



Clarence...
a brighter place

POSITIVE AGEING PLAN

2012–2016

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BACKGROUND

In 2007 Council endorsed the Positive Ageing Plan 2007-2011. The plan was developed using inclusive, wide spread and thorough methods of community consultation to ensure that it was as responsive as possible to the needs of older residents in Clarence.

KEY STATEMENT

THE PURPOSE OF THE POSITIVE AGEING PLAN IS TO PROVIDE SUSTAINABLE STRATEGIC DIRECTION FOR COUNCIL TO MEET THE NEEDS OF ITS RESIDENTS THROUGH EFFECTIVE USE OF ITS RESOURCES AND BY WORKING WITH OTHERS.

Addressing the impact and meeting the needs and aspirations of an ageing population has been the focus of the 5 year Plan. Working constructively with others to achieve this has been of primary importance.

As a result, the Plan provided the opportunity for the formation of the Clarence Positive Ageing Advisory Committee (CPAAC) consisting of many talented and wise older residents and key service providers who volunteer their time to assist with the implementation of key actions.

CPAAC has overseen the development of many collaborative projects and programs in the community. The committee has also been instrumental in working constructively with Council with an ongoing commitment to provide advice and meaningful input into enhancing the services and infrastructure toward 'age friendly' environments so that older people can enjoy a quality lifestyle.

REVIEW

As CPAAC has generated a considerable amount of community ownership toward the direction, development and achievements of the Plan, it was natural that the committee members would take a lead role in the review of the Plan.

Regular progress reports were generated during the life of the Plan which contributed to being able to clearly evaluate what had been achieved and what had not.

What was evident to CPAAC was that the key themes and strategies of the Plan were still relevant and robust, but that the associated actions required updating and re-prioritising in consideration of achievements, those areas where progress was still required, and future new activities and programs.

SOME KEY EXAMPLES OF THE OUTCOMES ACHIEVED OVER THE LAST 5 YEARS

- Input and practical recommendations to Council's public open space and recreational concept plans e.g. Simmons Park; and streetscapes e.g. Lindisfarne Village Streetscape; and increased coordination with Council's Tracks and Trails and Disability Access Committees on common issues
- Establishment of new senior support group in Richmond and involvement in supporting local community shed and garden developments across the City
- Revised policy for Council's Community Bus and purchase of new bus; partnership with South Arm Peninsula Residents Association (SAPRA Inc.) and Risdon Vale and Warrane Mornington Neighbourhood Centres on helping to fund and support a new community bus servicing those communities
- Increased awareness and promotion of issues through collaboration across Council and in the community e.g. Seniors Week, 'Get Cultural', Living Well health promotion, Our Shared Space activities with Rosny LINC and Council's Youth Network Advisory Group (YNAG)
- Establishment of the Planting Ahead Program with Clarence Community Volunteer Service and the establishment of the Clarence Volunteer Graffiti Removal Team
- Increasing access to Council's grant program, partnerships and other grants; developing in partnership with others the Men's Health 'Roadshow'; and the establishment of the Heart Foundation Heart Moves program in Risdon Vale
- Production of 'Get Going Guide' as an information resource; Council website senior section revised; development of a 'Spotlight on Seniors' quarterly newsletter
- Establishment of an annual Clarence Volunteer Recognition Ceremony
- Increased collaboration with Council's Seniors and Citizens Centre, other Senior Centres and groups in the City, and the recreational and activity centres in Lindisfarne and Howrah
- Strengthened links between older persons' peak groups, organisations and networks e.g. Council on the Ageing Tasmania Inc. (COTA); National Seniors Rosny Branch; and Healthy Ageing Network South (HANS).

IMPORTANCE OF PLANNING FOR AN AGEING COMMUNITY

The importance of planning for an ageing community cannot be over-emphasised. The importance of providing frameworks which can respond to the impacts, challenges and opportunities of ageing communities is now recognised world-wide.

The Office of the High Commissioner for Human Rights supports the significance of older people as a non-homogenous group, and recognises opportunities and challenges will vary greatly.

Our emerging group of older people are different to previous generations. They are living longer and their aspirations and expectations have changed.

Many people will continue to lead active lives as part of their community, while others may face multiple challenges such as social isolation or health concerns that inhibit them from ageing well.

What is important is that ageing well and positively is not about reaching a certain age or number, and determining how to continue. It is a life-long pursuit with many determinants.

The review of the Plan has assisted in deciding how to continue to structure and provide the relevant frameworks in Clarence for the community to age positively.

DRIVERS OF FUTURE DEMAND

POPULATION AGEING

According to the Australian Bureau of Statistics, Tasmania currently has the oldest population of all the states and territories with a median age of 39.9 years. Population projections from earlier data indicated that this was not likely to occur until 2019. This shows that our population is ageing more rapidly than anticipated.

In Clarence our ageing population also continues to rise. Out of a total population of 52,935 people (ABS City of Clarence Age Profile at 30 June 2010):

- 51% of people are aged over 40+ years
- 34% of people are aged between 40 and 64 years old
- 16.6% of people are aged 65+ years

We know from data which suburbs in Clarence have higher concentrations of older people. For example:

- Geilston Bay, Montagu Bay, Mornington, Tranmere, Warrane, Cambridge, Oakdowns, Otago, Richmond, Risdon Vale and South Arm all have more than 20% of their population aged 55+ years.
- Bellerive, Lindisfarne, Howrah, Rose Bay, Rosny and Opossum Bay all have more than 30% of their population aged 55+ years.

The Australian Government Productivity Commission Inquiry Report into Caring for Older Australians in 2011 outlined a series of recommendations for the reform of aged care. Many of the recommendations impact on local government as major drivers of current and future demand.

They include:

- **Ageing at home and retirement specific living options that offer integrated methods of delivering community support**
- **Effect of population ageing on potential rises in disability**
- **Increased demand for preventative health and wellness to combat complex chronic health conditions and care associated with dementia, diabetes, mental health issues etc.**
- **Diversity – cultural and linguistically diverse services**

All these drivers require multiple avenues to access information which provides an additional challenge for local government

THE ROLE OF COUNCIL IN SUPPORTING AND PLANNING FOR AN AGEING COMMUNITY

The review of the Plan allowed for analysis of the continuing implications for Council in responding to the key drivers of future demand.

It was clear to CPAAC that the current key themes of Staying Connected; A Lifestyle with Choices; and Keeping Involved, were still highly relevant, and that Council would continue its responsibility to positively respond to the need for age-friendly physical and social infrastructure and for enhancing services in partnership with others.

WHAT WE DIDN'T ACHIEVE

The Positive Ageing Plan provides valuable strategic direction guiding action outcomes that are practical, collaborative and meaningful across the community.

The review of the Plan helped identify where further attention and ongoing action is required. Key areas Council will need to continue to collaborate strategically to meet the challenges of our ageing population include:

- Housing – in helping to provide the best possible real choices for people to remain at home or move to alternative accommodation
- Transport – demand for flexible and affordable multiple transport options will continue to increase
- Access to support and services in the community – for a range of community supports and services such as in-home care, gardening, advice and information – will also to grow in demand
- Community facilities and venues – their usage as participation demand increases, and their maintenance, in balance with the future concept of a 'central civic multi-purpose centre'

Council's Disability Access Plan and the strengthened relationship between CPAAC and the Disability Access Advisory Committee (DAAC), assist in providing enhanced strategic direction and collaboration on key disability and access issues relating to older people.

