Establishment of the 2<sup>nd</sup> mid- and long-term Plan of Age-friendly City in Suwon

# Section 1. Outline of 2<sup>nd</sup> mid- and long-term Plan

1. Feature and Scope of the 2<sup>nd</sup> mid- and long-term Plan

- The mid- and long-term plan of age-friendly city in Suwon is highlighting the value of 'Active aging' and 'Aging in place' supported by GNAFCC. While establishing this plan, the local government will be also establishing another comprehensive and preventive plan that is age-friendly and befitting to the concept of 'Human-City, Suwon' to respond to an aging society.
  - The plan will lay out its vision and policy goals that will help the elderly in Suwon to lead their lives in convenient and safe environment full of energy and will also include key tasks and specific and detailed tasks to realize its vision and policy goals effectively.
- The 2<sup>nd</sup> stage mid- and long-term plan of age-friendly city in Suwon is established to overcome the shortcomings of the 1<sup>st</sup> basic plan of age-friendly city in terms of its limited experiences and resources and to continuously produce outcomes in response to the new environment where the new old generation will is diversified and further complicated.
  - If we compare the 1<sup>st</sup> basic plan of age-friendly city in Suwon to laying the foundation to make a basic plan to start an age-friendly city with it, the 2<sup>nd</sup> mid- and long-term plan of age-friendly city in Suwon can be described that it aims at establishing a plan to actually implement policy measures with it.
  - The 2<sup>nd</sup> mid- and long-term plan of age-friendly city in Suwon is a five years' plan for the duration of year 2020 to year 2024 and for the space of Suwon city only.
  - And it includes the vision and policy goals of age-friendly city in Suwon and its key tasks and detailed tasks as well in it.
- In the meantime, before we establish the 2<sup>nd</sup> mid- and long-term plan of age-friendly city in Suwon, we have comprehensively explored various theories of

age-friendly city, case studies of other age-friendly cities in different cities, overseas cases, the result of evaluation on the policy measures of the 1<sup>st</sup> stage plan, the result of survey on current status of elderly people and the level of age-friendliness in Suwon.

2. Key Points of the 2<sup>nd</sup> Mid- and Long-term Plan

- The vision of the 2<sup>nd</sup> mid- and long-term plan of age-friendly city in Suwon is 'An age-friendly city in Suwon where the value of old age can come true' (See Drawing 4-1).
- Under the vision, there are four policy goals such as ① 'Creation of healthy and beneficial living environment', ② 'Creation of convenient and safe urban environment', ③ 'Creation of the social environment based on participation and mutual respect', ④ 'Creation of a vibrant and stable economic environment'
- Under these four policy goals, there are subordinate key tasks. For example, under the first policy goal, ① 'Creation of healthy and beneficial living environment, we have key tasks, 1-1. Healthy Homo-Hundred, 1-2. Colorful senior, under the 2<sup>nd</sup> policy goal, ② 'Creation of convenient and safe urban environment', we have key tasks, 2-1. A city for mobility handicapped, 2-2. A city where you want to live, 2-3. Elderly safe urban environment, under the 3<sup>rd</sup> policy goal, ③ 'Creation of the social environment based on participation and mutual respect', we have key tasks, 3-1. Mutual respect and social participation, 3-2. Communication and information sharing and under the 4<sup>th</sup> policy goal, ④ 'Creation of a vibrant and stable economic environment', we have key task, 4-1. Tailor-made job for the elderly. These eight key tasks were developed in line with the eight domains suggested by WHO for Age-friendly city framework and assigned to related policy goals.

(Drawing 4-2) The 2<sup>nd</sup> mid- and long-term plan of the age-friendly city in Suwon

# An age-friendly city in Suwon where the value of old age can come true

Vision



Section 2. Vision, Policy goal and key tasks of the 2<sup>nd</sup> mid- and long-term plan

1. Vision of the  $2^{nd}\ mid-$  and long-term plan

- The vision of the 2<sup>nd</sup> mid- and long-term plan of age-friendly city in Suwon is 'An age-friendly city in Suwon where the value of old age can come true' (See Drawing 4-1).
  - The vision of 1<sup>st</sup> stage basic plan of age-friendly city in Suwon was 'to build a greater, people-centered and vivacious city of Suwon full of participation, communication and inclusive welfare' and this vision was established to construct an age-friendly city that is in line with the eight domains suggested by WHO for Age-friendly city.
  - The vision of 2<sup>nd</sup> mid- and long-term plan of age-friendly city in Suwon underscores 'the value of age-friendly city' and 'the value of old age' as we believe these values will help us to overcome the shortcomings we encountered such as limited experiences and resources, implementing the 1<sup>st</sup> basic plan.
  - In other words, we established a vision that can strengthen the status of aged people and can prove the value of their lives through implementing effective policy measures and creating a sustainable age-friendly city.

(Drawing 4-3) The 'vision' of 2<sup>nd</sup> mid- and long-term plan of age-friendly city in Suwon



# An age-friendly city in Suwon where the value of old age can come true

2. Policy Goals of the  $2^{nd}\ \text{Mid-}\ \text{and}\ \text{Long-term}\ \text{Plan}$ 

- In the policy goals of the 2<sup>nd</sup> stage age-friendly city in Suwon, there are four major items such as ① 'Creation of healthy and beneficial living environment',
  ② 'Creation of convenient and safe urban environment', ③ 'Creation of the social environment based on participation and mutual respect', ④ 'Creation of a vibrant and stable economic environment' as shown on the drawing 4-3.
  - The policy goals of the 1<sup>st</sup> stage age-friendly city in Suwon were ① Creating a social environment to provide for retirement, ② Healthy and active living environment, and lastly ③ Supporting social cohesion and income growth.

