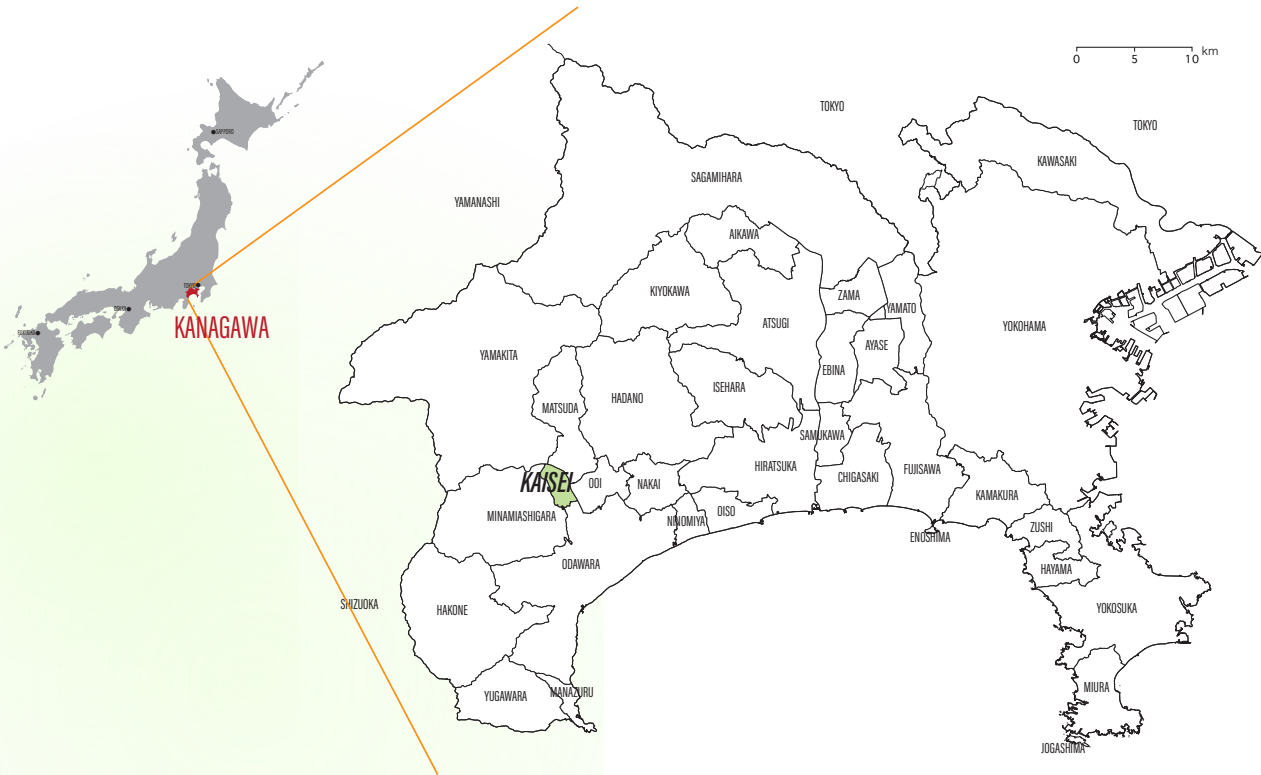


KAISEI Town

Age-friendly City Action Plan



The Kaisei Age-friendly City Action Plan is excerpted from the Kaisei Town Health and Welfare Plan for the Elderly (9th Period) .