The future development and implementation of key actions from Council's Health and Wellbeing Plan will assist in providing further strategic actions and collaboration on preventative health and wellbeing outcomes for older people.

AIMS OF THE NEW POSITIVE AGEING PLAN 2012 - 2016

The aim of the Plan is for Council to provide a sustainable and collaborative strategic direction to meet the needs of its residents through effective use of its resources and by working with others to address the impact and meet the needs and aspirations of the ageing population in Clarence.

POSITIVE AGEING ACTIONS

KEY THEMES AND STRATEGIES

KEEPING INVOLVED

- Ensure there are multiple avenues whereby older people can access information
- Encourage and promote opportunities for older people to get involved locally and across the City, including provision of avenues to give advice and ideas about what affects them
- Provide opportunities for older people to feel valued, make contributions and continue to learn, and promote positive attitudes to ageing

A LIFESTYLE WITH CHOICES

- Ensure real choices for older people to remain at home or move to alternative accommodation as people age:
 - Choice in location and type of housing
 - Being able to stay at home with appropriate support
- Improve quality of life for older people by helping to enhance social, environmental and economic environments in the City:
 - Contribute to preventative health and wellbeing
 - Have safe, secure and manageable environments
 - Help to combat rising cost of living challenges

STAYING CONNECTED

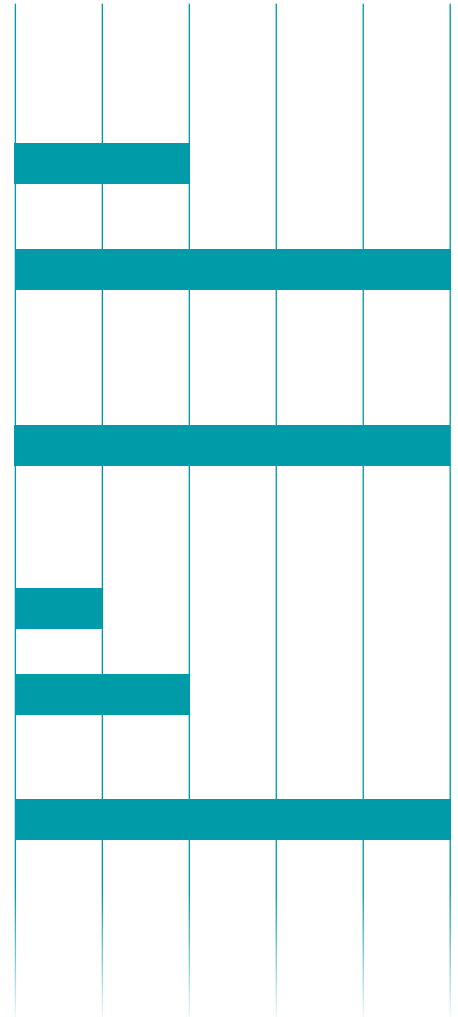
- Support older people to maintain existing social and community contacts and to help them develop new connections and resources:
 - Assist and support local groups and organisations to continue their work and help initiate other services and activities for older people
 - Work effectively across Council and with other committees and organisations on projects and activities that encourage the inclusion of all generations
 - Build on established relationships with services working with older residents from diverse cultural, linguistic and gender backgrounds to increase access to programs and activities in the City, and initiate new ones.
- Support older people in accessing multiple transport options
- Provide infrastructure for older people to be able to move about safely and easily as a pedestrian, in a vehicle or on a bicycle.
- Provide planned and accessible environments, facilities, and venues, for older people to socialise and recreate.

KEEPING INVOLVED

2012 2013 2014 2015 2016

■ **ENSURE THERE ARE MULTIPLE AVENUES WHEREBY OLDER PEOPLE CAN ACCESS INFORMATION**

- Develop a communication strategy to help highlight current and new methods of accessing and distributing information across the City
- Continue to produce and distribute the 'Get Going Guide' bi-annually as a resource of information for leisure, living and learning opportunities for older people in Clarence.
- Promote and facilitate access to opportunities for computer and internet use and education in communities with limited access and with organisations such as Rosny LINC; Online Access Centres; Neighbourhood Centres; Adult Education; and Linking Tasmanian Seniors etc.
- Develop a quarterly newsletter "Spotlight on Seniors" to be distributed to groups, networks and individuals by mail and electronically.
- Continue to revise the seniors section of Council's website so that it remains relevant and usable for older people.
- Continue to work with Council's Disability Access Advisory Committee (DAAC) on ensuring that all information from Council is accessible to older people.

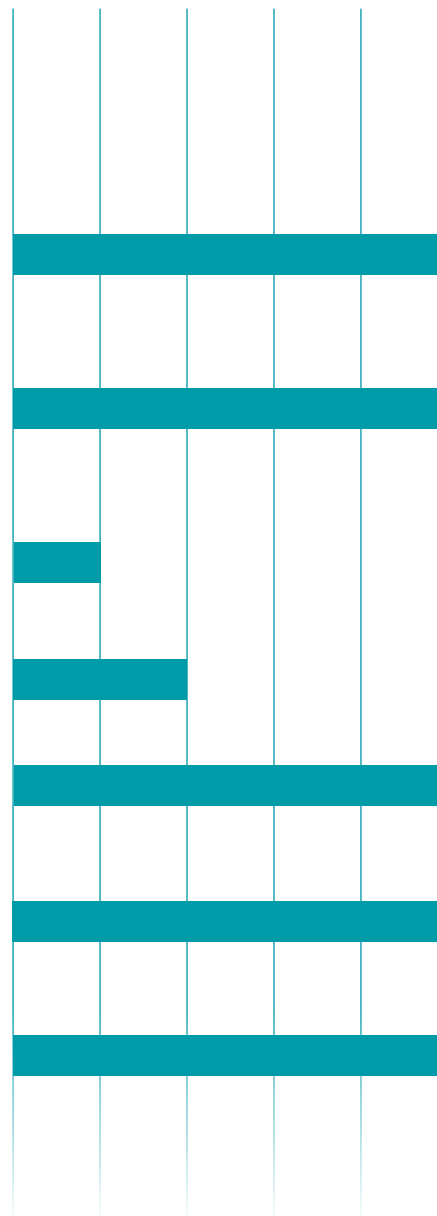


KEEPING INVOLVED (CONT.)

