



VILLAGE OF PINECREST  
Office of the Village Council

July 19, 2016

Mr. Bill Armbruster, Advisor  
AARP Livable Communities Programs  
601 East Street Northwest  
Washington, DC 20049

Dear Mr. Armbruster:

On behalf of the Village of Pinecrest we are thrilled to apply to be a part of AARP's Network of Age-Friendly Communities. Serving our aging community members with special programming, resources and, above all, dignity has always been, and continues to be in our strategic plan.

The Baby Boomer's generation is just hitting the tip of the iceberg and spans 18 years. In less than 20 years the U.S. population will reach 20% of those aged 65 years and older. According to a survey conducted by Pew Research Center 53 of Florida's 67 counties, including the one we reside, already have an "above average" population of senior citizens. It is imperative that we are prepared for this growth.

The Village of Pinecrest is already addressing the needs of our seniors and has been for the last five years. At the Pinecrest Community Center there is a Game Day, BINGO, Movie Day, trips out into the surrounding communities, and fitness classes. Resources are also provided by way of weekly blood pressure checks, scheduled lectures by medical professionals, Medicare fraud lectures, and opportunities to give back to their community, continuing education opportunities through the University of Miami, as well as arts and crafts. Additionally, there have been spa days, mobility, health and fall prevention fairs with dozens of booths and resources. We proudly honor our "Pinecrest Pioneers" (those aged 80 and better) with a biannual luncheon as well as our Veterans with a well-attended ceremony at our Veterans Wayside Park every Veteran's Day, November 11<sup>th</sup>. Our Seniors Activities Coordinator has over 170 contacts throughout the community and is a member of the Consortium for a Healthier Miami-Dade's Elder Issues committee.

We greatly look forward to continue to evolve with the changes in our community's demographics and build a strong relationship with AARP to sustain an age-friendly community. Pinecrest will continue to address transportation needs, crime prevention, sustainable living, pedestrian safety, health and wellness, emergency and disaster preparedness, and much more. Our mission is to ensure that our seniors experience quality of life through the services we offer.

Thank you for allowing The Village of Pinecrest to apply. We look forward to working on our common goals with AARP's Network of Age-Friendly Communities.

Sincerely,

  
Cindy Lerner  
Mayor

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