These goals focused on economic support and improvement of living environment such as helping the middle aged to prepare for retirement and continue to create income.

 Regarding the policy goals of the 2<sup>nd</sup> stage middle- and long-term plan of age-friendly city in Suwon, we tried to make them well organized and specified compared to that of the 1<sup>st</sup> stage plan and established four policy goals through which the realistic value of old age can come true.

(Drawing 4-4) The 'Policy goals' of the 2<sup>nd</sup> stage mid- and long-term plan of age-friendly city in Suwon



3. Key tasks of the  $2^{\text{nd}}\ \text{Mid-}$  and Long-term Plan

- For the key tasks of the 2<sup>nd</sup> stage mid- and long-term plan of age-friendly city in Suwon, we have these following eight items like 1-1. Healthy Homo-Hundred, 1-2. Colorful senior, 2-1. A city for mobility handicapped, 2-2. A city where you want to live, 2-3. Elderly safe urban environment, 3-1. Mutual respect and social participation, 3-2. Communication and information sharing, 4-1. Tailor-made job for the elderly. These eight key tasks were developed in line with the eight domains suggested by WHO for Age-friendly city framework and assigned to related policy goals. (See ⟨Drawing 4-4⟩)
  - There were 6 areas instead of key tasks in the 1<sup>st</sup> stage basic plan of age-friendly city in Suwon such as 1) Retirement plan for Act II in life, 2) Active Living Environment, 3) Healthy Aging, 4) Vivacious Lifestyle, 5) Social respect and Intergenerational integration 6) Job opportunity, which were based on the Eight domains in WHO's guideline for Age-friendly city, with two of seemingly same areas deleted.
  - When we explored and decided the key tasks of the 2<sup>nd</sup> stage mid- and long-term plan of age-friendly city in Suwon, we took WHO Age-friendly city's guideline into consideration and then assigned them to related policy goals, thereby obtaining the clear classification of them.

 $\langle Drawing$  4-1  $\rangle$  The 'key tasks' of the 2<sup>nd</sup> stage mid- and long-term plan of age-friendly city in Suwon

Policy goals	Key tasks	WHO's Eight domains of age-friendly city
1.Creation of healthy and	1-1. Healthy Homo-Hundred	Community Support and Health Services
beneficial living environment	1-2. Colorful senior	Social Participation
	2-1. A city for mobility handicapped	Transportation
2. Creation of convenient and	2-2. A city where you want to	<ul> <li>Outdoor Spaces and</li> </ul>
safe urban environment	live	Buildings
	2–3. Elderly safe urban environment	Housing
3. Creation of the social environment based on	3-1. Mutual respect and social participation	Respect and Social Inclusion
participation and mutual	3-2. Communication and	Communication and
respect	information sharing	Information
4. Creation of a vibrant and	4-1. Tailor-made job for the	Civic Participation and
stable economic environment	elderly	Employment

# Section 3. The 2<sup>nd</sup> stage mid- and long-term plan of age-friendly city in Suwon

- The detailed tasks under key tasks of the 2<sup>nd</sup> stage age-friendly city in Suwon are as shown on the table 4-2.
  - We have 52 detailed tasks established in total, with 42 tasks come from the 1<sup>st</sup> stage basic plan and 10 tasks newly established.
  - $^\circ~$  50 tasks are short-term plan and 2 tasks are mid-term plan

Policy Goal	Key Task	Detailed Task	Term	l	
		① Public health promotion programs in traditional Korean medicine	Continued	Short	
		② Health promotion program	Continued	Short	
	1-1.	<ol> <li>Prevention and control of chronic diseases</li> </ol>	Continued	Short	
	Healthy	④ Support for visiting health care service	Continued	Short	
	Homo-Hundred	⑤ Support for Dementia prevention program for the elderly	New	Mid-	
1. Creation of		Support for the program of comprehensive mental health check-up for the elderly's happy aging	New	Short	
healthy and beneficial		① Reinforcing lifelong education for new elderly	Continued	Short	
living environme	1−2. Colorful senior	<ul> <li>② Lifelong learning program befitting local community</li> </ul>	Continued	Short	
nt		③ Support for Sport-for-all promotion	Continued	Short	
		④ Beautiful Senior, Silver-centered, specialized program	Continued	Short	
		⑤ Promotion of small-scaled art and cultural events	Continued	Short	
		6 50+ Active Senior Festival	Continued	Short	
		<ul> <li>Senior citizen centers full of participatory spirit and energy</li> </ul>	Continued	Short	
		⑧ Expanding the function of senior welfare center and supporting for its operation	Continued	Short	
2.	2-1.	① Increasing the number of low-floor buses	Continued	Short	
Creation of convenient and safe urban	A city for mobility	② Mobility improvement for the mobility handicapped	Continued	Short	
	handicapped	③ Expansion of protection areas for the mobility handicapped	Continued	Short	
environme	2-2. A city where you	① Application of universal design guideline	Continued	Short	
nt	want to live	② Operation of welfare facilities for the	Continued	Short	

(Table 4-2) The 'detailed tasks' of the 2<sup>nd</sup> stage mid- and long-term age-friendly city in Suwon