2012 2013 2014 2015 2016

■ **ENCOURAGE AND PROMOTE OPPORTUNITIES FOR OLDER PEOPLE TO GET INVOLVED LOCALLY AND ACROSS THE CITY, INCLUDING PROVISION OF AVENUES TO GIVE ADVICE AND IDEAS ABOUT WHAT AFFECTS THEM**

- Continue the regular meetings of the Clarence Positive Ageing Advisory Committee (CPAAC), consisting of older residents across the City, to oversee the implementation of the Council's plan.
- Continue to meet with other groups, organisations, individuals and government to support community initiatives affecting older people in the City e.g. Healthy Ageing Network (HAN) meetings, Council of the Ageing (COTA), National Seniors.
- Provide mechanisms in the seniors section of Council's website and in the new newsletter for older people to give feedback on issues affecting them.
- Initiate local meetings to facilitate local leadership opportunities for older people across the City.
- Hold regular 'networking' morning or afternoon teas with interested groups across the City with the purpose of helping to facilitate the sharing and dissemination of information, ideas and issues etc.
- Meet regularly with other Positive Ageing Committees from other Councils with the purpose of sharing information, resources and facilitating collaboration on common issues.
- Hold regular sessions with all Aldermen to facilitate open dialogue to discuss and provide input on issues and ideas raised across the community.

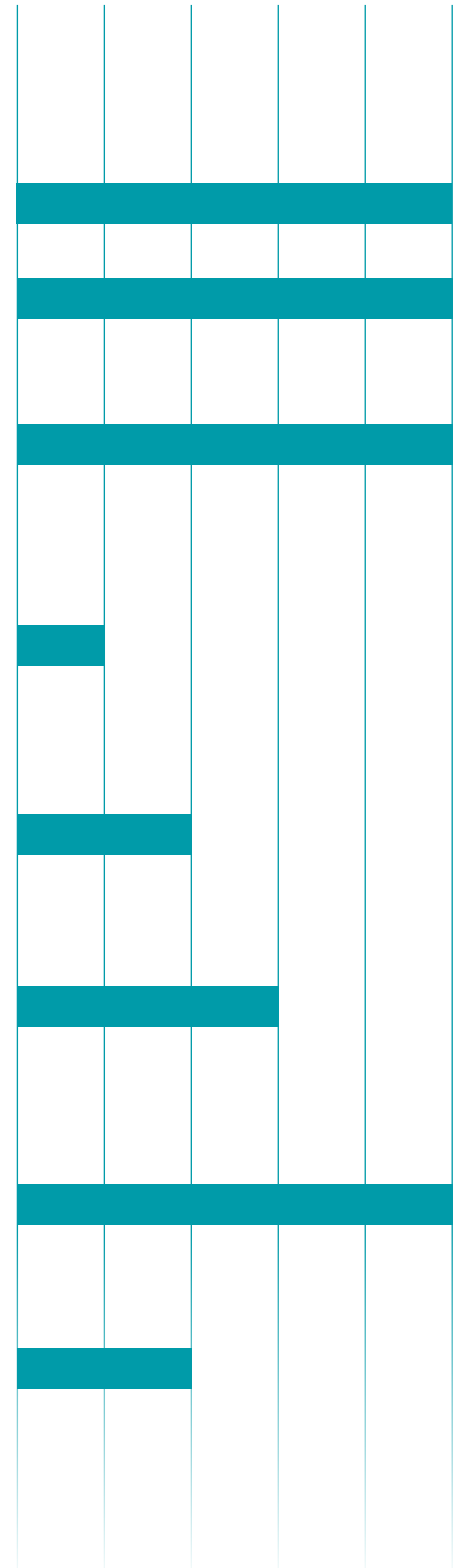


KEEPING INVOLVED (CONT.)

2012 2013 2014 2015 2016

■ **PROVIDE OPPORTUNITIES FOR OLDER PEOPLE TO FEEL VALUED, MAKE CONTRIBUTIONS AND CONTINUE TO LEARN, AND PROMOTE POSITIVE ATTITUDES TO AGEING**

- Continue to hold an annual Seniors Week event with relevant and meaningful themes.
- Continue to hold an annual Volunteer Recognition event acknowledging the achievements of older volunteers in the City.
- Continue to work in partnership with others on activities, events and projects conveying positive messages, attitudes and issues affecting older people. For example the 'Our Shared Space' events with Youth Services; Men's Health projects; 'Living Well' health promotion, community festivals etc.
- Celebrate the achievements and contributions of older people as positive ageing role models, by including in the 'Spotlight on Seniors' newsletter, profile stories of local people who have done and are doing extraordinary things.
- Promote ways in which older people can use their skills and expertise through volunteer opportunities with the Clarence Community Volunteer Service (CCVS) and other groups and organisations such as adult literacy programs, support groups, local projects such as Men's Sheds etc.
- Ensure through the new 'networking' morning or afternoon teas that use of older peoples skills and expertise is raised and discussed, and practical solutions are developed.
- Work with local groups, committees, volunteer services to look at practical ways we can support our local older "gate keepers" – those volunteers and volunteer committees who keep operations running smoothly, and help to engage new 'gate keepers' e.g. Landcare and Coastcare groups, Country Women's Association (CWA), Service and Church groups and Clubs, Meals on Wheels, Garden Clubs etc.
- Work regionally with other Councils to raise awareness of positive ageing issues and opportunities in schools.



KEEPING INVOLVED (CONT.)

HOW WE SHALL MEASURE THE PLANS SUCCESS:

- 5 'Get Going Guides'** have been produced and distributed, they keep improving every year, and are reported as being of value and use in the community.
- Groups and organisations have been enabled to access **computer and internet use** and **educational opportunities**, particularly in remote or rural areas.
- 20 'Spotlight on seniors'** newsletters have been produced and distributed and are reported as being of value and use to disseminate information across the City.
- 20 stories** promoting positive ageing role models in the community are highlighted in the newsletter.
- Annual revision of the Council's **website** has occurred to ensure all seniors' information is up-to-date.
- Accessible information** across Council has improved and become more prevalent.
- Feedback mechanisms** developed have provided increased comments, input and ideas from older people across the City.
- New **seniors' initiatives** have been developed across the City.
- At least **4** new meetings a year have been held with local communities to discuss new initiatives and ideas.
- At least **2** annual meetings with other Council Committees have been held.
- At least **2** annual meetings with Aldermen have been held.
- 5** Seniors Week events have been held with different themes and they continue to grow and be relevant to the community.
- 5** Volunteer Recognition events have been held.
- Partnership** activities, events and projects are held and continue to be relevant to needs.
- 20 CPAAC meetings** have been held.
- An **increase in volunteer numbers** has been seen by the Clarence Community Volunteer Service (CCVS) and through feedback from community and organisations.
- The community have identified a number of practical solutions to **increasing the use of older people's skills and expertise** and at least **2** projects or programs have been collaboratively developed, particularly in schools.

