STLCommunity *Age-friendly*

Year 2 Progress Report

January – December 2017

St. Louis County, Missouri

www.stlouisco.com/agefriendly

St. Louis County Vision

St. Louis County is a welcoming, prosperous, and safe community where businesses thrive and people have an equal opportunity to grow up and grow old successfully.

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County Executive

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COUNTY OLDER RESIDENT PROGRAMS

St. Louis County's Age-Friendly Initiative

In St. Louis County, older adults (ages 45 and older) number nearly a half-million people, or half of the total population. There are 277,942 St. Louis County adults ages 45-64 and this age group is largely represented by Baby Boomers (those born between 1946 and 1964). In addition, our senior population is comprised of adults 65 and older. This group, which includes the earliest-born Boomers, totals 169,017.

Through demographic, economic and housing market analysis and considerable public policy research, County planners compiled a picture of a new St. Louis County: one seeking to attract a young, talented workforce; one struggling to create prosperity after the Great Recession; and one needing to support its aging population.

Through policy briefs and roundtable discussions, a four-pronged strategy emerged to support a thriving and aging community:

- Link seniors with health and social services and provide infrastructure and amenities that promote a healthy, active lifestyle.
- Provide adequate housing and neighborhood options for people whether they choose to live in their existing home or relocate within their community.
- Provide infrastructure that enhances mobility to support the independence of an aging population.
- Ensure the continued social, civic and economic engagement of an aging population.

On the strength of its research and commitment to an age-friendly agenda, St. Louis County was accepted into the World Health Organization's (WHO) and AARP's Network of Age-Friendly Communities in June 2013. Participation in the Network is a five-year commitment: two years of assessment and planning, followed by three years of implementation.

The World Health Organization has eight interconnected "domains" or areas of livability that help to identify and address barriers to the well-being and participation of older people. These eight domains dovetail nicely with St. Louis County's four focus areas and provide the overall framework for engagement and planning for St. Louis County's *Age-Friendly Community Action Plan*.

Grow Up and Grow Old Successfully

In June 2015, St. Louis County Executive Stenger approved, and the County Council adopted, the *Age-Friendly Community Action Plan* by ordinance, almost exactly two years after St. Louis County joined the World Health Organization and AARP's Network of Age-Friendly Communities.

St. Louis County's Age-Friendly initiative relies on collaboration between operating departments, municipalities, community partners and citizens. Internally, an interdepartmental team, representing eight departments, meets quarterly to collaborate and update one another on the progress of the action plan.

Progress Continues

In its second full year of implementation, St. Louis County continues to advance its Age-Friendly Community Action Plan agenda. Throughout 2017, efforts centered on building the role of St. Louis County's Older, Adult Commission, which launched in January, 2017; strenthening internal and external partnerships; and integrating an age-friendly philosophy across St. Louis County government.

Successes in 2017 included the update of the popular *St. Louis County Municipal Toolkit*, originally released in 2016, which provides municipalities with concrete resources to increase their capacity towards building age-friendly communities, and a week of spring Walk Audits around St. Louis County libraries, which engaged residents, staff and Older Adult Commission members.

The year was marked by strong partnerships with local universities, public agencies, and county departments. This 2017 report presents continued progress made on the *Age-Friendly Community Action Plan* from January 2017 through December 2017.

For more information and updates on St. Louis County's Age-Friendly initiative, visit www.stlouisco.com/agefriendly

St. Louis County residents, staff and Older Adult Commission members meet for a Walk Audit during Older Americans Month.

Serving the Next Generation of Older Adults

While many St. Louis County departments have a role in implementing the actions in the *Age-Friendly Community Action Plan*, none is more poised to take on the lead role in implementation than the County Older Resident Programs (CORP). A division of the Department of Human Services, CORP has been providing various volunteer-based services to St. Louis County's older adults since 1975. However, just as the next generation of older adults is different than those previous, the next generation of CORP will need to embrace new opportunities and take on new challenges if it is going to continue to play a vital role in promoting an age-friendly community.

