

Age-Friendly Sausalito Make Your Voice Heard!



Sausalito has one of the fastest aging populations in Marin County. Between 2000 and 2010, residents over the age of 60 increased by 72%.

To address this issue, the Sausalito City Council voted unanimously to create the Age-Friendly Sausalito Task Force to develop a strategic plan for the future that will work for all of its residents. The enclosed anonymous questionnaire is a first step in this process.

WHAT is the purpose of the questionnaire?

Your thoughts and opinions are immensely valuable in planning Sausalito's future. By completing the questionnaire, you will provide information about obstacles to active aging in Sausalito and provide inspiration for solutions.

HOW were the questions chosen?

The questionnaire was developed using the World Health Organization's guidelines to an age-friendly city—one that is inclusive and accessible to all of its residents. It took many hours and revisions to settle on this final version.

CAN I complete the questionnaire online?

YES! Please go to www.agefriendlysausalito.com and click the link on the website for the questionnaire. This is the quickest way to respond.

HOW should I return the questionnaire? You may return it in the envelope provided, or to a special dropbox at the Bridgeway Gym, Library, or Police Station. These locations also have additional copies of the questionnaire. The deadline to return completed questionnaires is December 31, 2013. Survey results will be available in March, 2014 at www.agefriendlysausalito.com. For questions or for more information, please e-mail agefriendlysausalito@gmail.com.

Thank you for participating in this important questionnaire!

Age-Friendly Sausalito Task Force:

Tricia Smith (Chair) ♦ Sybil Boutillier ♦ Pat Christopherson ♦ Ann Heurlin
Judy Leachman ♦ Stella Shao ♦ Betsy Stroman

Special thanks to SCAN Health Plan for donating the cost of the return postage.



1. Which of the following is your age category?

- 54 or under 55-59 60-64
- 65-69 70-74 75-79
- 80-84 85 and over

2. What is your gender?

- Male Female

3. I live with: (check all that apply)

- I live alone Friend/roommate
- Paid attendant Partner/spouse
- Other family Other (specify): _____

4. Do you rent or own the place where you live?

- I own my home I rent my home

THE FOLLOWING QUESTIONS ARE ABOUT SAUSALITO'S ACCESSIBILITY

5. What transportation do you use within Sausalito? (check all that apply)

- Drive my car Family/friends
- Taxi Volunteer driver
- Walk Whistlestop
- Other (specify): _____

6. If you do not use public transportation currently, what prevents you from using it? (check all that apply)

- Does not go to my destinations
- I do not know about it
- I have physical limitations
- Inconvenient schedule
- No stops near enough to my home
- Takes too long
- Too expensive
- Other (specify): _____

7. What would make Sausalito accessible to you? (check all that apply)

- Handrails on hill steps
- Improved sidewalks
- Increased time on crosswalk traffic lights
- More frequent public transportation
- More handicapped parking spaces
- More outdoor seating in public areas
- Shuttle services to Caledonia and Bridgeway
- Other (specify): _____

THE FOLLOWING QUESTIONS ARE RELATED TO AGING IN SAUSALITO

8. Do you plan to remain in your current residence as you age?

- Yes No Undecided

9. If you do not plan to remain in your home, what is your major reason? _____

10. As you age, how important are the following?

	VERY	SOME-WHAT	NOT
I can continue to live in my community.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can continue to live in my present residence.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can feel socially included in my community.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can continue to drive my car.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Would you like to elaborate? _____

11. Do you think of Sausalito as your home community?

- Yes No Undecided

Would you like to elaborate? _____

12. Please respond to the following statements about living in Sausalito:

	Yes	No
I am satisfied with Sausalito as a place to continue to live.	<input type="checkbox"/>	<input type="checkbox"/>
I feel my neighborhood is safe from crime.	<input type="checkbox"/>	<input type="checkbox"/>
I feel prepared in case of an emergency.	<input type="checkbox"/>	<input type="checkbox"/>
I worry about being able to afford my housing as I age.	<input type="checkbox"/>	<input type="checkbox"/>
The design of my home will make it easy for me to remain in it.	<input type="checkbox"/>	<input type="checkbox"/>
Other (specify):		

Would you like to elaborate? _____

THE FOLLOWING QUESTIONS ARE ABOUT SOCIAL PARTICIPATION

13. Have you ever taken any classes offered through the City of Sausalito?

- Yes No

14. If not, why not? (check all that apply)

- Cost
 No class of interest to me
 No transportation
 Time of day is inconvenient
 Other (specify): _____

15. During the last 12 months, have you: (check all that apply)

	Yes	No
Attended a Sausalito-sponsored event?	<input type="checkbox"/>	<input type="checkbox"/>
Attended or watched a City Council Meeting?	<input type="checkbox"/>	<input type="checkbox"/>
Felt socially isolated?	<input type="checkbox"/>	<input type="checkbox"/>
Participated in clubs or civic organization activities?	<input type="checkbox"/>	<input type="checkbox"/>
Participated in volunteer activities?	<input type="checkbox"/>	<input type="checkbox"/>
Visited a Sausalito Park?	<input type="checkbox"/>	<input type="checkbox"/>

Would you like to elaborate? _____

16. How do you get your local news and information? (check all that apply)

- Family, friends, neighbors
 Internet
 Newspaper
 Radio/television
 Other (specify): _____

17. Do you know how to use a computer?

- Yes No

18. If No, would you like to learn?

- Yes No

19. If Yes, what do you use the computer for? (check all that apply)

- Finances (bill paying, banking, etc.)
 Games
 Health related (resources, communicate with doctor, etc.)
 Internet searches
 Shopping
 Social contact (e-mail, Facebook, Skype, etc.)
 Other (specify): _____

THE FOLLOWING QUESTIONS ARE ABOUT
YOUR HEALTH

20. How would you rate your physical health?

- Excellent Fair
 Good Poor

21. Do you have access to healthy foods?

- Yes No

22. Do you rely on assistance at home for basic activities of daily living?

- Yes No

23. Would you consider the following now or in the future:

	Yes	No
Moving to an Assisted Living if it were in Sausalito.	<input type="checkbox"/>	<input type="checkbox"/>
Moving to senior housing in Sausalito.	<input type="checkbox"/>	<input type="checkbox"/>
Renting out a portion of your home to a boarder/tenant.	<input type="checkbox"/>	<input type="checkbox"/>
Sharing your home in exchange for help around the house.	<input type="checkbox"/>	<input type="checkbox"/>

24. Have you ever used the following?

	Yes	No
Catch-A-Ride Program (taxi discount program)	<input type="checkbox"/>	<input type="checkbox"/>
“Are You Ok” Program (check-in daily phone calls)	<input type="checkbox"/>	<input type="checkbox"/>

Are there any other thoughts or concerns you would like to share about how Sausalito could be more age-friendly, including topics not addressed in this questionnaire?

Please describe:

THANK YOU for completing the questionnaire!
Please return by **December 31, 2013** to:

Age-Friendly Sausalito Task Force
1001 Bridgeway, Box 142
Sausalito, CA 94965

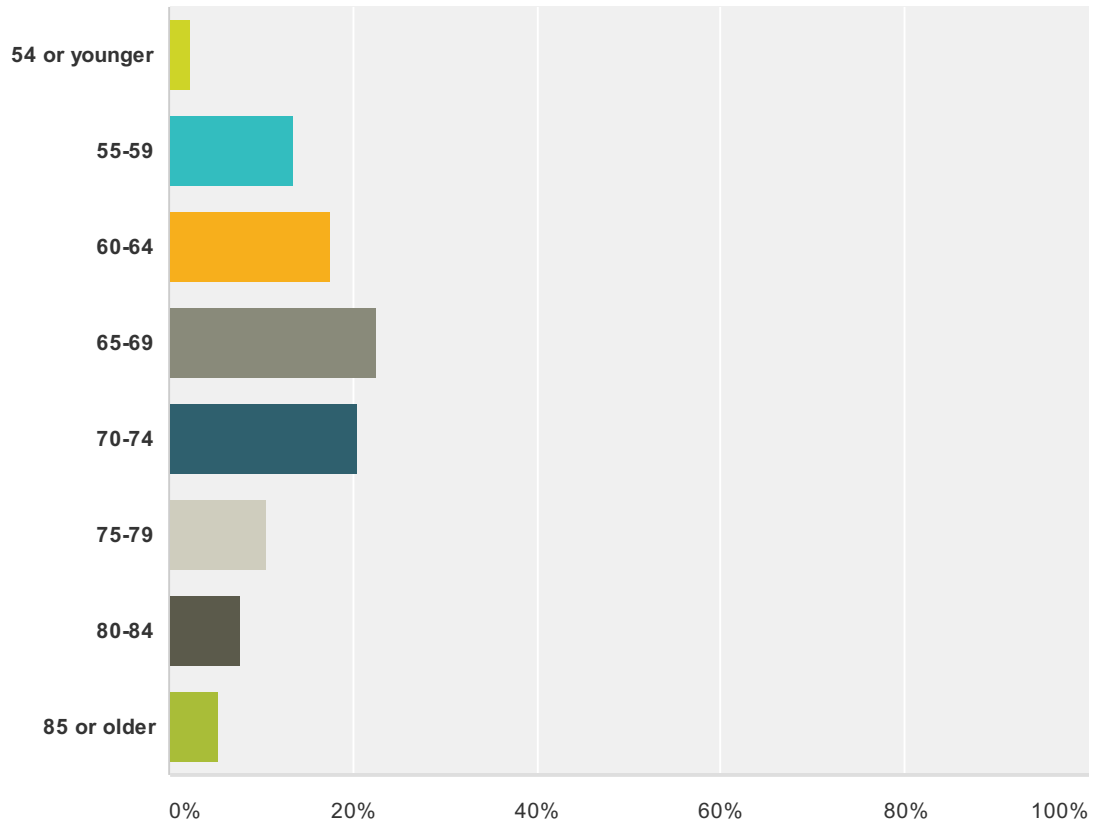
You may also drop off your completed questionnaire at the Bridgeway Gym, Police Station, or Sausalito Public Library



Age-Friendly Sausalito Questionnaire

Q1 Which category below includes your age?

