Age-Friendly Honolulu

Progress Report for 2017

Submitted by:

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Executive Summary

The Age-Friendly Honolulu Implementation Committee is comprised of influential members from the public and private sector. In 2017, most domain workgroups met monthly to review the Action Plan recommendations, set priorities, and take steps to implement the recommendations.

Exciting progress to note:
- ✓ Domain 1, Outdoor Spaces and Buildings developed a park audit form to evaluate "age-friendliness" of a park, conducted an audit, and created a list of 47 age-friendly parks.

- ✓ Domain 2, Transportation - A data agreement with HPD was secured and HPD provided accident data to Department of Planning and Permitting (DPP), GIS staff. DPP staff cleaned and evaluated data validity. In 2018, it will be used to identify high pedestrian accident areas and contributing factors, in order to prioritize improvements. A pedestrian safety mobile app was developed and tested, with dropdown lists to identify pedestrian hazards and map function to identify location.

- ✓ Domain 3, Housing promoted accessory dwelling units as a means to support aging-in-place in the community and near family. The workgroup tracked increases in ADU permits after the passage of Bill 27. The group also prepared for a booth for the 2018 Building Industry Association show.

- ✓ Domain 4, Communication and Social Involvement focused on our larger marketing efforts. The Age-Friendly Honolulu website was revamped and updated, featuring recent news, newsletters, and projects: www.agefriendlyhonolulu.com. Two newsletters, featuring Age-Friendly Honolulu accomplishments were distributed in May and December 2017.

- ✓ Domain 5, Civic Participation and Employment developed an Age-Friendly Business program. In 2017, with funding from an AARP Community Challenge grant, a poster was created with 10 simple tips for businesses to engage and serve kupuna customers.

- ✓ Domain 6, Community Support and Health Services, expanded long-term services and supports through the Aging and Disability Resource Center system, planned the implementation of the Kupuna Caregivers program, and adopted the Dementia Friends Hawaii initiative.

Other Accomplishments
- A permanent structure sub-committee held several meetings to discuss and draft an Age-Friendly City ordinance. In the next period, the sub-committee plans to facilitate buy-in and introduce the ordinance to the City Council.
- Age-Friendly Honolulu was awarded two AARP Community Challenge grants to: 1) develop an age-friendly business poster with tips for better serving older customers and

2) create an interactive, virtual reality booth at the Children and Youth Day at the State Capitol on October 1, 2017. The booth featured a virtual age-friendly community, built by young students.

Background

Honolulu began the process of an exciting transformation to become an age-friendly city. With the vision and leadership of Mayor Kirk Caldwell and AARP Hawaii, the City and County of Honolulu applied for and was accepted into the World Health Organization's Global Network of Age-Friendly Cities as well as AARP National's Network of Age-Friendly Communities in 2013. This prestigious designation indicates that Honolulu is a member of a dynamic and progressive network of cities striving to become age-friendly, engaging in specific planning and collaboration to be prepared for the city's aging population and support active aging throughout Honolulu.

Vision for an Age-Friendly Honolulu

The Interim Implementation Committee is taking steps to achieve our vision, in which, inter-connected communities will embrace older adults who want to remain socially involved and physically active; the city infrastructure will remain responsive to capabilities and safety of our people; equitable services will enable community-wide health promotion; robust opportunities for intergenerational exchanges will exist; and, quality of life will thrive among all residents. Honolulu shall perceive active aging as a lifelong process and the city will be livable for all ages, not just for older adults. Safe and affordable transportation benefits all people, young and old. Families experience less stress when they have access to community support and health services for older adults they care for. A barrier-free city infrastructure enhances the mobility and independence of people of all ages with disabilities.

Honolulu's Age-Friendly City (AFC) Domains:
1. Outdoor Spaces
2. Transportation
3. Housing
4. Communication and Social Involvement
5. Civic Engagement and Employment
6. Community Support and Health Services

AFC Structure and Activities

In 2017, the Interim Implementation Committee strived to implement the recommendations and action steps in the Action Plan. The Action Plan was finalized in the summer of 2015, and then individuals were recruited for the Implementation Committee, which is comprised of prominent members of the community, including City and County Departments, for-profit companies, non-profit organizations, advocates, and the academic community. Co-chairs of the Implementation Committee are Pamela Witty-Oakland, Director the City and County Department of Community Services, and Frank Streed, retired member of the City Council staff. To support implementation, Age-Friendly Honolulu leadership formed six

workgroups, in alignment with the WHO domains of an age-friendly city. Members were carefully selected and new professionals continue to be engaged because of their community roles, skills, and expertise. Over the past year, the workgroups generally met monthly; reviewed the Action Plan's goals, recommendations, and action steps; set priorities; and continued implementation.

Monitoring Progress

The four tools described in the tables below are being used to collaboratively document AFC initiative activities and progress: Excel database tracking, GIS website, AARP Livability Index, and these progress reports. Information being captured through these systems is being used to assess progress of the Age-Friendly Honolulu initiative.