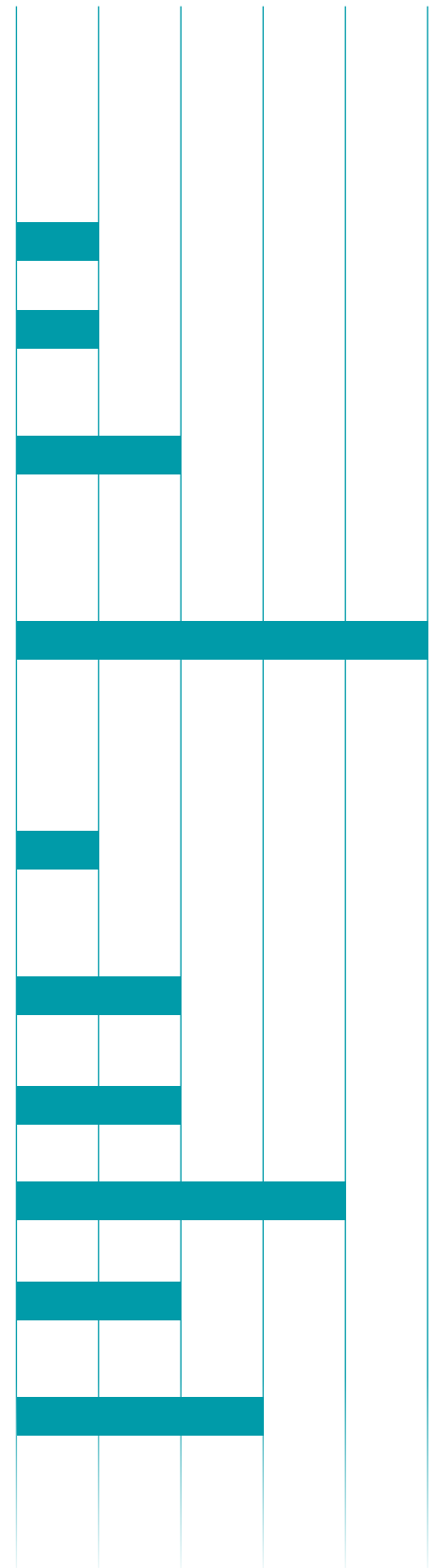
A LIFESTYLE WITH CHOICES

2012 2013 2014 2015 2016

■ **ENSURE REAL CHOICES FOR OLDER PEOPLE TO REMAIN AT HOME OR MOVE TO ALTERNATIVE ACCOMMODATION AS THEY AGE:**

CHOICE IN LOCATION AND TYPE OF HOUSING

- Contribute to the review of Council's Planning Scheme as part of the Southern Tasmania Regional Planning Project (STRPP).
- Provide a discussion paper to Council on future housing issues and impacts for older people across the City.
- Advocate to Council that the Clarence Planning Scheme adopts a social impact policy that requires developers to consider the social impacts of their development applications in the interests of the broader community and the City of Clarence.
- Assist elected members with decision making by providing timely advice and recommendations to planning (through CPAAC), on design and key elements for all new large scale developments, whether accommodation for older people including lifestyle and retirement villages; shopping centres developments etc; or local area plans.
- Work on developing a checklist with Building/Planning for use when making decisions about new developments and meeting housing and lifestyle requirements for older people, including closer connections with the Development Application Group (DAG) meetings.
- Help play a role in coordination and communication of key issues between local, state and federal governments by facilitating a discussion/action forum on key issues.
- Use this forum to include public housing and other housing types to ensure standards and access for older people are being met.
- Advocate with other organisations and peak bodies to private lifestyle retirement villages to develop industry regulations.
- Invite builders, developers and surveyors to a forum to share information, discuss key elements of design and to discuss the challenges facing the older population for their consideration.
- Provide information to help older people know what to look for and ask for when considering a move to alternative accommodation.



A LIFESTYLE WITH CHOICES (CONT.)

2012 2013 2014 2015 2016

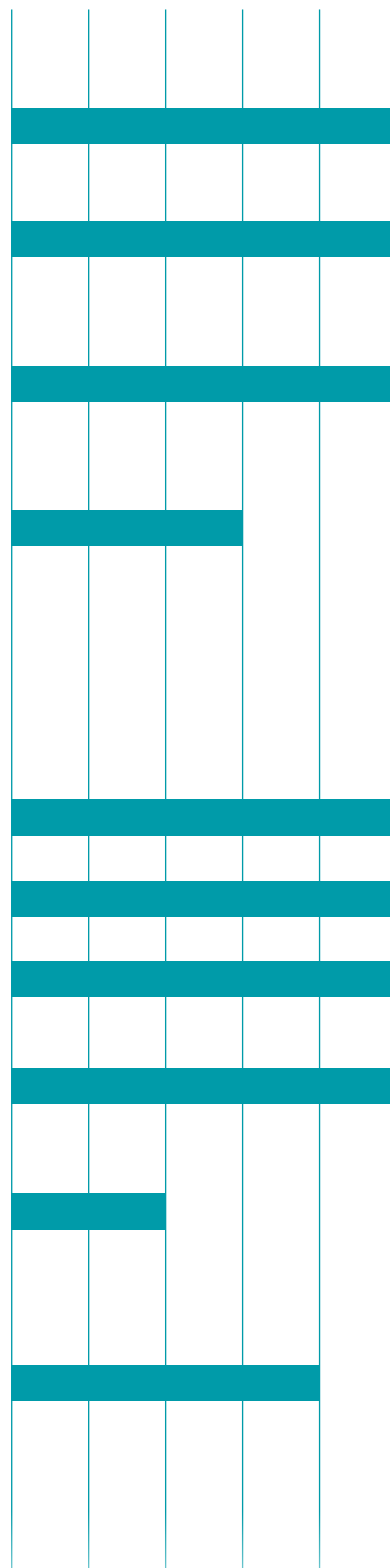
ACCESS TO COMMUNITY SUPPORTS

- Advocate to Home and Community Care (HAAC) and Community Based Support Services for increased “client centred” support and assistance, helping people to remain longer in their own home.
- Work with the Clarence Community Volunteer Service (CCVS) in establishing any new targets in the service around prevention; and with any future HACC changes in policy direction.
- Continue to work in partnership with the CCVS with the Planting Ahead Program, in particular support the continuation of the educational component of Planting Ahead promoting the development of low maintenance, easy care gardens.
- Build on connections with the Migrant Resource Centre to assess the need to provide increased access for social meeting places and activities for older people from Cultural and Linguistically Diverse (CALD) backgrounds in the City.

■ IMPROVE QUALITY OF LIFE FOR OLDER PEOPLE BY HELPING TO ENHANCE SOCIAL, ENVIRONMENTAL AND ECONOMIC ENVIRONMENTS IN THE CITY:

CONTRIBUTE TO PREVENTATIVE HEALTH AND WELLBEING

- Continue to support and facilitate the development of Men’s/ Community Sheds across the City.
- Continue to support and facilitate local community garden developments across the City.
- Continue to support CPACC inclusion in the state-wide men’s health network.
- Continue to support and to facilitate new health and wellbeing activities and programs that are senior specific e.g. Heart Moves Program, walking groups etc.
- Ensure that Council continues its endorsed commitment to provide ‘senior friendly’ equipment in relevant parks and recreational areas e.g. Simmons Park and Bellerive Beach re-developments.
- Provide a particular focus on nutrition and social inclusion by building on existing programs and helping to establish new programs in partnership e.g. Clarence Eating with Friends, Neighbourhood Centre lunches for older people, DHHS Nutrition programs etc.