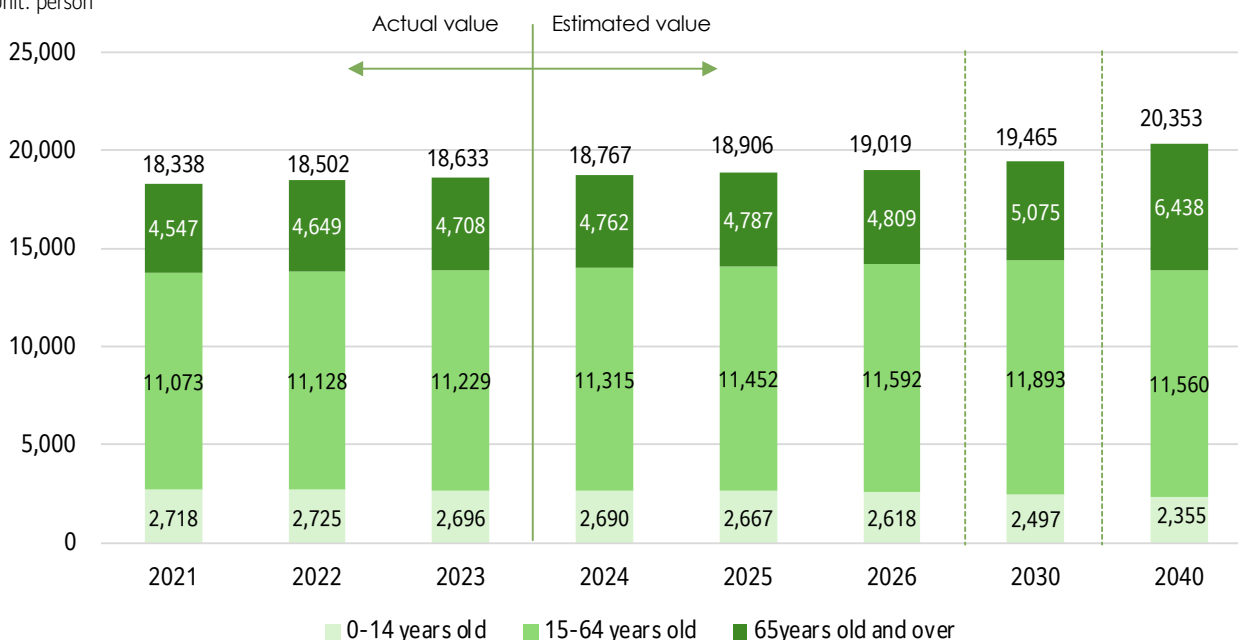
1. The Situation Surrounding the Older Residents of Kaisei Town

(1) Older Population and Aging Rate

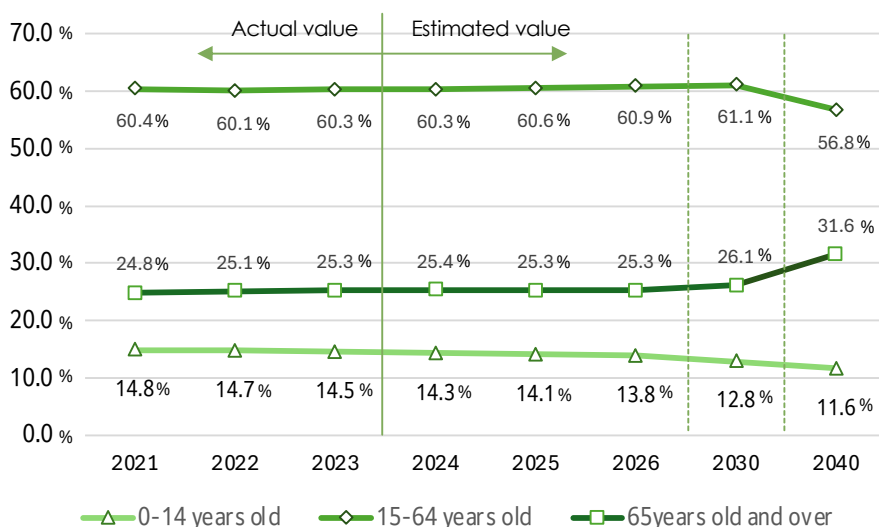
Kaisei Town's total population has been gradually increasing. Current projections estimate the population will reach 19,019 in 2026, 19,465 in 2030, and 20,353 in 2040. Looking at age groups, the population of those aged 15 to 64 and 65 and over are expected to remain relatively stable, while the number of children aged 0-14 is projected to decline slightly.

