



AGE-FRIENDLY MELVILLE PLAN 2017-2021

An age-friendly environment benefits everyone;
both current and future generations.



The City of Melville continues to build on its previous achievements, working towards an Age-Friendly Melville to advance the aspirations and wellbeing of the ageing community. We are heading towards a time where there will be a greater number of older people than there will be children. We have spent the last four years engaging with the older residents of Melville, and based on what you have told us we have developed the Age-Friendly Melville Plan 2017-2021, reflecting your aspirations for the future.

Four key areas are identified to deliver more opportunities around promoting positive active ageing. These include Housing; Transport; Social Participation, Respect and Inclusion.

We are committed to maintaining our membership in the World Health Organisation's (WHO) Global Age-Friendly Communities Network, which Melville has been part of since 2007. We will also continue to work closely with the State Government, now an affiliate of the WHO's network as well as work with other local governments in Western Australia.



Mayor Russell Aubrey

KEY ACHIEVEMENTS 2013-2017

- ★ An Access Advisory Panel which is made up of a number of community members has been established. This panel meets quarterly to review the accessibility of public buildings, planning applications, reserves, signage and other access and inclusion matters.
- ★ The Melville Age-Friendly Accessible Businesses (MAFAB) network supports local businesses to implement accessible and age-friendly initiatives that improve the customer experience for seniors and people with disabilities including those living with dementia.
- ★ Garden City Memory Café, launched in 2016, offers local people living with dementia and their carers a monthly meet-up in a welcoming setting to meet new friends, share their experiences and seek support from Alzheimer's WA.



- ★ Michael Verde renowned internationally for his work with people with dementia and their carers, held numerous community forums and training workshops in 2015 and 2017.
- ★ Melville Talks online community offers web articles, links, discussion forums and opportunities to engage in conversations about the different life stages and choices. www.melvilletalks.com.au/agefriendly-topic.
- ★ Living Well with Dementia webpage – sharing videos of local people living with dementia and a range of resources to support people in our community to live well with dementia.
- ★ Workshops for older people to contribute to the development of the Local Planning Strategy 6 and Local Housing Strategy.
- ★ Discounted memberships to LeisureFit Centres for older people.
- ★ Active in the Park free exercise classes for older people.
- ★ Mystery Tours – a partnership with Transperth providing Public Transport education for older people. www.melvillecity.com.au/seniors
- ★ Digital Hub – Melville Libraries provide free support and training on how to use technology including smart phones, laptops and tablets either one on one or in small groups.



YOUR FEEDBACK AND OBJECTIVES FOR THE NEXT FOUR YEARS

Engagement with over 2,300 older people and other stakeholders took place between 2013-2017, including surveys, one-to-one conversations and a community reference group (CRG) made up of members of the community including both males and females, carers, different age ranges and aged care service providers. The CRG met several times during 2017 to review the engagement feedback and survey information to determine the main priorities and aspirations of the City's older residents.

“I would like to see new affordable 3x2 villas for over 55s with security”

“Promote the neighbourhood to get together to assist people and to help others with transport”

“Encourage getting out and meeting people... Check that people are not isolated”

As a result of what our older residents and other stakeholders told us, three key areas will be our focus over the next four years. Let's look at some examples of what the City will do.

HOUSING: Advocate for increased choices of appropriate housing for older people

What the City will do:

- * Identify opportunities and raise community awareness about housing choices as outlined in Local Planning Strategy 6 and the Local Housing Strategy.
- * Facilitate opportunities for older residents to access information about affordable and appropriate housing options.
- * Work with the Melville Aged Services Network and provide funding through the Seniors Assistance Fund to support ageing in place initiatives.
- * Advocate for innovative housing and accommodation solutions for over 55s.

TRANSPORT: Identify and promote affordable transport options, accessible transport, accessible parking and pedestrian access that meet older people's needs

What the City will do:

- * Work with relevant partners to provide transport information and suggest solutions.
- * Continue to work with Transperth and provide Mystery Bus Tours.
- * Advocate for maintenance of pedestrian infrastructure to improve walkability.
- * Identify the specific transport gaps and requirements of older people wishing to travel across and within the City.

SOCIAL PARTICIPATION, RESPECT AND INCLUSION: Facilitate and promote opportunities for older residents to feel that they matter and belong and have access to affordable opportunities to live life well.

What the City will do:

- * Hand to Heart – Partner, develop and implement the socially isolated seniors project.
- * Promote opportunities to access information about bereavement, death and dying.
- * Support initiatives that enable our older residents and their carers/families to live well with dementia in the community.
- * Support older people from Culturally and Linguistically Diverse (CALD) backgrounds to participate in the community.
- * Strengthen the MAFAB network to identify opportunities for social participation, respect and inclusion of older residents from the business sector.
- * Support initiatives involving older people of diverse sexualities and gender identities.



HOW TO BE INVOLVED

Join the conversation at www.melvilletalks.com.au/agefriendly-topic, with a designated Age-Friendly Topic Talks page.

Find out more about services activities and events available to older residents by visiting www.melvillecity.com.au/seniors or contacting our Customer Relations Team on **1300 635 845** or **9364 0666**.

DID YOU KNOW?

- * 24.9% of City of Melville residents are aged over 60, compared to 13% in the wider Perth region.
- * 3.3% of Melville residents are aged over 85 compared to 1.8% in the wider Perth region.
- * Melville has the second highest number of people living with dementia in WA.
- * Melville has the second highest proportion of Culturally and Linguistically Diverse seniors (21.8% of all residents aged 55+).

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www.relayservice.com.au

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