



City of
Melville



Age-Friendly Melville

Directions
from Seniors
2013-2017

*An age-friendly environment benefits all of the
community for current and future generations.*

Message from the Mayor



The City of Melville continues to build on its previous achievements, working towards an Age-Friendly Melville to advance the aspirations and wellbeing of the ageing community.

We are heading towards a time where there will be more ageing adults in Australia than there will be children. We have spent the last three years engaging with the older residents of Melville, and based on what you told us, we have developed *Directions from Seniors 2013-2017*, reflecting your aspirations for the future.

The strategies and actions in this document identify five key areas that aim to deliver more opportunities to promote active ageing, including Community Support and Health Services; Housing; Transport; Communication and Information; and Respect, Inclusion and Social Participation.

Maintaining our participation in the World Health Organisation's Global Age-Friendly Communities Network and continuing to work with State Government and over 20 other local governments in Western Australia, we continue our commitment to embrace and celebrate an Age-Friendly City.

Russell Aubrey
Mayor
City of Melville



Our Vision

Our vision is for an Age-Friendly City that provides:

- An age-friendly environment that benefits all the community as well as future generations

- Opportunities for people to increase their quality of life as they age

- Accessible services to all people to meet their needs and lifestyle choices

- An inclusive environment that contributes to the wellbeing and personal growth of our older residents

- Policies, services and structures to support and enable all to actively age and become more connected to our City



Your Feedback

Respect, Inclusion and Social Participation

You've told us you would like:

- More discounts to seniors for recreation activities within the City of Melville
- More free or low cost community events, gatherings and entertainment
- More opportunities to learn and update your technology skills for your phone and computer

Transport

You've told us you would like:

- More pedestrian crossings and safer ways to cross the roads
- More bus stops to have shelters to protect you from the sun and the rain
- A free CAT bus service to travel around key areas in Melville
- More public transport to get to nearby shopping centres, train stations and surrounding areas

Communication and Information

You've told us you would like:

- To continue to see our events and activities listed in the local and community papers, shopping centres and retirement villages
- To receive information in various formats, for example printed and community radio
- To continue having access to the Seniors Directory

Housing

You've told us you would like:

- More appropriate housing near shops, transport and services
- More residential care, especially those that offer more high care facilities
- More accessible multi-level apartments with elevators, which are close to public transport
- More information to be delivered about housing options
- To remain in your own home independently for as long as possible

Community Support and Health Services

You've told us you would like:

- More affordable gyms, health services and swimming facilities
- A greater variety and more frequent gym classes
- More seniors events and social activities
- More medical centres in our suburbs



By 2041, 25% of Western Australians will be over 60

Together We've Achieved

Between 2010 and 2012 the City of Melville analysed over 600 surveys from a diverse group of older people from all suburbs across the City. These surveys led to the development of the goals and strategies listed in this plan.



These are some of our achievements:

- The City of Melville became a member of the World Health Organisation Age Friendly Cities Global Network in 2010
- Six seniors forums are provided annually by the City
- More ACROD bays and signage across the City have been implemented
- Audio loops were installed within the Civic Centre to enable more community participation
- The City's website is more user friendly, for example larger font is available

Our Goals

Respect, Inclusion and Social Participation

Strategy

To create opportunities for vulnerable seniors through engagement and social participation

Actions

- To provide opportunities that enhance social participation for seniors including isolated seniors, those from a culturally and linguistically diverse background, those with varying abilities and older men
- To promote a diverse range of intergenerational and inclusive activities within the City of Melville
- To provide a variety of opportunities for seniors to engage in decision making

Transport

Strategy

To advocate for continual improvements in accessible transport and pedestrian access

Actions

- To promote the City's Footpath Upgrade Program to our seniors
- To advocate seniors concerns regarding bus routes, shelters and services to the Department of Transport
- To promote community transport options and concessions within the City of Melville
- To collaborate with agencies and other local governments to improve footpaths, pedestrian crossings and parking accessibility

Communication and Information Strategy

To ensure our seniors are well informed

Actions

- To ensure information is accessible, updated and distributed in various formats and locations
- To continue sharing and delivering information to different organisations and senior service providers
- To develop different strategies to engage with seniors from culturally and linguistically diverse backgrounds
- To provide relevant information at all major senior events
- To extend partnerships with senior peak body agencies for cross promotions





Housing

Strategy

For seniors to access appropriate and affordable housing options including adequate aged care facilities without leaving the City of Melville

Actions

- To promote accessibility and connections to community services in order to influence the independence and quality of life of older people
- To advocate with relevant agencies for an increase in High Care Facilities to keep pace with population increases
- To ensure the Town Planning Scheme includes aged care accommodation developments
- To ensure issues of design for accessibility, access to transport and home modification options for new and renovated building developments within the City are considered

Community Support and Health Services

Strategy

To support people living independently in their own home for as long as possible

Actions

- To support seniors by referring to and advocating for existing programs that enable and teach new skills on house and garden maintenance, for example garden share programs
- To support service providers to introduce new and additional services within Melville through advocacy promotion and support funding applications
- To review the access to the Seniors Assistance Fund to ensure it considers the growing ageing population





Contact Us

City of Melville Civic Centre

Address 10 Almondbury Road, Booragoon WA 6154

Postal Address Locked Bag 1, Booragoon WA 6954

Tel 1300 635 845

Fax 08 9364 0285

Email melinfo@melville.wa.gov.au

Web www.melvillecity.com.au

Register for Finger on the Pulse for information about what's happening in your neighbourhood at www.melvillecity.com.au/neighbourhoodpulse