

Healthy Cities for Active-Ageing in the Western Pacific Region

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IAGG/WHO Symposium on Age Friendly Cities







Western Pacific Region

Healthy Cities in the Western Pacific Region

- Healthy Cities initiated in WPR in late 1980s as an integrated, multisectoral approach to health and development in urban settings
- 2003: Alliance for Healthy Cities

- Environment, Road Safety, Injuries and Violenace, NCDs,
- Mothers, infants, children, women, ageing







Healthy Urbanization

Regional Framework for Scaling Up and Expanding Healthy Cities in the Western Pacific 2011 – 2015 Increasing overall physical coverage



Moving from a programmatic approach to an institutionalized approach

Continuous quality improvement to achieve more depth, rigor and innovation

Goal: To promote, expand and upscale Healthy Cities through national government support as a pathway to healthy urbanization towards the attainment of optimum and equal population health and development







An introductory guide

Initiating and Scaling up Healthy Cities in the Western Pacific Region: an introduction



To inspire

To support

To guide







Toolkit contents: the steps,...

Phase 1

- Raise awareness of and advocate for the Healthy Cities concept and approach
- Establish an initial multisectoral task force to oversee the establishment of a Healthy Cities programme
- Set up a communication strategy (support mechanism) and strengthening partnerships
- Gain strong support and commitment from relevant stakeholders in your city (citizens, different sectors in the local government and the mayor's office)

Phase 2

- Appoint an multisectoral steering committee
- Assess and analyse the current situation in your city (including existing policies and available health data) with potential partners
- Develop an operational framework for the Healthy Cities programme (see chapter 6)
- Develop a multisectoral action plan for the Healthy Cities programme with other sectors
- Continue to raise awareness of and advocate for the programme
- Continue to build capacity for the programme





- Implement the planned activities with identified partners
- Monitor and evaluate the implementation
- Revise the action plan as required with identified partners
- Develop sustainable mechanisms
- · Share best practices







Toolkit contents: Operational Framework

- Vision, Mission
- Organizational structure
- Programme delivery infrastructure
- Knowledge management
- Human resources, capacities
- Financial management system





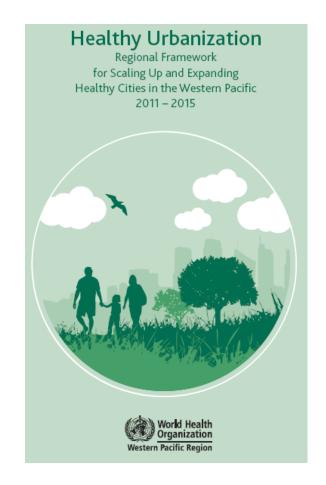
WRPO Activities to support Healthy Urbanization

"HC Leadership Programme"

- City to city learning
- Advocacy and multisectoral action planning
- Healthy Cities Leadership Course