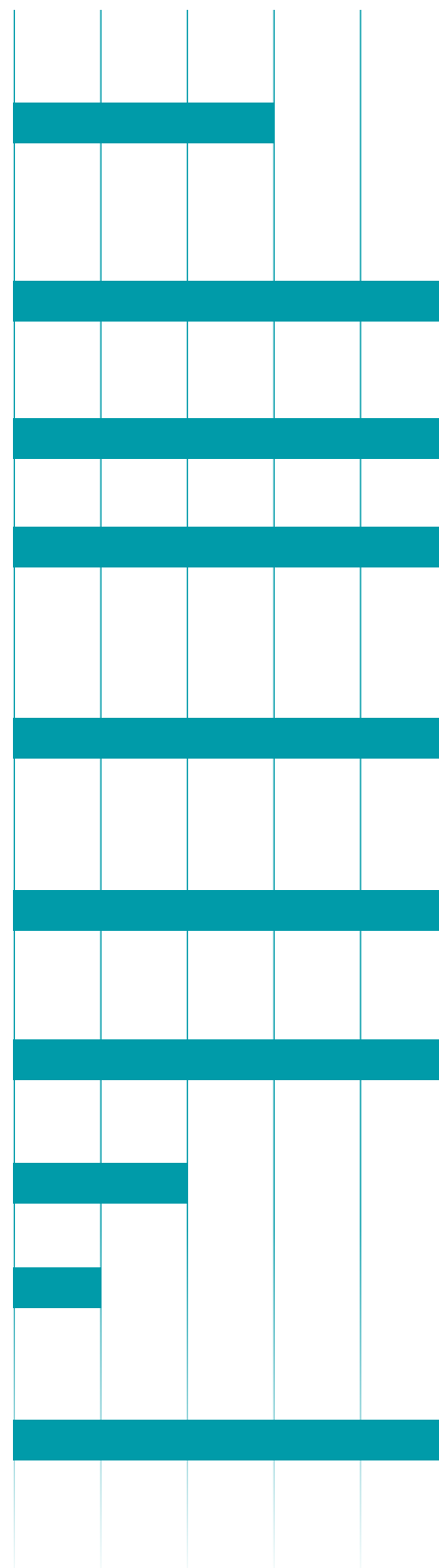
A LIFESTYLE WITH CHOICES (CONT.)

2012 2013 2014 2015 2016

- Work with other services and organisations to promote existing programs that support the mental health and wellbeing of older people; and focus on any areas of need e.g. befriending services such as the CHATS service for older people, access to bereavement and grief support and counselling etc.
- Continue to work in partnership with network and project groups such as Living Well in Clarence and Food Security projects, to help highlight health and wellbeing issues for older people.
- Continue to work collaboratively with Arts and Events and the Bellerive Community Arts Centre (BCAC) in supporting activities, programs and initiatives that include older people.
- Ensure that the Clarence Aquatic Centre and lessee YMCA continue to cater for the needs of older people.

HAVE SAFE, SECURE AND MANAGEABLE ENVIRONMENTS

- Build on opportunities to collaborate across Council and with other groups and organisations such as the Clarence Stronger Communities Group, to help contribute to community safety and sharing common places and spaces e.g. "Our Shared Space" project.
- Continue to advocate for footpaths, roads and repairs particularly in areas where there are no footpaths, by working with asset management through CPAAC, providing advice to the annual capital works budget, and to new major streetscape projects across the City.
- Continue to advocate in the design for new street scapes, for the use of materials which are safe and reduce hazards; tactile indicators; and appropriate lighting etc.
- Continue to ensure that safety elements of design are incorporated in Council's master planning for streetscapes, parks and recreation.
- Strengthen the link between CPAAC and environmental management by ensuring increased collaboration on the master planning for parks and recreation.
- Continue liaison and connection with Council's Tracks and Trails and Disability Access Committees, in sharing information and knowledge and working on projects of mutual interest e.g. multi-user pathways.



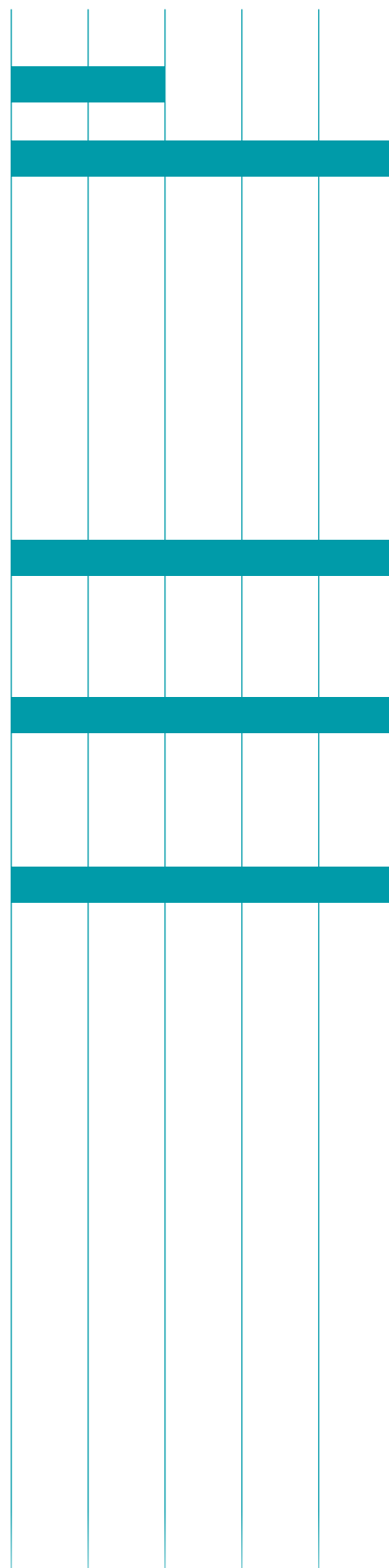
A LIFESTYLE WITH CHOICES (CONT.)

2012 2013 2014 2015 2016

- Advocate to Council that the policy on mowing nature strips twice annually be revised to accommodate for the growing older population unable to look after these environments.
- As part of the revision of this policy:
 - Advocate for alternative low maintenance methods to be used for residential nature strips that do not involve grass e.g. water-wise planting; and
 - Investigate the feasibility of an 'adopt a nature strip' program to help build community connections, promote cooperative ownership and low maintenance principles.

HELP TO COMBAT RISING COST OF LIVING CHALLENGES

- Continue to provide to older people through Council rebates on: rates and animal registration; access to free community volunteer service (if eligible), resources such as garden book to minimise maintenance, save water etc.; and access to low cost community bus.
- Continue to work in partnership and support local Neighbourhood Centres on specific projects that minimise rising cost of living expenses such as centre gardens, Second Bite program increasing access to food; providing community grants that support local lunches etc.
- Work in partnership with Council's Climate Change Officer on projects/ programs involving older people that help educate about climate change issues that impact on cost of living expenses e.g. solar hot water and electricity etc.



A LIFESTYLE WITH CHOICES (CONT.)