Policy Goal	Key Task	Detailed Task	Term	l
		elderly		
		③ Stable management of long term care service for the elderly	Continued	Short
		④ Operating of a Social welfare information center in Suwon City	Continued	Short
		⑤ Improvement of the environmental quality of Senior Citizen Centers and distribution of excellent programs	Continued	Short
		⑥ Operation of Carnation House in Yulgeon-dong for the single elderly to co-habit	New	Short
		① Emergency safety care service for the elderly living alone	Continued	Short
		② Operating "Human Salpimi (Caregiver)" service system to shed light on blind-spot of welfare	Continued	Short
	2-3.	③ Support for elderly care service	Continued	Short
	Elderly safe urban	④ Support for operation of Home support service center for the elderly	Continued	Short
	environment	⑤ Expansion of CCTV installation at blind spot of safety	Continued	Short
		© To establish and run residential welfare centers	Continued	Short
		⑦ Support for 'Fire Safety Guard' service for economically challenged households	New	Short
		① Expanding social income for the elderly	Continued	Short
		② Expanded social care service for low	Continued	Short
		income elderly households ③ Promotion of the friend-making program	Continued	Short
		for elderly people living alone		
	3-1.	<ul><li>④ Expanding senior's volunteer work</li><li>⑤ Support for free meal service for elderly</li></ul>	Continued	Short
	Mutual respect	people	Continued	Short
3. Creation of	and social participation	<ul> <li>for the elderly</li> </ul>	Continued	Short
the social environme		⑦ Building a Sustainable Suwon-type Village	Continued	Short
nt based on participatio		⑧ Civic engagement, private-government joint governance administration	Continued	Short
n and mutual		⑨ Promotion human rights programs for the elderly	Continued	Short
respect		① Holding festivities for the Day of Older Persons	Continued	Short
	3-2.	② Reinforcement of the sense of human rights through civic education program	Continued	Short
	Communication and information	③ Visiting tailor-made safety education	New	Short
	sharing	④ Operation of age-friendly city monitoring squad	New	Short
		<ul> <li>Introduction and operation of Communitiy space</li> </ul>	New	Short
4.	4-1.	① Promotion of senior's social activities	Continued	Short

Policy Goal	Key Task	Detailed Task	Term	1
		② To support for social contribution activities	Continued	Short
		③ Improving independent living condition of elderly households	Continued	Short
Creation of a vibrant		④ Helping baby-boomers restart their second half of life	Continued	Short
and stable economic	Tailor-made job for the elderly	⑤ Holding government-civilian joint job fairs for baby-boomers	Continued	Short
environme nt		In the second	New	Mid-
		⑦ Creation of age-friendly job through survey on capability of the elderly	New	Short
		⑧ Tailor-made job opportunity of double cropping after retirement for new elderly	New	Short

1. Creation of healthy and beneficial living environment

- This policy goal consists of 14 detailed tasks in total.
  - 12 tasks are continued items that came from the 1<sup>st</sup> basic plan of age-friendly city in Suwon and two items are newly developed ones.
  - With regards to the policy goal, 'Creation of healthy and beneficial living environment', detailed tasks are as shown on the table 4-3.

${\rm \langle Table~4-2\rangle}$ Key tasks and Detailed	tasks of Policy Goal,	'Creation of healthy	and beneficial living
	environment		

Policy Goal	Key Task	Detailed Task	Term	Ì
		① Public health promotion programs in traditional Korean medicine	Continued	Short
		② Health promotion program	Continued	Short
	1–1.	<ol> <li>Prevention and control of chronic diseases</li> </ol>	Continued	Short
	Healthy	④ Support for visiting health care service	Continued	Short
	Homo-Hundred	⑤ Support for Dementia prevention program for the elderly	New	Mid-
1. Creation of healthy and beneficial		In the second	New	Short
		① Reinforcing lifelong education for new elderly	Continued	Short
living environme		② Lifelong learning program befitting local community	Continued	Short
nt		③ Support for Sport-for-all promotion	Continued	Short
	1-2. Colorful senior	<ul> <li>④ Beautiful Senior, Silver-centered, specialized program</li> </ul>	Continued	Short
C		⑤ Promotion of small-scaled art and cultural events	Continued	Short
		⑥ 50+ Active Senior Festival	Continued	Short
		<ul> <li>⑦ Senior citizen centers full of participatory spirit and energy</li> </ul>	Continued	Short
		(8) Expanding the function of senior welfare center and supporting for its operation	Continued	Short

### 1-1. Healthy Homo-Hundred

#### • 1-1-1 Public health promotion programs in traditional Korean medicine

- This detailed task is aiming at providing various health promotion programs using traditional Korean medicine for elderly people under the lead of community health centers as these days noninfectious chronic diseases are on the rise in the ear of population aging.
- Key action items are ① Operation of traditional Korean medical treatment office, ② operation of Public health promotion program in traditional Korean medicine.

#### • 1-1-2 Health promotion program

- The purpose of this task is to raise the level of health in local communities through inspiring people to take care of their health and to maintain healthy lifestyle with righteous information about health.
- Key action items are ① Class of Practicing Healthy Life(Exercise, Nutrition, Quit Smoking), ② Cooperation and resource sharing between local communities to prevent and control chronic disease ③ Creation of an environment to promote health of people

#### 1-1-3 Prevention and control of chronic diseases

- This task is to help patients enhance the self-management capability and to encourage them to continue to get medical treatments through providing education and other comprehensive services for patients of high blood pressure or diabetes, which are likely to turn into chronic diseases.
- Key action items are ① One-stop health check-up service(Blood pressure, Blood sugar, Hyperlipidemia, body composition), ② A class to control Metabolic Syndrome(Check up for Blood pressure, Blood sugar, Cholesterol), ③ Operation of A Health Class for patients of hypertension and diabetes(Education of exercise and nutrition management to prevent and control high blood pressure, diabetes)