Tool #1- Recommendations Grid

The purpose of this Excel database is to document and assess progress toward implementing Honolulu's Action Plan. This grid details recommendations, action steps, lead organizations, indicators and benchmarks. Workgroups used the grid in the following ways:
1. Progress over the year was noted through a stoplight system noting red, yellow, and green dots to indicate whether no progress, some progress was made, or the recommendation was accomplished.
2. Workgroup chairs also identified outputs and accomplishments
3. Indicators, measures, and outcomes were discussed in each domain, and will be tailored and re-aligned as the domain workgroup moves forward in Year 3.

Tool #2- Story Maps- AFC GIS

Story maps, created by DPP with AFC GIS serves as a means to target implementation and track progress. The site helps Age-Friendly Honolulu and the general public to understand baseline conditions in Honolulu (http://gis.hicentral.com/storyboards/AFCHNL.html). Map information includes proportion of older adults and those living alone within planning areas, locations of affordable housing and other services, and areas with high pedestrian accidents among older adults. Over time, as additional data are added and updated, the story maps can be employed to define indicators and measure progress.

Tool #3- AARP Livability Index

Age-friendly Honolulu is part of a national and international movement toward building a more age-friendly city. AARP's Public Policy Institute launched a web-based tool, the Livability Index, in April 2015 (http://livabilityindex.aarp.org). The index assesses a set of essential community features that comprise a livable community and assigns scores at the community, city, and state levels. Scores are based on the average of seven livability categories - housing, neighborhood, transportation, environment, health, engagement, and opportunity - which range from 0 to 100. Communities are scored by comparing them to one another, so the average community gets a score of 50. Overall, Honolulu's score of 58 indicates we are slightly above average when it comes to overall livability on a scale from 0 to 100. As the AARP Livability Index data are updated, it serves as a means to measure Honolulu's progress.

AARP Real Possibilities — Livability Index
Great Neighborhoods for All Ages

58 Total Score

Honolulu, HI
Honolulu County

Tool #4- Progress Reports

The primary purpose of the progress reports is to provide updates on what is happening regarding: implementation approaches being used, domain workgroup activities, and community engagement and outreach.

To evaluate progress in each domain, these annual progress reports will describe:
1. Action Plan Goals
2. Priorities
3. Key Progress
4. Potential Indicators
5. Successes
6. Challenges and Lessons learned
7. Next steps

Implementation Year 2

In the late summer and fall of 2015, AFC leadership transitioned from a Steering Committee to an Interim Implementation Committee formed domain workgroups. The Interim Implementation Committee and workgroups formally began implementation in early 2016. Workgroups continued to meet and implement Action Plan recommendations in 2017.

The workgroups first reviewed the recommendations in the Action Plan and identified priority areas. These reviews helped the workgroups to identify ongoing, existing initiatives to support and to invite additional members to the group. Other recommendations represented new ideas, programs, or approaches that required collaboration and planning.

In examining workgroup processes, effective implementation strategies included:
- Balancing visible quick wins as well as long-term term initiatives
- Proceeding with implementation under broad themes or unifying projects which made implementation more manageable. For example, the transportation workgroup prioritized themes of pedestrian safety and use of HPD data to identify high accident areas.
- Collaborating with and supporting ongoing initiatives and new policies
- Understanding the need to be flexible in responding to policy developments, political change, and new opportunities

Within each workgroup, completed actions and future plans fall into one of four buckets, and represent a balanced approach in implementation that is both feasible and productive:
1. Education and awareness activities that promotes visibility and support for the initiative (e.g., development of criteria and plans for age-friendly business initiative)
2. Coordination with and support of ongoing initiatives (e.g. Complete Streets projects)
3. Advocacy and support for policy and programmatic change and implementation (e.g., accessory dwelling unit bill),
4. Discussion and plans for pilot initiatives (e.g., Dementia Friends Hawaii)

Activities by Domain in 2017

Domain 1: Outdoor Spaces

Goals in Action Plan

	Outdoor spaces free of criminal activity and vandalism
	Accessible spaces that accommodate persons with a range of disabilities
	Outdoor spaces with services and amenities nearby
	Clean and attractive outdoor spaces
	Multigenerational/multipurpose use spaces

Workgroup Priorities in 2017	Key Progress in 2017	Potential Indicators to Use
• Parks are safe (Goal #1) • Parks are accessible (Goal #2) • Services and amenities are available in parks (Goal #3)	• Finalized park audit form to identify age-friendly parks • Identified subset of parks to audit • Audited parks and created a list of age-friendly parks	• Number of parks audited • Number of parks with age-friendly designation

*Indicators based on workgroup priorities, activities, and plans. Additional indicators to be developed, as the workgroup efforts and initiatives evolve.

