



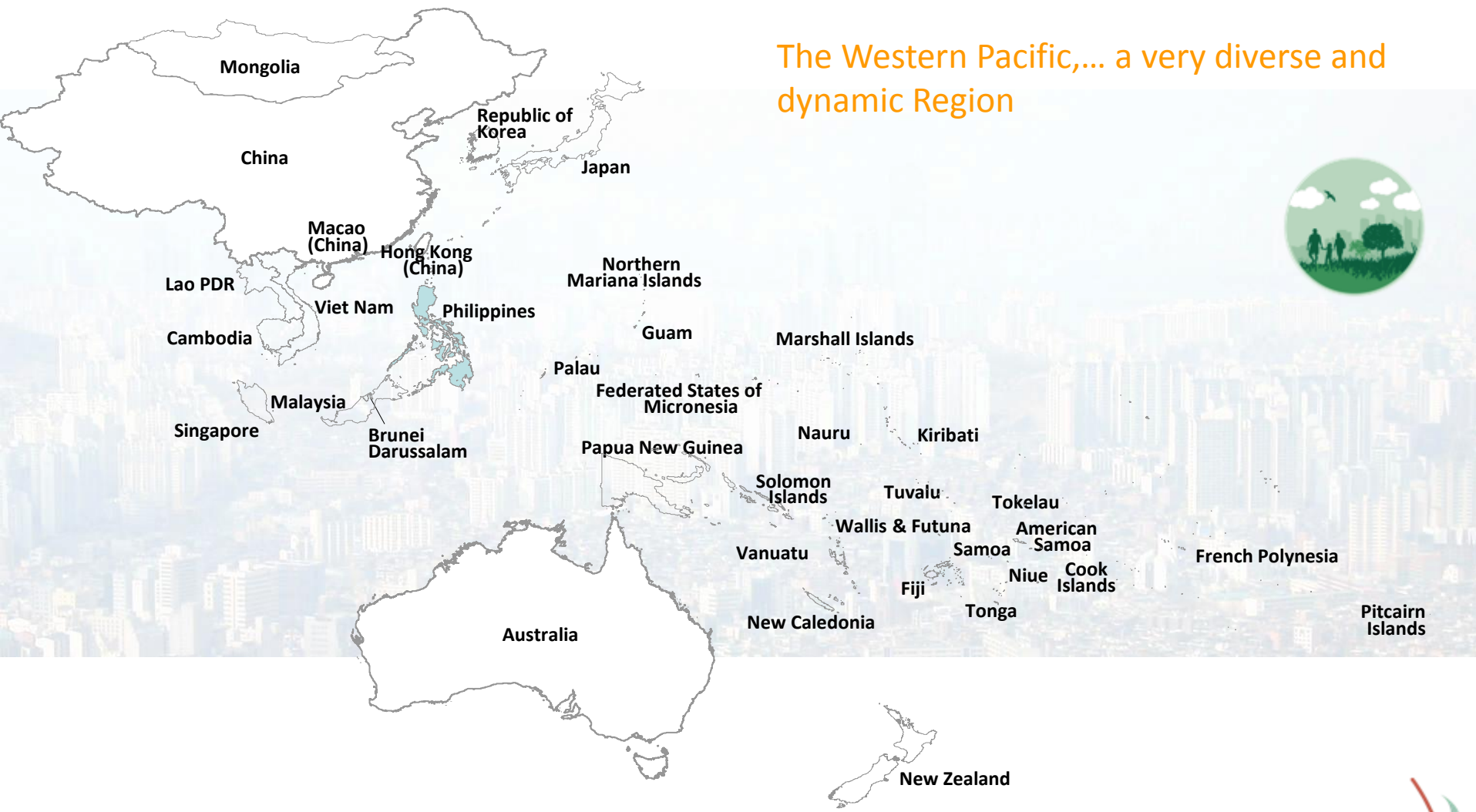
# Healthy Cities for Active-Ageing in the Western Pacific Region

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**IAGG/WHO Symposium on Age Friendly Cities**

## The Western Pacific,... a very diverse and dynamic Region



# Healthy Cities in the Western Pacific Region

- Healthy Cities initiated in WPR in late 1980s as an integrated, multisectoral approach to health and development in urban settings
- 2003: Alliance for Healthy Cities
  - Environment, Road Safety, Injuries and Violence, NCDs,
  - Mothers, infants, children, women, ageing

