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# Building a city for all ages



Advisory Council for the Elderly in Barcelona



Ajuntament de Barcelona

EC DO

### > The city's elderly have promoted the Barcelona, an Age-Friendly City project.

• In 2009, the Plenary session of the Advisory Council for the Elderly agreed to propose to Barcelona City Council that it should become part of the initiative promoted by the WHO.

• The Advisory Council for the Elderly and associations of the elderly have actively participated in the design and in the participation process that was carried out.

• The Advisory Council for the Elderly will watch over compliance with the work schedule that came out of the Voices of the Elderly Convention.



➤ The project will offer continuity to the policies aimed at elderly people that have been carried out for decades in our city.

•The preparation of the Plan to Improve Barcelona, an Age-Friendly City will mean that the continuity of the 2006-2011 Municipal Plan for the Elderly is guaranteed.

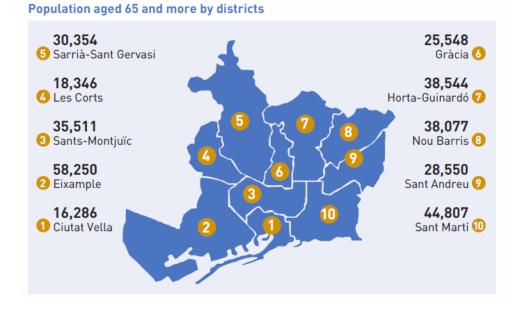
•Barcelona has been developing its own model of services for the elderly so that everyone can age with dignity in a welcoming, inclusive setting which gives elderly people an active role in defining the services.

•The participation, promotion, care and improvement of quality of life of the elderly is one of the main objectives of this municipal action.



### >The city's profile

Barcelona is divided into 10 municipal districts and 73 districts, which are the closest space of coexistence and relationship



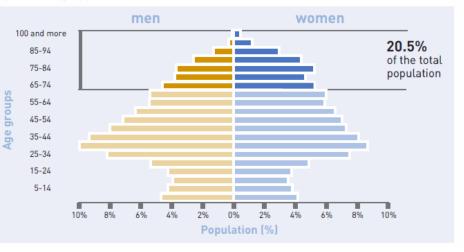
• With a total population of 1,621,537 inhabitants, people aged 65 years and above account for more than 334,273, i.e. 20.5% of the total.



### >The city's profile

- 60.6% of the people aged 65 years and above are women.
- Almost 26% of people aged 65 years and above live alone.

#### Population age pyramid of Barcelona. Year 2010



#### Population aged 65 and percentage of the total population. 1981-2020



- The population aged 65 years and above has increased in the last two decades by 17%.
- The proportion of older-age populations has also increased.



### >The process of work carried out in Barcelona.

• The city's elderly led the participation and qualitative research process to design an age-friendly Barcelona.

#### Forums for the elderly

Elderly people from all the city's districts take the floor

### Information and participation

Counting on all the citizens

#### **Qualitative research**

Listening to the city's different voices

#### **Convention, the voices of the elderly**

More than 750 elderly people discussed the results of the participation process and have laid the foundations for the Action Plan





### >The process of work carried out in Barcelona.

### Forums for the elderly

- Two forums of the Advisory Council for the Elderly, representing associations of the elderly.
- Ten proximity forums, one in each one of the city's districts.

#### Information and participation

- Information and participation open to all.
- More than 15,000 visits to the website.
- Almost 500 on-line forms with proposals by the citizens.





### >The process of work carried out in Barcelona

### Qualitative research

- Listening to the city's different voices
- Interviews and discussion groups
- Elderly people in situations of dependence
- Elderly people living in residential homes
- Care-giver families
- Elderly people of the GLBT group
- Elderly men and women from the gypsy people
- Elderly immigrants
- Professionals in proximity settings





### >The process of work carried out in Barcelona

#### Convention, the voices of the elderly

- Plenary sessions, a space for presenting and debating documents, papers and conclusions
- Economic situation and risk of social exclusion of the elderly...
- Rights and freedoms of dependent elderly people
- The mass media and the elderly...

Work groups, simultaneous spaces presenting results, ongoing experiences and debate on "We build the agenda of elderly people's association-forming movements"





### >Areas Age-Friendly City in Barcelona.



Social and civic participation



Mobility and transport



Accessibility and the use of public and private spaces



Housing



Social and health services



Mutual support and aid relations

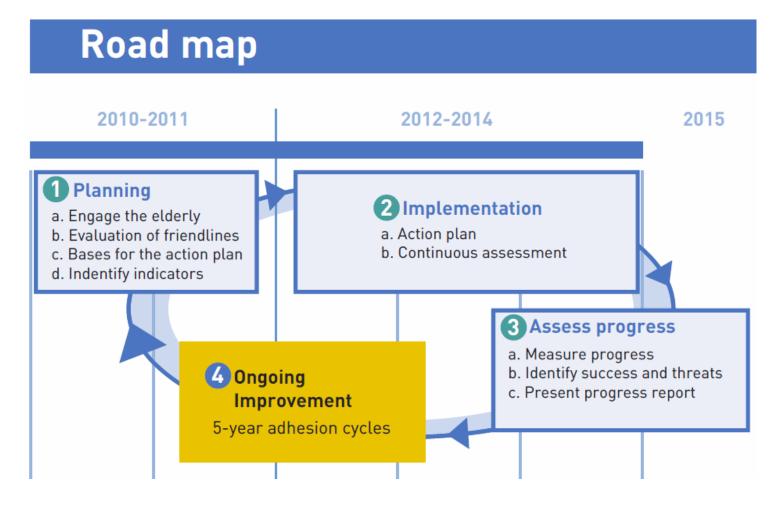


Respect, inequalities and conditions for inclusion



Communication and information







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