Workgroup's Focus

The workgroup focused on two main areas: First, the group refined and finalized a minimum set of requirements to be designated an AFC Park/Open Space. The group had critical discussions about the minimum characteristics and criteria to qualify to be designated as an AFC park. Then second, the workgroup identified a subset of the city's 286 parks to audit. The committee examined GIS data on the proportion of older adults in each planning area, but decided instead to work with Parks and Recreation to identify parks with senior clubs. Using the park audit tool, 47 parks in the City and County were determined to be "age-friendly".

Successes and Outputs

- Developed a 40-question AFC Park/Open Space Minimum requirements audit form. Criteria examine areas such as accessibility to the park (parking with ASA stalls, bus stop within 200 ft), amenities (playground, at least one active recreation area), and sociability (gathering space such as benches or game tables), maintenance, and safety.
- Used GIS maps and identified locations of parks with senior clubs. This information was used to target parks to audit.
- Parks were audited by the workgroup and age-friendly parks were identified. See list of age-friendly parks below.

Table- List of Age-Friendly Parks, as Identified with Park Audit Form			
1	Ala Wai Community Park	26	Kaneohe Community Park And Senior Center
2	Kahala Community Park	27	Sunset Beach Recreation Center
3	Aina Haina Community Park	28	Waimanalo District Park
4	Kaimuki Community Park	29	Aiea District Park
5	Kilauea District Park	30	Booth District Park
6	Manoa District Park	31	Ewa Mahiko District Park
7	Koko Head District Park	32	Halawa District Park
8	Mccully District Park	33	Kahuku District Park
9	Palolo Valley District Park	34	Kalakaua District Park
10	Aiea Recreation Center	35	Kalihi Valley District Park
11	Ala Puumalu Community Park	36	Kaneohe District Park
12	Makiki District Park	37	Lanakila District Park
13	Makua Alii Senior Center	38	Mililani Mauka District Park
14	Moanalua Recreation Center	39	Pearl City District Park
15	Salt Lake District Park	40	Wahiawa District Park
16	Crestview Community Park	41	Waialua District Park
17	Asing Community Park	42	Waianae District Park
18	Makakilo Community Park	43	Foster Botanical Garden
19	Mililani District Park	44	Liliuokalani Botanical Garden
20	Manana Community Park	45	Wahiawa Botanical Garden
21	Piilaau Community Park	46	Koko Crater Botanical Garden
22	Waiau District Park	47	Hoomaluhia Botanical Garden
23	Waipahu District Park		
24	Whitmore Community Park		
25	Kailua District Park		

Challenges and Next Steps

The workgroup's initial focus was on park improvement projects using the city's Capital Improvement funds. Due to funding challenges, the group changed its focus to recognizing existing parks that meet a basic level of AFC components. This approach does not require

funding, represents minimal risk, establishes early successes, and helps to build broader community support.

<u>Next steps</u>
Focus for 2018

- Audit data will be available on the Age-Friendly Honolulu GIS website to be available to the general public in an open data format.
- The audit form will become a tool that guides future park development and renovation

Domain 2: Transportation

<u>Goals</u>

	Timely and responsive public transport
	Increased pedestrian safety
	Safe and maintained roadway design/infrastructure
	Increased bicycle safety

Workgroup Priorities in 2017	Key Progress in 2017	Potential Indicators to Use
• Ride share options for older adults who cannot drive (Goal #1) • Pedestrian and bicycle safety (Goal #2 and #4) • Support of Complete Streets initiatives (Goal #2 and #4)	•AFC secured an agreement with HPD and obtained collision data records for older pedestrians 65+ in 2017. •DPP GIS examined and refined HPD data. • Pedestrian safety mobile app was developed and tested, with dropdown lists to identify pedestrian hazards and map function to identify location. • Complete Streets, 'Oahu Bike Plan, 'Oahu Pedestrian Plan developments are ongoing. Committee members discussed and tracked implications for older adults, age-friendliness of transportation. •Discussion of the feasibility and next steps for developing an "age-friendly" walk app	• Number and location of high crash areas, identification of causes/circumstances •Number and location of priority areas targeted for improvement • Increase in AFC partnership at Complete Streets and TOD events

*Indicators based on workgroup priorities, activities, and plans. Additional indicators to be developed, as the workgroup efforts and initiatives evolve.

<u>Workgroup's Focus</u>

The workgroup decided that additional data was needed in order to better inform implementation priorities, and therefore data collection was a major component of 2017 efforts. The workgroup secured a data agreement with HPD in order to use case reporting data to understand patterns and causes of pedestrian and bicycling accidents. The data is geocoded and during the next reporting period, will be placed on a GIS map to assist in prioritizing implementation.

<u>Successes and Outputs</u>

Goal A- Timely and Responsive Public Transport

- An AFC recommendation is to ensure that public transport meets the needs of rural elders. Follow up research revealed that Bill 23 (2016) was still alive and was re-referred to the Committee on Transportation. This bill would supplement Handi-Van service by providing for special supplemental transit services for transport to medical facilities.

Goal B. Increased Pedestrian Safety

- Department of Transportation Services (DTS) is continuing to advance the Complete Streets Program and has held several community meetings to discuss and propose improvements in a variety of communities across urban Honolulu in 2017.