HOW WE SHALL MEASURE THE PLANS SUCCESS:

- Meaningful input into reviews of **Council's Planning Scheme** and Southern Tasmanian Regional Planning Project (STRPP)
- A **social impact policy** is adopted by Council for inclusion into the Planning Scheme
- Producing a **discussion paper on housing issues** for older people in Clarence
- Increased **coordination of advice and recommendations** between CPAAC/Planning/Council on large scale development applications affecting or impacting on older people
- A **checklist is developed** that has helped this coordination
- Specific **discussion/action forums** have been conducted which have resulted in improved development applications meeting more needs in the community
- Information** has been developed and made readily available to older people in the community about what to expect and ask for when thinking about **changing accommodation**
- Lifestyle retirement villages have developed **industry regulations**
- Advocacy** input to key agencies has assisted in increased client-centred support being offered
- Future **prevention initiatives** developed in collaboration with CCVS
- An increase in access by older CALD community to meeting places across the City
- Growth in exercise, nutrition, mental health and wellbeing programs and projects
- There has been an increase in the consistency in which CPAAC are involved in **providing advice and recommendations** to streetscapes and master planning for parks and recreation, and that this is evidenced through the plans that are being created
- The **policy on nature strip maintenance** has been reviewed for older people who cannot maintain them
- A continued **decrease** in hazard/trip notifications and footpath repair requirements
- Community shed and garden developments** continue to grow and Council has assisted with this either directly through the Positive Ageing Plan resources or Council's Grants Program
- Programs or projects have been identified/implemented/increased in relation to arts/culture/health and wellbeing/climate change/cost of living/food security issues where Council has been able to play an **active supporting role**.

STAYING CONNECTED

2012 2013 2014 2015 2016

■ **SUPPORT OLDER PEOPLE TO MAINTAIN EXISTING SOCIAL AND COMMUNITY CONTACTS AND TO HELP THEM DEVELOP NEW CONNECTIONS AND RESOURCES**

ASSIST AND SUPPORT LOCAL GROUPS AND ORGANISATIONS TO CONTINUE THEIR WORK AND HELP INITIATE OTHER SERVICES AND ACTIVITIES FOR OLDER PEOPLE

- Encourage and facilitate access to Council's and other Community Grants Programs
- Produce Council's 'Get Going Guide' booklet as a bi-annual resource of activities, events and information available locally in the City
- Work with local Neighbourhood Centres and other community organisations including churches, to investigate partnerships for more projects/programs and local outreach services that help to reduce social isolation
- Work with and support Clarence Landcare and Coastcare groups in encouraging local champions, promoting activities and encouraging innovative means for them to access and participate.
- Work with and support Seniors Centres such as the Clarence Seniors and Citizens Centre, Warrane Senior Citizens Centre and Lindisfarne and Howrah Centres, in promoting activities and encouraging new ways in which older people and the wider community can access and participate
- Act as an interface for encouraging and supporting 'local champions' in the establishment and promotion of local groups for older people e.g. Lauderdale, Sandford, Richmond and in new residential developments
- Increase inclusion and participation in activities and events across the City, by working in partnership with others to investigate the establishment of a "buddy system" or systems

	2012	2013	2014	2015	2016
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Act as an interface for encouraging and supporting 'local champions' in the establishment and promotion of local groups for older people e.g. Lauderdale, Sandford, Richmond and in new residential developments					
Increase inclusion and participation in activities and events across the City, by working in partnership with others to investigate the establishment of a "buddy system" or systems					

STAYING CONNECTED (CONT.)

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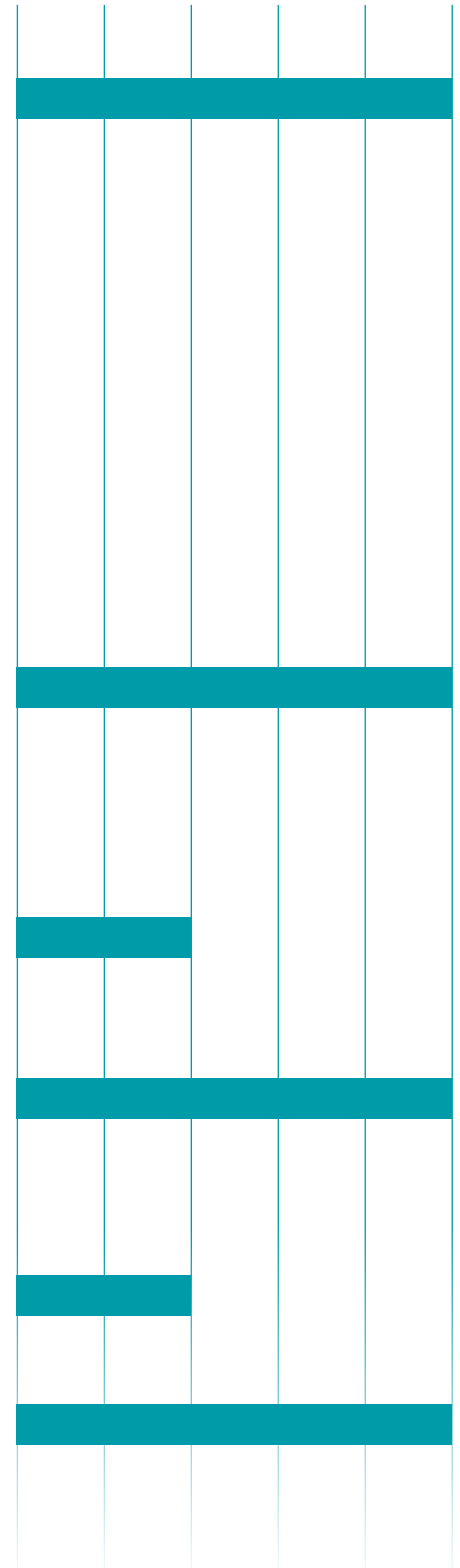
WORK EFFECTIVELY ACROSS COUNCIL AND WITH OTHER COMMITTEES AND ORGANISATIONS ON PROJECTS AND ACTIVITIES THAT ENCOURAGE THE INCLUSION OF ALL GENERATIONS, FOR EXAMPLE:

- Youth Network Advisory Group (YNAG) and the 'Our Shared Space' initiative
- Tracks and Trails and Bicycle Committees
- Disability Access Advisory Committee (DAAC);
- Events and Arts including Bellerive Community Arts Centre (BCAC)
- Cultural History Advisory Committee
- Clarence Community Volunteer Service (CCVS)
- State Education Department – mentoring programs and Rosny LINC

BUILD ON ESTABLISHED RELATIONSHIPS WITH OTHER SERVICES WORKING WITH OLDER RESIDENTS FROM DIVERSE CULTURAL, LINGUISTIC AND GENDER BACKGROUNDS TO INCREASE ACCESS TO PROGRAMS AND ACTIVITIES IN THE CITY, AND INITIATE NEW ONES.

■ SUPPORT OLDER PEOPLE IN ACCESSING MULTIPLE TRANSPORT OPTIONS

- Continue to provide Council's community bus to older people as a priority, and review policy and operation of the bus every two years to ensure improved access and equity.
- Provide the opportunity for up to 5 local people to access their medium to heavy rigid driver licence that will enable them to volunteer as a Council volunteer community bus driver for a minimum contract period of 1 year.
- Continue to work with Risdon Vale, Warrane Mornington Neighbourhood Centres and South Arm Peninsula Residents Association (SAPRA) Inc. in facilitating and supporting the community bus partnership servicing these local communities, including discussions on the Council's future resourcing of the partnership.
- Investigate with partners other viable local transport solutions.