The *Age-Friendly Community Action Plan* laid out a path for CORP to take a leadership role in advocating and providing for its older residents. Over the past year, CORP has made significant progress on building capacity, resources and policy around the following key areas:

- o Policy and advocacy
- o Communication and coordination
- o Comprehensive volunteer coordination
- o Management of a robust home care and repair program
- o Providing targeted, direct services

Policy and Advocacy

In 2017, St. Louis County's Older Adult Commission acted as an advisory group to all County departments. Each department presented Age-Friendly actions to the Commission for their review. Additionally, the Commission supported and advised a local municipality on developing a survey tool and conducting a survey of their older adult population. The Commission also supported a pilot project between the University of Missouri – St. Louis and CORP to create a Senior Scholars program which supports older learners in entering the world of education, accessing courses at the University, and becoming part of the campus community.

Communication & Coordination

The complexity of service delivery – with multiple levels of government, a myriad of public and non-profit agencies, and partners from the private sector – requires considerable coordination of information and effective communication with older adults, their families and caregivers, and the service providers themselves.

In 2017, CORP used an assessment tool at the initial visit with new customers to screen for needed services in the areas of nutrition risk, fall risk, insurance needs, daily functioning needs, depression, legal document needs, specific resources and an elderly abuse/neglect checklist. Specific referrals were given to address areas of need.

CORP continued the program that was developed in partnership with St. Louis County's Parks Department to teach "Seniors Meet Siri", a bring-your-own device curriculum designed by Washington University Occupational Therapy graduate students. The curriculum was modified and expanded to meet the meets of residents. Classes continued for Avoiding Scams, Brain Fitness, and Tech Travel.

Volunteer Coordination

CORP took the lead on organizing volunteer coordinators across St. Louis County departments to work together in volunteer recruitment. This past year, a group of seven volunteer managers have met on a regular basis to discuss best methods for countywide volunteer recruitment. The volunteer coordinators promoted volunteer opportunities with St. Louis County at five community events. Going forward, a countywide volunteer recruitment event is being planned with the St. Louis County Library system to be held in April 2018. CORP also worked with Information and Technology staff to develop ideas for a Community Engagement section on St. Louis County's web site.   A link on the County web page will allow access to volunteer opportunities across County government and completion of an online registration form.

Being an Age-Friendly Community

Strong leadership from County Executive Stenger led St. Louis County government to embark on data-driven, comprehensive strategic development in 2015. The result of this process is St. Louis County's strategic framework, within which there are four priority areas: **Equitable, Responsible Governance**; **Healthy, Engaged Residents**; **Desirable, Connected Communities**; and **Accessible, Attractive Opportunities** and fifteen strategic priorities. Within the **Healthy, Engaged Residents** priority area, *Be an Age-Friendly Community,* is identified as a strategic priority.

Identifying age-friendly as a strategic priority for the County has heightened the importance of this initiative. Rooted in the *Age-Friendly Community Action Plan*, and supported by the strategic framework, St. Louis County government has taken significant steps towards increasing the age-friendliness of our community even beyond the tactical actions laid out in the plan.

Measuring Success

As part of its acceptance into the Network, St. Louis County committed to a two-year assessment and planning process, culminating in the creation of the *Age-Friendly Community Action Plan*, followed by a three-year effort of implementation and monitoring. While a considerable amount of work went into creation of the assessment and action plan, the real work begins with implementation of the plan.

Seven St. Louis County departments are responsible for carrying out the 70+ actions to meet the goals of creating an age-friendly community. Monitoring progress on individual actions and measuring the effect those actions have on the quality of life of St. Louis County's older adults is necessary to insure the ongoing success of the action plan.

The key to any good performance measurement framework is the ability to not only track progress on specific actions, but to also measure the overall effectiveness in meeting the goals set forth in the plan. Measuring success across the age-friendly focus areas can be challenging as some outcomes are more easily quantifiable, while others are more qualitative or based on resident perception.

For this reason, St. Louis County is using a three-pronged approach to measure the success of the Age-Friendly Community Action Plan: 1) annual progress reports to track actions; 2) development of key indicators of the quality of life of older residents; and 3) tracking of resident perception and satisfaction through community surveys.