- The City and County has ongoing efforts to educate the public on pedestrian safety rules. In addition, the workgroup discussed potential benefits and concerns to the "no cell phone use in crosswalks law", and enforcement efforts by HPD.

Goal C. Safe and Maintained Roadway Design and Infrastructure

- DTS is continuing to advance the Complete Streets Program and has held several community meetings to discuss and propose improvements in a variety of communities across urban Honolulu. Further, Department of Planning and Permitting's (DPP) Transit Oriented Design program includes a pedestrian focus, and DTS is continuing to advance the Pedestrian Master Plan and Bike Plan.

Goal D. Increased Bicycle Safety

- Bikeshare Hawaii successfully launched the Biki Bike Share Program, with support from the City and County of Honolulu and other public and private funders. Additional bike boxes and bike lanes were also added in 2017.

- The workgroup noted ongoing educational efforts by Hawaii Bicycle League and Bikeshare Hawaii for improved bicycle safety.

<u>Challenges and Lessons Learned</u>

The transportation workgroup tackled implementation of the Action Plan amidst ongoing funding challenges that affect all mobility options. Complete Streets demonstration projects

currently await funding. The workgroup acknowledged that community engagement will be essential, particularly where traffic may be perceived to be affected by bicycle, pedestrian, or Complete Street projects.

The workgroup explored ride sharing alternatives through discussions with GoGo Grandparent and Lyft health care programs manager. Concerns arose about liability and city endorsement of particular company. Lyft also had discussions with Elderly Affairs Division (EAD) to be contracted service providers, but Lyft could not comply with contractor requirements.

Next steps
- Complete GIS story maps with HPD collision and EMS data integrated; identify priority areas for age-friendly improvements
- Further develop and implement pedestrian survey app, develop protocol for reporting hazards to city departments
- Continue Complete Streets project support and collaboration
- Development of age-friendly walks app, analyze feasibility and review other models (i.e., London Walks website)

Domain 3- Housing

Goals

Affordable housing options are widely available

Home modifications are affordable and widely available to older adults and persons with disabilities

Age-Friendly design is incorporated in new housing communities and units

Development and expanded use of accessory dwelling units (ADUs) to provide affordable housing

Workgroup Priorities in 2017	Key Progress in 2017	Potential Indicators to Use
• Home modifications are affordable and widely available (Goal #2) • Promotion of Accessory Dwelling Units (ADUs, Goal #4)	• With passage of ADU bill (Bill 23), 572 permit applications submitted; 360 approved • Promotion of Certified Aging In Place (CAPS) Specialist program • Discussions with college programs, including architecture and a universal design class	• Increase in number of ADU applications and permits • Number of opportunities to educate public on ADUs • Development of partnerships with college students in workgroup initiatives

*Indicators based on workgroup priorities, activities, and plans. Additional indicators to be developed, as the workgroup efforts and initiatives evolve.

Workgroup Focus

      The housing workgroup examined the final Action Plan and identified the most critical issues to address in the short and long-term. In 2017, the workgroup focused on examining affordable housing issues and supporting education and awareness of ADUs. The workgroup discussed and made plans for an Age-Friendly Honolulu booth at the Building Industry Association of Hawaii, Home and Remodeling show. This activity will take place in the next reporting period.

Successes and Outputs

Accessory Dwelling Units

- Since the passage of Bill 27 in 2016, over 300 ADU permits has been issued. See table below for additional data:

> ADU Data from City and County Department of Planning and Permitting as of January 2018:
> Total ADUs permit applications submitted- **572**
> Total ADUs applications in the review process- **181**
> Total ADUs permits issued / approved- **360**
> Total ADUs permits cancelled by applicants- **31**

Home Modifications
- The National Association of Home Builders (NAHB) Certified Aging-in-Place Specialist course is currently taught at the Building Industry Association of Hawaii and is open to all industry professionals/government and the public. It is currently the most successful course at NAHB. Classes were held in 2017 and offers the opportunity for professionals to earn CEU credits.

Challenges and Lessons Learned

To improve the accessibility of the housing stock, efforts are needed to improve the awareness and use of home modifications. Specifically, marketing of courses such as NAHB's Certified Aging-in-Place (CAPS) course needs to target industry professionals and government departments. Also, courses such as the Universal Design course at Chaminade University is an opportunity to train students and expand workforce capacity.

The passage of Bill 27 in 2016 has dramatically increased the number of applications and permits issued. However, ongoing barriers need to be addressed. ADU fees, which could average $8,000 or more, can be a major deterrent for the majority of homeowners. In addition, the lack of infrastructure continues to be a current and future barrier for ADU approvals.

At the Department of Planning and Permitting (DPP), a lack of staff is an ongoing issue. Additional staff are needed to review and approve plans to shorten the current 4 to 6 month review period. Also according to the City, it also takes several years to sufficiently train new hires.