STAYING CONNECTED (CONT.)

2012 2013 2014 2015 2016

- Re-engage Metro and other transport providers such as Tassielink and Community Transport, on advocating for increased services accessible to communities in Clarence with rising older populations, especially the re-introduction of services such as “busy bee”.
- Continue to support driving programs that increase skill and independence of older people through the Community Road Safety Partnership (CRSP) annual Older Driver Seminars.
- PROVIDE INFRASTRUCTURE FOR OLDER PEOPLE TO BE ABLE TO MOVE ABOUT SAFELY AND EASILY AS A PEDESTRIAN, IN A VEHICLE OR BICYCLE.**
- Ensure that CPAAC are involved in the future short- and long-term implementation of Council's Parking Policy/Strategies e.g. mixture of local parking for local activities combined with satellite parking ('park and ride' concept in commercial/industrial areas such as Cambridge); flat and/or high rise parking with express to CBD and other suburbs and towns; and private car parks.
- Continue to collaborate with Council's Disability Access Advisory Committee (DAAC) on ensuring adequate parking spaces for older people with mobility issues
- Ensure CPAAC involvement in Council pedestrian surveys
- Continue to provide for footpaths, kerb ramps, pedestrian refuges and roads, that allow ease of mobility and visibility; and for CPAAC to help investigate successful initiatives in other areas of Australia e.g. Townsville
- Ensure there is collaboration with Council's Bicycle Committee on future planning strategies.
- Continue to support the work of Council's Tracks and Trails Committee in the provision of accessible linked pathways that are ideally above standard width for multi-user paths; comply with all legislation and requirements; and provide for optimal site lines, space and design etc.
- Ensure that Council advocates to Metro through its partnership agreement that the adequate provision of bus shelters is a priority in areas of high need and demand e.g. outside aged care facilities and lifestyle villages etc.

	2012	2013	2014	2015	2016
<input type="checkbox"/> Re-engage Metro and other transport providers such as Tassielink and Community Transport, on advocating for increased services accessible to communities in Clarence with rising older populations, especially the re-introduction of services such as “busy bee”.					
<input type="checkbox"/> Continue to support driving programs that increase skill and independence of older people through the Community Road Safety Partnership (CRSP) annual Older Driver Seminars.					
■ PROVIDE INFRASTRUCTURE FOR OLDER PEOPLE TO BE ABLE TO MOVE ABOUT SAFELY AND EASILY AS A PEDESTRIAN, IN A VEHICLE OR BICYCLE.					
<input type="checkbox"/> Ensure that CPAAC are involved in the future short- and long-term implementation of Council's Parking Policy/Strategies e.g. mixture of local parking for local activities combined with satellite parking ('park and ride' concept in commercial/industrial areas such as Cambridge); flat and/or high rise parking with express to CBD and other suburbs and towns; and private car parks.					
<input type="checkbox"/> Continue to collaborate with Council's Disability Access Advisory Committee (DAAC) on ensuring adequate parking spaces for older people with mobility issues					
<input type="checkbox"/> Ensure CPAAC involvement in Council pedestrian surveys					
<input type="checkbox"/> Continue to provide for footpaths, kerb ramps, pedestrian refuges and roads, that allow ease of mobility and visibility; and for CPAAC to help investigate successful initiatives in other areas of Australia e.g. Townsville					
<input type="checkbox"/> Ensure there is collaboration with Council's Bicycle Committee on future planning strategies.					
<input type="checkbox"/> Continue to support the work of Council's Tracks and Trails Committee in the provision of accessible linked pathways that are ideally above standard width for multi-user paths; comply with all legislation and requirements; and provide for optimal site lines, space and design etc.					
<input type="checkbox"/> Ensure that Council advocates to Metro through its partnership agreement that the adequate provision of bus shelters is a priority in areas of high need and demand e.g. outside aged care facilities and lifestyle villages etc.					

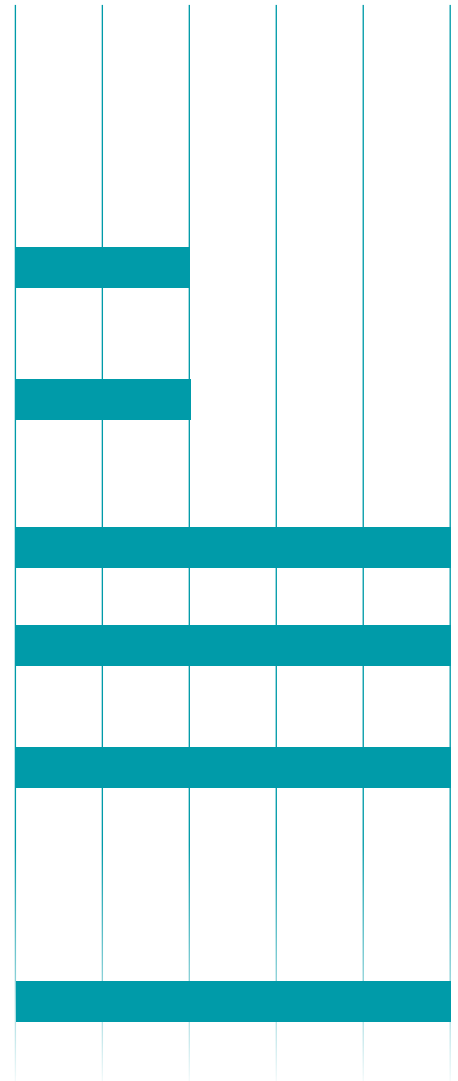
STAYING CONNECTED (CONT.)

2012 2013 2014 2015 2016

■ PROVIDE PLANNED AND ACCESSIBLE ENVIRONMENTS, FACILITIES, AND VENUES, FOR OLDER PEOPLE TO SOCIALISE AND RECREATE.

WORK WITH COUNCIL'S ASSET MANAGEMENT TO:

- Progress an audit of Council's existing halls and community centres to ensure they meet current and future social and recreational needs
 - Develop a checklist for streetscape, landscape and recreational management plans that ensures the needs of older people are accommodated to maximise usage, quality and experience e.g. Bellerive Beach and Lindisfarne Oval recreational and sporting opportunities
 - Continue to support the establishment of local community gardens based on accessibility, low maintenance and design.
 - Continue to progress implementation of policy to annually upgrade public toilet facilities and ensure appropriate placement of new amenities
 - Continue to progress update of old and provision of new public seating facilities and ensure that appropriate shade structures are included
- ADVOCATE FOR A DISCUSSION ON THE DEFINITION AND PURPOSE OF THE CONCEPT OF A 'CIVIC MULTIPURPOSE CENTRE'**
- Including a compilation of feedback and consultation already done and in balance with the continued provision of local accessible community venues across the City.



HOW WE SHALL MEASURE THE PLANS SUCCESS:

- Increased **access to Council's grants program and assistance with other community grants**
- Increased activities, connections and programs across the City that **reduce isolation and increase participation**
- Increased collaboration and **integrated planning across Council** on the provision of infrastructure, venues, environments and facilities that are accessible
- Increased collaboration** in the community on issues of common interest
- More **effective transport solutions**

POLICY

SCOPE

The context for the policy in Council providing for an ageing population remains the same. Not all issues facing older people in Clarence are addressed in the Plan, such as aged care policy and service delivery and the care needs of frail aged, as there are other planning and policy processes through which these issues are being addressed.