Annual Progress Reports

Annual progress reports chart the actions taken towards achieving the age-friendly community goals. Monitoring progress requires cross-department coordination in order to establish meaningful output measures and create systems to record and report the data. To the extent possible, the progress reports will also account for actions taken by partner agencies, through partnerships and collaborative efforts. While tracking actions does not necessarily demonstrate how effective St. Louis County is in achieving the goals, the intent is for the operational indicators to result in positive changes in the quality of life indicators.

Quality of Life Indicators Report

St. Louis County developed a set of indicators designed to measure the overall effectiveness in creating an age-friendly community. Working with university partners from Washington University's Friedman Center on Aging and University of Missouri – St. Louis' Graduate Gerontology program, staff from St. Louis County's Department of Health and Office of Strategy and Innovation articulated a set of indicators and established benchmarks to track the measures over time. The *Age-Friendly Performance Indicators Report* was released and submitted to AARP in December 2015.

Community Surveys

Measuring achievement of some of the goals in the action plan is best accomplished through tracking the satisfaction and perceptions of our residents over time through community surveys. St. Louis County developed and integrated questions focused on specific age-friendly focus

areas and goals and aggregated all responses by age groups, including adults 45-64 years old and over 65 years old in the 2016 general countywide citizen survey.

Additionally, promoting the action plan and creating annual progress reports will build awareness among departments to begin to include questions on age-friendly issues whenever project-specific surveys are conducted.

Health & Wellbeing

Community Challenges

Countywide, one-in-three seniors (age 65 and older) have some sort of disability, and half of those indicated that they have some sort of physical, mental or emotional condition that prevents them from living independently. Additionally, hospitalizations for diabetes and major depressive disorders are up for seniors across St. Louis County.

Increasing the level of community-based services to allow people to live independently and heightening awareness and access to services, prevention and education of pervasive health issues will be key in addressing these countywide issues.

A more targeted approach of service delivery is needed to address the concentrations of health disparities that exist in St. Louis County. Older adults living in North St. Louis County fare worse on indicators for primary care, heart and lung health. There is even a stark disparity in the expected life span across the county, which correlates with education, income, and race, and ultimately affects health. Greater evaluation and monitoring is needed to better understand the causes of these disparities and community partnerships will

be essential in closing the gap of health disparities for St. Louis County's older adults.

Goals

1. Address the countywide health issues of mental health and diabetes through accessible, age-sensitive services, prevention and education.

2. Increase access to primary care and improve respiratory and cardiovascular health outcomes among older adults with health disparities, particularly African American and underserved residents.

3. Increase the level of community-based services offered by municipal and local public service providers to improve the health and wellbeing of older adults.

Key Achievements

✓ Health Disease profile data completed and added to the Department of Public Health website.

✓ Health Promotion programs integrated into the Community Health Improvement Plan (CHIP) to address older adult health.

✓ Worked with a local municipality to secure funding for a survey of older adults to identify community-specific needs.

Social & Civic Engagement

Community Challenges

St. Louis County's older adults are fortunate to have a wealth of resources available that provide a wide variety of social and civic engagement opportunities.

Municipal governments, libraries and non-profit and private agencies offer robust programming for fitness, lifelong learning, social interaction and volunteer opportunities targeted to older adults. However, the key to the success of existing programming is ensuring awareness, accessibility and affordability to maximize the overall impact of services and programs offered.

Tools to enhance communication and disseminate information are available like never before due to the prevalence of the Internet and the rise of mobile technology;

and four-out-of-five St. Louis County seniors say they use the Internet and social media for community information. This means local governments and partner agencies need to find the best ways to use technology to communicate with their older adult customers, families and caregivers.

Goals

1. Create opportunities for multigenerational interaction and dialogue.

2. Connect residents to existing facilities, programs and resources.

3. Encourage the delivery and promotion of existing programs to reflect the diversity of older adult population.

4. Encourage businesses to adopt age-friendly practices in order to attract

and retain older adults as customers and potential employees.

5. Provide volunteer opportunities for older adults to remain engaged in their communities.

6. Engage older adults in the creation of policies and programs relevant to their lives and that support and address diversity in the older adult population.