#### • 1-1-4 Support for visiting health care service

- This task was planned to improve awareness of health of vulnerable groups and enhance their self-health management ability through providing them with health management service and implementation of linkage between service organizations with the efforts to understand health problem of vulnerable groups in a comprehensive and proactive manner.
- Key action items are Visiting health care service for vulnerable

groups(Visiting health instruction and Visiting nursing service), ② Health care for patients of chronical disease and their family member from vulnerable group(Visiting medical care service, counselling, education, rehabilitation and self management), ③ Health care for home-based cancer patients(Education for patients and family members about the symptom and management), Health care for the elderly (Recreation program for senior citizen center, Health condition measurement and check-up, Health education and counselling)

#### • 1-1-5 Support for Dementia prevention program for the elderly

- Dementia safety center plays various important roles such as counselling on dementia, check-up of dementia, registration and management of high risk group and diagnosed patients of dementia. The aging of baby-boomers generation is sharply increasing aged population, which requires the center to operate preventive program against dementia for people aged 60 and more. Also it also operate programs that help people be aware of dementia and take preventive action in their every day lives.
- Key action items are ① Operation of dementia prevention program(Structured programs and short-term programs), ② Operation of Robot-based tailor-made brain health program
- 1-1-6 Support for the program of comprehensive mental health check-up for the elderly's happy aging
  - This task is to prevent small problem in mental health of the elderly from contracting of a serious mental disease or taking a serious turn into chronic state through earlier detection of the problem and appropriate treatments
  - Key action items are ① assessment of the level of mental health using RoSA protocol, ② Subjective assessment of health level, ③ Check-up of living habits

#### 1-2. Colorful Senior

#### • 1-2-1 Reinforcing lifelong education for new elderly

- This task is intended to give baby-boomers the opportunity to restart their second half of life through programs that promote Life of double cropping after retirement.
- Key action items are ① Operation of Suwon City Lifelong Learning Center, ②
   'Life Class' to design Act II in Life (Our classroom, New elderly Encore Life Forum), ③ 〈'Muelado'(Whatever) School〉 member activities and capability developing class (Senior business club activities)

#### • 1-2-2 Lifelong learning program befitting local community

- There are still many illiterate and undereducated elderly. And this task is to provide them with the opportunity of learning so that they can improve their reading comprehension and ability for independent living.
- Key action items are ① Support for education to improve reading comprehension for elderly students, ② Operation the program of 'Myeonglyun' Academy in Suwon City

#### 1-2-3 Support for Sport-for-all promotion

- The task of Support for sport-for-all promotion is designed to provide a variety of sport-for-all programs and proactive services for elderly people so that they can enjoy them in their everyday lives and satisfy the needs of welfare.
- Key action items are ① Assignment of leisure sport instructors with full charge of elderly people (as roving instructor in charge of 10~15 facilities), ② Operation of 'Sport college for Long living elderly' (in charge of one facility and 32 times instructions a year)

#### • 1-2-4 Beautiful Senior, Silver-centered, specialized program

- This task is to provide emotional satisfaction and opportunity to learn for the elderly and also to let this program play the role of library where the opportunity of lifelong education can unfold
- Key action items are ① Operation of senior welfare specialized programs(Writing letters, Publication of collection of works, Practical painting, exhibition of artworks), ② Operation of Gyeonggi-do Silver Reading club and creation of tailor-made job opportunity for the club members ③ Purchase of big-letter books and lending books

#### • 1-2-5 Promotion of small-scaled art and cultural events

- This task is intended to help the aged people to expand their social activities to experience culture to the full and improve their quality of life through providing preferential treatments for aged performers or performing groups for aged audiences when the local government supports for a small-scaled art and cultural events in the form of public contest.
- Key action plan is to help small scaled amateur art and culture clubs based on the local community with their performing events.(If those clubs are age-friendly, they will receive 10 more extra points,)

#### • 1-2-6 50+ Active Senior Festival

 $\circ~$  The task named '50+ Active Senor festival' was planned to lay a foundation for

senior citizens aged 50s and 60s who now play critical role in consuming culture to enjoy leisure activities in their spare time. The festivals were hosted in the form of club contest

- The key action item is to host a nationwide 50+ active senior festival every year (hosted by Korean Culture and Arts Institute)

#### 1-2-7 Senior citizen centers full of participatory spirit and energy

- This task was designed to make the present senior citizen centers where aged people previously just took rest turn into a venue where the elderly can enjoy culture and welfare through encouraging the elderly to take part in social activities, thereby creating new senior citizen centers that contribute to our society
- The key action items are ① Social service activities such as picking up trash, youth worker, ② Selection of exemplary senior citizen center(provide them with signboard, blood pressure guage or rice provision as a reward)
- 1-2-8 Expanding the function of senior welfare center and supporting for its operation
  - Along with current increase of elderly population and follow-up increase of welfare demand, the expanding senior welfare center's function and supporting for its operation is aiming at providing the users with equality services through reorganizing programs and increasing their operation in a realistic manner and linkage of welfare service organizations for the elderly population in the region.
  - Key action items are ① Expanding the function of senior welfare center(Open space where generations get together), ② Weekend and night-time operation of welfare center for elderly people(Operation of cooling center, Operation of movie club), ③ Expansion of linkage between regional resources like schools, community health center, hospital, ④ Expansion of programs for all residents in the region(Table tennis, Swimming, Bodybuilding, Movie theater).

2. Creation of convenient and safe urban environment

- Under this policy goal, there are 16 detailed tasks.
  - 12 tasks are continued items that came from the 1st basic plan of age-friendly city in Suwon and two items are newly developed ones.
  - This task name, 'Operation of welfare facilities for the elderly' is the substituteof the previous task name, 'Continuous Expansion of welfare facilities for the elderly' under the 1st stage plan. The change in the name of task highlights gradual expansion of welfare facilities and stable operation of them.
  - Detailed tasks of 'Creation of convenient and safe urban environment' are as shown on the table 4-4.