# Healthy Urbanization

Regional Framework  
for Scaling Up and Expanding  
Healthy Cities in the Western Pacific  
2011 – 2015



Increasing overall  
physical coverage

Moving from a programmatic  
approach to an institutionalized  
approach

Continuous quality  
improvement to achieve  
more depth, rigor and  
innovation

**Goal:** To promote, expand and upscale Healthy Cities through national government support as a pathway to healthy urbanization towards the attainment of optimum and equal population health and development



# An introductory guide

## Initiating and Scaling up Healthy Cities in the Western Pacific Region: an introduction



- To inspire
- To support
- To guide



# Toolkit contents: the steps,...



# Toolkit contents: Operational Framework

- Vision, Mission
- Organizational structure
- Programme delivery infrastructure
- Knowledge management
- Human resources, capacities
- Financial management system

# WRPO Activities to support Healthy Urbanization

## “HC Leadership Programme”

- City to city learning
- Advocacy and multisectoral action planning
- Healthy Cities Leadership Course

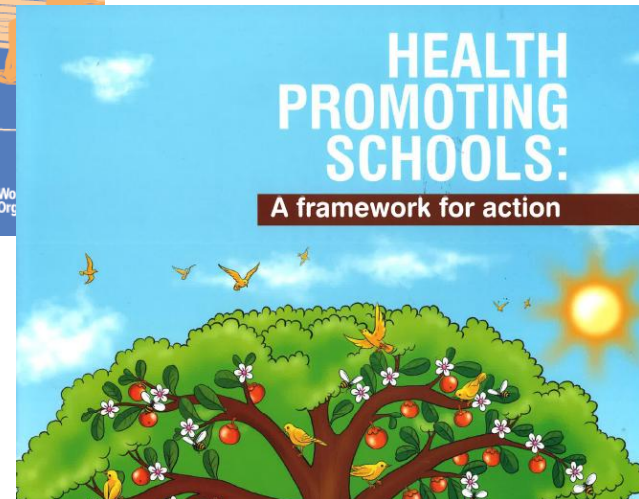
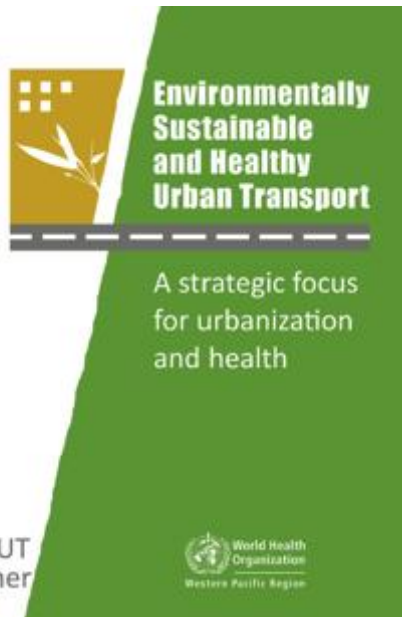
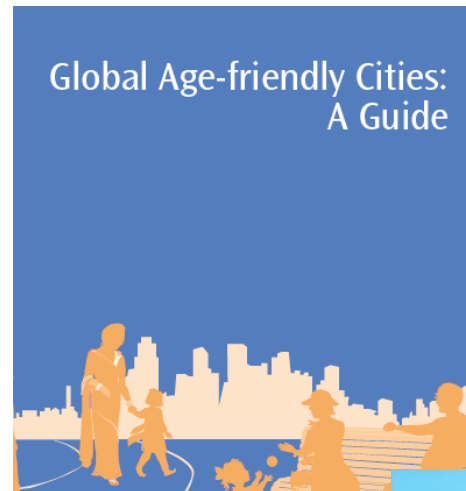
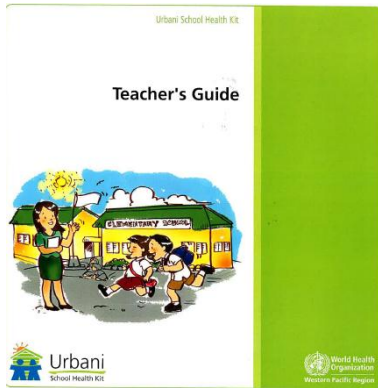
## Other activities