7. Improve access to information about services and programs for older adults and caregivers.

8. Expand the use of technology to allow older adults to remain socially connected to their family and community.

Key Achievements

✓ Parks Department programming now includes multiple opportunities to link generations through a variety of activities. A specific example is that with the help of a private sponsor, chess classes and tournaments are held in park facilities so older adults can mentor and teach chess skills to school-age children.

✓ A countywide volunteer recruitment team has been established and is developing opportunities to promote volunteerism in various St. Louis County departments.

✓ Curriculum to assist older adults using technology is being taught at

five locations in St. Louis County. This initiative expands on the curriculum developed in collaboration with Washington Univeristy Occupational Therapy graduate students.

✓ Facility Audits were conducted at facilities where older adults gather in various locations throughout St. Louis County.

✓ A standardized template for a mobile information kiosk to provide hardcopy material was created with the help of Washington University Occupational Therapy graduate students.

Mobility & Accessibility

Community Challenges

Mobility, the ability to get around one's community, is vital to independence of older adults.

Due to its largely suburban character, mobility in St. Louis County is often identified with driving, reflected in the increase of driver's license ownership among seniors in the past decade. Seniors who live to be older than 70 will outlive their driving years by 7-10 years and with 9 out of 10 St. Louis County seniors owning a driver's license; it is clear that alternate mobility options will be in high demand. Additionally, over 50,000 seniors have some disability that prevents them from driving and another 11,000 have no access to a car. For these 61,000 seniors, alternative transportation options are vital.

The challenge is that St. Louis County lacks a comprehensive, connected transportation system. Municipal door-to-door van service is not available countywide and the cities that offer service do so on different days, at different times and with different service areas. Volunteer door-through-door services are limited by the availability of volunteers, among other challenges, and public transit is not always affordable or timely to meet the needs of older adults.

Tying the system together into a cohesive whole will be necessary for St. Louis County's older adults to remain mobile and independent.

Goals

1. Increase the mobility of older adults of all abilities by coordinating, expanding and enhancing the network of transportation options available to them.

2. Improve access to a broad range of educational, social, fitness and civic programs for non-driving older adults.

3. Improve pedestrian mobility and active transportation options for older adults of all abilities.

4. Enhance the mobility of older adults by creating a system of signs, graphics and other design elements that helps them navigate the transportation network.

5. Improve the safety of older adult drivers.

Key Achievements

✓ An in-depth analysis of the MetroBus system is being conducted. The Planning Department is assisting, advising, and providing data about older adults and the viability of restructuring public transit lines to better accommodate their needs.

✓ An upcoming Action Plan for Biking and Walking in St. Louis County is being developed with federal funding. This effort is a multi-

department project with St. Louis County's Department of Transportation as the lead agency. Recommendations will include senior-friendly streetscape interventions in areas with high concentrations of older adults.

✓ Walkability Audit Week took place at three locations during spring months in 2017 in partnership with AARP and the St. Louis County Library System. After the audits, St. Louis County addressed problems identified during the walks in unincorporated areas.

Safe & Attractive Neighborhoods

Community Challenges

St. Louis County's relatively high homeownership rate is both an asset and a challenge. High homeownership means people are invested in their communities and neighborhoods. Yet, two-thirds of the housing stock owned by seniors was built before 1970, making home repairs and modification a growing concern.

As older adults become "empty nesters," some may desire smaller homes or homes with more amenities and less maintenance. The challenge becomes having the right diversity in housing stock to accommodate the variety of needs of older adults who wish to remain in their communities.

In addition, affordability is also an important consideration for older adults. In St. Louis County, where more than half of renters are facing a housing burden and over 95 percent of the unmet needs of older adults are housing and utility related, housing affordability will be a growing issue.

Goals

1. Expand and promote programs that support affordable property maintenance and home repair.

2. Improve availability and awareness of home modification programs to increase safety and accessibility for older adults.

3. Enable older adults to remain in their homes for as long as possible by creating and expanding high quality home and community-based services.

4. Expand and promote programs that provide assistance for housing costs and utilities for older adults who are unable to meet their basic needs.