Next Steps
- Support City by identifying and developing opportunities to educate the public on ADU options and process
- Educate aging homeowners and caregivers about options for home modifications and the services provided by Certified Aging in Place Specialists.
- Form partnerships with local Universities, including University of Hawaii Architecture and Chaminade University's Universal Design to promote age-friendly design in curricula.

Domain 4- Communication and Social Involvement

Goals

- Intergenerational opportunities to share knowledge, encourage mentorship, cultural exchange, and volunteer opportunities are available
- Programs, events, volunteer opportunities, and opportunities for lifelong learning are available
- Information and data are easily accessible and user-friendly
- People have the support to understand and use new technology
- All segments of the population have access to information via a variety of modalities

Workgroup Priorities in 2017	Key Progress in 2017	Potential Indicators to Use
•Decision not to focus on specific Domain 4 goals •Instead, focus on overall Age-Friendly Honolulu marketing efforts, revamp website	•Conducted age-friendly workshop at the World Youth Congress in Honolulu •Developed MailChimp distribution list to faciltiate communication with AFC partners and the public. •Age-Friendly Honolulu Booth at Mayor's Craft Fair, Children and Youth Day at State Capitol, Workshop at World Youth Congress •Created and distributed 2 Age-Friendly Honolulu newsletters •Revamped AFC website (www.agefriendlyhonolulu.com)	•Number and types of youth engagement efforts •Number of hits to website •Number and type of dissemination efforts

*Indicators based on workgroup priorities, activities, and plans. Additional indicators to be developed, as the workgroup efforts and initiatives evolve.

Workgroup Focus

In 2017, the domain focused on the marketing and visibility of the Age-Friendly Honolulu initiative. Two volunteers assisted with the marketing effort. Their role was to revamp and periodically update both the website and Facebook page. Christy Nishita (consultant) and Frank Streed (Co-Chair) helped to provide direction and content in order to update the website.

Successes and Outputs
- Age-Friendly Honolulu website was revamped (www.agefriendlyhonolulu.com) with recent news, newsletters, progress reports, and other community engagement initiatives.
- Age-Friendly workshop at World Youth Congress on June 23, 2017, organized and supported by Christy Nishita (consultant) and Frank Streed (Co-Chair), and Michael Packard (Transportation domain, Complete Streets coordinator)
- Age-Friendly Honolulu booth at the Children and Youth Day at State Capitol on October 1, 2017, organized by Christy Nishita (consultant)
- Age-Friendly Honolulu booth at Mayor's Craft Fair on November 18, 2017, supported by Christy Nishita (consultant), Frank Streed (Co-Chair), and Debbie Miyagi.
- Two newsletters were created and distributed to our Citizen's Advisory Committee, workgroup members, and other interested members of the community.

Challenges and Lessons Learned

The workgroup members had difficulty convening regular meetings due to competing work responsibilities. Instead, Age-Friendly Honolulu volunteers were tasked with updating the Age-Friendly Honolulu website, creating newsletters, and updating MailChimp distribution list.

Next Steps

This workgroup transitioned to become a small group of AFC committee members, responsible for supporting larger marketing and awareness efforts in the community. Enhanced marketing and public relations efforts are planned in 2018. In addition, our youth engagement initiative continues to be a priority and the workgroup will look for opportunities to collaborate with other school groups to hold walkability audits and teach youth about age-friendly cities.

Domain 5- Civic Participation and Employment

Goals

	Older persons are recognized as assets, and their contributions are valued and respected
	Flexible employment options are available
	Workplaces are age-friendly and there is a seamless system to transfer skills and increased opportunities for older workers to continue to work and be productive
	Volunteers have opportunities to develop leadership skills
	Volunteer options are widely available

Workgroup Priorities in 2017	Key Progress in 2017	Potential Indicators to Use
• Recognizing employers that value contributions of older workers (Goals #1, 3) • Recognizing businesses that understand needs of older customers (Goals #1, 3)	• Discussion on logistics and city support needed to develop an "Age-Friendly Employer Award" program • Received an AARP Community Challenge grant to create an Age-Friendly Business poster	• Increase in number of businesses that express interest in being "age-friendly" • Increase in number of businesses that are recognized as "age-friendly"

*Indicators based on workgroup priorities, activities, and plans. Additional indicators to be developed, as the workgroup efforts and initiatives evolve.

Workgroup Focus

The workgroup continued discussions on creating an awards program that would evaluate and recognize age-friendly businesses. This approach would raise larger community awareness about the efforts underway to make Honolulu an age-friendly city. In 2017, the group identified a potential partner, Pacific Business News, to assist with the promotion and planning of an age-friendly business/employer event. The group held preliminary conversations with Pacific Business News, created a template for the event, and developed criteria for identifying the top businesses and employers.