What has been and will continue to be important is the valuable partnerships with the community and with other relevant groups and organisations, including aged care and retirement living providers, towards the shared responsibility, communication and collaboration on the current and future drivers of change for an ageing population.

DEFINITION

POSITIVE AGEING

So many people ask just what these two words mean. Very simply, positive ageing is about getting the most out of life no matter what our circumstances. Being able to understand how we age and what that means for us; to participate, pursue and enjoy all of life's opportunities; to be valued and respected in return.

PROCESS/CONSULTATION

There was thorough community involvement and consultation during the development of the *Positive Ageing Plan 2007* including:

- Informal yet 'structured' focus meetings with more than 80 people
- 20 forums across the City with community residents and services providers totalling more than 300 people
- A Questionnaire sent out to nearly 500 groups and organisations with a 52% response rate
- Call for formal submissions to Council

Key findings from this consultation process identified a high level of satisfaction amongst older residents living in the City because of the physical environment i.e. a lovely place to live, and the people living in the community i.e. family and friends.

The consultation also identified a high level of participation, commitment and desire by older residents and key groups and organisations, to work constructively in partnership with Council to help improve infrastructure, social and community supports, transport, health and safety in the City. Most important of all was older residents' desire to be involved and kept informed of what was available to older residents across the City.

Because the previous consultations were so inclusive and widespread, and formed the key themes of the Plan, Clarence Positive Ageing Advisory Committee (CPAAC) decided it was not necessary to embark on similar in depth consultations again, but again to ensure that the work the committee was conducting with Council was still relevant to the community.

CONSULTATION 2012

KEY STAKEHOLDERS

INTERNAL CONSULTATION

CPAAC spent 6 months prior to internal and public consultation working together in sub-groups under the separate key themes of the Plan to help review actions, and compile new strategies. They then came together as a full committee to endorse the work done by each group for all the key themes.

A Workshop was conducted with Aldermen, facilitated by CPAAC representatives, to discuss with elected members the review process and gain their input and advice.

A series of sessions were held with Council staff, facilitated by CPAAC representatives and an external consultant, to gain their input and feedback and to ensure that the content of the plan was relevant to their key areas.

PUBLIC CONSULTATION

Key stakeholders were provided with multiple opportunities to ensure access to and participation in the review of the Plan. Methods included:

- A **mail out** of the draft Plan to approximately 200 relevant groups, organisations, peak bodies and networks across the City;
- Providing **5 displays** in: Council foyer; Rosny LINC; Eastlands Shopping Centre; Lindisfarne Activities Centre; and Howrah Activities Centre.
- Holding a series of **6 'face to face' targeted forums** conducted by CPAAC representatives and Council's Community Development Officer, providing the opportunity for groups and committees to offer advice and input i.e. Roches Beach Community Living resident's committee; Clarence Seniors and Citizens Centre management committee; Howrah Recreation Centre management committee; Warrane Mornington Neighbourhood Centre users; Richmond Seniors Group; and Opossum Bay and South Arm residents.
- Providing the opportunity through all methods for people to provide **written feedback** on a form with open and closed questions.
- The feedback form was also provided to all Council Special Committees for their input.

SUMMARY OF KEY FINDINGS

The content for the consultations was structured around asking key questions to enhance the draft document produced by CPAAC for the review.

Participants were provided with all background material; a summary of key outcomes from the last 5 years; a copy of the draft reviewed Plan by CPAAC; and a feedback sheet asking for input on whether the draft Plan covered:

- All the issues important to older people in Clarence?
- Any other issues?
- Any other relevant actions?
- Which groups and organisations could help Council to promote Positive Ageing in Clarence?
- Any additional comments?

The feedback received from Aldermen, Council staff and public consultations confirmed that the Plan was still travelling well, key themes still relevant, and that the draft actions developed were acceptable in the community.

Holding conversations across the community helped to provide a clearer focus on what could be achieved as a priority over the next 5 years in partnership.

The key findings of the consultations concluded that:

- The key themes of Staying Connected; A Lifestyle with Choices; and Keeping Involved were still relevant.
- The feedback received supported the strategies and associated actions that had been reviewed and drafted by CPAAC and required only minimum changes or more focused actions relevant to input.
- Areas such as housing; transport; access to support and services in the community; community facilities and venues, were still key priority areas requiring attention for the community.

STRATEGIC CONTEXT

The Positive Ageing Plan operates in the context of the following plans:

STRATEGIC PLAN 2010 – 2015

Social Inclusion: Community Safety and Wellbeing, Public Spaces and Amenity, Cultural and Social Activities, Access and Social Inclusion. **Environment:** Built environment, Natural Area Management, Energy and Waste Management, City Planning. **Community Leadership:** Community Participation and Engagement, External Relations, Future Planning

DISABILITY ACCESS PLAN 2007 - 2011

Addressing Barriers to Access, New Works and Renewals

YOUTH PLAN 2008 - 2012

Being Active and Engaged, Health and Wellbeing

CULTURAL ARTS PLAN 2012 – 2016

Programs and Events, Facilities and Infrastructure, Promotions and Information Sharing, Support/Networking/Partnerships/Capacity building

CULTURAL HISTORY PLAN 2009 – 2013

Capture and retell the stories of Clarence's rich and diverse living and evolving history, Invoke a sense of identity and place in the community through encouraging the participation of the community (and visitors) in the cultural history of Clarence in meaningful and relevant ways

OTHER PLANS AND POLICIES

Community Participation Policy
Community Grants Program
Festival and Public Events
Social Policy
Economic Development Strategies
Asset and Recreational Planning
Tracks and Trails Strategy
Bicycle Plan
Clarence Planning Scheme
Draft Health and Wellbeing Plan
Clarence 2050: A Strategic Framework for the Future

PRINCIPLES

The policy is based on the following principles:

- Council recognises and supports the values of positive ageing.
- Council recognises the diversity of its communities.
- Council has a responsibility to support the needs and aspirations of its older population.
- That a 'whole of Council' approach is necessary to meet the challenges and address the impacts of an ageing population.
- That working together in partnership with others to find local solutions is essential.

IMPLEMENTATION MONITORING AND REVIEW

- The Positive Ageing Plan is a 5 year plan and each action has clear review timelines.
- The strategies and actions will be implemented and funded through Council's Annual Plan and capital works program.
- It is the role of the Clarence Positive Ageing Advisory Committee CPAAC, to assist Council with the practical implementation and review of the Plan.
- Council will report each year on the progress of the Plan's implementation in the Annual Report.

REFERENCES

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ACKNOWLEDGEMENTS

Clarence City Council would like to thank staff and community who took the time to contribute to the review of the Plan.

Many thanks to the hard work and dedication of all of the members of the Clarence Positive Ageing Advisory Committee CPAAC, who contributed valuable voluntary time and energy toward supporting the review of the Plan; being involved in the consultation process; and for their continued support in being tireless advocates for the successful implementation of the Positive Ageing Plan.



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