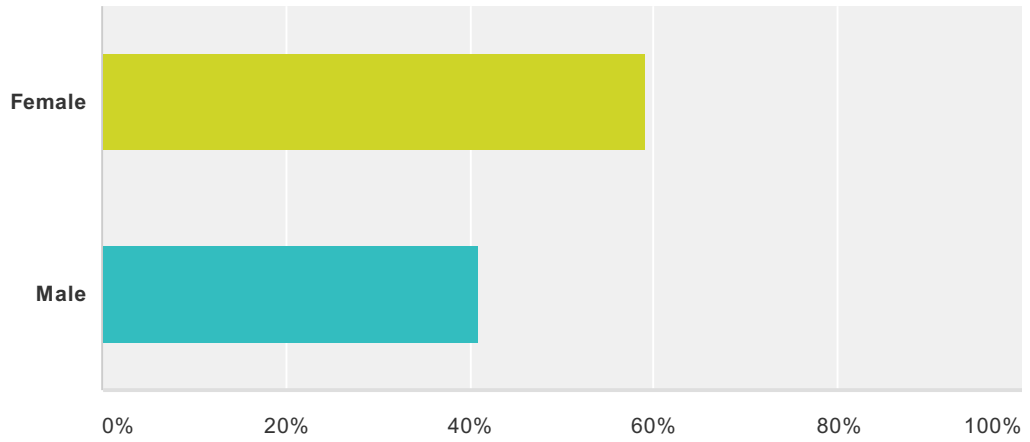
Answered: 1,176 Skipped: 13



Answer Choices	Responses
54 or younger	2.30% 27
55-59	13.52% 159
60-64	17.52% 206
65-69	22.45% 264
70-74	20.41% 240
75-79	10.54% 124
80-84	7.74% 91
85 or older	5.53% 65
Total	1,176

Q2 What is your gender?

Answered: 1,170 Skipped: 19

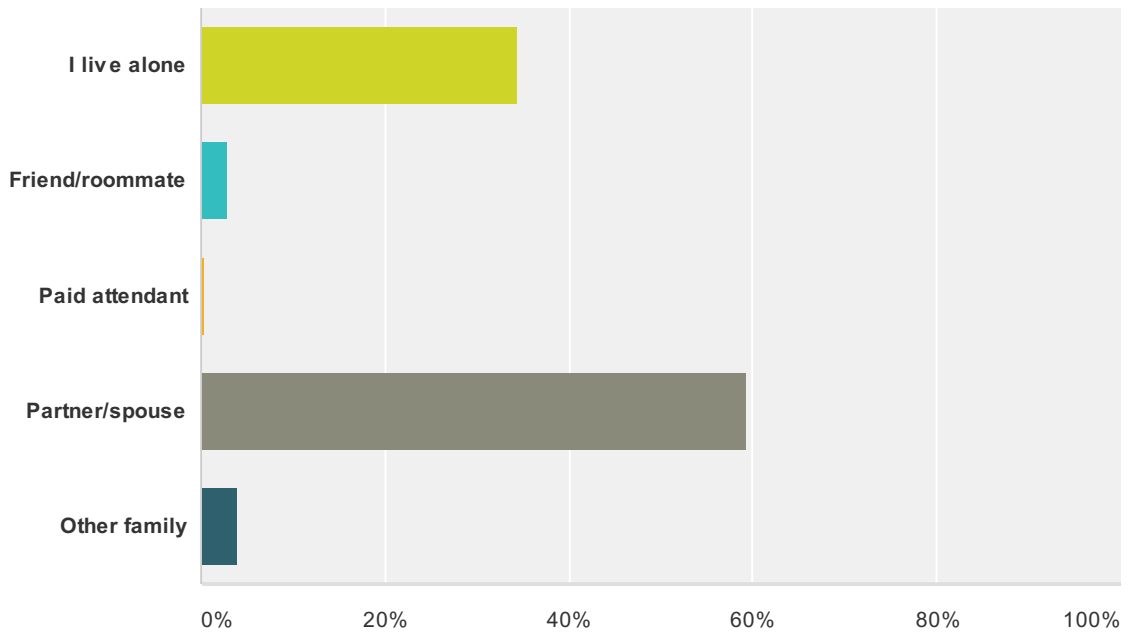


Answer Choices	Responses
Female	59.06% 691
Male	40.94% 479
Total	1,170

Age-Friendly Sausalito Questionnaire

Q3 I live with: (check all that apply)

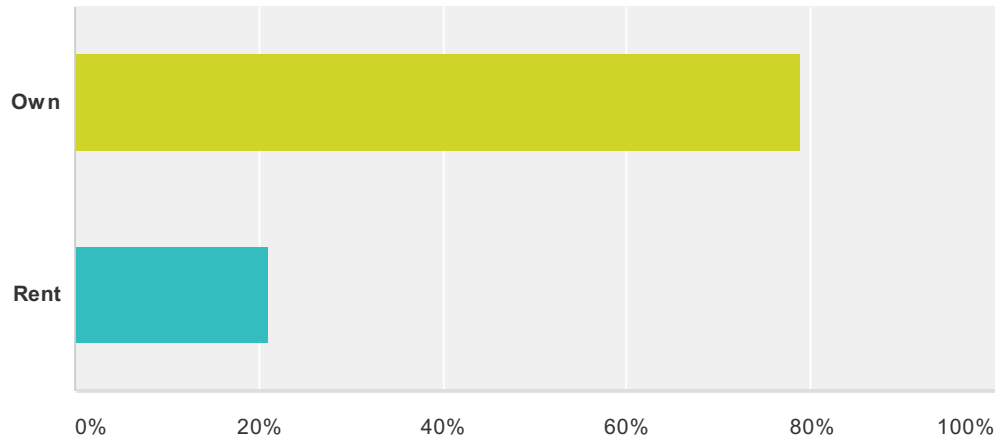
Answered: 1,163 Skipped: 26



Answer Choices	Responses
I live alone	34.39% 400
Friend/roommate	3.01% 35
Paid attendant	0.34% 4
Partner/spouse	59.33% 690
Other family	3.96% 46
Total Respondents: 1,163	

Q4 Do you rent or own the place where you live?

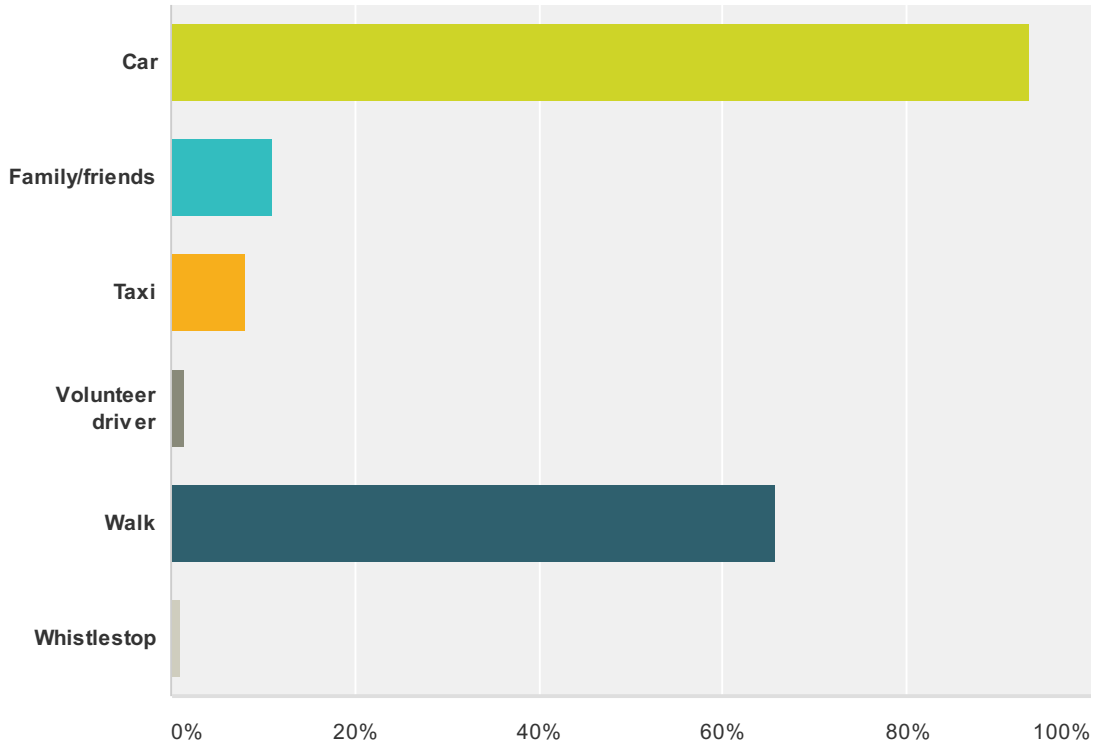
Answered: 1,159 Skipped: 30



Answer Choices	Responses
Own	78.95% 915
Rent	21.05% 244
Total	1,159

Q5 What transportation do you use WITHIN Sausalito? (check all that apply)