(Table 4-4) Key tasks and Detailed tasks of Policy Goal, 'Creation of convenient and safe urban environment'

Policy Goal	Key Task	Detailed Task	Term	I
	2-1.	① Increasing the number of low-floor buses	Continued	Short
	A city for mobility handicapped	② Mobility improvement for the mobility handicapped	Continued	Short
	Паписарреи	③ Expansion of protection areas for the mobility handicapped	Continued	Short
		① Application of universal design guideline	Continued	Short
		② Operation of welfare facilities for the elderly	Continued	Short
	2.2	③ Stable management of long term care service for the elderly	Continued	Short
2	2-2. A city where you	④ Operating of a Social welfare information center in Suwon City	Continued	Short
2. want to live Creation of convenient	want to live	⑤ Improvement of the environmental quality of Senior Citizen Centers and distribution of excellent programs	Continued	Short
and safe urban environme		⑥ Operation of Carnation House in Yulgeon-dong for the single elderly to co-habit	New	Short
nt		① Emergency safety care service for the elderly living alone	Continued	Short
		② Operating "Human Salpimi (Caregiver)" service system to shed light on blind-spot of welfare	Continued	Short
	2-3. Elderly safe	③ Support for elderly care service	Continued	Short
	urban environment	④ Support for operation of Home support service center for the elderly	Continued	Short
	environment	⑤ Expansion of CCTV installation at blind spot of safety	Continued	Short
		⑥ To establish and run residential welfare centers	Continued	Short
		O Support for 'Fire Safety Guard' service	New	Short

Policy Goal	Key Task	Detailed Task	Term
		for economically challenged households	

## 2-1. A city for mobility handicapped

#### • 2-1-1 Increasing the number of low-floor buses

- Expansion of number of low-floor buses was planned to provide the mobility handicapped such as disabled person or elderly and infirm with mobility improvement through ensuring access to transportation and convenient on and off.
- The key action item is to continuously increase low-floor bus in line with the rising demand from transport businesses.

#### • 2-1-2 Mobility improvement for the mobility handicapped

- The task of mobility improvement for mobility handicapped was intended to contribute to social participation of the mobility handicapped and to enhance their welfare through establishing a people-oriented traffic system and providing the mobility handicapped such as disabled person, pregnant woman and the old and the infirm with special traffic conveniences.
- The key action item is to operate Mobility assistance center (Hanareum Call center) for mobility handicapped (Purchase of special means of transportation, Education for drivers and advisors to improve their awareness of disabled person including kindness training)

#### • 2-1-3 Expansion of protection areas for the mobility handicapped

- Due to their abnormal behaviors caused by decrease of physical and mental capabilities, the number of traffic accidents of the mobility handicapped has risen in recent years. Under this circumstance, the task of expanding protection areas for the mobility handicapped is designed to provide the mobility handicapped with more comfortable pedestrian environment through designating those areas where mobility handicapped are often concentrated as protection areas.
- The key action items are ① Construction design of new designation and extended designation of protection area ② Consultation with police station (for speed limit, etc.), ③ administrative pre-announcement of designation of protection areas for mobility handicapped, Facility improvement in the protection areas of the mobility handicapped and public announcement of designation of protection area

#### 2-2. A City where you want to live

#### • 2-2-1 Application of universal design guideline

- It is a widely shared view that many public architectures and facilities are not convenient enough to use in terms of their design. So this task is to push for application of universal design for public architectures and facilities.
- Key action item is to apply the universal design for public architecture (or support for consultation for design)

#### • 2-2-2 Operation of welfare facilities for the elderly

- Operation of welfare facilities was planned to contribute to advancement of welfare of the elderly through continuous increase of welfare facilities where various services are available in line with the currently increasing demand of diversified and high quality services.
- Key action item is Continuous expansion of welfare facilities for the elderly(Residential welfare facility for the elderly, Leisure and welfare facility for the elderly, Organization to support job creation for the elderly)

#### • 2-2-3 Stable management of long term care service for the elderly

- The task named Stable management of long term care service for the elderly was planned to alleviate the burden of family members of the elderly who need a helping hand and help the elderly to lead a stable life through providing tailor-made caring service for beneficiaries of long term care insurance who have hardships in leading independent lives on their own due to geriatric diseases like dementia or stroke.
- Key action items are ① Providing long term medical care benefits for recipients of medical care assistance, ② Aid of medical fee for those in senior care facility, being nonrated, ③ On-the-job education for quality long term care service

#### 2-2-4 Operation of Suwon Volunteer Center

- Operation of Suwon Volunteer Center was planned to activate local communities and foster volunteer services not only through encouraging citizens to participate in autonomous and voluntary service activities but also through leading local communities to nurture and invigorate their own volunteer groups.
- Key action items are ① Nurturing and invigorating volunteer activities by regional groups, ② Strengthening the support for fostering volunteer service groups, ③ Fostering volunteer services' network
- 2-2-5 Improvement of the environmental quality of Senior Citizen Centers and distribution of excellent programs

- This task was set up to constructively improve the environment of senior citizen centers where the elderly take rests and provide them with excellent programs related to hobby, entertainment and volunteer services
- Key action items are ① Improvement of the environmental quality of Senior Citizen Centers (Facility reform, Providing furnishings ), ② Distribution of excellent programs to senior citizen centers
- 2-2-6 Operation of Carnation House in Yulgeon-dong for the single elderly to co-habit
  - This task was designed to combine WHO age-friendly city 8 domains and the feature of Jangan-gu Yuljeon-dong community into a age-friendly city where healthy aging and stable elderly lives can come true.
  - Key action items are ① Building an environment where practical welfare takes place and forming age-friendly cities, ② Elimination of the blind spot of welfare information, ③ Securing safety around residential environment, ④ Supporting leisure activities and social cohesion, ⑤ Startup-type job creation for the elderly, ⑥ Club activity and talent donation, ⑦ Reform of aged senior citizen center and creation of community space, ⑧ Promotion of health care for the elderly by local community.