Successes and Outputs

- Developed plan for an Age-Friendly Business event
- Secured interest from the City and Pacific Business News to hold an age-friendly business awards event
- Awarded an AARP Community Challenge grant to create an age-friendly business campaign, to provide businesses with "10 Tips to Help Businesses To Engage with Kupuna". Christy Nishita and Colby Takeda from The Plaza Waikiki, fielded a survey of 350 older adults and conducted 3 focus groups with older adults to support the development of the 10 tips. The Plaza Waikiki provided the illustrator/designer in-kind to create the poster.

Challenges and Lessons Learned

The workgroup will need support from the larger Age-Friendly Honolulu implementation committee to market and increase awareness of age-friendly business initiative efforts.

Next Steps

- Integrate the age-friendly business awards event and the campaign poster with "10 Tips to Help Businesses To Engage with Kupuna" into a larger age-friendly business initiative.
- Develop strategies to engage other domains and the broader community in the planning and implementation of the age-friendly business initiative

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Domain 6- Community Support and Health Services

Goals

Long-term services and supports (LTSS) are accessible and available

Health services are accessible and available

Education and public awareness on healthy aging, elder care, and safety are widely available

Older adults are safe from abuse and neglect

Public emergency and disaster planning accounts for older adults

Workgroup Priorities in 2017	Key Progress in 2017	Potential Indicators to Use
• Strengthening long-term services and supports (LTSS, Goal #1) • Building awareness and support for caregivers (Goal #3)	• Identified and included additional partners in the workgroup • Discussed approaches to better coordinate, and mutually support and expand LTSS services • Identified Dementia Friends as a priority initiative for the domain. • AFC was credited for their support in reviewing St. Francis' Active Aging Directory	• Type/amount of support provided by AFC as a partner and advocate for LTSS, healthy aging, and other initiatives • Number of Dementia Friends and sectors represented

*Indicators based on workgroup priorities, activities, and plans. Additional indicators to be developed, as the workgroup efforts and initiatives evolve.

Workgroup Focus

In 2017, the workgroup focused on 1) identifying additional partners in the community, and 2) identifying and prioritizing short-term projects from within the Domain 6 Implementation Plan. Many of the goals, recommendations, and projects are already being implemented within the community, so the focus of this workgroup is to identify partners and stakeholders and to convene meetings in order to facilitate or connect organizations to assist in the enhancement and expansion of these programs. One new initiative was identified and adopted- Dementia Friends Hawaii, which is part of a global movement (www.dementiafriendsusa.org, www.dementiafriends.org.uk) to create more awareness about dementia and how to help those in the community with dementia. The domain members prioritized Dementia Friends Hawaii and will assist in its implementation in 2018.

Successes and Outputs

Elderly Affairs Division (EAD, workgroup leader) took critical steps in strengthening and expanding LTSS:

- The Aging Disability Resource Center process was implemented effective July 1, 2015. An assessment, conduct by the Hawaii Executive Office on Aging (EOA), shows that the Honolulu ADRC is more than 90% fully functional.
- EAD has been working closely with the City and County's Purchasing Division to develop strategies to identify and increase additional providers that could be added to the service delivery pool, with the goal of reducing the wait lists for long-term services and supports. In 2017, EAD had initial discussions with Lyft as a potential transportation service provider, an innovative approach to addressing transportation needs.

The 2017 Legislature passed the Kupuna Caregivers bill, providing eligible working caregivers with a $70/day benefit in support services in order to make caring for family more affordable and accessible. EAD will play a critical role in implementing this program on 'Oahu.

Age-Friendly Honolulu assisted and was credited in a St. Francis Healthcare System, Active Aging Directory which will include programs and opportunities related to wellness, retirement, leisure, lifelong learning, and exercise. The Directory was developed as part of an Aloha United Way, Active Aging grant (http://www.stfrancishawaii.org/wp-content/uploads/2018/02/Hana-Hou-Handbook-2.21.18.pdf).

Workgroup members provide valuable education and awareness on key long-term care, dementia, legal issues, and elder abuse:
- The Alzheimer's Association holds community events, runs support groups, and provides individual consultation to families living with dementia. The organization also facilitates the State Taskforce on Alzheimer's Disease and Related Dementia.
- The UH Center on Aging's Hawaii Alzheimer's Disease Initiative (HADI) holds regular community events and presentations on dementia, caregiving, palliative care, and advance care planning. HADI closely collaborates with the Alzheimer's Association, Kokua Mau, ADRCs, Project Dana, Public Health Nurses, Med-QUEST and other government and non-profit partners to provide education and and create new services for persons with dementia and caregivers.
- The Legal Handbook "Helping Hawai'i's Elders Prepare for the Worst and Expect the Best." was created and published in 2017 by the UH Elder Law Program.
- The Department of Human Services – Adult Protective Services Division conducts ongoing in-service training and community presentations on types and signs of elder abuse, required reporting requirements and the process to report abuse. These trainings are primarily given to agencies and facilities who are considered mandated reporters, and often give community presentations when requested.