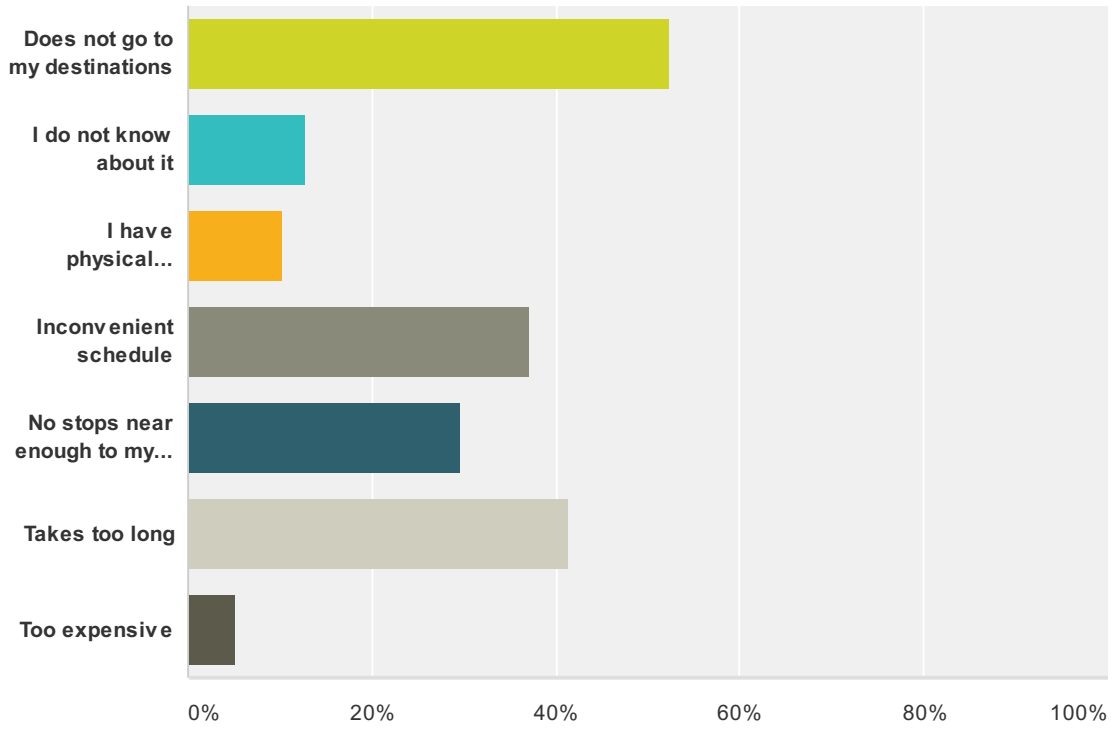
Answered: 1,166 Skipped: 23



Answer Choices	Responses	
Car	93.40%	1,089
Family/friends	10.98%	128
Taxi	8.23%	96
Volunteer driver	1.37%	16
Walk	65.87%	768
Whistlestop	1.03%	12
Total Respondents: 1,166		

**Q6 If you do not use public transportation currently, what prevents you from using it?
(check all that apply)**

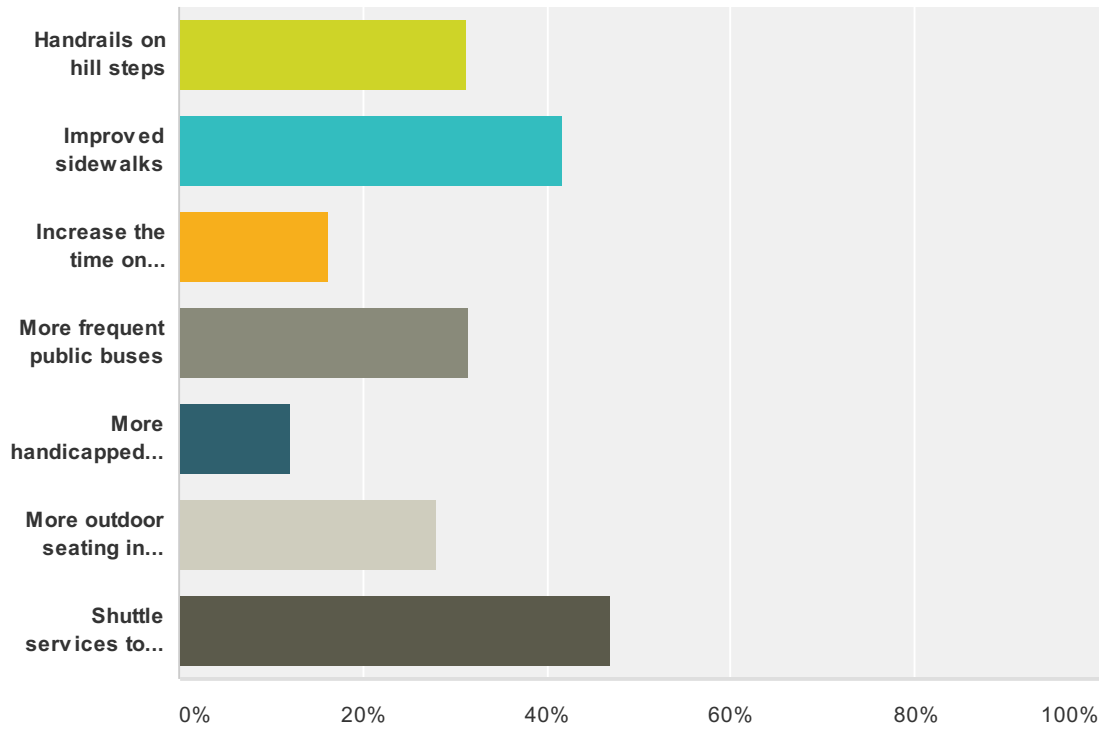
Answered: 760 Skipped: 429



Answer Choices	Responses
Does not go to my destinations	52.37% 398
I do not know about it	12.76% 97
I have physical limitations	10.26% 78
Inconvenient schedule	37.24% 283
No stops near enough to my home	29.74% 226
Takes too long	41.32% 314
Too expensive	5.26% 40
Total Respondents: 760	

Q7 What would make Sausalito more accessible to you? (check all that apply)

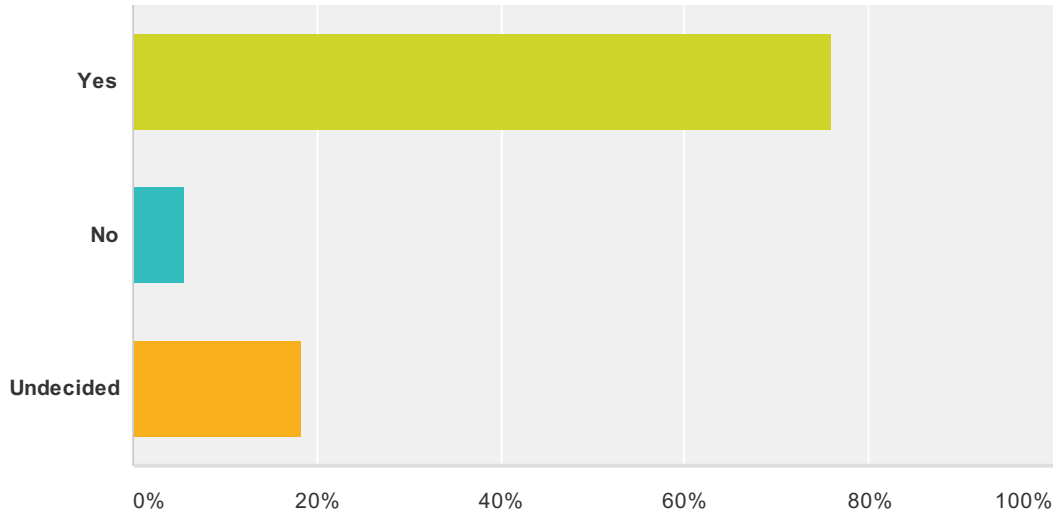
Answered: 821 Skipped: 368



Answer Choices	Responses
Handrails on hill steps	31.30% 257
Improved sidewalks	41.78% 343
Increase the time on crosswalk traffic lights	16.32% 134
More frequent public buses	31.43% 258
More handicapped parking spaces	12.06% 99
More outdoor seating in public areas	27.89% 229
Shuttle services to Caledonia and Bridgeway	46.89% 385
Total Respondents: 821	

Q8 Do you plan to remain in your current residence as you age?

Answered: 1,177 Skipped: 12



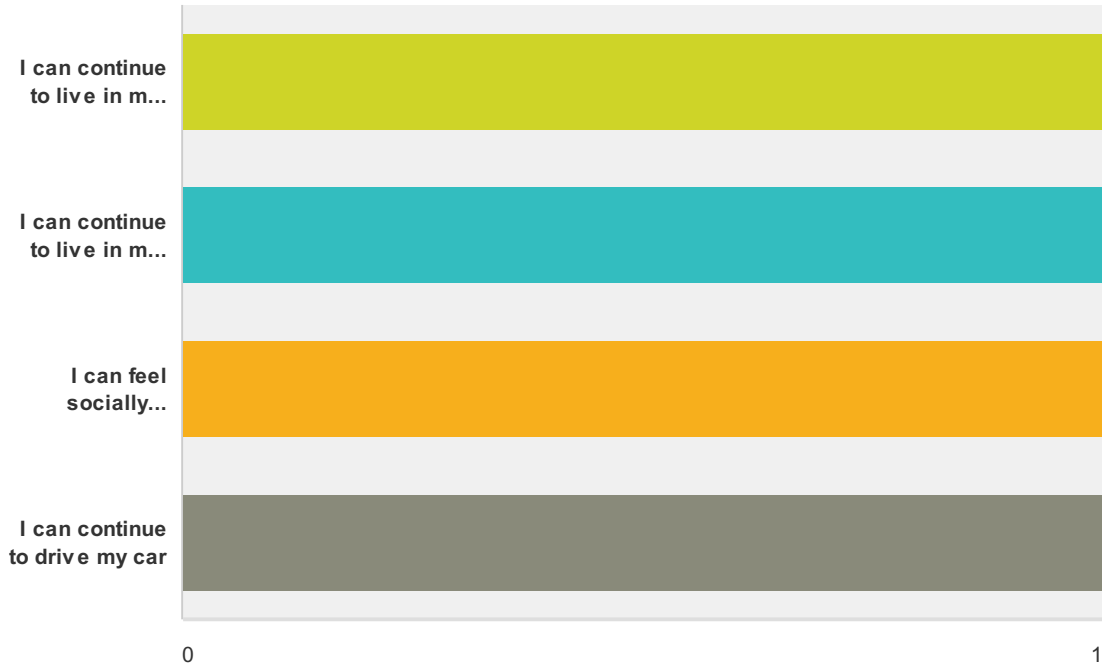
Answer Choices	Responses
Yes	75.96% 894
No	5.61% 66
Undecided	18.44% 217
Total	1,177

Q9 If you do not plan to remain in your own home, what is the major reason?

Answered: 259 Skipped: 930

Q10 As you age, how important are the following?