#### 2-3. Elderly safe urban environment

#### ■ 2-3-1 Emergency safety care service for the elderly living alone

- Emergency safety care service for the elderly living alone is meant to establish and run a rapid response system linked to 119 to respond to any dangerous situation for 24 hours a day, 365 days a year using fire and gas detection systems installed in their houses
- Key action items are ① 24hours a day, 365days a year safety monitoring, ② Rapid response to emergency with 119
- 2-3-2 Operating "Human Salpimi (Caregiver)" service system to shed light on blind-spot of welfare
  - This task was planned to build a well-woven human safety net that let nobody left behind in our society through promoting the permanent operating service system to shed light on blind spot of welfare.
  - Key action items are ① When Human Salpimi(meterman) visits a house where vulnerable class people lives, they check if the resident is ok and report it when there is emergency. (cooperate with Welfare division or Human service center)

② Training "Human Dolbome(Caregiver)" to shed light on blind spot of welfare , ③ Promotion to detect emergency households and shed lights on welfare blind spot

#### • 2-3-3 Support for elderly care service

- The task of Support for elderly care service was set for the purpose of establishing a comprehensive social safety net for single-elderly-households through carrying out regular safety checks of them and harnessing them to local health- and welfare-related service organizations.
- Key action items are ① Comprehensive care service for elderly people'(Outdoor activity assistance, Help with house chores, Support for vacation of family member of dementia patients), ② Basic care service for the elderly(Safety check, Regulation of living environment, Responding to request of help in emergency), ③ establishment of operation plan of comprehensive care industry for elderly people and preparation of plan for continuous promotion
- 2-3-4 Support for operation of Home support service center for the elderly
  - Support for operation of home support service center for the elderly was intended to realize preventive welfare and establish social safety net through providing the elderly of low-income and vulnerability with various in-home services such as assistance with daily lives, emotional stability, case management, thereby giving them opportunities to lead economically, mentally and physically independent lives.
  - Key action items are ① Assistance with daily lives, ② Support for tailor-made in-home care service
- 2-3-5 Expansion of CCTV installation at blind spot of safety
  - Expansion of CCTV installation at blind spot of safety was planned to alleviate the concern of safety and build an urban environment where citizens can live without anxiety through harnessing preventive measures and rapid responses to incidents and accidents.
  - Key action items are ① Expanded installation of CCTV (Livelihood crime prevention CCTV, Children protection zone CCTV), ② Function enhancement of CCTV (Replacing aged CCTV, Children protection zone CCTV, Roadside CCTV, Aged CCTV function improvement in Guanggyo district)

2-3-6 To establish and run residential welfare centers

• Establishment and running of residential welfare centers was planned to support for stable residence and improved level of residence for citizens of Suwon as well as residentially disadvantaged class through pushing for related policy measures in a harmonious and steady manner.

- Key action items are ① Support for residential welfare policy, Advice and promotion for residential welfare and learning of residential welfare, ② Running the reception rooms of the village under Suwon sustainable city foundation and reception rooms of the village under Suwon Human House, ③ Support for house reform for the residentially disadvantaged class, ④ Operation of and support for residential welfare network.
- 2-3-7 Support for 'Fire Safety Guard' service for economically challenged households
  - This task is intended to form a citizen-centered city in Suwon where no one is left behind in terms of residential safety through providing personal fire extinguisher for vulnerable class exposed to fire risk.
  - Key action items are ① Providing personal fire extinguisher for applicants belonging to vulnerable class(Insurance beneficiaries and Working poor, Physically handicapped and Single parent family and Youth head of household and Single elderly household, ② Fire extinguishing facilities for household (Personal fire extinguisher, Independent warning signal type detector)
    - 3. Creation of the social environment based on participation and mutual respect
- There are 14 detailed tasks under this key task.
  - 11 tasks are continued items that came from the 1st basic plan of age-friendly city in Suwon and three items are newly developed ones
  - With regard to Creation of the Social Environment based on Participation and Mutual Respect, the relevant detailed tasks are as shown on the table 4-4.

<table 4-5=""></table>	• Key tasks a	and Detaile	d Tasks	of Policy	goal, '	'Creation	of the
social	environment	t based on	participa	ation and	mutua	l respect	,

Policy Goal	Key Task	Detailed Task	Term	1
3.		① Expanding social income for the elderly	Continued	Short
Creation of the social	3−1. Mutual respect	② Expanded social care service for low income elderly households	Continued	Short
environme nt based on	and social participation	③ Promotion of the friend-making program for elderly people living alone	Continued	Short
participatio n and	participation	④ Expanding senior's volunteer work	Continued	Short

Policy Goal	Key Task	Detailed Task	Term		
		(5) Support for free meal service for elderly people	Continued	Short	
		<ul> <li>for the elderly</li> </ul>	Continued	Short	
		<ul> <li>⑦ Building a Sustainable Suwon-type</li> <li>Village</li> </ul>	Continued	Short	
		⑧ Civic engagement, private-government joint governance administration	Continued	Short	
mutual		③ Promotion human rights programs for the elderly	Continued	Short	
respect	3-2.	① Holding festivities for the Day of Older Persons	Continued	Short	
		② Reinforcement of the sense of human rights through civic education program	Continued	Short	
	Communication and information	③ Visiting tailor-made safety education	New	Short	
	sharing	A Operation of age-friendly city monitoring		Short	
		Introduction and operation of Communitiy space	New	Short	