5. Create a diversity of housing options for older adults that are accesible, affordable and low maintenance.

6. Improve safety in neighborhoods with high concentrations of older adults.

7. Ensure all existing and planned facilities are accessible and safe for people of all ages.

Key Achievements

✓ St. Louis County's Office of Community Development and Public Works Department are examining ways to ensure that principles of Universal Design are included in the development of affordable housing.

✓ The feasibility of creating an expanded volunteer "handyman" program for preventive maintenance and minor home repairs has been evaluated. Non-profit partners, with liability insurance, are being researched.

✓ The Home Care & Repair program is managed by CORP, providing vetted

referrals for home maintenance,
repair, and housekeeping services.

Health & Wellbeing

WHO Domain: Community Support & Health Services
Access to homecare services, clinics, and programs to promote wellness and active aging.

GOAL 1: Address the countywide health issues of mental health and diabetes through accessible, age-sensitive services, prevention and education.

Action	Lead Department	Status	
1. Establish benchmarks through the Community Health Assessment in 2016.	PUBLIC HEALTH	**ON** TRACK	✓
2. Stratify implementation opportunities of the Community Health Improvement Plan to facilitate services to older adults.	PUBLIC HEALTH	**ON** TRACK	✓
3. Provide a dedicated health promotions staff point of contact for literature and programming recommendations, services and awareness campaigns.	PUBLIC HEALTH	**ON** TRACK	✓
4. Partner with community agencies, such as OASIS, to provide education, awareness and screenings at community locations (libraries, community centers and mobile unit) accessible to older adults.	PUBLIC HEALTH	***AHEAD*** OF SCHEDULE	✓
5. Disseminate appropriate resources, referrals, programs and opportunities to the public and partnering agencies.	PUBLIC HEALTH	***AHEAD*** OF SCHEDULE	✓

✓ Indicates an action item is fully complete

↻ Indicates an action item is in process and on-going

GOAL 2: Increase access to primary care and improve respiratory and cardiovascular health outcomes among older adults with health disparities, particularly African American and underserved residents.

	Department	Status	
1. Establish benchmarks using epidemiology surveillance to provide stratified data, by age, and maps based on chronic disease and health indicators.	PUBLIC HEALTH	**ON** TRACK	✓
2. Provide material and partnership support to the Integrated Health Network's Community Referral Coordinator program in order to decrease hospital emergency department visits and facilitate access to primary care for people with chronic conditions, including older adults.	PUBLIC HEALTH	**ON** TRACK	↻
3. Support the work of the Regional Health Commission in increasing access to care for all County residents through participation in the Gateway to Better Health Program and as an active Provider Services Advisory Board member.	PUBLIC HEALTH	**AHEAD** OF SCHEDULE	✓

GOAL 3: Increase the level of community-based services offered by municipal and local public service providers to improve the health and wellbeing of older adults.

	Department	Status	
1. Explore the creation of a web-based and app-based resource guide for municipal and public health practitioners and services.	PUBLIC HEALTH IT	**ON** TRACK	✓
2. Assess and create a comprehensive plan to determine where qualified graduate and medical students can complete clinical and community work within existing age-friendly programs for workforce development.	PUBLIC HEALTH	**ON** TRACK	↻
3. Establish a multi-sector coalition of agencies to apply for federal funding and work on initiatives focused on older adults.	PUBLIC HEALTH IT	**AHEAD** OF SCHEDULE	✓

4.	Present to St. Louis Area City Managers Association and the Municipal League on the importance of expanding local government's ability to provide consultation, programming and case management services to older adults through gerontologists and social workers.	CORP, PUBLIC HEALTH	**ON** TRACK ✓
5.	Increase health screenings and workshops, targeted for older adults, at recreation and community centers.	PARKS	**ON** TRACK ✓

Social & Civic Engagement

WHO Domain: Social Participation, Respect & Inclusion
Access to leisure and cultural activities; opportunities for older residents to participate in social and civic engagement with their peers and younger people; programs to promote ethnic and cultural diversity

Actions	Lead Department	Status	
1. Create established links among programs for older adults and children to facilitate inter-generational opportunities (gardening, fishing, naturalists).	PARKS	**ON** TRACK	✓
2. Establish a formal dialogue with school districts to develop programs that allow older adults to participate in intergenerational activities with youth.	CORP, PARKS,	**ON** TRACK	✓

GOAL 2: Connect residents to existing facilities, programs and resources.