Population Trends

Unit: person



Percentage of population by age



*Basic Resident Ledger (as of the end of September of each year) for the years 2021 to 2023/estimates based on the cohort method for 2024 and later

(2) Older Households

In 2020, Kaisei Town had 2,773 households with older residents, an increase of 664 households over the 2,109 households in 2010.

Among those, there were 605 single-older households in 2020, up from 329 in 2010—an increase of 276 households. These households made up 8.7% of all households in town, a rate noticeable lower than the averages of Kanagawa Prefecture (10.9%) or overall in the nation (12.1%).

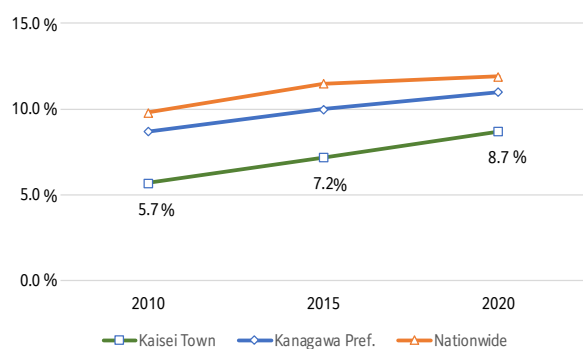
There were 789 older couple-only households in 2020, up from 462 in 2010—an increase of 327 households. They accounted for 11.4% of all households, slightly higher than both Kanagawa Prefecture (9.8%) and the national average (10.5%).

【Trends in Older Households】

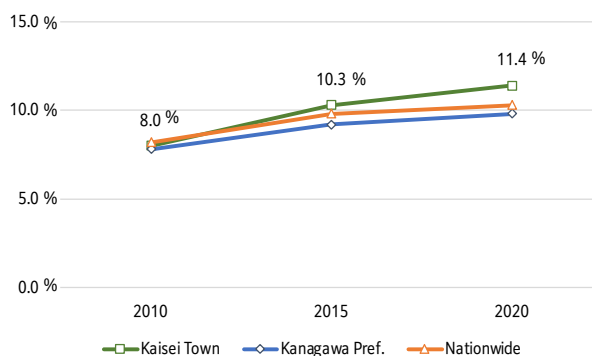
Unit: Households

	2010	2015	2020
Total Households	5,741	6,161	6,924
Households with older people	2,109	2,516	2,773
Older single-person households	329	443	605
Older married couple households	462	632	789

