Courses", *Fureai* Network Project

Measure 1-2-2 Promote a wide range of health improvement programs.

Yamato *Walkinpic*, *Yamaton* Health Points, Activities of the Yamato City Dietary Improvement Promotion Council

⑤ Respect and Social Inclusion

Measure 2-1-1 Promote a community-based inclusive society.

Promoting Community Welfare Plans, Development of a Living Support System (Establishment of a Consultative Body, Deployment of Mutual Support staffs), Enhancement of Community Care Meetings

Measure 2-1-8 Promote protection of rights and prevent elder abuse.

Public Awareness Campaigns on Elder Abuse, Early Reporting and Quick Response to Elder Abuse, Emergency Temporary Housing Services, Placement in Long-Term Care Facility, Implementation of Consumer Education, Daily Living Independence Support Services: *Anshin* Center

Measure 2-1-9 Promote the use of the adult guardianship system.

Awareness-Raising Lectures and Consultations about the Adult Guardianship System, Support for Mayoral Petitions, Promoting Guardianship System (prevention of consumer harm)

Measure 2-2-4 Support people with dementia and their caregivers.

Prevention of Elderly Abuse with Dementia, Promotion of Use of the Adult Guardianship System (prevention of consumer harm), Daily Living Independence Support Services: *Anshin* Center

⑥ Civic Participation and Employment

Measure 1-1-1 Provide opportunities and places where older people can take active roles in the community.

Yamato Volunteer Information Center, Yamato Volunteer Center, Public Employment Security Office

Measure 2-1-6 Support for daily living needs.

Silver Human Resource Center, Yamato Volunteer General Information Center, Community Gathering Places, Yamato Volunteer Center

⑦ Communication and Information

Measure 1-2-2 Promote a wide range of health improvement programs.

Provision of Health Information Services, Yamato 24-Hour Health Consultation

Measure 2-3-1 Strengthen coordination between home medical care and long-term care services.

Providing Local Medical and Long-Term Care Information

Measure 2-4-1 Strengthen preparedness for disasters and infectious disease outbreaks.

Public Awareness and Training for Emergency and Disaster Response, Establishment of Procurement and Transportation Systems for Emergencies and Disasters, Construction of Emergency Support Systems, Establishment of Support Systems for Emergencies and Disasters, Providing Accurate Information on Infection Prevention Measures and Testing Methods for New Infectious Diseases, Accurate Information Provision on Vaccinations, Support Program for Evacuation-Needing Persons

Measure 3-1-3 Ensure fair and stable operation of the long-term care insurance system.

Implementation of Measures to Promote Awareness and Adoption of the System

⑧ Community and Health Services

Measure 1-1-1 Provide opportunities and places where older people can take active roles in the community.

Care Prevention Point Program, Preventive Care Supporter Training Program, Dementia Supporter Training Courses / Kids Dementia Supporter Training Courses, Dementia Supporter Step-Up Training Program, *Fureai* Network Program

Measure 1-2-1 Promote health checkups and medical examinations.

Specific Health Checkups, Longevity Health Checkups, Various Cancer Screenings, Osteoporosis Screenings, Adult Dental Health, National Health Insurance Comprehensive Health Check Subsidy Program, Subsidy programs for is a National Health Insurance Comprehensive Medical Checkups Human Health Checkup Subsidy Program, Specialized Health Checkups for Older People Aged 75 and Over.

Measure 1-2-2 Promote a wide range of health improvement programs.

Health Counseling and Education, Prevention of Diabetes Complications (Diabetic Nephropathy) and Malnutrition, Integrated Implementation of Health Programs for the Older People and Care Prevention, Adult Dental Health Care, Activities of Yamato City Health Promotion Officers, Heatstroke Countermeasures, Efforts to Prevent Second-Hand Smoke, Other Activities by Yamato City Health Extension Workers.

Measure 1-2-3 Strengthen programs for care prevention and daily life support services.

Care Prevention Awareness Program (Care Prevention Questionnaire), Care Prevention Promotion and Awareness Program, Community Care Prevention Activity Support Program (Care Prevention Supporter Training Program, Care Prevention Point Program, *Fureai* Network Program), General Care Prevention and Evaluation Program, Community Rehabilitation Activity Support Program, Integrated Implementation of Health Programs and Preventive Care for the Older Citizens

Measure 2-1-1 Promote a community-based inclusive society.

Designation of Integrated Service Facilities for Disability Welfare and Long-term Care

Measure 2-1-2 Establish neighborhood monitoring and watch-over networks.

Home Visit Surveys for Older Residents, Surveys for People Certified Requiring Support or Long-Term Care at home, Support for Welfare and Child Welfare Commissioners' Monitoring Activities, Distribution Program Gift for Older Residents, Agreements on Community Monitoring and Creating Safe communities, Monitoring System for Older People, Emergency Medical Information Kits, Support System for Evacuation-Supported Individuals, Agreements for Using Social Welfare Facilities as Evacuation Centers During Disasters, *Fureai* Network Project

Measure 2-1-3 Strengthen the functions of community comprehensive support centers.

Strengthening the Functions of Comprehensive Community Support Centers, Enhancing Community Care Conferences, Home Care Support Centers, Comprehensive Community Support Center Management Councils

Measure 2-1-4 Expand care prevention and daily life support services.

Home-Visit Services*, Day-Care Services*, Care Management for Preventive Care*, Flexibility in Eligibility Criteria and Unit Costs for the Care Prevention and Daily Life Support Services Program

Measure 2-1-6 Support for daily living needs.