- Urban HEART
- HC Recognition
- Advocacy and training materials

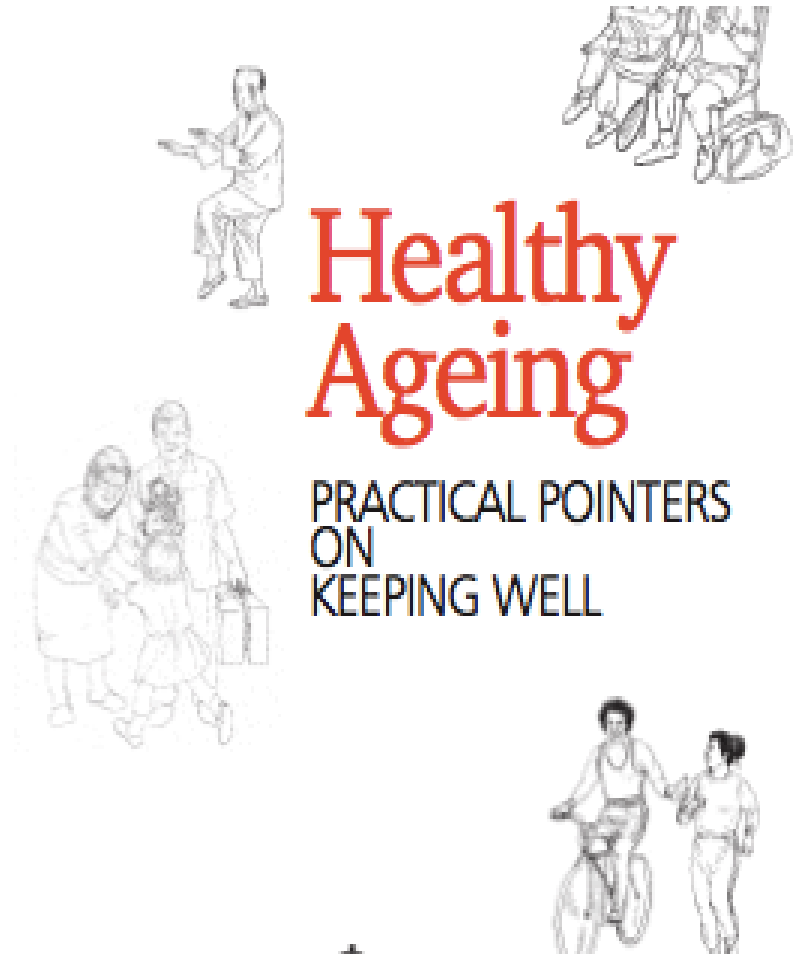
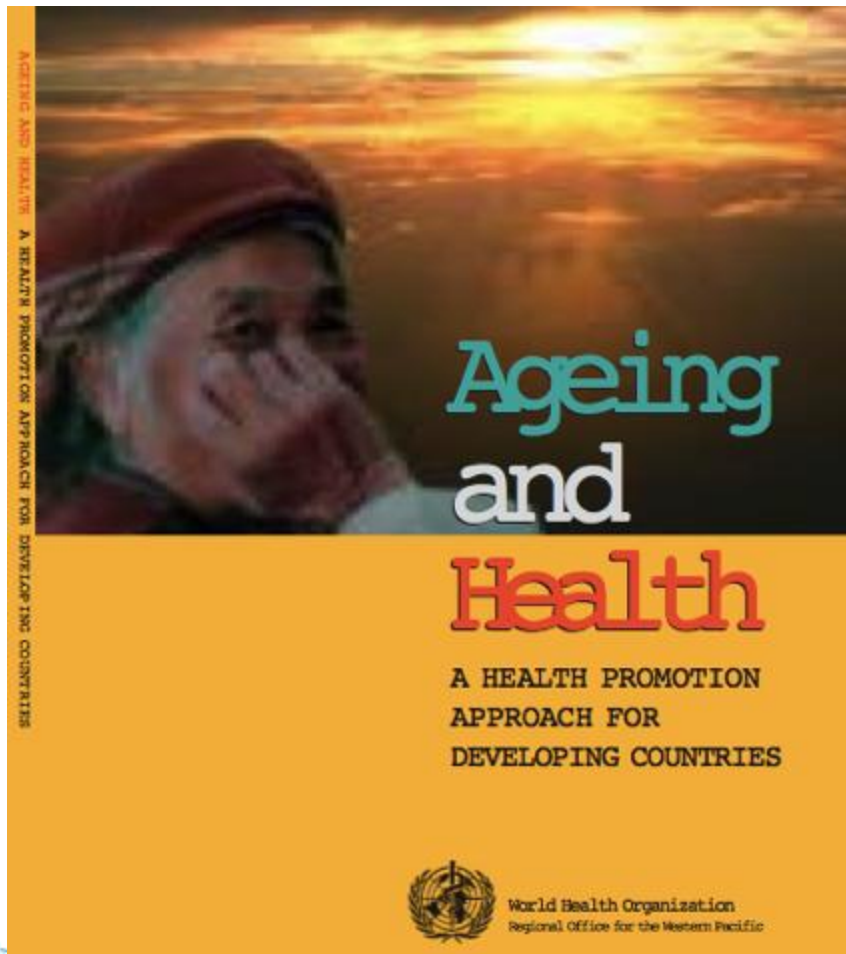




