



THE TOWN OF  
CORTE MADERA  
MARIN COUNTY CALIFORNIA

# Age-Friendly Corte Madera We Want to Hear from YOU!

To address the needs of Seniors in our community, the Corte Madera Town Council voted unanimously to create the Age-Friendly Corte Madera Task Force to develop a strategic plan for the future that will serve all of its residents. The enclosed **anonymous** , **10 minute Survey** is a first step in this process.

## WHAT is the purpose of this Survey?

Your thoughts and opinions are immensely valuable in planning Corte Madera's future. By completing the Survey, you will provide information about obstacles to active aging in our town and inspire solutions.

## HOW were the questions chosen?

The Survey was developed using the World Health Organization's guidelines for creating an Age-Friendly city — one that is inclusive and accessible to all of its residents.

## CAN I complete the Survey online?

YES! Please go to [www.age-friendlycortemadera.com](http://www.age-friendlycortemadera.com) and click the link on the website for the Survey. This is the quickest way to respond.

## HOW should I return the Survey?

You may return it in the stamped envelope provided, or to special drop boxes at Town Hall, the Corte Madera Library, the Community Center or The Cove School on the Bayside. These locations also have additional copies of the Survey. The deadline to return completed Surveys is **October 31, 2014**. Survey results will be available on the website in **April, 2015** at [www.age-friendlycortemadera.com](http://www.age-friendlycortemadera.com). For questions or for more information, please e-mail [agefriendlycortemadera@gmail.com](mailto:agefriendlycortemadera@gmail.com).

***Thank you for participating in this important Survey!***

### AGE-FRIENDLY CORTE MADERA TASK FORCE

Pati Stoliar, RN (Co-Chair) • Carol Zeller, RN, MSN (Co-Chair)  
Beth Benz • Marge Cavalli • Ralph Marchese • Cheryl Longinotti, PhD  
Carla Condon, Town Council Liaison

*Special thanks to SCAN Health Plan for donating the cost of the return postage.*



1. Which of the following is your age category?

- ☐ 54 or under    ☐ 55-59  
☐ 60-64        ☐ 65-69  
☐ 70-74        ☐ 75-79  
☐ 80-84        ☐ 85 and over

2. What is your gender?

- ☐ Male            ☐ Female

3. I live with: (check all that apply)

- ☐ I live alone            ☐ Friend/roommate  
☐ Paid attendant        ☐ Partner/spouse  
☐ Other family          ☐ Other (specify)  
\_\_\_\_\_

4. Do you rent or own the place where you live?

- ☐ I own my home        ☐ I rent my home  
☐ Other \_\_\_\_\_  
\_\_\_\_\_

**THE FOLLOWING QUESTIONS ARE  
ABOUT EMPLOYMENT**

5. Are you currently a paid employee?

- ☐ Yes    ☐ No

6. Do you serve as a volunteer?

- ☐ Yes    ☐ No

7. Would you like more paid employment opportunities?

- ☐ Yes    ☐ No

8. Would you like volunteer opportunities, such as reading to children or driving other seniors?

- ☐ Yes    ☐ No

**THE FOLLOWING QUESTIONS ARE ABOUT  
CORTE MADERA'S ACCESSIBILITY**

9. What transportation do you use within Corte Madera? (check all that apply)

- ☐ Drive my car    ☐ Family/friends  
☐ Taxi              ☐ Volunteer driver  
☐ Walk            ☐ Whistlestop  
☐ Bicycle        ☐ Other (specify):  
\_\_\_\_\_

10. If you do not use public transportation currently, what prevents you from using it? Please check all that apply.

- ☐ Does not go to my destinations  
☐ I do not know about it  
☐ I have physical limitations  
☐ Inconvenient schedule  
☐ No stops near enough to my home  
☐ Takes too long  
☐ Too expensive  
☐ Other (specify): \_\_\_\_\_  
\_\_\_\_\_

11. What would make Corte Madera more accessible to you? Please check all that apply:

- ☐ Handrails on hill steps  
☐ Safe sidewalks  
☐ Increased time on crosswalk traffic lights  
☐ More frequent public transportation  
☐ More handicapped parking spaces  
☐ More outdoor seating in public areas  
☐ Shuttle services around town  
☐ Other (specify) \_\_\_\_\_  
\_\_\_\_\_

**THE FOLLOWING QUESTIONS ARE  
RELATED TO AGING IN CORTE MADERA**

12. Do you plan to remain in your current residence as you age?

- ☐ Yes    ☐ No    ☐ Undecided

13. If you do not plan to remain in your home, what is your major reason?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

14. Do you think of Corte Madera as your permanent home?

- ☐ Yes    ☐ No    ☐ Undecided

Comments: \_\_\_\_\_  
\_\_\_\_\_

15. As you age, how important are the following?

	VERY	SOME- WHAT	NOT
I can continue to live in my community.			
I can continue to live in my present residence.			
I can feel socially included in my community.			
I can continue to drive my car.			