Establishing Daily Life Support Systems (setting up consultative bodies, assigning mutual support promoters), Comprehensive Care Services (home-visit/day-care services, etc.), Loan of Welfare Equipment / Grant for Welfare Equipment Purchase Costs*, *Fureai* Collection(support for garbage collection), Silver Drive Check, End-of-Life Support for Individuals Living Alone, Support for Socially Isolated Individuals Program, *Fureai* Network Program, Mobile Haircut Service, Wheelchair Rental

Measure 2-1-7 Strengthen support for family caregivers.
Disposable Diaper Provision, Support Grant for Family Caregivers, Family Caregiver Classes, Support for Caregiver Exchange Meetings (Hosted by Community-Based Comprehensive Support Centers), Individual Dementia Counseling by Licensed Psychologists, Caregiver Exchange Meetings, Wheelchair Rental
Measure 2-2-1 Promote understanding of dementia and support communication by people with dementia.
Dementia Lectures, Dissemination of Dementia Care Pathways, Dementia Awareness and Education Events, Dementia Supporter Training Courses, Kids Dementia Supporter Training Courses, Dementia Supporter Step-Up Training Courses
Measure 2-2-2 Promote dementia prevention efforts.
Dementia Prevention Seminars (Cognicase), Dementia Prevention Cognicase Program, Cognitive Function Testing Using Tablets, Outpatient Service C (Short-term Intensive Prevention Service)
Measure 2-2-3 Build systems for early detection and early response.
Comprehensive Dementia Consultation Center "Dementia Lighthouse", Early-Stage Dementia Intensive Support Team, Dementia Concierge (Community Dementia Support Promoter), Multidisciplinary Collaborative Training for Dementia Care Professionals, Enhancement of Community Care Conferences, Promotion of Dementia Care Pathways, Cognitive Function Testing Using Tablets
Measure 2-2-4 Support people with dementia and their caregivers.
Support for Holding Meetings for Individuals with Early-Onset Dementia and Their Families "Wasurenagusa-No-Kai (Forget-Me-Not Club)", Establishment of "Team Orange" and System Development for Social Participation Activities, (Hosted by City/Community Comprehensive Support Centers) Dementia Cafes, (Citizen-organized) Subsidy Program for Dementia Cafe Operating Expenses, (Hosted by Regional Comprehensive Support Centers) Support for Caregiver Exchange Meetings, Individual Dementia Consultations by Licensed Psychologists & Caregiver Exchange Meetings, Wandering Older People SOS Network, Location Tracking Support Program for Wandering Older People, Personal Liability Insurance for Wandering Older People, Group Home Rent Subsidy Program, Community Watch and Safe Community Development Agreement, Memory Loss Consultation and Mental Health Welfare Consultation by Licensed Physicians
Measure 2-2-5 Promote barrier-free access for people with dementia.
Dementia Supporter Training Course / Kids Dementia Supporter Training Course, Dementia Supporter Step-Up Training Course, Agreement on Community Monitoring and Building a Safe Community, Promotion of Adult Guardianship System Utilization (prevention of consumer harm), Personal Liability Insurance for Wandering Older people
Measure 2-3-1 Strengthen coordination between home medical care and long-term care services.
Home Medical Care and Long-Term Care Coordination Promotion Project, Enhancement of Integrated Medical and Long-Term Care Services
Measure 2-4-1 Strengthen preparedness for disasters and infectious disease outbreaks.
Public Awareness Campaigns and Training for Emergency and Disaster, Establishment of Procurement and Transportation Systems for Emergency and Disaster, Establishment of Support Systems for Emergencies and Disasters, Infection Control Measures and Testing Methods for New Infectious Diseases, Testing Methods, Providing Accurate Information on Vaccinations and Related Matters, Support System for Evacuation-Needing Persons
Measure 3-1-1 Ensure proper assessment of care needs.
Extension of Certification Validity Period*, Simplifying Certification Review Committee Assessments, Reviewing Certification Survey Results, and Verifying Service Usage by Certified Individuals, Revision of the Certification Application Consultation System, Awareness-Raising for Care Managers and Other Service Providers
Measure 3-1-2 Optimize long-term care benefits.
Inspecting Care Plans, Reviewing Welfare Equipment Purchases and Home Renovations*, Verification of Benefit Payment Records, Setting Upper Limits on Prices for Welfare Equipment Rental*, Review and Comparison with Medical Information, Review of Various User Burden Reduction Measures*, Initiatives to Prevent Deterioration for Individuals Undergoing Rehabilitation During the Living Phase
Measure 3-1-3 Ensure fair and stable operation of the long-term care insurance system.
Proper Qualification Management, Assessment, Collection and Taxation of Premiums for Primary Insured Persons*, Public Subsidies for Reducing Insurance Premiums for Low-Income Individuals*, Collection of Delinquent Payments and Benefit Restrictions for Delinquent Payers*, Premium Collection Deferrals and Reductions*, Determination of User Cost-Sharing Ratios
Measure 3-2-1 Secure and train long-term care workers.
Securing Care Staff, Supporting Introduction of Care Robots and ICT
Measure 3-2-2 Improve the quality of long-term care insurance services
Designation and Guidance of Service Providers, Dispatch of Care Service Staffs, Complaint handling, Care Plan Reviews, Review of the Actual Status of Welfare Equipment Purchases and Home Modifications, Verification of Benefit Payment Records
Measure 3-2-3 Develop and strengthen long-term care service infrastructure.
Enhancing Regularly Scheduled and On-Demand Home Care and Nursing Services, Enhancing Small-Scale Multifunctional Home-Based Nursing Care, Use of Community-Based Care Services Beyond Municipal Boundaries (Wide-Area Use)

*Projects based on long-term care insurance services