# Tools for priority areas



# Publications: Ageing



# WHO GLOBAL NETWORK OF AGE-FRIENDLY CITIES AND COMMUNITIES©



- An Age-friendly City is one that “encourages active ageing by optimizing opportunities for health, participation and security in order to enhance quality of life as people age”
- Melville, Canberra, Boroondara, Rockingham, Unley and Warrnambool, **Australia**
- Qiqihaer, **China**
- Akita, **Japan**

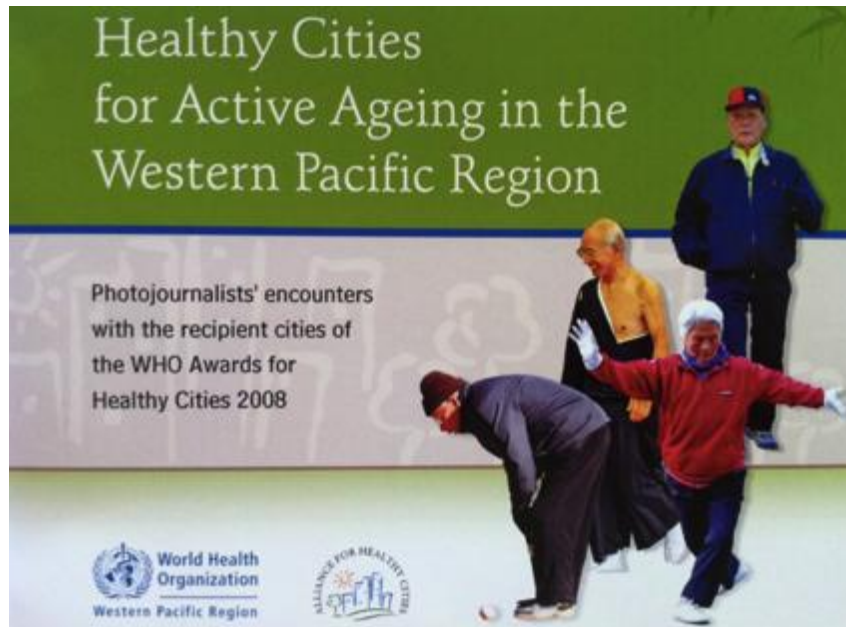


## Checklist of Essential Features of Age-friendly Cities



# Healthy Cities – for active ageing

*Active ageing is the process of optimizing opportunities for health, participation and security in order to enhance quality of life as people age.*



- Healthy Cities Best Practice Recognition
- 2008
  - Changsu, China
  - Ichikawa, Japan
  - Seongbuk-Gu, Seoul
- 2012
  - (ESHUT) Owariasahi, Japan