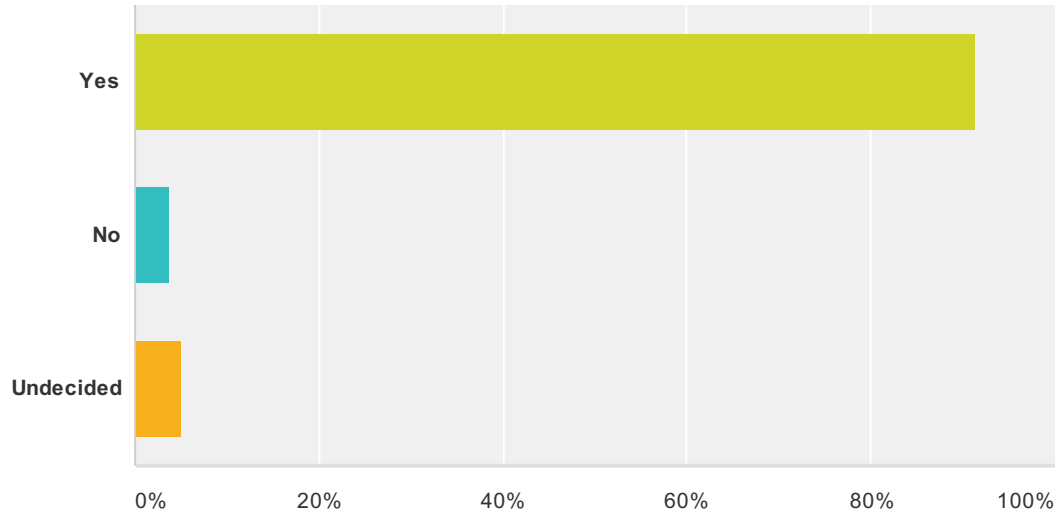
Answered: 1,177 Skipped: 12



	Very Important	Somewhat Important	Not Important	Total	Average Rating
I can continue to live in my community	81.13% 933	16.87% 194	2% 23	1,150	1.00
I can continue to live in my present residence	74.20% 857	21.13% 244	4.68% 54	1,155	1.00
I can feel socially included in my community	65.63% 741	28.88% 326	5.49% 62	1,129	1.00
I can continue to drive my car	77.39% 876	16.43% 186	6.18% 70	1,132	1.00

Q11 Do you think of Sausalito as your 'home' community?

Answered: 1,164 Skipped: 25

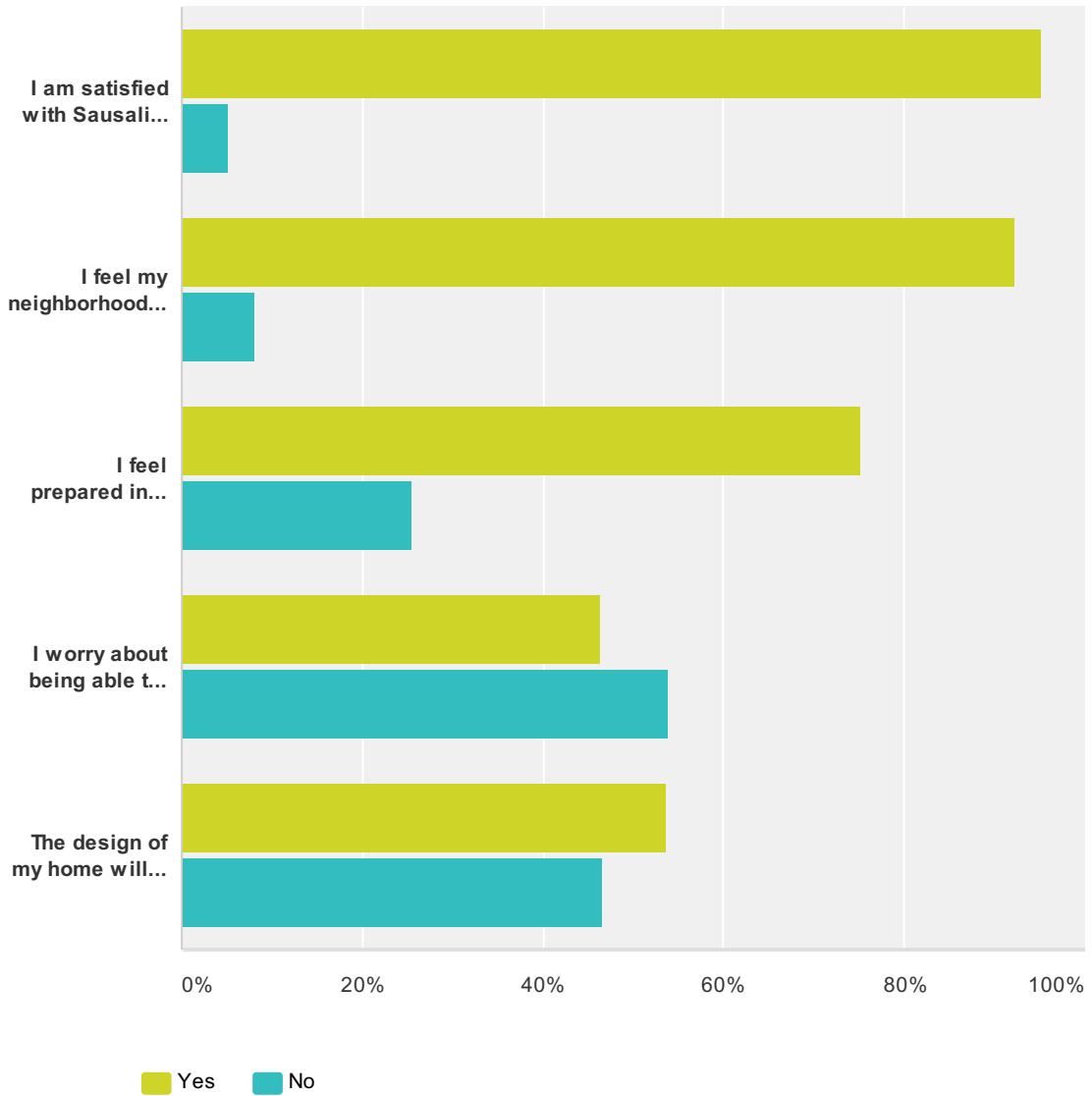


Answer Choices	Responses	
Yes	91.41%	1,064
No	3.69%	43
Undecided	5.07%	59
Total Respondents: 1,164		

Age-Friendly Sausalito Questionnaire

Q12 Please respond to the following statements about living in Sausalito

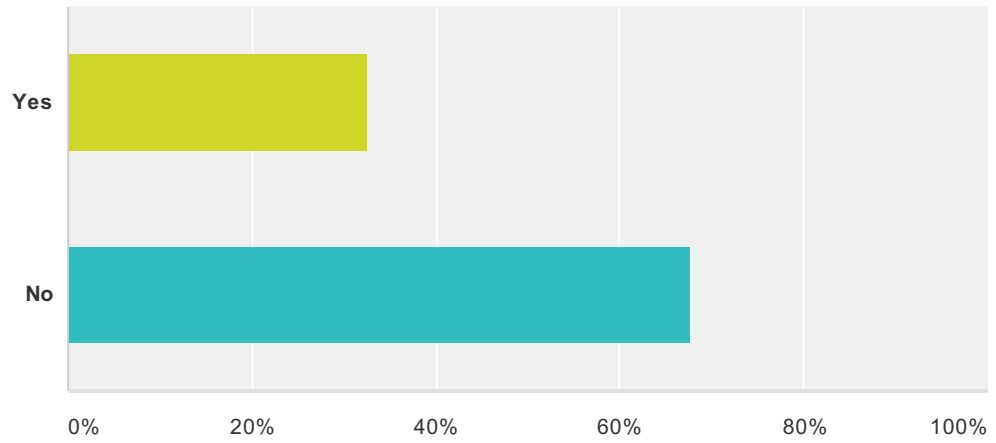
Answered: 1,177 Skipped: 12



	Yes	No	Total Respondents
I am satisfied with Sausalito as a place to continue to live	95.21% 1,094	5.22% 60	1,149
I feel my neighborhood is safe from crime	92.29% 1,053	8.06% 92	1,141
I feel prepared in case of an emergency	75.18% 821	25.37% 277	1,092
I worry about being able to afford my housing as I age	46.28% 517	53.89% 602	1,117
The design of my home will make it easy for me to remain in it	53.68% 584	46.60% 507	1,088

Q13 Have you ever taken any classes offered by the City of Sausalito?

Answered: 1,158 Skipped: 31

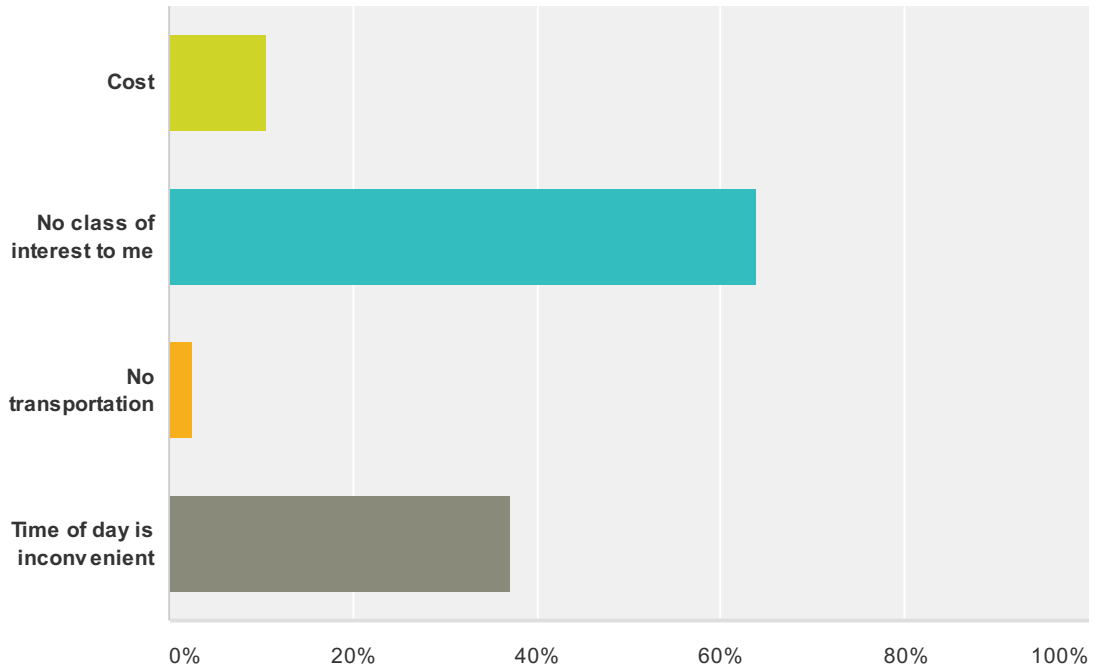


Answer Choices	Responses
Yes	32.47% 376
No	67.62% 783
Total Respondents: 1,158	

Age-Friendly Sausalito Questionnaire

Q14 If Not, Why Not? (check all that apply)