Actions	Lead Department	Status	
1. Create outreach materials that increase awareness of existing programs and resources.	CORP, PARKS	**ON** TRACK	✓
2. Conduct environmental audits of facilities where programs for older adults are held.	CORP, PARKS	**ON** TRACK	✓

GOAL 3: Encourage the delivery and promotion of existing programs to reflect the diversity of older adult population.

Actions	Departments	Status	
1. Review communication of programs for cultural diversity and sensitivity.	CORP, S+I	**ON** TRACK	↻
2. Evaluate all programs to serve a diverse older adult population.	CORP, S+I	**ON** TRACK	↻

WHO Domain: Civic Participation & Employment
The promotion of paid work and volunteer activities for older residents and opportunities to engage in the formulation of policies relevant to their lives.

GOAL 4: Encourage businesses to adopt age-friendly practices in order to attract and retain older adults as customers and potential employees.

1. Explore the development of an Age-Friendly Business certification program.		*NOT STARTED*	
2. Provide a template for local municipalities to host job "re-entry" fairs for older adults.	S+I	**ON** TRACK	✓
3. Create a template of best practices/guidelines for Municipal League and local chambers of commerce to educate about the importance of older adults as economic participants.	S+I	**ON** TRACK	✓

GOAL 5: Provide volunteer opportunities for older adults to remain engaged in their communities.

1. Create a dynamic volunteer resource system that provides multiple ways to find and sign up for regular volunteer opportunities available throughout STLCO departments.	CORP, PARKS, CUSTOMER SERVICE, IT	**ON** TRACK	✓

GOAL 6: Engage older adults in the creation of policies and programs relevant to their lives and that support and address diversity in the older adult population.

1. Create a St. Louis County Older Adults Commission to evaluate and provide guidance on policies, operations, programs, events and services impacting older adults.	COUNTY EXECUTIVE/ COUNTY COUNCIL	**ON** TRACK	✓
2. Create a question bank of standard survey questions that municipalities can ask when conducting community surveys, that allow for consistent reporting and tracking of issues that are important to older adults over time.	S+I	**ON** TRACK	✓
3. Create a template on how to create older adult commissions or focus groups.	S+I	**ON** TRACK	✓

WHO Domain: Communication & Information
The promotion of and access to technology to keep older residents connected to their community and friends and family.

GOAL 7: Improve access to information about services and programs for older adults and caregivers.

1. Create an accessible web-based and app-based resource for older adult services offered by local governments, and other public and non-profit agencies.	CORP, IT, CUSTOMER SERVICE	**ON** TRACK
2. Expand PARKS and Recreation Activity Guides to include an older adult section.	PARKS	**ON** TRACK ✓
3. Create and provide a printed list of common referrals for older adult services to local governments.	CORP, S+I	**ON** TRACK ✓
4. Create a mobile information kiosk that provides hardcopy material as well as electronic access to resources, and establish regular venues for display.	CORP	**AHEAD** OF SCHEDULE ✓
5. Develop and promote the use of a standardized template for providing information for older adults and caregivers on local government websites.	S+I	**ON** TRACK ✓

GOAL 8: Expand the use of technology to allow older adults to remain socially connected to their family and community.

1. Develop partnerships to promote and expand technology training programs such as BYOD (Bring Your Own Device), Grab-A-Geek and Book-A-Trainer programs.	CORP, PARKS	**AHEAD** OF SCHEDULE ✓
2. Promote "tech training" curriculum for PARKS staff to teach through recreation and community centers.	PARKS	**AHEAD** OF SCHEDULE ✓

Mobility & Accessibility

WHO Domain: Transportation
Safe and affordable modes of private and public transportation

GOAL 1: Increase the mobility of older adults of all abilities by coordinating, expanding and enhancing the network of transportation options available to them.