Challenges and Lessons Learned

The implementation of the Honolulu Aging and Disability Resource Center system transformed the accessibility and availability of long-term services and supports (LTSS) to the community. There were significant improvements to policies, procedures and coordination of services. The main areas of change are: 1) the utilization of the statewide assessment tools, 2) development of the single entry point for information and access to publicly funded LTSS, and 3) consolidation and utilization of the Hawaii Statewide ADRC Management Information System.

Workgroup members represent key agencies and organizations in the aging network, providing valuable long-term services and supports. The domain needs to develop approaches to better support each other's efforts and identify opportunities to collaborate.

<u>Next steps</u>
- Train workgroup members as Dementia Friends "champions", develop a plan to target sectors in the community, and hold information sessions in the community
- Identify opportunities to collaborate with workgroup members to support their efforts in implementing key community-based programs. Examples include, but are not limited to: the Aging and Disability Resource Center, Kupuna Caregiver Program, Kapiolani Community College's Community Health Worker program, Adult Protective Services' in-service trainings, and Project Dana's Eden At Home training.

Community Engagement and Marketing

A critical component of the Age-Friendly Honolulu initiative is to engage the community in its implementation and marketing efforts. The following are a list of accomplishments in 2017.

- Age-Friendly Honolulu organized and conducted a workshop at the World Youth Congress workshop. Attendees conducted an intergenerational walk audit of Chinatown, engaged in design-thinking activities, and developed ideas and solutions for a more age-friendly community.

- The International Association of Gerontology and Geriatrics in July 2017 in San Francisco, included a presentation on intergenerational efforts within Age-Friendly Honolulu by Christy Nishita.

- The Pacific Rim International Conference on Disability and Diversity in October 2017 in Honolulu held an aging symposium that included presentations by Christy Nishita on the Age-Friendly Honolulu initiative and on Complete Streets by Mike Packard.

- With support from an AARP Community Challenge grant, Christy Nishita and Colby Takeda created an age-friendly business campaign poster, featuring 10 tips to help businesses engage and serve kupuna. The tips identified ways to support older adults with physical and cognitive impairments based on a survey of 350 older adults and 3 community focus groups.

- With support from an AARP Community Challenge grant, Christy Nishita and Gabe Yanagihara ('Iolani School) created a virtual age-friendly community. At the Children and Youth Day at the State Capitol on October 1, 2017, Age-Friendly Honolulu's booth provided youth with a virtual reality experience of an age-friendly community.

- Age-Friendly Honolulu is partnering with the Hawaii Alzheimer's Disease Initiative (www.hawaii.edu/aging/hadi) to implement Dementia Friends Hawaii. Dementia Friends is part of a global movement to educate community members from different sectors (neighbors, business owners, church members) about dementia and how to help those in the community with dementia.

Strategies for Year 3

Strengthening AFC Functions and Impact

1. *Departmental Budget Requests.* The former AFC co-chair, Gary Nakata, successfully advocated to require that city budget department requests include age-friendly related plans and initiatives. This requirement was approved and supported by the Deputy Managing Director's office. This requirement began in 2017.

2. *Continuing Marketing Efforts.* The focus will be on continuing to update the AFC website, maintenance of social media sites, and coordination of a larger Public Relations effort.

3. *Identify Permanent Structure.* AFC will need to transition to a permanent structure by the end of 2018. A subcommittee was convened in 2017 to discuss key roles and functions and draft an AFC ordinance. The draft ordinance to be refined and introduced in 2018.

4. *Outputs and Outcomes*. Continue to identify outputs and outcomes within each Domain in order to measure progress and successes. Prepare for the 3-year implementation report to be submitted to the World Health Organization and AARP in 2019.

In Appendix A, logic models for each domain identify age-friendly standards/key components, activities, outputs, outcomes, and impact. The logic models will be continually revised and updated to ensure that workgroup members are clear and in agreement on the workgroup's next steps.

Final Comments

At the kick-off event for our AFC initiative in April 2014, a brainstorming activity tasked attendees with coming up with words that reflected our goals, what we want to achieve, and what we want to see in an age-friendly Honolulu. Words such as "vibrant", "engaged", "active", and "socially involved" inspired us during our planning process and continue to drive the implementation phase. As the initiative continues with implementation, it is critical to focus on the positive- the potential for change and opportunities for action. The Age-Friendly Honolulu leadership structure, collaboration with public and private partners, and community engagement will help to ensure ongoing success. In 2018, steps should be taken to support sustainability of this important initiative, particularly by supporting the long-term structure sub-committee's efforts and introducing the Age-Friendly City ordinance.