Answered: 499 Skipped: 690

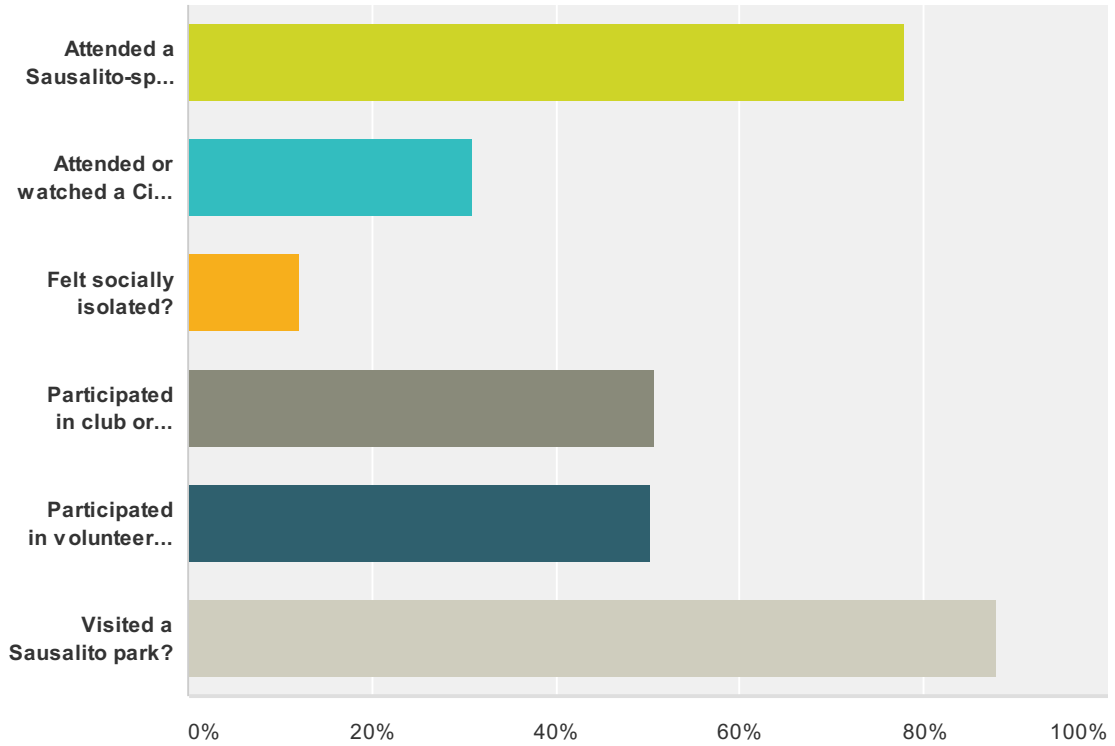


Answer Choices	Responses
Cost	10.62% 53
No class of interest to me	63.93% 319
No transportation	2.61% 13
Time of day is inconvenient	37.07% 185
Total Respondents: 499	

Age-Friendly Sausalito Questionnaire

Q15 During the last 12 months have you: (check all that apply)

Answered: 1,107 Skipped: 82

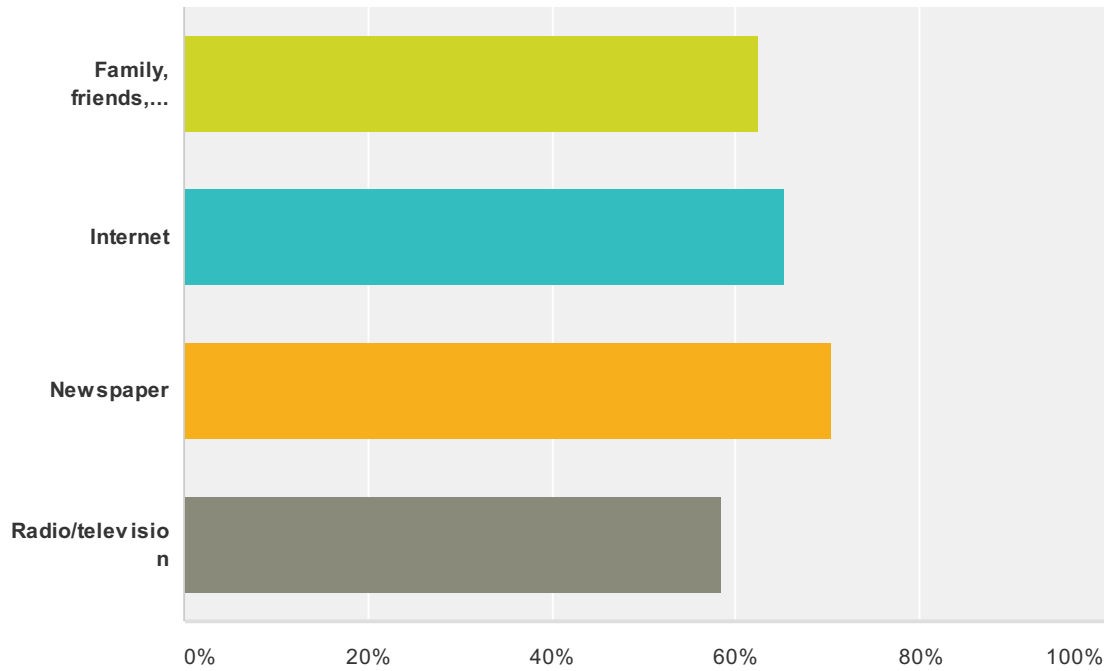


Answer Choices	Responses
Attended a Sausalito-sponsored event?	77.96% 863
Attended or watched a City Council meeting?	30.98% 343
Felt socially isolated?	12.01% 133
Participated in club or civic organization activities?	50.68% 561
Participated in volunteer activities?	50.23% 556
Visited a Sausalito park?	87.90% 973
Total Respondents: 1,107	

Age-Friendly Sausalito Questionnaire

Q16 How do you get your LOCAL news and information? (check all that apply)

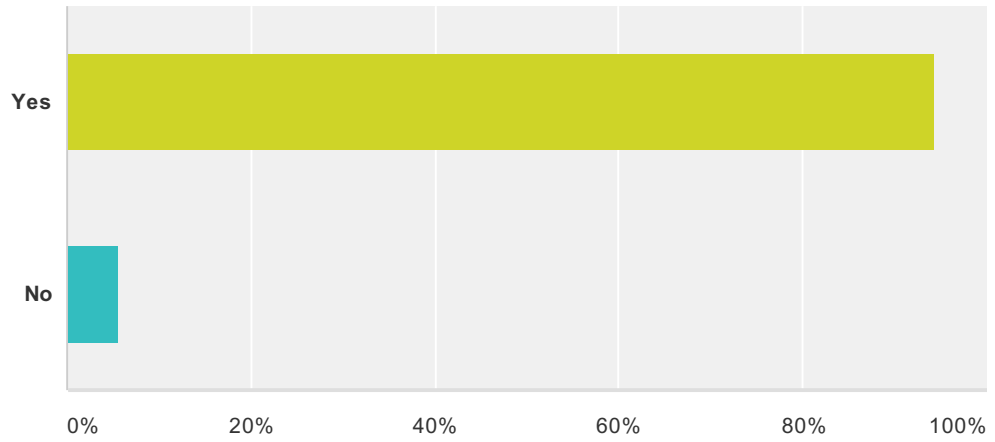
Answered: 1,163 Skipped: 26



Answer Choices	Responses	
Family, friends, neighbors	62.34%	725
Internet	65.43%	761
Newspaper	70.42%	819
Radio/television	58.56%	681
Total Respondents: 1,163		

Q17 Do you know how to use a computer?

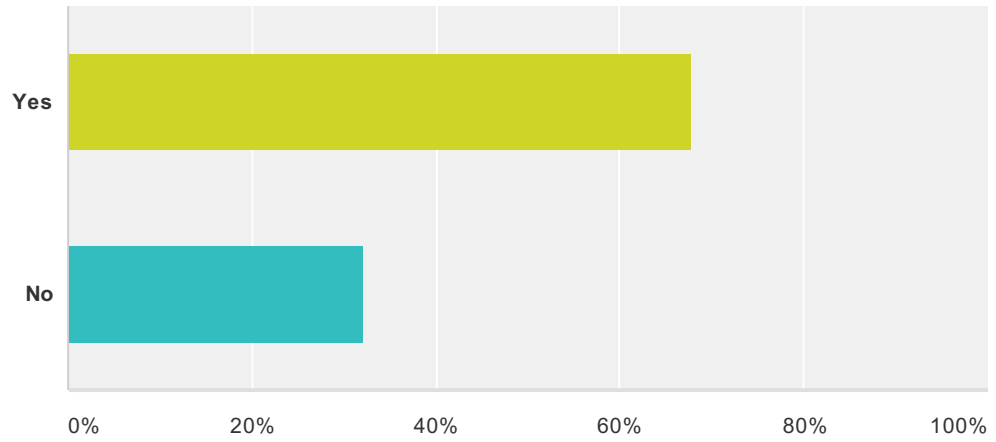
Answered: 1,158 Skipped: 31



Answer Choices	Responses
Yes	94.39% 1,093
No	5.70% 66
Total Respondents: 1,158	

Q18 If No, would you like to learn?