Comments: \_\_\_\_\_

16. Please respond to the following statements about living in Corte Madera:

	YES	NO
I am satisfied with Corte Madera as a place to live.		
I feel that my neighborhood is safe from crime.		
I expect to be able to afford my housing as I age.		
The design of my home will make it easy for me to remain in it.		

Comments: \_\_\_\_\_

### THE FOLLOWING QUESTIONS ARE ABOUT EMERGENCY PREPAREDNESS

17. Please respond to the following statements.

	YES	NO
I feel prepared in case of emergency.		
I would like help putting together a disaster preparedness kit.		
I would like to take a simple preparedness class.		

### THE FOLLOWING QUESTIONS ARE ABOUT SOCIAL PARTICIPATION

18. In the last 12 months, have you taken any classes offered through the Corte Madera Recreation Department?

☐ Yes ☐ No

19. If not, why not? (Check all that apply.)

☐ Cost

☐ No class of interest to me

☐ No transportation

☐ Time of day is inconvenient

☐ Not aware of available classes

☐ Other \_\_\_\_\_

20. What kinds of classes would you like the Recreation Department to offer? \_\_\_\_\_

21. Do you have a smart phone?

☐ Yes ☐ No

22. Are you comfortable using the Internet?

☐ Yes ☐ No

23. If "No," would you like to improve your skills?

☐ Yes ☐ No

24. If "Yes," what do you use the Internet for? (Check all that apply)

☐ Finances (bill paying, banking, etc.)

☐ Games

☐ Health-related (resources, communicate with doctor, etc.)

☐ Internet searches

☐ Shopping

☐ Social contact (email, Facebook, Skype, etc.)

☐ Other \_\_\_\_\_

25. How do you get your local news and information? (Check all that apply)

☐ Family, friends, neighbors

☐ Internet

☐ Radio

☐ Television

☐ Newspaper ☐ Other \_\_\_\_\_

26. During the last 12 months, have you:  
(Check all that apply)

	YES	NO
Attended any Town events, e.g. concerts, parade, etc.?		
Attended any Town Council meetings?		
Participated in clubs or civic organizations?		
Participated in volunteer activities?		
Visited a Corte Madera park?		
Attended Thursday Bingo?		
Attended Thursday lunches at the Community Center?		

**THE FOLLOWING QUESTIONS ARE ABOUT  
YOUR HEALTH**

27. How would you rate your physical health?

☐ Excellent    ☐ Fair  
☐ Good        ☐ Poor

28. Does your budget allow you to purchase healthy foods??

☐ Yes        ☐ No

29. Do you rely on assistance at home for basic activities of daily living e.g. cooking, cleaning, bathing, etc.?

☐ Yes        ☐ No

30. Would you consider the following now or in the future?

	YES	NO
Moving to an Assisted Living setting if it were in Corte Madera.		
Moving to senior housing if it were in Corte Madera.		
Renting out a portion of your home for added income.		
Sharing your home in exchange for help around the house.		
Creating a Junior Second Unit in your house with a separate entrance, kitchen and bath.		

31. Would you like help with End of Life Planning?    Yes ☐    No ☐

32. Have you ever used the following?

	YES	NO
Catch-A-Ride Program (Taxi discount program)		
Marin Villages Rides Program		
Marin Access Travel Navigator program		

33. Are there any other thoughts or concerns you would like to share about how Corte Madera could be more Age-Friendly, including topics not addressed in this Survey? \_\_\_\_\_

We invite you to become involved with Age-Friendly Corte Madera. To receive updates and important information, please contact us at 415.480.9758 or email **[agefriendlycortemadera@gmail.com](mailto:agefriendlycortemadera@gmail.com)**

**THANK YOU** for completing the Survey!

Please return it no later than **October 31st** to:

**AGE-FRIENDLY CORTE MADERA  
498 TAMALPAIS DRIVE  
CORTE MADERA, CA 94925**

You may also drop off your completed Survey at Town Hall, the Corte Madera Library or The Cove School on the Bayside.

**Tax deductible donations to Age-Friendly Corte Madera are most appreciated and will help to forward this very worthy Town project.**



THE TOWN OF  
CORTE MADERA  
MARIN COUNTY CALIFORNIA

**town center**  
CORTE MADERA  
CREATED WITH LIFE IN MIND.



**THE VILLAGE  
at Corte Madera**