Appendix A. Logic Models by Domain

Domain 1- Outdoor Spaces and Buildings

Key Components/Standards	Activities ⟶	Outputs ⟶	Outcomes ⟶	Impact
Parks/Open Spaces have the following features: Accessibility- able to get to park and navigate around park Amenities-availability of comfort stations, play/sports features Sociability- design features encourage interaction Maintenance- park features are well-maintained Safety- Parks are safe and free of vandalism and crime	Development of park audit form Use of data to identify priority parks Identification and list of age-friendly parks using audit form	# of parks audited # of age-friendly parks recognized by Age-Friendly Honolulu	Increased recognition and support of age-friendly parks by City, Parks and Recreation Department Parks and Recreation website identifies age-friendly parks and features	Increased park usage Change in DPR approach to park development and improvement

Domain 2- Transportation

Key Components/ Standards	Activities	Outputs	Outcomes	Impact
Public transport is timely and responsive	Identified data needs and data available from HPD collision reporting system, DOH EMS data	MOU between DPP GIS and HPD for obtaining data	Understand collision rates, locations, and factors associated with collision	Identify priority streets/ intersections to target with limited resources
Streets are safe and accomodate pedestrians		Initial report on number/rate of accidents; frequency- factors associated with accidents		More informed discussions of transportation engineering solutions
Streets are safe and accommodate bicyclists	Plan to post HPD crash data on AFC GIS map; identify priority implementation areas	# of priority areas identified		
Roadways are safe and maintained	Creation and pilot of pedestrian survey app	# of survey completions during pilot phase	Understand location and types of pedestrian issues	Residents better able to provide feedback to City on pedestrian issues
		Plan for broader implementation of app, transfer of data to City Depts		
	Support for ongoing initiatives, including Complete Streets	AFC representation at # of Complete Streets and TOD events	Increase in AFC partnership and advocacy for Complete Streets and TOD initiatives	Improved mobility and safety for all users
	Study of ride share and other alternatives completed	After discussions with Lyft and GoGo Grandparent, workgroup decided not to pursue this initiative		

Domain 3- Housing- Logic Model

Standards/Key Components	Activities	Outputs	Outcomes	Impact
Expanded use of ADUs	With passage of ADU bill (Bill 23), monitor # of applications submitted and approved	Number ADU applications and approvals, tracking of implementation issues	Greater use of ADUs	Expanded options for affordable housing on 'Oahu
	Planning and discussion- GIS map that identifies areas that meets ADU requirements			
Home modifications are affordable and available	Promotion of Certified Aging In Place (CAPS) Specialist program	Number of persons with CAPS certification	Home modifications widely available by CAPS specialists	Expanded options for accessible housing on 'Oahu
New housing incorporates age-friendly design				
Range of affordable housing options	Collaboration with Chaminade Universal Design class, UH Arch students	Discussions with professors; project ideas for students; # of students that learn age-friendly and universal design concepts	Enhanced partnerships with college students in workgroup initiatives	Workforce development- College students trained in universal design

Domain 4- Communication and Social Involvement

Standards/Key Components	Activities	Outputs	Outcomes	Impact
PR plan targets multiple generations	Volunteers identified as communication leads	# of and types of collaterals developed	Wider reach/visibility of AFC initiative	Awareness and visibility of overall Age-Friendly Honolulu initiative
PR plan promotes positive views of aging, older adults as assets	Website revised and updated	# of hits/posts/followers		
Variety of dissemination methods-web, social media, print mateirals	AFC Facebook page developed	# of targets and distribution of collaterals		
	Youth Engagement Initiative developed and implemented	# of youth/schools involved in AFC workshops		

Domain 5- Civic Participation and Employment

Standards/Key Components	Activities	Outputs	Outcomes	Impact
Employers value older workers Businesses accommodate older customers with visual, physical, and cognitive impairment	Development of Age-Friendly Employer Award criteria Planning for Age-Friendly Business Initiative Development of Kind2Kupuna business initiative- collateral material Collateral material distribution to companies; eductation and training provided	Development of Age-Friendly Business Initiative # of focus groups/surveys with older adults about age-friendliness of local businesses Number of businesses receiving collateral material and training	Increase in number of businesses that are interested in becoming age-friendly Increase in number of businesses that are recognized as "age-friendly"	Greater awareness among businesses on needs of older workers Older workers feel better supported

Domain 6- Community Support and Health Services

Standards/Key Components	Activities	Outputs	Outcomes	Impact
Older adults, caregivers, and other consumers are educated and empowered	AFC supports ongoing awareness and education efforts by workgroup member agencies/orgs	Evidence of better coordination/support through advocacy, other support of initiatives	Improved awareness and understanding of health-related issues	Active aging is maximized
Opportunities for active and healthy aging are maximized	Train domain members as Dementia Friends Champions, offer Dementia Friends sessions	# of Dementia Friends, # of sectors targeted	Different sectors in community are trained as Dementia Friends	Creation of dementia-friendly community
Long-term services and supports (LTSS) are accessible and coordinated	AFC supports EAD's ongoing efforts to build LTSS, implement Kupuna Caregivers program	# of persons served, # of new providers, # of new grant applications and awards	Improved availability and accessibility of health-related services	Older adults and families care preferences are met
Vulnerable older adults are safe from harm	Adult Protective Services, a key workgroup participant, reports on community presentations and other efforts; AFC to provide support	# of community presentations to raise awareness on elder abuse, info for mandated reporters	Greater understanding of APS roles and investigation process	APS has better collaborations and connections with community partners