



August 13, 2014

Office of the Mayor
Michael F. Brennan

Lori Parham, State Director
AARP Maine
1685 Congress Street
Portland, ME 04102

Dear Ms. Parham: 

On behalf of the City of Portland, we are excited about the opportunity to join with AARP Maine and the World Health Organization (WHO) to become an Age-Friendly Community. Along with other selected communities in the nation, Portland is committed to promoting policies to make American cities friendly to aging populations.

Portland is the largest city in Maine – a state that has the oldest population by median age. At the same time, two years ago, Kiplinger Journal rated Portland the number one city in the country for older persons to find a “second start” in life.

To address our changing demographics, our community has recently convened a subcommittee to examine issues related to health care and aging. Our goal is to ensure our aging neighbors have the resources to be healthy, independent and integrated into community life.

As a participant in the national network of communities, it is the intent of the City of Portland to:

- Include the active engagement of older adults in the subcommittee.
- Establish a Plan of Action that responds to the needs identified by older adults in the community.
- Commit to measuring activities, reviewing action plan outcomes and reporting on them publicly.

We look forward to working with AARP Maine staff and volunteers to ensure our community has the appropriate infrastructure in place so we can all age with dignity.

Sincerely,



Michael F. Brennan, Mayor
City of Portland, Maine