【Changes in the percentage of households headed by an older person living alone】



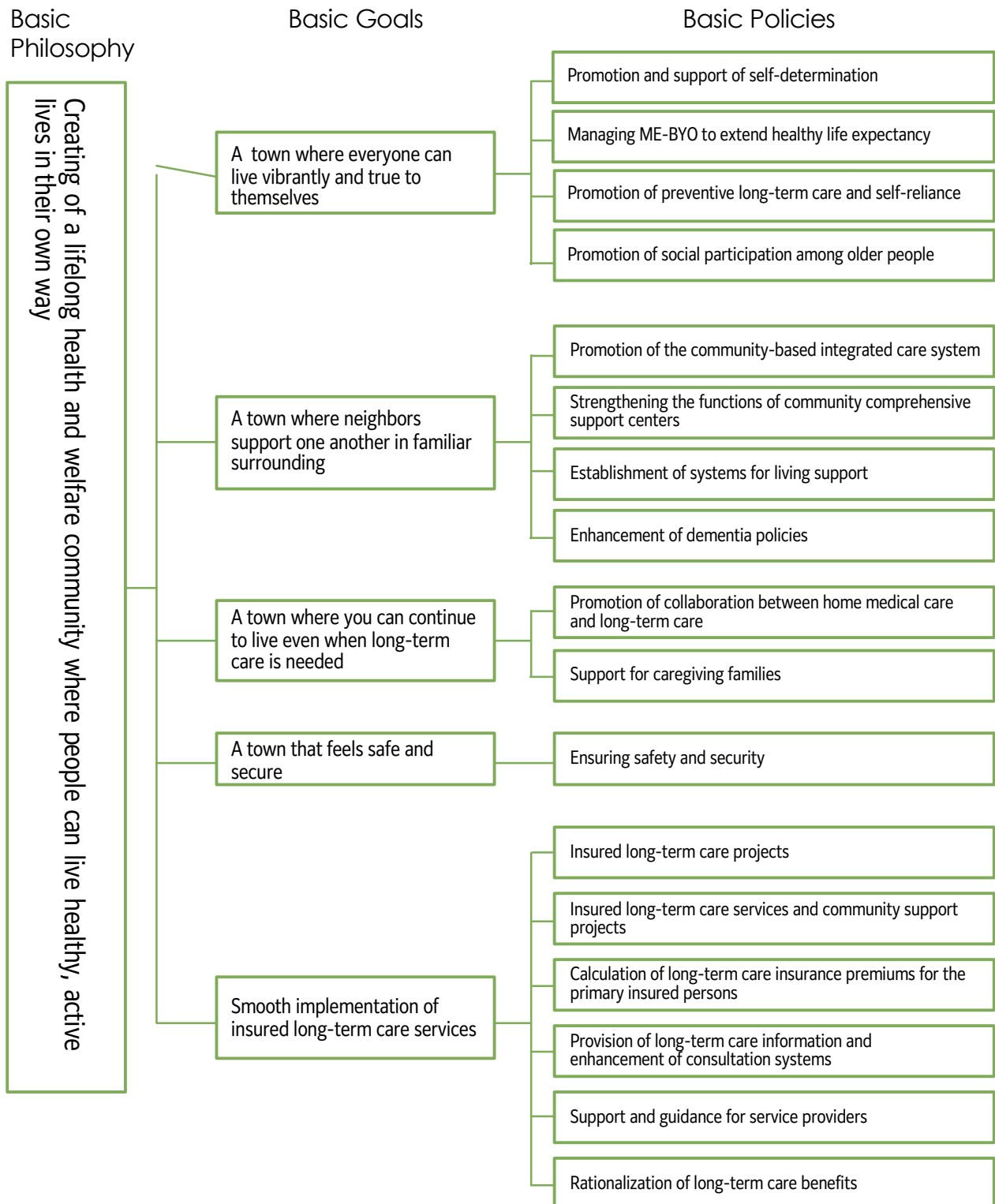
【Changes in the percentage of households headed by an older couple only】



*Census: as of October 1 of each year

2. Policy Framework

To build an environment where older residents can live comfortably and with peace of mind in their own neighborhoods, the plan will be developed according to the following framework.



3. Action Items in Eight Interconnected Domains

(1) Outdoor Spaces and Buildings

- In line with the Barrier-Free Law and Kanagawa Prefectural Ordinances, we will continue improving public facilities and roads to ensure barrier-free, universally accessible environments.

(2) Transportation

- Fukushi Transportation Service
We will provide transportation support for older adults who have difficulty walking to and from hospitals and facilities.
- Welfare Community Bus Service
The community bus offers daily transportation for residents who have difficulty in securing their own means of transportation.