Answered: 134 Skipped: 1,055

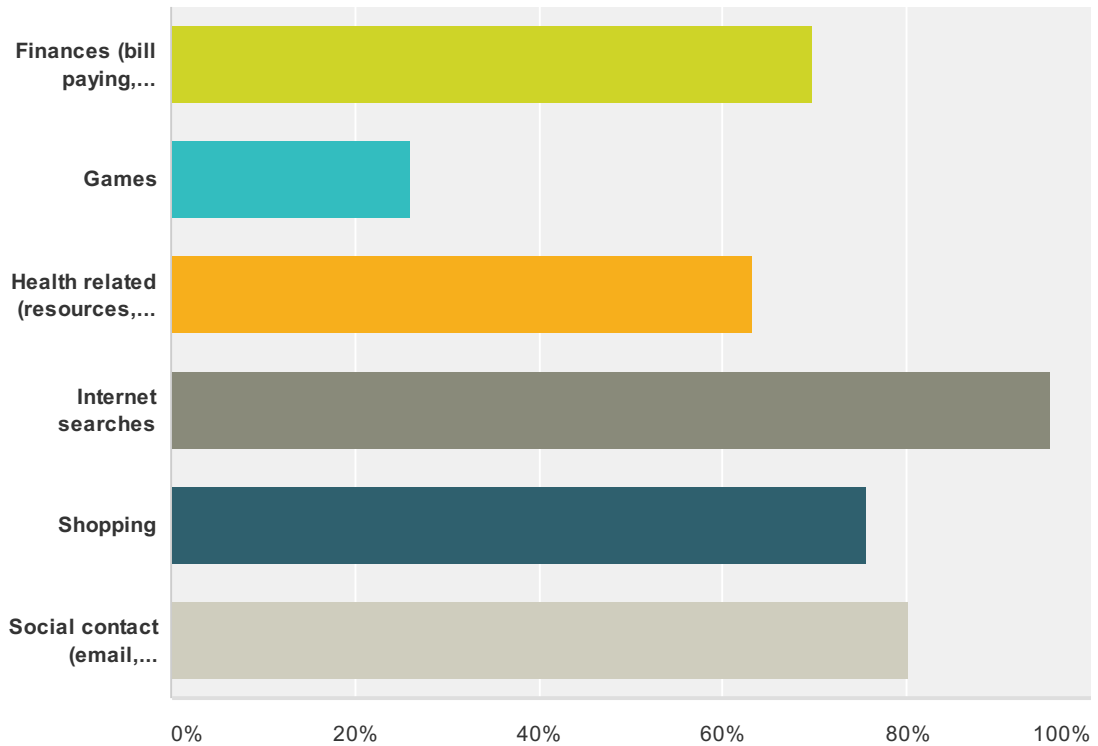


Answer Choices	Responses	
Yes	67.91%	91
No	32.09%	43
Total Respondents: 134		

Age-Friendly Sausalito Questionnaire

Q19 If Yes, what do you use the computer for? (check all that apply)

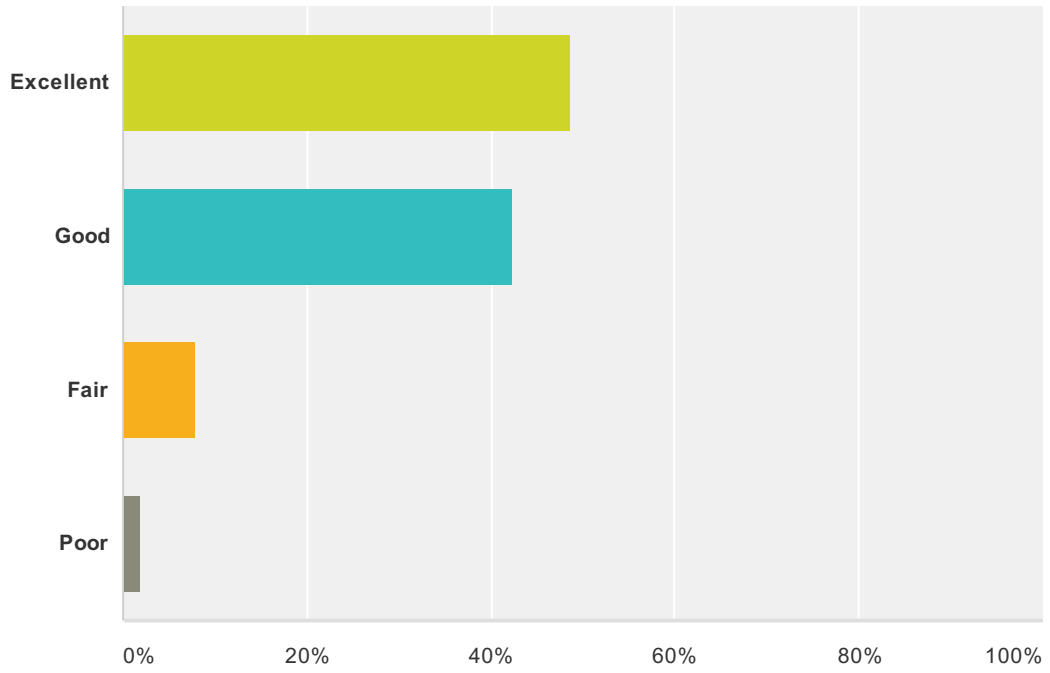
Answered: 1,084 Skipped: 105



Answer Choices	Responses
Finances (bill paying, banking, etc)	69.74% 756
Games	26.01% 282
Health related (resources, communicate with doctor, etc)	63.19% 685
Internet searches	95.66% 1,037
Shopping	75.65% 820
Social contact (email, Facebook, Skype, etc)	80.07% 868
Total Respondents: 1,084	

Q20 How would you rate your health?

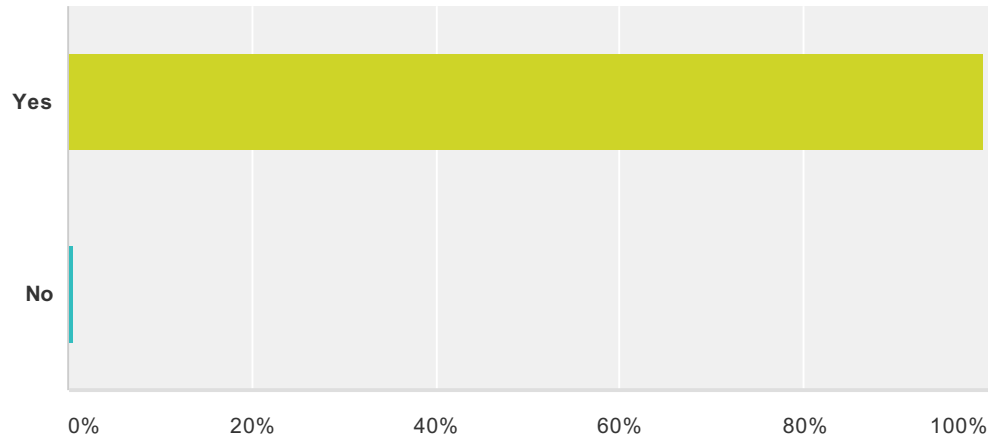
Answered: 1,173 Skipped: 16



Answer Choices	Responses
Excellent	48.59% 570
Good	42.37% 497
Fair	7.93% 93
Poor	1.88% 22
Total Respondents: 1,173	

Q21 Do you have access to healthy foods?

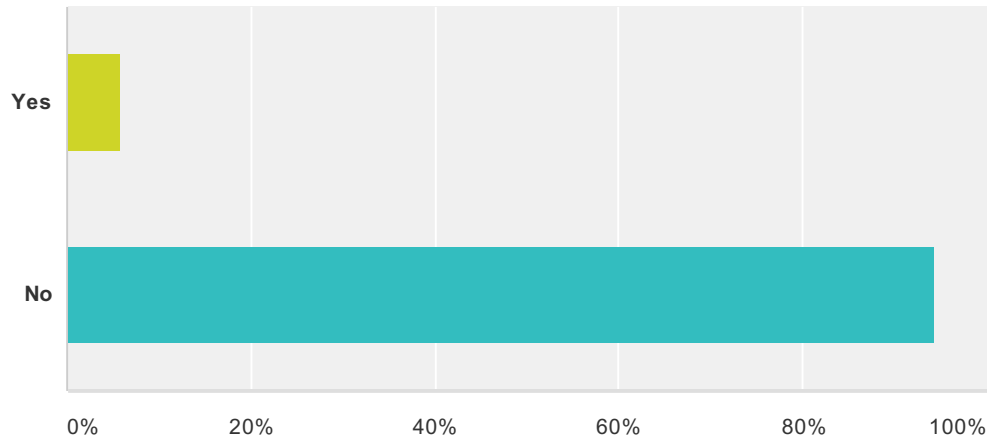
Answered: 1,170 Skipped: 19



Answer Choices	Responses	
Yes	99.49%	1,164
No	0.60%	7
Total Respondents: 1,170		

Q22 Do you rely on assistance at home for basic activities of daily living?

