



# City of Westbrook, Maine

---

Colleen Hilton  
Mayor  
[chilton@westbrook.me.us](mailto:chilton@westbrook.me.us)

2 York Street  
Westbrook, Maine 04092  
Phone: (207)591-8110  
Fax: (866)405-0776

September 2, 2016

Lori Parham  
AARP Maine State Director  
53 Baster Blvd  
Portland ME 04101

Dear Ms. Parham,

On behalf of the City of Westbrook, I am pleased to submit this letter of interest and commitment in the AARP/World Health Organization Network of Age-Friendly Communities. Westbrook recognizes the importance of encouraging and promoting age-friendly planning and policies to address changing demographics and to enhance independent living, and is committed to a process of continual improvement to support active and healthy aging.

As part of our involvement and commitment we will conduct a base assessment of the community's age-friendliness and develop a community action plan based on the findings of the assessment. We will involve older residents deeply in the planning process and we commit to monitoring progress toward implementing the action plan. The Housing Authority of the City of Westbrook and City staff has been coordinating planning meetings with AARP-Maine since December of 2015. On behalf of the City, The Housing Authority of the City of Westbrook will take the lead role in representing the City as the organizer and facilitator of this initiative.

The City Council has endorsed the City of Westbrook to become an AARP/WHO Age Friendly Community by a unanimous resolution at its 29 August 2016 meeting.

Sincerely,

Colleen Hilton,  
Mayor