(3) Housing

- Welcome Home Visit Program
Welfare community volunteers will visit new residents aged 75 and over to provide essential information.
- Daily Life Independence Support Project
Under a contract with the user or a legal representative, support is provided to elderly adults with dementia to protect their rights and help them to live independently in their own community.
- Emergency Call Device Rental Service
The Town lends out emergency devices that use telephone lines to older adults living alone and to frail residents in older person-only households so they can respond appropriately during sudden illness or disasters.
- Emergency Medical Information Kit Distribution Project
Emergency Medical Information Kits—including information sheets, storage cylinders, and stickers—are distributed to residents who may need to quickly provide medical information in an emergency.
- SOS Network for Missing Persons with Dementia
Municipalities across the prefecture will cooperate to build a shared registration network to quickly identify and protect older adults who go missing due to dementia-related wandering.
- Registration System for Residents Needing Assistance during an Evacuation
We will strengthen systems to identify people requiring assistance during disasters, including residents who hold long-term care certifications.
- Evacuation Support for Residents Needing Assistance
For facilities serving residents requiring special care, including older adults, we will support the creation of business continuity plans, evacuation drills, and systems to ensure the smooth and prompt communication and safe evacuation.
We will promote the establishment of welfare shelters where persons requiring special care can stay safely and comfortably.
- Information and Support for Safe Housing for Older Adults
We will support the development of safe, secure housing and provide relevant housing information.

(4) Social Participation

- **Activation of Senior Citizens' Groups**
We support senior citizens' groups that promote purpose in life, health activities, and foster intergenerational and interregional exchange.
- **Lifelong Learning Courses and Cultural Festivals**
We will expand learning, cultural, and exchange opportunities so that older residents can lead healthy and fulfilling lives.
We will support lifelong learning activities of the older people and provide learning opportunities.
- **Promotion of Sports for Older Adults**
By working with integrated sports clubs and sports promoters, we will encourage exercise habits and introduce universal and new sports suitable for older residents.

(5) Respect and Social Inclusion

- **Rights Protection and Elder Abuse Prevention**
We will work to prevent and respond to rights violations involving older adults by coordinating with local organizations and using systems such as adult guardianship and daily life support services. Elder abuse prevention will be strengthened through early detection, prevention of recurrence, and collaboration with police and related agencies.

(6) Civic Participation and Employment

- **Expanding Work Opportunities for Older Adults**
To support meaningful daily living and promote good health, we will assist the Silver Human Resource Center in strengthening its programs and expanding opportunities.
- **Promotion of Volunteer Activities**
We encourage voluntary community activities and support collaborations with local resources such as the Citizen Activity Support Center, the Volunteer Center, and the Livelihood Support System Improvement Project. We will strengthen coordination among these systems to develop and expand volunteer and community-support activities.

(7) Communication and Information

- **Training of Dementia Supporters and Volunteers**
We will develop community support system led by Team Orange, enabling all residents—including those with dementia—to express their individuality and abilities .
Training will include introductory lectures for new dementia supporters and advanced courses for those who have completed basic training.

- **Projects to Improve Dementia Care**
We will promote accurate understanding of dementia among residents, offer dementia cafes for informal consultation with specialists, and hold classes where family members, local residents, and individuals with dementia can share concerns. We will also strengthen consultation systems that support families.

(8) Community Support and Health Services

- **Livelihood Support System Development Project**
Livelihood support coordinators will foster community networks where local residents support one other. They will train individuals and groups for mutual-support activities and match older adults needs with available community resources.
- **Creating a System of Mutual Support**
Volunteers, NPOs, businesses, and others will be recognized as community support partners, forming a system where the whole community watches over and supports older residents.
- **Health Education**
Through the ME-BYO initiatives and various health lectures—including periodontal disease prevention lectures, bone health, and disease-prevention seminars—we will provide accessible community-based health education. (ME-BYO, a Japanese concept drawn from traditional Eastern medicine, strives to address the body's condition as a whole and encourages people to take a pro-active approach to health.)
- **Health Counseling**
The town will offer individual consultations on health concerns, along with nutrition and lifestyle guidance to prevent lifestyle-related diseases.
- **Health Examination**
Regular checkups are conducted to prevent and detect lifestyle-related diseases early. After examinations, accurate information will be shared to encourage appropriate medical follow-up and healthy lifestyle adjustments.
- **Integrated Implementation of Health Services and Care Prevention**
To address the diverse health needs of older residents, we will promote integrated approaches combining health services, frailty prevention, and prevention of serious lifestyle-related diseases.