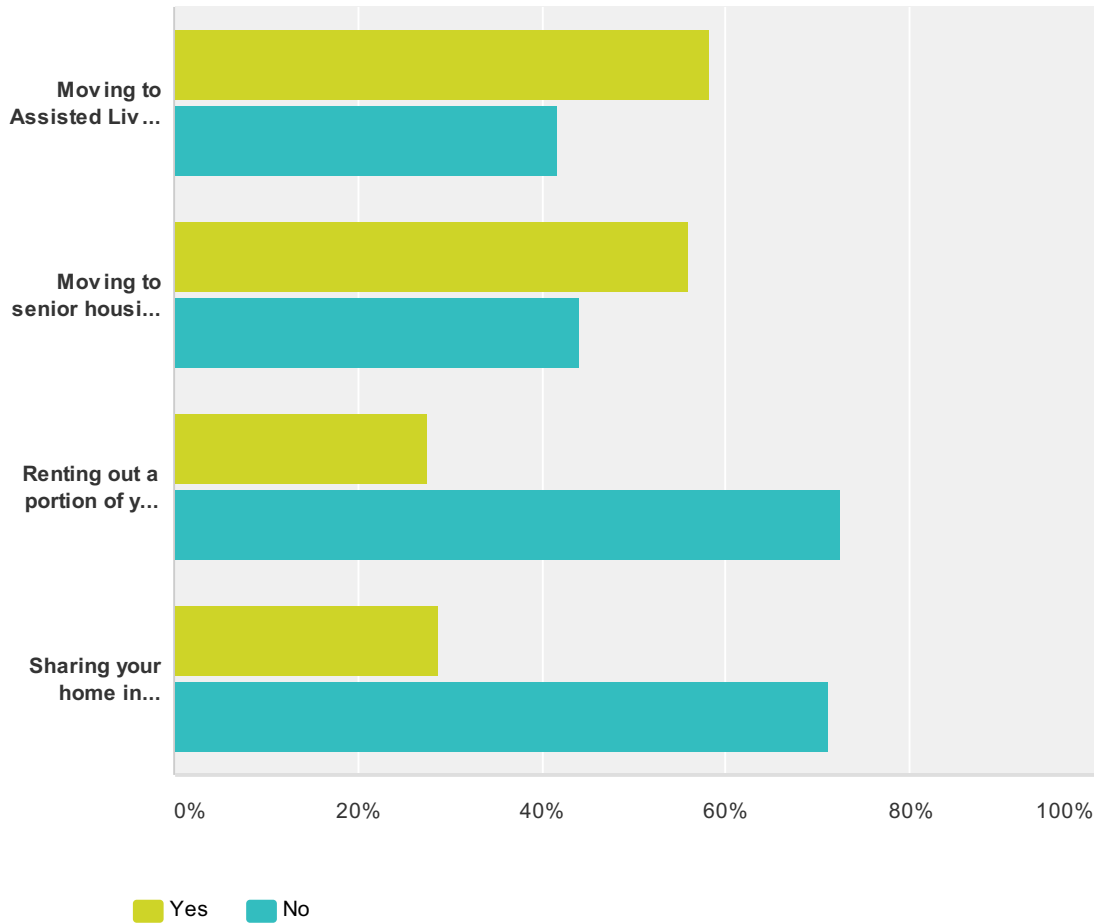
Answered: 1,171 Skipped: 18



Answer Choices	Responses
Yes	5.81% 68
No	94.28% 1,104
Total Respondents: 1,171	

Q23 Would you consider any of the following now or in the future?

Answered: 1,150 Skipped: 39

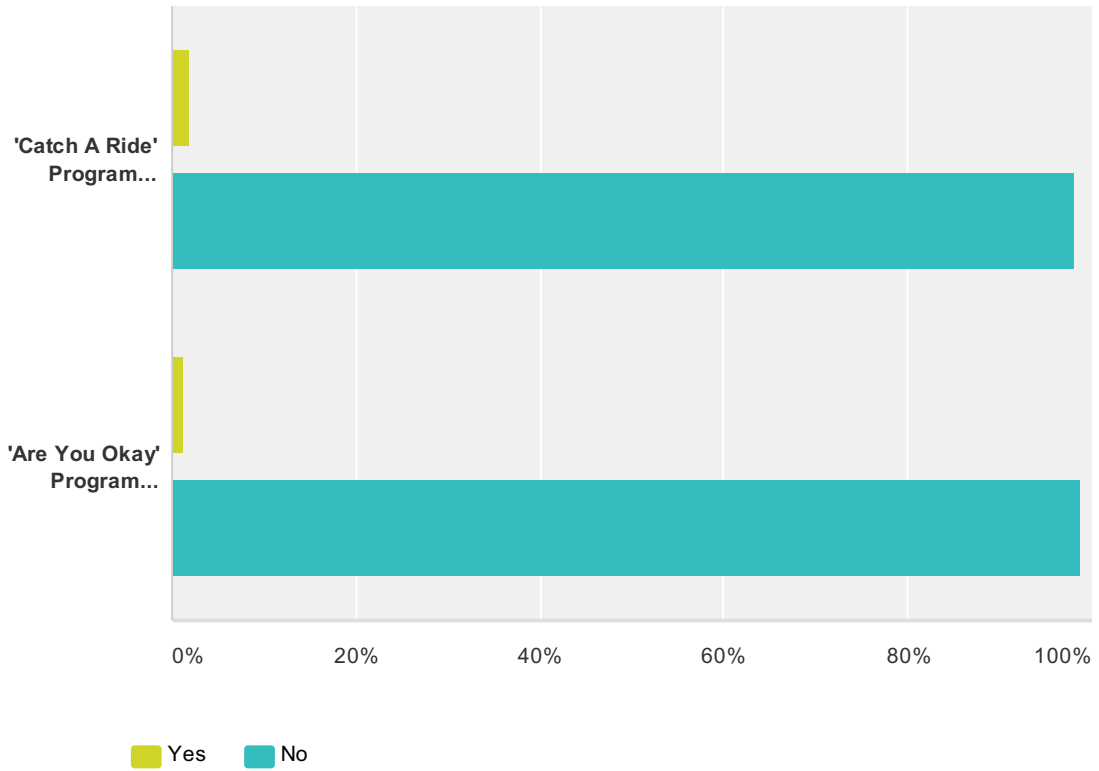


	Yes	No	Total
Moving to Assisted Living if it were in Sausalito	58.35% 615	41.65% 439	1,054
Moving to senior housing in Sausalito	55.91% 601	44.09% 474	1,075
Renting out a portion of your home to a boarder/tenant	27.57% 284	72.43% 746	1,030
Sharing your home in exchange for help around the house	28.85% 292	71.15% 720	1,012

Age-Friendly Sausalito Questionnaire

Q24 Have you ever used the following:

Answered: 1,151 Skipped: 38



	Yes	No	Total
'Catch A Ride' Program (discount taxi vouchers)	1.84% 21	98.16% 1,123	1,144
'Are You Okay' Program (check-in daily phone calls)	1.32% 15	98.68% 1,119	1,134

Age-Friendly Sausalito Questionnaire

Q25 Are there any other thoughts or concerns you would like to share about how Sausalito could be more age-friendly including topics that have not been addressed in this questionnaire?

Answered: 947 Skipped: 242

AGE-FRIENDLY SAUSALITO STRATEGIC ACTION PLAN
2015 STAKEHOLDER INTERVIEW SUMMARIES

As part of the research for the Age-Friendly Sausalito Strategic Action Plan, 31 interviews were conducted with Marin County officials, City of Sausalito Councilmembers and administrative officials, and community leaders. These interviews yielded diverse and rich input that helped shaped Age-Friendly Sausalito's goals, strategies, activities, and outcomes.

Marin County Officials

- District 3 Supervisor

Emphasized the importance of communities working together through the Aging Action Initiative, Villages, and Age-Friendly Community initiatives. She expressed the need for these efforts to include a focus on the non-safety net population. Specific areas of interest mentioned were wellness, housing (home sharing, home modification, in-law units), and policy change to encourage housing adaptation rather than only new home construction.

- Director of Aging and Adult Services

Promoted the concept of an Age-Friendly Marin that includes the Aging Action Initiative, Villages, and individual Age-Friendly Community initiatives. He saw this as a framework to bring in municipalities across the County, support local variation, and foster City/County collaboration. He also highlighted the upcoming Age-Friendly start-up grants soon to be available from the Marin Community Foundation with community matching funds.

- Public Health Officer

Emphasized the important role the Age-Friendly movement can have in improving overall health in Marin County. He commented that the built environment is being influenced by Age-Friendly thinking and that a "choreographer" is needed to help align the aging-related initiatives in the County: the Aging Action Initiative (which includes healthy eating, active aging, dementia, etc.), Villages, and Age-Friendliness. He suggested creating an opportunity for these initiatives to be presented to the City Managers meeting in Marin. He also offered to assist the Age-Friendly Sausalito Task Force with its evaluation and metrics. He has strong data that can help "make the case" for the link between good health and the importance of social and non-medical supports.

- Senior Mobility Analyst, Marin Transit Authority

Highlighted the many transportation challenges there are in Marin County for older adults and the efforts the County has made to address them (see Marin in Motion – A Guide to Transportation in and around Marin County). The concept of "the last mile" is a particular issue. Not all transportation services – particularly vans and buses – are able to negotiate hilly, windy

roads and driveways and so can't take people all the way to their front doors. He was enthusiastic about Call A Ride for Sausalito Seniors (CARSS); in addition to solving the "last mile" problem, CARSS is free, uses volunteer drivers, builds community, and is both cost-effective and replicable.

City of Sausalito Councilmembers

- Mayor at the time this research was done for the Age-Friendly Sausalito Strategic Action Plan

Mayor stated that the City Council recognizes the power of older adults in Sausalito and their vital roles in informing decision-making and raising consciousness within the community. In his guidance to the Age-Friendly Sausalito Task Force, he stressed that the Age-Friendly Sausalito Strategic Plan be integrated with other City plans and that it become part of the General Plan – a legal document – to have lasting impact.

- Vice Mayor at the time of this research was for the Age-Friendly Sausalito Strategic Action Plan

Vice Mayor commented that the City is currently discussing the issue of short-term rentals, such as VRBO and Airbnb. For older adults, options such as accessory dwelling units may be an interesting aging-in-place option. In addition, she: 1) acknowledged the support that churches provide in connecting with hard-to-reach populations and how the shift to more digital communication might exclude some residents; 2) raised the question of how local businesses can cater to local older adults as well as tourists; 3) felt that free city-wide wi-fi and internet access would be a benefit to Sausalito; and 4) stressed that Age-Friendly Sausalito needs strong leadership and good volunteers to be sustainable.

- City Council

Provided the following input: 1) The library is a fantastic resource. The hours are good, but it needs to simplify e-learning, be more user-friendly, and make it easier to find information you need. 2) The proposed home modification permit process for older adults is a good idea. 3) The City's disaster information is good; the focus on encouraging people to watch out for each other is important. 4) Nutrition for older adults should be an education topic through the library, Sausalito Village, and Age-Friendly Sausalito. Through caring for her mother, she learned that medication regimens can require dietary changes. Senior cooking classes and tips for ordering food in a restaurant would be valuable. 5) Seniors enjoy events held in downtown Sausalito. How can businesses make it more comfortable for people using canes or wheelchairs?

- City Council

Stressed the importance of intergenerational programs. "Kids," he said, "don't look up to older adults for their wisdom." He recommended that Age-Friendly Sausalito be sure to advocate for itself within existing city procedures.