#### 3-1. Mutual respect and social participation

# • 3-1-1 Expanding social income for the elderly

- The task, 'Expanding social income for the elderly' was planned for stable livelihood and enhancement of welfare of the elderly who are economically challenged through supporting for their elderly livelihood.
- Key action items are 1 Basic pension, 2 Hyo-love grant, 3 Hyo allowance

# • 3-1-2 Expanded social care service for low income elderly households

- This task was planned to help low income elderly households to lead a safe and stable livelihood through providing them with heating expenses during the winter season and help them to lead healthy lives through giving them medical support.
- Key action items are ① Support of medical insurance for low income elderly households, ② Support for subsidy for heating expenses during the winter season for elderly household eligible for the support under basic livelihood security act

# • 3-1-3 Promotion of the friend-making program for elderly people living alone

- Promotion of the friend-making program for the elderly living alone is to help the elderly to improve their quality of lives and form their social networks through finding the elderly who need a helping hand and providing them with tailor-made services.
- Key action items are ① mass treatment and case management of high suicide risk group of people such as solitudinarian, inactive person, ② finding of and mass treatment for depression type suicide risk group of people

# 3-1-4 Expanding senior's volunteer work

- This task was planned to help the elderly maintain their social network and lead elderly lives with true joy of sharing through volunteer service in which they can harness their experience and knowledge for our society.
- Key action item is to promote programs led by aged people to invigorate participation of elderly volunteers.

# • 3-1-5 Support for free meal service for elderly people

 The task of 'Support for free meal for the elderly' was planned to help the elderly improve their health and create a social environment full of warm-heartedness through offering free lunch to the elderly who are forced to skip their meals due to a financial hardship they suffer or any of unavoidable circumstances.

- Key action items are ① Support for the operation of a free meal restaurant for senior citizen, ② Delivery service of free meal for in-home elderly with low income', ③ Field check-up for free meal restaurants
- 3-1-6 Promotion of Cultural sharing program for the elderly
  - This task named 'Cultural sharing program for the elderly' is intended to expand the opportunity to share cultural activities within the elderly aged 60 and more through increased cultural education and communication to share what they learned.
  - Key action items are ① Composition of cultural sharing program and cultural sharing volunteers, ② Cultural education(Lecture on musical instruments, collecive drums), ③ Composition of Volunteer group

#### • 3-1-7 Building a Sustainable Suwon-type Village

- The task named building a sustainable Suwon-type village was planned to contribute to the growth of village community through residents' participation and their autonomous capability, pushing for the policy measures such as invigorating public relation in regional community and hosting a public contest to make a village for all residents in the region.
- The key action item is underway with a sequence that starts from signing ceremony for implementation of Village Renaissance project  $\rightarrow$  Public contest  $\rightarrow$  Exchange of information within four districts of the city  $\rightarrow$  (after completion of project)Submission of report of results.

#### ■ 3-1-8 Civic engagement, private-government joint governance administration

- This task called 'Civic engagement, private-government joint governance administration was planned to explore policy direction to build a village where everybody wants to live through continuous cooperation within organizations involved in private-government joint governance for village renaissance based on mutual solidarity and trust.
- Key action items are ① Reinforceing the operation of committee to build a village, ② Reinforcement of community participation network through public contests for village building in the year 2018, ③ Operation of a committee of administrative support and hosting a Capability building activity for Village building workers
- 3-1-9 Promotion human rights programs for the elderly

- This is to create a new framework in elderly care service where the elderly are respected without discrimination based on the sense of human rights as our society is now rapidly turning into an ageing society
- Key action items are ① Operation of the 'Guardians of Human rights', ②
   Education of aged people's human right and publication of related manual, ③
   Operation of temporary elder abuse shelters

#### 3-2. Communication and Information Sharing

#### • 3-2-1 Holding festivities for the Day of Older Persons

- Celebrating the Day of Older Persons and holding festivities was intended to encourage the elderly to get together and communicate each other and recognize themselves as members of our society.
- Key action items are ① Presening award certificate(Exemplary senior, Contributor of elderly welfare), ② Senior talent recital, Exhibition of senior artworks, Operation of experience center and promotion booth, ③ Hosting an elderly cultural festival associated with six elderly welfare centers within the jurisdiction
- 3-2-2 ② Reinforcement of the sense of human rights through civic education program
  - This task of 'Reinforcement of the sense of human rights through civic education program' was planned to build a city in Suwon that protects human rights through developing programs that can promote the sense of human rights, particularly for the human right of socially vulnerable people.
  - Key action item is to enforcement of protection of citizens' human rights including social disadvantaged groups through various programs to promote human rights such as lectures on human rights and operation of courses to nurture instructors of human rights.