Actions	Departments	Status
1. Conduct a comprehensive assessment of transportation services available to older adults, including an analysis of service gaps, availability of accessible service, funding options, and service delivery options including transportation programs (e.g. Integrated Transportation Network).	PLANNING, CORP	*DELAYED*
2. As part of the comprehensive assessment, convene a forum on senior transportation that brings together local officials, service providers, legislators and users of the system to build consensus and action around coordination and funding of a senior transportation network.	PLANNING, CORP	*DELAYED*
3. Create a web portal that links people with available transportation services and resources for older adults in St. Louis County.	PLANNING, CORP, IT	*DELAYED*
4. Provide technical assistance and Planning support to Metro to analyze the feasibility of establishing hyper-local bus routes that serve older adults during specific times in specific locations.	PLANNING TRANSP., CORP	**AHEAD** OF SCHEDULE ⊘
5. Work with Metro to explore options to improve access to reduced fair cards for older adults.	PLANNING TRANSP., CORP	**ON** TRACK ⊘

GOAL 2: Improve access to a broad range of educational, social, fitness and civic programs for non-driving older adults.		
1. Pilot "ride matching" opportunities at a recreation or community center frequented by older adults to promote carpooling for older adult programs, and evaluate the potential for replicating such events at other locations.	PARKS	*NOT STARTED*
2. Promote the transportation resources web portal through activity guides to facilitate access to community centers, PARKS and other recreation programs and events.	PARKS, CORP	**ON** TRACK

GOAL 3: Improve pedestrian mobility and active transportation options for older adults of all abilities.		
1. Prioritize sidewalk and intersection improvements in areas with concentrations of older adults.	TRANSP., PLANNING	*AHEAD* OF SCHEDULE
2. Provide opportunities for more walkable mixed-use and transit-oriented development through the adoption and implementation of St. Louis County's Sustainable Zoning and Subdivision Code update.	PLANNING	**ON** TRACK
3. Promote the adoption of land use regulations modeled on St. Louis County's Sustainable Zoning and Subdivision Code in municipalities throughout St. Louis County.	PLANNING	**ON** TRACK
4. Engage older adults in walkability audits and create "senior-friendly" walk routes to reach specific destinations.	CORP, TRANSP., PLANNING	**ON** TRACK
5. Work with Metro and other partners to install benches, lighting and other streetscape amenities along identified "senior-friendly" walk routes.	PLANNING, TRANSP.	**ON** TRACK
6. Work with East-West Gateway and other regional transportation partners to develop criteria to increase the competitiveness for funding of projects that promote active transportation for older adults.	TRANSP.	**ON** TRACK

GOAL 4: Enhance the mobility of older adults by creating a system of signs, graphics and other design elements that helps them navigate the transportation network.			
1. Work with Metro, Great Rivers Greenway and other partners to ensure that signage for transit and trails is tailored to the needs of older adults.	PLANNING, TRANSP., CORP	**ON** TRACK	✓
GOAL 5: Improve the safety of older adult drivers.			
1. Promote and expand the availability of driver safety education and competency programs for older adults, e.g. Car Fit and AARP's driver transition course.	CORP	**ON** TRACK	✓
2. Pursue grants, such as Missouri Department of Transportation's Highway Safety grants, to support partnerships to advance older adult driver safety.	CORP, TRANSP.	**ON** TRACK	↻

Safe & Attractive Neighborhoods

WHO Domain: Housing

A wide range of housing options for older residents; the ability to age in place; and other home modification programs.

GOAL 1: Expand and promote programs that support affordable property maintenance and home repair.