- City Council

Emphasized his total support for Age-Friendly Sausalito; “I wouldn’t think of not doing it.” His comments included the following: 1) Thinking about senior livability enhances things for everyone; initiatives such as park improvements will benefit all city residents. 2) The Age-Friendly Sausalito Strategic Action plan must be part of the General Plan. 3) State housing policy needs to catch up to what’s really happening in communities. Why doesn’t the State’s focus on affordability include people staying in their homes through home sharing and other ways? 4) The City may be overemphasizing digital communication with city residents. Not all have access, but it is hard to know who is negatively impacted. 5) It is hard to target seniors who are not prepared for emergencies, even though the City has done a good job of setting up emergency systems. Is this a topic that needs more study? 6) “I applaud the good work of the Age-Friendly Sausalito Task Force.” We need to strengthen neighbor-to-neighbor and person-to-person connections and integrate this approach into the work of the Police Department, Fire Department, and City Hall. Each stakeholder in the community needs to be integrated and neighborhoods are the foundation for doing that.

City of Sausalito Administrative Officials

- City Manager

Expressed his support and appreciation for the work of the Age-Friendly Sausalito Task Force and encouraged the Task Force to work toward embedding Age-Friendly components into the City’s General Plan, Budget, ADA Transition Plan, and Strategic Plan. Additional “takeaway” messages were that Age-Friendly Sausalito needs to be sustainable, leverage existing funding and initiatives, and be realistic by not taking on more than it can handle with the first Strategic Action Plan.

- Community Development Director

Discussed the work he is doing to improve the home modification permit process for older adults, how these improvements can be communicated to the public, and how Sausalito residents can be educated about options such as home sharing, assisted living, etc. He further suggested: 1) adding an Age-Friendly section to the Housing Element of the General Plan when it is updated in 2018; 2) reviewing the municipal code as needed to understand existing residential zoning requirements; 3) thinking about a way to provide subsidized home assessments for older adults.

- City Librarian and Assistant City Librarian

Reviewed the Library’s extensive array of existing services and programming. Looking forward, They discussed additional ways to intersect with Age-Friendly Sausalito by utilizing CARSS more

for library events. They would also like to expand and strengthen remote access to digital resources; the challenge is managing the multiple platforms they have for electronic resources. They also said the Library needs to address ADA compliance issues and the need for additional meeting, storage, and program space.

- Emergency Services Manager, Police Department

Reviewed the City's current emergency planning activities and ways to distribute information to community residents. His main concern is that in spite of efforts to identify those seniors who would be the most vulnerable in an emergency, he finds that seniors don't want to complain and are hesitant to ask for help. He hopes to find ways to encourage neighbors to know each other better. Community emergency preparedness awareness runs high when something happens, but diminishes as people start to forget.

- Former Administrative Services Director

Emphasized the need to make Age-Friendly Sausalito sustainable by seeing if any city funds can be relabeled for Age-Friendly Sausalito activities. Examples are maximizing intersections between the ADA Transition Plan and Age-Friendly Sausalito and creating a special Age-Friendly Sausalito assessment district. He further stressed that older adults are the "content silent majority." They need to be involved more in making Sausalito age-friendly, including participation in budget meetings and other issues that come before the City Council.

- Public Works Director

Recommended that Age-Friendly Sausalito: 1) Leverage funds where possible, i.e., the ADA, federal transportation funds such as Complete Streets, and the Circulation Element of the General Plan. 2) Participate on the ADA Transition Plan Stakeholder Group to prioritize the work that needs to be done and impact how funding dollars are utilized. 3) Collaborate with other Sausalito initiatives such as the Sustainability Commission. 4) Engage schools and parents in Age-Friendly Sausalito activities to emphasize that changes made for older adults also benefit families.

- Community Programs, Police Department

Emphasized that there are a number of accessible public tools older adults can use to ensure that a local entity is aware of their circumstances in the event of an illness or accident. These include R U OK?, Batch Geo, the Telephone Reassurance Program, the Postal Alert Program, and the Vial of Life. Few people use these services. She suggested enhancing collaborative efforts between community organizations, such as Sausalito Village, and public entities, such as the Police and Fire Departments, to be sure these programs are better known to Sausalito's older adults.

- Parks and Recreation Director

Highlighted the City's commitment to supporting older adults in Sausalito with accessible and affordable programming. The Parks and Recreation Department will continue its collaborations with Sausalito Village, CARSS, the Edgewater Senior Center, and service organizations. It will also continue utilizing city communication channels to ensure that programming information is available throughout the City and encourage new services such as grocery, meal, and dry-cleaning delivery services and senior discount days. As a strong supporter of Age-Friendly Sausalito, he encouraged the Task Force to be realistic, set attainable goals, be sustainable, and show its progress.

- City Clerk/Assistant City Manager

Targeted communication and understanding municipal code sections as important areas for Age-Friendly Sausalito. Sausalito has many communication channels, but with the move toward more information being online, are people being left out? On the housing side, Age-Friendly Sausalito's interest in alternative housing options for older adults may require revisions to the municipal code related to transitional housing, supportive housing, permanent supportive affordable housing with restoration, group and multi-family units, residential care facilities for the elderly, and home modification. Age-Friendly Sausalito also has an opportunity to impact the General Plan in housing, transportation, and other areas.

Community Leaders

- City of Sausalito Representative, Marin Commission on Aging; Member, Age-Friendly Sausalito Task Force

Stressed the importance of including less affluent and hard-to-reach residents in each domain of the Age-Friendly Sausalito Strategic Action Plan; the need for alternative housing options such as assisted living, home sharing, scattered-site housing, etc.; and the importance of maximizing city-wide communication with older adults through a variety of channels.

- CEO, MarinSpace/Aging Action Initiative

Focused on the potential for collaborative efforts between Age-Friendly Communities, Villages, and the Aging Action Initiative's four focus areas (Information Assistance & Referral Network, Mental Health & Dementia, Food & Nutrition, Economic Security). She suggested that the eight Age-Friendly domains be cross-referenced with existing program opportunities and requirements such as the Older Americans Act, the Affordable Care Act, municipal General Plans, philanthropy initiatives, the ADA, and Livable Communities. She recommended that the Marin County Age-Friendly movement intersect with the 2016-2020 Marin County Area Agency on Aging Plan, the Health and Human Services Department Strategic Plan, and hospitals' five-year community benefit assessments.

- CEO, Chamber of Commerce

Noted the Chamber's support for Age-Friendly Sausalito and the commitment of members to provide in-kind support and donations to Sausalito Village and other aging-related services and activities. While Sausalito businesses recognize the importance of older adults to the Sausalito economy, it is not always clear what they should do and what the ROI would be. Sausalito Village has been a Chamber member since it opened in 2010. She encouraged Sausalito Village and Age-Friendly Sausalito to be clear about what the differences between them are so that residents and businesses know how they can participate.

- Director, HomeShare Program, Episcopal Senior Communities; Amy Appleton, Executive Director, SHARE Sonoma County

Described Episcopal Senior Communities's home sharing model and her work to date in Sausalito. In doing three presentations at City Hall in 2015, she found that residents want to stay in their own homes and value their privacy. The main challenge has been how to get people to consider and embrace the idea. She is eager to work with Age-Friendly Sausalito, particularly focusing on isolated seniors. Share program in Petaluma has attracted a larger number of interested Sonoma County residents and may be a model for Sausalito or Marin County to explore.

- Rector, Christ Episcopal Church

Addressed the need for a greater sense of community in Sausalito. He emphasized that communities form around organizations, such as churches, service organizations, and social clubs. He urged that existing organizations in Sausalito open themselves up to different forms of membership and participation. He further recommended that the City encourage the formation of new types of gatherings, such as a city-wide bridge club and more social and affinity groups.

- President, Edgewater Senior Club

Commented on the importance of community. She is concerned that the membership of the Edgewater Senior Club is declining due to member deaths and fewer younger aging residents joining. Some members have gone to Sausalito Village. In retirement, she misses the many opportunities she had to meet people through her work. She appreciates knowing her condo neighbors; there is a culture of them watching out for each other. She is appreciative of CARSS, but concerned that there is not equally accessible transportation beyond Sausalito for less expensive shopping options, medical appointments, etc.

- Pastor, Sausalito Presbyterian Church

Focused on issues related to a sense of community in Sausalito. Sausalito is a city of mixed economic levels trying to create community. Many seniors are trapped at home and are ashamed of their financial circumstances; accepting assistance is difficult. Affordable home modification is critical. While organizations like Sausalito Village are trying to serve hard-to-reach older adults, it's hard to know who they are. People in church congregations tend to be connected. The Library and Parks and Recreation programs provide gathering spaces, but more would be helpful. What more could the businesses do to serve the community?

- President, Sausalito Woman's Club

Noted that the Sausalito Woman's Club (SWC) is a service organization that could intersect with Sausalito Village and Age-Friendly Sausalito. Its membership is aging, but active. The average member age is 70 and they provide a huge support group for each other. Many volunteer at community events and some are volunteer drivers for CARSS. She is interested in developing a stronger community focus for the Club.

- Member, Sausalito Disaster Preparedness Committee; Board Member, Southern Marin Fire Protection District

Focused on gaps in disaster preparedness that may exist for older adults in Sausalito. Neighborhood meetings draw only a small number of people. While information is available through the City website, Sausalito Currents, and Sausalito Magazine, it's hard to know how many people read these materials. It's important that neighbors know each other and perhaps pair up in the event of a disaster. Funding is limited for new ideas and outreach. The Volunteers in Public Safety program utilizes primarily older volunteers between 50 and 70. The Disaster Preparedness Committee has a good connection with the Sausalito's Women's Club and the Chamber of Commerce. He suggested that a Sausalito Aging Fair might be of value.

- Founding Member of Sausalito Village

Noted the strong connection between Age-Friendly Sausalito and Sausalito Village and how the collaboration could grow in the future. She would like to see all Sausalito's older adults be members of Sausalito Village if it were financially and administratively possible.

- Board Member, Sausalito Beautiful

Talked about the importance of communal living and how to make Sausalito a beautiful and livable city for all residents. Sausalito Beautiful's goal is to help the City with volunteer-based, civic projects through a positive approach to solving problems; "When people come together in a positive way, a lot happens." She is a member and supporter of Sausalito Village. As seniors age, her concerns are what happens to their well-being when they become isolated due to the death of a spouse or of friends and how older and adults and people with disabilities can be prepared for emergencies.