

# CITY OF SAUSALITO

420 Litho Street Sausalito, CA 94965
Telephone: (415) 289-4100
www.ci,sausalito.ca.us

January 30, 2014

World Health Organization Global Network of Age-friendly Cities and Communities Avenue Appia 20 1211 Geneva 27 Switzerland

Dear Committee Members:

Sausalito is a small town on the north side of the Golden Gate Bridge across the Bay from San Francisco, California. Our permanent resident population numbers just over 7,000 and represents one of the **fastest aging cities in the County of Marin.** Between 2000 and 2010, the number of **Sausalito residents age 60 and older increased by 72%.** At this time, over 21 percent of the residents are 65 and older and over 42 percent are 55 and older. Our picturesque hillside landscape represents obstacles in many domains of urban living as our residents face mobility issues and aging issues.

Every day, Sausalito swells with the arrival of thousands of tourists from all over the World who travel by bus, ferry, motor vehicle and bicycle. They represent all ages and physical abilities.

In response to the growing needs of our residents and visitors, the Sausalito City Council voted unanimously to formalize an Age-Friendly Sausalito Task Force committed to planning for the future of our aging community by taking the steps necessary to become a member of the World Health Organization's Global Network of Age Friendly Cities.

The City of Sausalito understands and commits to the Cycle of Continual Improvement as outlined in the WHO Global Network of Age-Friendly Cities application. Specifically, The City of Sausalito commits to:

- 1. Establishing mechanisms to involve older people in all stages of the Age-Friendly Cities Process
- 2. Developing a baseline assessment of the age friendliness of Sausalito

FAX NUMBERS:

Administration: (415) 289-4167 Library: (415) 331-7943

Recreation: (415) 289-4189 Community Development: (415) 339-2256 Public Works: (415) 289-4138

- 3. Developing a three-year City-wide plan of action based on the findings of our assessment
- 4. Identifying indicators to monitor progress against the plan

Continually improving Sausalito's Age-Friendliness for its residents is a priority for our City. Our tourist population will also receive the benefit of our age-friendly improvements. I am happy to endorse the efforts of the Age-Friendly Sausalito Task Force and echo the commitment of the City Council who voted unanimously to move Sausalito forward as an Age Friendly City.

Sincerely,

Ray Withy, Mayor

City of Sausalito





Marin County Civic Center 3501 Civic Center Drive Suite 329 San Rafael, CA 94903 415 473 7331 T 415 473 3645 F 415 473 6172 TTY KSears@marincounty.org www.marincounty.org/bos

January 16, 2014

GNAFCC (Global Network of Age-Friendly Cities Committee)
FCH/ALC
Main Building
World Health Organization
Avenue Appia 20
1211 Geneva 27, Switzerland

RE: Network of Age-Friendly Cities Designation Application from Sausalito, CA, USA

To Whom It May Concern:

I am writing to offer my strong support for the Age-Friendly Sausalito Task Force's application to be designated as one of the World Health Organization's Network of Age-Friendly Cities.

I am an elected County Supervisor and, as such, represent the City of Sausalito, one of 11 cities in the County of Marin. It is imperative that we make all of our communities viable places for our seniors to age in place, ensuring access to affordable housing, social connections, lifelong learning, medical care and nutritious food. While Marin is a fairly wealthy county, we have a "silver tsunami" of aging adults, many of whom are faced with housing and health decisions that we as policymakers are working to plan for. I have supported the mission of Sausalito Task Force from the start, and funded their grant application to support the completion of the baseline assessment for their strategic plan.

The City of Sausalito's Age-Friendly Sausalito Task Force is doing an excellent job of following through with their goal of moving the Sausalito forward as an age-friendly, accessible city that is supportive of all of its residents. The Task Force maintains an ongoing dialogue with my office to insure that we are aware of the steps that it is taking. The elected Council of the City of Sausalito has voted unanimously in support of the efforts of this Task Force, as well.

My office was pleased to hear the results of their baseline assessment questionnaire. This information is valuable not only at a City level, but also for the data collection on a County level. The Task Force has proven that they are

open to partnering with all areas of the County Department of Health and Human Services, as well as other cities and towns in the region.

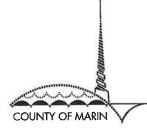
Thank you for taking the time to consider this application. Sausalito, California is very deserving of the designation as an Age Friendly City in the WHO Global Network. I am available to offer any other information that will assist in the support of the Age-Friendly Sausalito Task Force's application to WHO. Please do not hesitate to contact me.