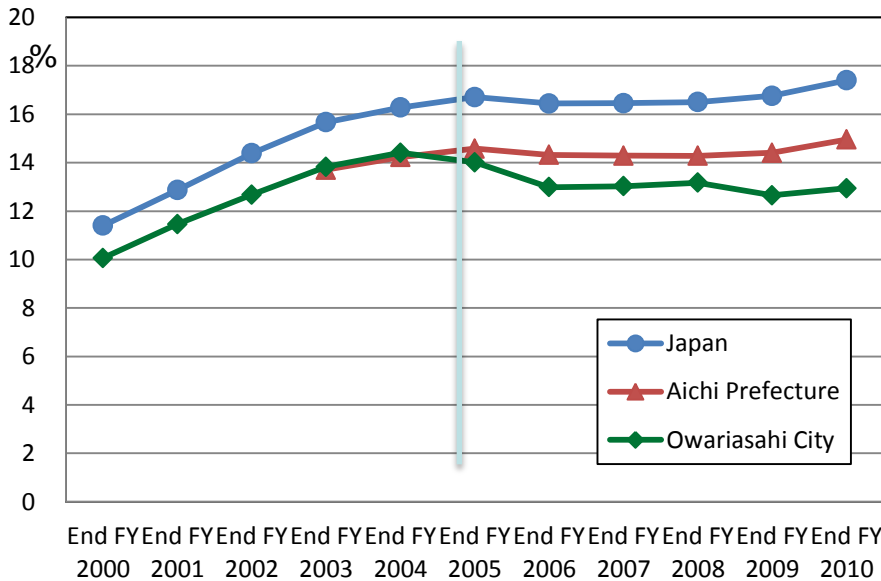
# Owariasahi, Japan



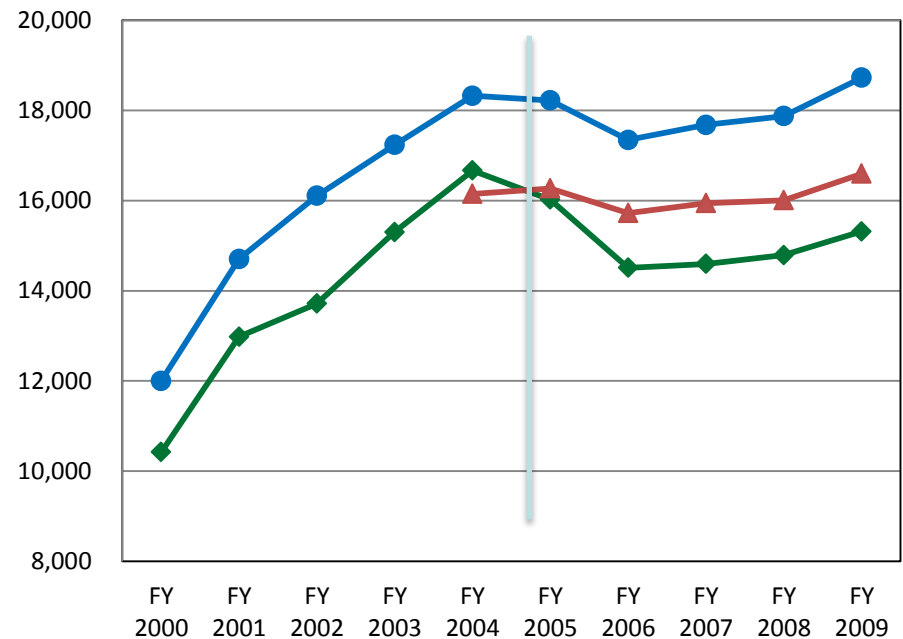


# HEALTHY CITY OWARIASAH

### Percentage of residents requiring nursing care



### Monthly cost of nursing for the elderly



**Source:** Presentation by Yoshinori Mizuno, Mayor of Owariasahi City, Japan (at the 5<sup>th</sup> AFHC Global Conference, Brisbane, Australia

# Age-friendly cities indicators

- “Piloted” in Seoul and Jeju
  - Characteristics of indicators
    - Within local influence
    - Can be linked to action
    - Easy to collect
  - Technical / practical





# Opportunities to Scale up Active Ageing in Healthy Cities

- Healthy Cities Recognition 2014
- Framework of Action on Ageing and Health
- Create stronger 'ties' between the Age-Friendly Cities Network and Healthy Cities



# Thank you very much for your attention

## Noncommunicable Diseases and Healthy Cities

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