Actions	Departments	Status	
1. Create and promote a monthly/seasonal checklist to encourage preventative home maintenance.	S+I, CORP, PUBLIC WORKS	**ON**TRACK	✓
2. Evaluate the feasibility of creating a volunteer "handyman" program for preventative maintenance and minor home repair services.	CORP, PUBLIC WORKS	**ON**TRACK	↻
3. Create a new, robust Home Care & Repair program that comprehensively addresses the issues of home repair for older adults: • A vetted list of contractor referrals, with information on fraud prevention • Workers and volunteers from trade schools, organizations such as YouthBuild and community service participants • Financial assistance for home repair for older adults who cannot meet basic needs • Create an accessible online resource guide	CORP	**NOT STARTED**	
4. Present to forums for municipal code enforcement and building inspection professionals to learn best practices for working with older adults.	CORP, PUBLIC WORKS	**DELAYED**	
5. Explore the feasibility of designating a share of Office of Community Development funding for eligible elderly and disabled homeowners.	COMMUNITY DEV'T	**ON**TRACK	✓

GOAL 2: Improve availability and awareness of home modification programs to increase safety and accessibility for older adults.			
1. Partner with Occupational Therapy programs from area universities to provide home safety assessments to older adults with needs.	CORP	*NOT STARTED*	
2. Partner with the National Association of Remodeling Industry-St. Louis Chapter to explore opportunities to expand home modification programs.	CORP	*NOT STARTED*	
3. Provide referrals for geriatric assessments to older adult applicants for any St. Louis County home modifications and retrofitting assistance programs.	COMMUNITY DEV'T	**ON** TRACK	↻
4. Promote the Certified Aging-in-Place Specialist (CAPS) program provided by the National Association of Homebuilders to ensure professional credentialing in the home modification field.	CORP	*DELAYED*	
5. Promote AARP's Homefit guide.	CORP	**ON** TRACK	↻
6. Expand the inclusion of Universal Design elements in St. Louis County's housing stock by: • Exploring integration of Universal Design elements into the St. Louis County building code • Promoting Universal Design to area homebuilders and developers • Promoting the ability to search Multiple Listing Service real estate listings for Universal Design elements	PUBLIC WORKS, CORP, PLANNING	**ON** TRACK	✓
7. Create a template for County and municipal officials to provide information about the needs of older adults in retrofitting their homes and available resources to do so.	S+I	**ON** TRACK	✓

GOAL 3: Enable older adults to remain in their homes for as long as possible by creating and expanding high quality home and community-based services.

1. Partner with Village to Village and provide technical assistance to areas seeking to establish villages.	PLANNING, CORP	*NOT STARTED*
2. Use the "village" concept model as a means for delivering select CORP services in targeted areas.	PLANNING, CORP	*NOT STARTED*
3. Provide a template for municipalities to conduct asset mapping to identify existing services, agencies and businesses that support successful aging in their communities.	S+I	**ON** TRACK ✓

GOAL 4: Expand and promote programs that provide assistance for housing costs and utilities for older adults who are unable to meet their basic needs.

1. Create an accessible online resource guide for all utility assistance and weatherization programs, including eligibility requirements.	CORP, IT	*DELAYED*
2. Explore the creation of a sustained funding source for utility assistance, through grants, foundations and corporate giving programs.	CORP, COMMUNITY DEV'T	*NOT STARTED*
3. Consider partnering with financial institutions to provide assistance to older adult households with budgeting, assets, tax advocacy and financial assessments.	CORP	**ON** TRACK ↻

GOAL 5: Create a diversity of housing options for older adults that are accessible, affordable and low maintenance.

1. Conduct a housing suitability study of the availability and diversity of quality, affordable housing stock for older adults.	PLANNING	*NOT STARTED*
2. Explore successful co-housing programs that provide opportunities for adults, especially women, to live together in a single residence.	PLANNING	*NOT STARTED*

GOAL 6: Improve safety in neighborhoods with high concentrations of older adults.			
1. Explore partnerships with Housing Options Provided for the Elderly (HOPE) and AmeriCorps to expand and promote friendly "care calls" to ensure the wellbeing of older adults.	CORP, POLICE	**ON** TRACK	✓
2. Develop a community-based crime prevention and safety program to support older adults in targeted communities.	POLICE, CORP	***AHEAD*** OF SCHEDULE	↻

Outdoor Spaces & Buildings
Availability of safe and accessible recreational facilities.

GOAL 7: Ensure all existing and planned facilities are accessible and safe for people of all ages.			
1. Promote age-friendly facility audits to ensure public buildings and parks are accessible to all ages.	PUBLIC WORKS	**ON** TRACK	✓