Sincerely,

Supervisor Kate Sears

Late Sean

President, Marin County Board of Supervisors



#### DEPARTMENT OF

# HEALTH AND HUMAN SERVICES

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



Larry Meredith, Ph.D.

20 North San Pedro Road Suite 2028 San Rafael, CA 94903 415 473 3696 T 415 473 3791 F 415 473 3344 TTY www.marincounty.org/hhs January 27, 2014

World Health Organization Global Network of Age-friendly Cities and Communities Avenue Appia 20 1211 Geneva 27 Switzerland

To Whom It May Concern:

As Director of the Department of Health and Human Services of Marin County, I am writing a letter of support for the application of the Age-Friendly Sausalito Task Force to receive the designation as a member of the WHO Global Network of Age Friendly Cities. Members of the Age-Friendly Sausalito Task Force met with me several months ago to exchange information and provide an outline of the baseline assessment that they were creating.

Now, months later, we are excited about the data that has been collected through the questionnaires sent to residents 55 and older asking questions that pertain to the 8 domains of urban living. The answers will provide data that will be helpful not only to the City of Sausalito, but to the County of Marin.

Task Force members have worked with several members of my staff. Ana Bagtas, Planner for the Area Agency on Aging assisted with the construction and formatting of the hard copy of the questionnaire. The Commission on Aging Planning Committee supported the Age-Friendly Sausalito questionnaire as one of their priorities in November 2013. Most recently, Task Force members met with our Department of Public Health Epidemiologists to exchange information and gather extensive County health data.

In the last U.S. Census, Marin County was rated as the fastest aging County in the State of California. Issues around aging are a priority for our department. I am excited to see a template being created by the City of Sausalito's Age-Friendly Sausalito Task Force that can be utilized by other cities in our County. My hope would be to see all of Marin County considered 'Age Friendly' in the near future.

Sincerely,

Lary Meredith, Ph.D., Director

County of Marin

Department of Health and Human Services



#### DEPARTMENT OF HEALTH AND HUMAN SERVICES

### DIVISION OF SOCIAL SERVICES

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



Larry Meredith, Ph.D. DIRECTOR

Heather Ravani

Aging and Adult Services
10 North San Pedro Road
Suite 1023
San Rafael, CA 94903
415 473 7118 T
415 473 7042 F
415 473 3232 TTY
www.marincounty.org/aging

January 30, 2014

World Health Organization
Global Network of Age-friendly Cities and Communities
Avenue Appia 20
1211 Geneva
Switzerland

To Whom It May Concern:

I am Lee Pullen, the Director of the Area Agency on Aging for the County of Marin in the State of California. I am writing this letter in support of the City of Sausalito's Age-Friendly Sausalito Task Force application to the World Health Organization (W.H.O.) for consideration to become part of the Global Network of Age-Friendly Cities.

The Marin Area Agency on Aging's mission is to promote a safe and independent lifestyle for older adults and persons with disabilities by supporting the health, self-sufficiency and well-being of all. In carrying out our mission, we are responsible to plan, develop, and coordinate services for older adults throughout the County. These services include nutrition, care management, caregiver support, and employment services, among other community-based long-term services and supports. In addition, the Agency takes a leadership role in overall community planning and system-wide network development.

Our vision is that Marin County be an age-friendly, livable community for all. To that end, several of my staff, including myself, have worked with members of the Age-Friendly Sausalito Task Force over 2013; and we are excited about the model that they are creating for use in the other cities within our county.

The Age-Friendly Sausalito Task Force has been open to sharing their discoveries with other cities and especially with municipal-appointed members of the Commission on Aging (advisors to the Area Agency on Aging representing all areas of the County). For instance, copies of the questionnaire they have mailed out to residents 55 and older in Sausalito have been made available to all Commissioners and committee-level discussions have taken place as to how other cities can follow Sausalito's lead.

I appreciate the work the Age-Friendly Sausalito Task Force has been doing and look forward to working with them through the process of creating their strategic plan for the City of Sausalito. I believe their work, commitment to partnerships and vision for an age-friendly city makes the City of Sausalito a natural for the designation from the W.H.O. to be part of the Global Network of Age-Friendly Cities.

Please do not hesitate to contact me at 415-473-2689 if you need further information.

Sincerely,

Lee\Pullen, Director - Area Agency on Aging