#### • 3-2-3 Visiting tailor-made safety education

- This task aims at strengthening our awareness to take preventive measures and nurturing the capability of detecting safety risk in advance in our living environment through fostering ability to respond to emergencies like natural disaster or safety accident.
- Key action items are ① Conducting tailor-made safety educations befitting trainees, ② Providing tailor-made work-study programs and audiovisual

education, ③ Conducting tailor-made trainings for kindergarten, welfare facility, senior-citizen center

#### • 3-2-4 Operation of age-friendly city monitoring squad

- This task aims at establishing a variety of new structural frameworks for age-friendly policy monitoring such as civil proposal, policy debate, survey, monitoring civil complaint, going beyond the current routine.
- Key tasks are ① Recruiting and training of monitoring volunteers with full charge of the 2<sup>nd</sup> stage age-friendly city in Suwon, ② Collecting opinions of the elderly on social issues related to aging society (to pick up potential tasks to take on), ③ Monitoring squad's presentation for policy proposal on age-friendly city and implementation of regular panel discussion

#### ■ 3-2-5 Introduction and operation of Community space

- The task is intended to help establish a self-governing-village using a shared space of the community where residents share their views and communicate each other to improve their living environment and set up plans to maintain their village based on resident' ideas.
- Key action items are ① Forming a shared space at an idling space and use it for the issues like simple house reform, neighborhood cleaning, start of new business befitting the condition of the village, communication hub for the neighborhood, ② Place for sharing ideas and cultural activities to invigorate public relation in the village community and sustainable community, ③ Raising synergy effects for projects of residents' association.

4. Creation of a vibrant and stable economic environment

- Under this policy goal, we have eight detailed tasks.
  - Out of total eight detailed tasks, five tasks are continued tasks came from the 1<sup>st</sup> stage basic plan of age-friendly city in Suwon and three tasks are newly developed.
  - Detailed tasks under the policy goal. 'Creation of a vibrant and stable economic environment' are as shown on the table 4-6.

(Table 4-6) Key tasks and detailed tasks of policy goal, 'Creation of a vibrant and stable economic environment'

Policy Goal	Key Task	Detailed Task	Term	)
	① Promotion of senior's social activities	Continued	Short	
	<ul> <li>② To support for social contribution activities</li> </ul>	Continued	Short	
4.		③ Improving independent living condition of elderly households	Continued	Short
Creation of a vibrant	4-1. Tailor-made job for the elderly	④ Helping baby-boomers restart their second half of life	Continued	Short
and stable economic		⑤ Holding government-civilian joint job fairs for baby-boomers	Continued	Short
environme nt		⑥ Support for age-friendly working environment	New	Mid-
	⑦ Creation of age-friendly job through survey on capability of the elderly	New	Short	
		⑧ Tailor-made job opportunity of double cropping after retirement for new elderly	New	Short

# 4-1. Tailor-made Job for the Elderly

#### • 4-1-1 Promotion of senior's social activities

- This task named 'Promotion of senior's social activities' was planned to provide the elderly with opportunities of increased income and health improvement through income creation and social participation in the form of tailor-made job creation for the elderly who want to work to be well prepared for an aged society
- Key action items are ① Public-interest type projects, Social service and Market type (Group work type, Production and Sales type, Service provision type)·Manpower dispatch-type business, ② Survey on demand for elderly manpower and selecting new organization to implement related projects
- 4-1-2 Support for social contribution activities

- This is to combine retired baby boomers with experiences and specialities and nonprofit organizations lack of talents and financial capability or social enterprises to respond to the new challenges that encounter us such as growing social service demand in the midst of rapid population aging.
- Key action item is creating volunteer positions for the elderly at nonprofit organization, public organizations, social enterprises.
- 4-1-3 Improving independent living condition of elderly households
  - This task was planned to lay foundation of independent living of the elderly through counselling, training, job opportunity, hosting of a grand job fair, information sharing to solve the job-creation issue for the elderly.
  - Key action items are ① Improving independent living condition of elderly households, ② Operation of the Carnation house for the elderly living alone to cohabit
- 4-1-4 Helping baby-boomers restart their second half of life
  - Helping baby-boomer restart their second half of life is intended to give the New Middle-Aged Generation, on the threshold of new era of Homo-Hundred, an opportunity of training on how to set up a later life plan as well as a job opportunity in the wake of retirement, thereby alleviating their economic hardships and encouraging them to take more part in social activities.
  - The kinds of supports include ① Promoting public job creation for middle-aged person(New hope job(previously called public job) creation project, Local community project, New stepping stone project for new elderly), ② Implementation of educational programs such as lectures for the retired

#### • 4-1-5 Holding government-civilian joint job fairs for baby-boomers

- Hosting government-civilian joint job fairs for baby-boomers is intended to give middle-aged people who seek job the opportunity to get a job and to give businesses the opportunity to find workers of desirable talent, thereby contributing to overcoming unemployment crisis and reinvigorating the local economy.
- Ket action items are ① Job fair for middle aged population with the combined help of central and provincial governments, ② Selecting participatory businesses to near the needs of middle aged job seekers, ③ Helping participants with career management, counselling for job search, etc.
- 4-1-6 Support for age-friendly working environment
  - $^{\circ}$  This is to explore how to improve working environment for the elderly

workers and how to increase elderly people's social activities and how to raise the level of satisfaction at work.

- Key action items are to provide products befitting elderly people(duty uniform, furnishings) and development and distribution of design for working area for the elderly.
- 4-1-7 Creation of age-friendly job through survey on capability of the elderly
  - Often, elderly people are working in a certain limited working areas as we don't know well about their speciality or capability. If we know the common feature and differentiated capability as well of the elderly, they will be able to work at positions befitting their own unique ability features, which may end up with more and diversified quality job creation for the elderly.
  - Key action items are ① Biannual Survey on capabilities of the elderly (for those who are registered in elderly related organization or facilities), ② Development of Data Base of elderly capability survey result, ③ Efforts for job creation for business or organizations based on the data base
- 4-1-8 Tailor-made job opportunity of double cropping after retirement for new elderly
  - New elderly now face mass retirement but they want work again due to the expense with children's marriages, support for parants. This task is intended to help new elderly seeking job to access job positions befitting their career and feature so that they can restart their 2<sup>nd</sup> half of life.
  - Key action items are ① Social contribution activies, ② Stepping stone project for new elderly.