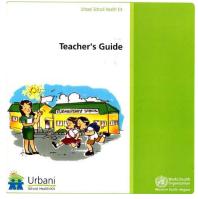
Other activities

- Urban HEART
- •HC Recognition
- Advocacy and training materials

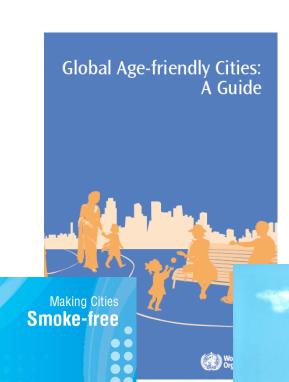


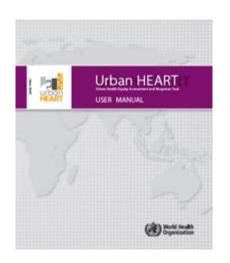


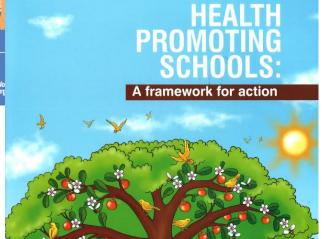
Tools for priority areas





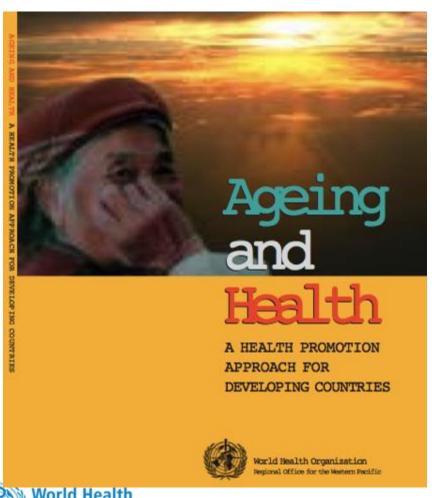








Publications: Ageing









WHO GLOBAL NETWORK OF AGE-FRIENDLY CITIES AND COMMUNITIES®



 An Age-friendly City is one that "encourages active ageing by optimizing opportunities for health, participation and security in order to enhance quality of life as people age"

- Melville, Canberra, Boroondara, Rockingham, Unley and Warrnambool, Australia
- Qiqihaer, China
- Akita, Japan









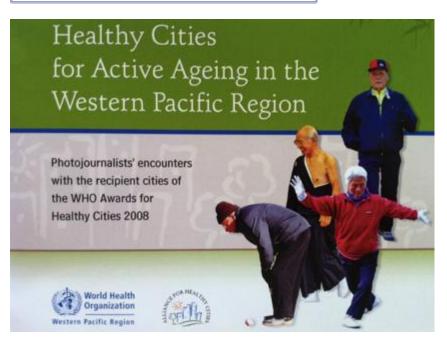
Checklist of Essential Features of Age-friendly Cities





Healthy Cities – for active ageing

Active ageing is the process of optimizing opportunities for health, participation and security in order to enhance quality of life as people age.



- Healthy Cities Best
 Practice Recognition
- 2008
 - Changsu, China
 - Ichikawa, Japan
 - Seongbuk-Gu, Seoul
- 2012
 - (ESHUT) Owariasahi,Japan

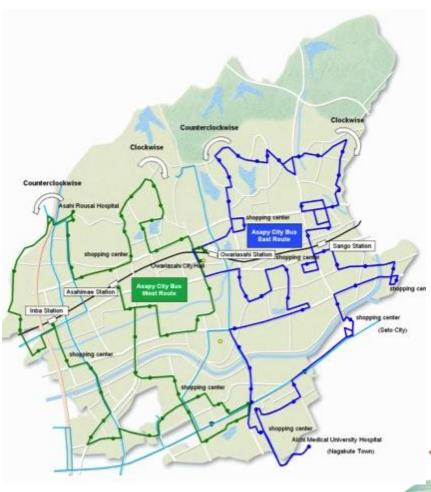




Owariasahi, Japan

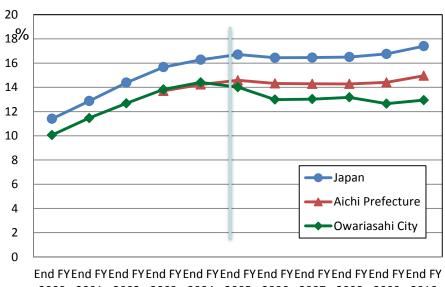


Western Pacific Region



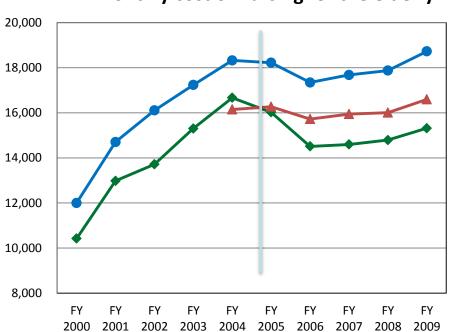


Percentage of residents requiring nursing care



2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010

Monthly cost of nursing for the elderly yen



Source: Presentation by Yoshinori Mizuno, Mayor of Owariasahi City, Japan (at the 5th AFHC

Global Conference, Brisbane, Australia

Organization

Western Pacific Region

Age-friendly cities indicators

- "Piloted" in Seoul and Jeju
 - Characteristics of indicators
 - Technical / practical
 - Within local influence
 - Can be linked to action
 - Easy to collect





Opportunities to Scale up Active Ageing in Healthy Cities

- Healthy Cities
 Recognition 2014
- Framework of Action on Ageing and Health
- Create stronger 'ties' between the Age-Friendly Cities Network and Healthy Cities





Thank you very much for your attention

Noncommunicable Diseases and Healthy Cities

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